

**A Swarme of Bees:  
With their honie, and  
Honicombs**

Gathered out of the sweete and  
Odoriferous garden of  
Gods word.

Heerin such lessons are to bee lear-  
ned, as concerne  
the whole course of our  
life, both towards God and man  
being an number two hundred:  
where of some perswade vs to  
vertue and godlinesse, o-  
thersome diswade vs  
from vice and  
wickedness.

**By Abraham Fleming**

*Ecclesiast. 11.3.*

*The Bee is but small among fowles, yet  
Doth her fruit passé in sweetnesse.*

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### A Preface to the true Christian Reader.

We see that Bees being a sociable creature, that is apt for companie, flee together in swarmes, and assembled vnder one hiue, discharge the dutie wherevnto they are ordained; namelie, to make Honie. The benefite of this labouring and diligent creature is so necessarie, that such as haue knowne and tasted by due prooffe and experience the fruites of their trauell, and the sweetenesse of their worke, will bee hardlie perswaded to neglect the fostering of them, for feare of loosing so singular comodities as they do yeeld.

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Euen so this swarme of Bees, which I, not by the saounde of a bason, but by the painfulnesse of my pen, haue gathered together out of the pleasant Garden of Gods most holie worde, where I found them scattered heere and there among the fragrant flowers, and sweete beds of wholesome hearbes, making most comfortable Honie, and offering thee a taste thereof, are not lightlie to be esteemed, considering that the issue and euent of their trauell wel ordered and vsed, is so beneficiall, as nothing more, if anie thing like.

For their Honie hath this vertue, that so such as eat it, and digest it thoroughlie, it giueth a regenerated mind, a sanctified soule, a circumcised heart, a mortified bodie, and all good thinges that man can imagine or deuise: of which spituall graces who so hath once possession, his conscience will tell him what it is to taste, to sucke, to eate, and thoroughlie to digest Honie made by such a swarme of Bees. These Bees followe one another orderlie and decentlie, without desire of first or highest place: out of one Garden they gathered it, in one hiue they

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made it, and for all godlie disposed  
 peoples feeding heere they leaue it  
 in their honicombs.

There is none that hauing wit,  
 will finde fault with water of the  
 cleerest fountaine, with floure of  
 the finest wheate, with a garment  
 of the costliest silke, with a ring of  
 the purest golde, with a iewell of  
 the highest price. For ir is the na-  
 ture of man to couet the verie best  
 thinges, yea and to obtaine them, if  
 they may be gotten for anie monie.  
 Heere thou hast a swarme of Bees  
 making moste excellent Honie,  
 sweete, pleasant and wholesome.  
 It differeth from ordinarie Honie  
 because the Bees that made it are  
 extraordinarie; and the flowers  
 whereout they sucke it, grew in no  
 common Garden: it is offered vn-  
 to the gratis, no gaine looked for,  
 but onelie thy good will in recei-  
 uing it and thy diligence in vsing  
 it. Make much therefore of these  
 Bees, and open thy mouth wide  
 that thy throate swallowing their  
 sweete Honie, may distribute  
 the same to al thine inward  
 parts, and that the out-  
 ward & inward man  
 may be refor-  
 med.

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## A SWARME Of Bees

*The first Honi-combe, yeelding most wholesome exhortations vnto vertue and virtuous life.*

1 BE merciful and faithful, binde these two iewels about thy neck and write them in the tables of thine heart

2 Be ioyful in the Lord the God with all thine heart, and leane not upon thine owne will.

3 Bee obedient in the lawe of the Lord, honour him with thy sub-  
Stance, and with thy firstlings.

4 Be a searcher after wisdom and an inquirer after vnder-  
standing and knowledge.

5 Be wise, so shalt thou haue honour in possession, but shame is the promotion that fooles shall haue.

6 Be a louer of wisdom, she shall beautifie thy head with manifold graces, and garnish thee with a crowne of glorie.

7 Be conuersant with the righteous, for their path shineth as the light that is brighter & brighter.

8 Be carefull to keepe thine owne counsel in a matter of weight: for therein consisteth the safetie of thy soule.

9 Be obedient to the voice of thy teachers, and harken vnto them that informe thee.

10 Be circumspect in shoosing thy way, so shalt thou escape misfortune and danger.

11 Be thou a drinker of the water of thine owne well and of ri-  
uers that run out of thine owne spring.

12 Be bountiful, & and let thy welles flowe abroade, that there may be ri-  
uers of waters in the streetes.

13 Be thou contented with thine own prouision, and be glad with

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the wife of thy youth.

14 Be glad with thy yong wife, let her bee as the louing hinde and pleasante roe, let her breastes alway satisfie thee.

15 Be wise & warie in thy waies, for the Lord seeth thy footsteps, and pondereth all thy goings.

16 Be carefull to save thy selfe as a doe from the hand of the hunter, and as a bird from the snare of the fowler.

17 Bee prouident in Summer what shall serue thee in Winter least thou haue not to supply thy want.

18 Bee obedient to thy fathers commandement, and forsake not the law of thy mother.

19 Bee al defiance with a wicked and naughtie woman, for her house is the high way to hell.

20 Bee temperate in thy diet: for gluttonie and gormondising is vnmeete for a man.

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*The second Honicombe yeelding  
most wholesome exhortations  
to vertue and virtuous life*

21 BE true and trustie o thy friend, so shall he be bolde to commit the secrets of his soule into thy hands.

22 Be conuersant with thy wife, and with such as bee of vnderstanding keepe companie.

23 Be desirous of the feare of the Lord: for it is the beginning of Wisedome and vnderstanding.

24 Be a wise sonne, so shalt thou make thy fathers heart glad, and drive away heauinesse from thy mother.

25 Bee a worshipper of the Lorde thy God, and in the day of thine hunger hee will refresh thee.

26 Be thou painefull and laborious in thy trade and occupation, so shalt thou attaine to be rich.

27 Be iust and righteous in thy life and couersation, so shalt

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thou have a good report  
 28 Bee warned at the mouth of  
 the wise, & despise not the coun-  
 sel of such as haue experience.  
 29 Be diligent in doing thy duty,  
 and towards such as are  
 thy betters vse reuerence.  
 30 Be a moderate spender, so  
 shalt thou be thriftie: for prodi-  
 galitie bringeth pouertie.  
 31 Be earnest in a quareil of equi-  
 tie, and whiles thou liueth be ne-  
 uer ashamed of the truth.  
 32 Bee zealous in religion and  
 righteousnesse, rebuke the offen-  
 der that he may amend.  
 33 Be patient in the time of trou-  
 ble so shalt thou receaue a gar-  
 land of glory at the last.  
 34 Be wordly wise according to  
 honestie, and in all thy dealings  
 haue an upright conscience.  
 35 Be painefull in thy life whiles  
 thou art strong and healthfull,  
 so shalt thou be counted wise.  
 36 Be rich in vertue, and poore in  
 vice, with such riches God is  
 glorified, and with such pouertie  
 he is honoured.  
 37 Be merciful to the needie, and  
 from such as lacke, turne not  
 thy face, least God be displeased.  
 38 Be a harbourer of the succour-  
 les, and let thine hands bee open  
 to the refreshing of the needie.  
 39 Be plentifull in good workes,  
 and where occasion is mini-  
 stred, leave a testimonie of com-  
 passon.  
 40 Be sparing in speech & laugh-  
 ter, for a babler is abhorred of  
 such as be sober and wise.

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*The third Honicombe yeelding  
 most wholesome exhortations  
 to vertue and virtuous life.*

41 BE merciful, so shalt thou do  
 thy selfe a benefite: for who  
 so hurteth his neighbour is a  
 tyrant.  
 42 Be liberall in giuing, so shalt  
 thou haue plenty: for hee that

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- watereth, shall be watered also himselfe.  
 43 Be a searcher after good things,  
 so shalt thou find fauour: for  
 who so seeketh after mischiefe, it  
 shall happen vnto him.  
 44 Bee a louer of corection, so  
 shalt thou loue knowledge: for  
 he that hateth to be reproved is  
 a foole.  
 45 Be true in thy talke and speak  
 that which is right: for a false  
 witnesse deceiveth by his lying.  
 46 Be iust and righteous, so shall  
 no aduersitie happen vnto thee:  
 but the vngodlie shall be filled with miserie.  
 47 Bee a wise sonne, and hearken  
 too thy fathers warning, least  
 being scornfull thou be repro-  
 ued.  
 48 Be sure to keepe thy mouth, so  
 shalt thou keepe thy life: for who  
 so rashlie openeth his lips, de-  
 stroieth himselfe.  
 49 Bee righteous, and thou shalt  
 abhore lies: whereas the vn-  
 godlie shameth himself, and is  
 put to silence.
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- 50 Be innocent and harmesse in  
 thy waie: for vngodlines ouer-  
 throweth & drowneth the sinner.  
 51 Be righteous if thou wilt ex-  
 cell, and loue wisdom if thou  
 wilt bee honourable and wor-  
 shipfull.  
 52 Bee a walker in the waie of  
 righteousness, for therein is life:  
 but in the contrarie is death and  
 destruction.  
 53 Be virtuous and thou shalt  
 leaue vnto thy children an euer-  
 lasting inheritance, and riches  
 that shall neuer rust.  
 54 Bee plentiful in thine almes,  
 and God shall increase thy store  
 and giue thee his blessing abun-  
 dantlie.  
 55 Bee faithfullie occupied in the  
 feare of the Lord, and thou shalt  
 walke uprightlie before him all  
 thy life long.  
 56 Bee contented with a little in  
 righteousness, for that is better  
 than great rentes wrongfullie  
 gotten.

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57 Bee content to commite thy worke vnto the Lord, so shall that prosper which thou deuisest and intendeth.

58 Be righteous in thy toonge, and sober in thy talke, for such are pleasnt vnto kings and great estates.

59 Be obedient and loyall, so shalt thou bein fauour, and thine order of liuing shall bee good example vnto others.

60 Be careful to do thy dutie, and haue a single eie ouer the charge committed vnto thine hand.

*The fourth Honi-combe, yeelding most wholesome exhortations to vertue and virtuous life.*

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61 BE humble and lowlie in the whole course of thy life, let the lawe of the Lord be thy rule to guide thy goings.

62 Be readie to doo thy friend good in the daies of his distresse, for in so doing thou sauest his life.

63 Be comforted in thy heauines with the counsel of thy neighbour, and cast not away at hope.

64 Bee to others as thou wouldest haue other to be to thee: that is iust, louing, fauourable, gentle and couteous.

65 Bee in thy youth mindfull of thine age, and lay vp in the yong yeares to keepe thee when thou art old.

66 Be merrie of heart, for that maketh a lustie age: but a sorrowfull mind drieth up the bones.

67 Be wise and vse fewe wordes, embrace understanding & make much of knowledge and science.

68 Be a searcher after vertue, and an enemy to vice, so shalt thou finde perfect blessednesse in the ende.

69 Be merrie with them that bee merrie, and mourne with them that mourne, yet exceede not measure.

70 Be careful ouer thy charge, so shalt thou get double credit, and

- increased in fauour.
- p.225 71 Be discreet in thy talke & communication, and in thy behaiour bee milde, humble, and courteous.
- 72 Bee pitifull to the distressed succour such as be afflicted, and to the needie reach out thine hand.
- 73 Bee to thy friend in aduersitie a present helpe, that in thy necessitie hee may make retribution.
- 74 Bee true and trustie in thy vocation and in al thy dealings, set Gods feare before thy face.
- 75 Bee content with thine estate, and breake not beyond thy tender: for in doing thou wantest wisdome.
- 76 Bee gentle and curteous in speche: for a smooth tongue purchaseth fauor among the people.
- 77 Be liberall and lend, lay not vp thy treasure and see thy brother lache, but giue of thy goods to the needie.
- 78 Be obedient to thy parents, to thy betters giue reuerence, lieu within law and loyaltie.
- p.226 79 Be circumspect and warie in all thy business, and attempt nothing without aduisement.
- 80 Bee zealous ouer thine honest name, least thou bring thy selfe to shame among the people.

*The fifth Honi-combe, yeelding most wholesome exhortations to vertue and virtuous life.*

- 81 BE neere to thy selfe in the time of need, least such as be wise laugh thee to scorne, and make thee a byward.
- 82 Be faithfull to thy friend in all his affaires: for thereupon dependeth thine estimation and credit.
- 83 Bee a companion with honest women, but of wanton minions beware: for they are the verie doores of death.
- 84 Bee modest at the table, least

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they that sit by, seeing thine in-  
temperance abhore thee.

85 Bee sparing at wine: for too  
much drinking there of infeebleth  
the wit, and weakneth the me-  
morie.

86 Bee louing and carefull ouer  
thy wife, for to use her hardlie,  
and not like a husband, is the  
next way to make hir a harlot.

87 Bewarie howe thou viewest  
the beautie of a woman too nar-  
rowlie, least thou be taken in  
hir loue, and fall to follie.

88 Bee Chaste in communication  
and talke, for many times the  
heart give vtterance to the  
toong.

89 Be carefull to keepe thee in one  
place, and continue in thy calling  
if thou intend to be thriftie.

90 Bee more desirous to saue then  
to spende, least in the time of  
neede thou haue not to serue thy  
turne.

91 Be a true paymaster of thy hi-  
red seruant, and let him haue his  
wages for his worke.

92 Be curteous and gentle, so  
shall such as be absent commend  
thee and they that bee present  
shall reioice in thy company.

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93 Bee merrie at thy meate, and  
giue God thanks for the same,  
so shalt thou haue alwaies en-  
ough.

94 Bee mindefull of thy dutie to  
God, & euerie morning and eue-  
ning magnifie his holie name.

95 Be sober and continent among  
young women, in the presence of  
thy wife, least she burne in iea-  
lousie ouer thee.

96 Be in thy conuersation humble  
and gentle, and have a regard to  
the whole course of thy life.

97 Be in thine apparel modest, in  
thy communication honest, in thy  
behaviour sober, and in all thy  
doings discreet.

98 Bee to the stranger curteous,  
to thy neighbour friendlie, to al  
a wel willer, to none an enemy.

99 Bee to thy prince trustie and

loyall, to the magistrate obedi-  
ent, and to thy betters dutifull.  
100 Be thankfull to God for all  
his benefites, and let his praise  
be alwaies in thy mouth.

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*The sixt Honi-combe yeelding  
most wholesome debortations  
from vice and vicious life.*

1 BE not forgetfull of the lawe  
of the lord, but see that thine  
hart keepe his commandements.  
2 Be not wise in thine owne con-  
cept, but feare the Lorde and de-  
part from euill.  
3 Bee not a murmerer at the cha-  
stisement of the Lord neither  
faint when thou are corrected of him.  
4 Bee not a withdrawer of anie  
good thing from him that hath  
neede, so long as thine hand is  
able to do it.  
5 Bee not a procurer of hurt a-  
gainst thy neighbour, he  
hopeth to dwell and rest by thee.  
6 Bee not a striuer with anie  
man without a cause, whereas  
he hath done thee no harme.  
7 Bee not a follower of the wic-  
ked in their wicked waies, and  
choose not to be their companion.  
8 Be not scornfull, for the Lorde  
laugheth such to scorne, but vnto  
the lowlie he giueth grace.  
9 Be not inquisitiue after the  
footsteps of the forward, least  
thou bee partaker of their fro-  
wardnesse.  
10 Be not a company keeper with  
the vngodlie: for their waie is darknesse,  
and they know not where they go.  
11 Be not thou of a frowarde  
mouth, and let the lips of slan-  
der be far from thee.  
12 Bee not wandering either to  
the right hand or to the left, but  
withhold thy foot from euill.  
13 Bee not the lips of a strange  
woman dropping honi-cmbe  
and her throat more glittering  
than oile?  
14 Be not delighted with an har-

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lot for she is as bitter as worm-wood, and as sharpe as a two edged sword.

15 Bee not pleasant and sportfull with a common woman, and embrace not the bosome of an harlot.

16 Bee not suretie for a stranger and for him whom thou knowest not, be not handfasted.

17 Be not in thy neighbours danger: if thou be humble thy selfe, and with thy friends entreate thy creditor.

18 Be not sluggish, but consider the Emmet, and by her example learne to be wise.

19 Be not slouthful and idle, least pouertie creepe vppon thee, and beggarie ouertake thee as a traueiler.

20 Be not proude of countenance, abhorre a lying tongue, and detest handes that shed innocent bloud.

*The seuenth honi-combe, yeelding most wholesome debortations from vice and vicious life.*

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21 BE not haunted with an hart that is full of wicked imaginations: for that is the next way to mischief.

22 Bee not a flase witness that bringeth lies, nor a sower of discord among brethren.

23 Bee not a companie keeper with a faire woman, least thou be taken and intrapped with her faire lookes.

24 Bee not familiar with an harlot, for shee gringeth a man to beggarie: but an honest woman is worth gold.

25 Be not a temper of thy neighbours wife to lewdnesse, least thou runne in danger of Gods curse.

26 Bee not a blasphemmer of the Lords name, least he be sharpe-ly auenged of thee for thy presumption.

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27 Be not a reprobuer of the scornfull, least he owe thee euill will: but rebuke a wise man, and hee will loue thee.

28 Be not of the number that say Stolne Waters are sweete, and The bread that is priuile eaten Hath good taste.

29 Bee not a gatherer of goodes wrongfullie, for they profit nothing in the end.

30 Bee not a stirrer vp of hatred and a strife, but imbrace loue: for loue couereth the multitude of sinnes.

31 Bee not a much babler, for therein is great offence: but refraine thy lips, so shalt thou bee wise.

32 Bee not double of tongue and a dissembler: for the Lord abhorreth the counterfeite hypocrite.

33. Bee not an extortioner, nor an oppressor of the poore: for the Lorde will take their cause in Hand.

34 Bee not fugitive and lightfooted from place to place, but continue content with thine owne estate.

35 Bee not iealous ouer the faire and youthfull wife, least thou turne her loue into hate.

36 Bee not couetous and greedie of money, for in time both thou and thy wealth shall away.

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37 Bee not delicate and nice: for that is the propertie of women, but auoid all such vanities.

38 Bee not inquisite after thinges aboute thy knowledge, least thou be counted a busie bodie.

39 Be not a maintainer of wrong iudgement, least the Lord confound thee in thy wickednesse.

40 Be not ouer carefull for thy life, least thou fal in mistrust and despaire of Gods prouidence.

*The eight Honi-combe yielding  
most wholesome debortations  
from vice and vicious life.*

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41 BE not a talebearer from eare  
to eare least thou be forsaken  
of thy friends, and made an out-  
cast.

42 Bee not vniust in buying and  
selling let they ballance be euen,  
and thy weights without fault.

43 Bee not a dissembler, nor a dis-  
couerer of secrets: but faithfull  
of heart, and trustie in counsel.

44 Bee not a purchaser of thy  
neighbours house ouer his head  
in so doing thou suckest his bloud.

45 Bee not suretie for a stranger,  
least thou smarte for it: for hee  
that hateth suretiship is sure.

46 Be not a worker of deceiptfull  
workes, but a sower of righte-  
ousnesse, so shalt thou receiue thy  
reward.

47 Bee not corrupt in heart, for  
such doth the Lord abhore: but  
in such as are of an vndefiled con-  
uersation he hath pleasure.

48 Be not ouerbolde to trust in  
thy riches, least thou haue a fall,  
but vse them in the feare of the  
Lord.

49 Bee not a sower of disquietnesse  
in thine owne house, least thou haue  
wind for thine heritage.

50 Bee not malicious, least thou  
bee insnared with thine owne  
mouth: but be meeke of speech,  
so shalt thou be honoured.

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51 Bee not a meddler in other mens  
matters, least thou be il though  
of and haue final thanks for thy  
labor.

52 Bee not hastie in vttering thy  
wrath least thou bee counted a  
foole, and in the end thou disco-  
uer thine owne shame.

53 Bee not a slanderous person,  
for such a one woundeth like a  
sworde: but a wise mans toong  
is wholesome.

54 Bee not an imaginer of euill,  
for commonly mischief doth fol-  
lowe; but be a counseller of that  
that which is honest.

55 Bee not a liar, and a forger of  
untruths, for such doth the Lorde  
abhor: but they that deale truely

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please him.

56 Bee not a sluggarde faine to haue, and not to get: but be diligent and thou shalt haue plenty. And abundance.

57 Bee not proude, for after pride followeth strife, whilst thou thinketh none comparable in worthiness vnto thyselfe.

58 Bee thou not a getter of thy goodes by vanitie: for they are soon spent: but they that are gathered together with the hand, shall increase.

59 Be not desperate, and out of hope in thy heauinesse: for that is the next way to kill thy hart.

60 Bee not a bolsterer of the wicked in his wickednesse least thou bee partaker of his punishment.

*The ninth Honi-Combe, yielding most wholesome debortations from vice and vitious life.*

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61 BE not deceitfull, for such a one shall not [rost] that hee tooke in hunting: but the riches of the iust are of great value.

62 Bee not shamelesse in sinning least the vengeance of the Lord ouertake thee, and thou bee crushed in pieces.

63 Bee not sparing in vsing the rod, least thou hating thy sonne bee an occasion that he curse thee another daie.

64 Bee not scornfull, least in seeking for wisdom, thou finde it not, though thou wouldest giue gold for it.

65 Bee not familiar with a foolish man, when thou perceiuest not in him the lips of knowledge and understanding.

66 Be not iniurious and wrngfull to the poore, for therein thou blasphemest thy maker, and dishonour his maiestie.

67 Bee not proud and haughtie of heart: for such doth the Lorde abhorre, and hee hateth them e-

uen to hell.

68 be not frowardin thy waies,  
if thou wilt please the Lord, but  
followe in the path of peace and e-  
quitie.

69 Bee not a deuiser of vanities  
which please thine owne heart,  
for with such toies is the Lords  
wrath kindled.

70 Bee not a wicked dooer: for  
such as exercise themselues in  
naughtinesse, and an abhomin-  
ation vnto him.

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71 Be not careless at the Kinges  
displeasure: for the wrath and  
anger of the Prince is the  
messenger of death.

72 Bee not rash in thine enterpri-  
ses: for of rashnesse and hardi-  
nesse commeth repentance and  
sorrow.

73 Be not a controller of thy bet-  
ters: for in so dooing thou dooest  
run among thornes and thistles.

74 Bee not offensiue to thy brother  
in any thing, least he being gra-  
ued, complaine against thee bit-  
terly.

75 Bee not a prouoker of the an-  
grie, least by heaping fire vpon  
fire, thou selfe feele the fla-  
ming heate.

76 Be not acquainted with a sor-  
cerer, and with an inchanter or  
soothsayer keepe not companie.

77 Bee not curious in vanities  
least thou become a scorne a-  
mong the wise, and a mocking-  
stocke among the sober.

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78 Bee not ouercome with wine  
and strong drinke: for thereby  
manie a wise man hath shewd  
himselpe a foole.

79 Bee not fauourable to the ma-  
lefactour, and seuer agaynst the  
innocent, for that is to peruerst  
iustice.

80 Bee not a shifter, to lieu by o-  
ther mens sweate, but let thine  
owne labour minister vnto thee  
allowance.

*The tenth Honi-combe yielding most  
wholesome debortations from vice  
and vitious life.*

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- 81 BE not wanton nor light in thy behaiour, least thy man-ners being marked, thou reape shame and rebuke.
- 82 Bee not a couerer of an offence where the offender falleth wilfullie, but open his fault that hee may be reported.
- 83 Be not seditious and giuen to discord and strife, least thou bee counted a mainetainer of mischief.
- 84 Be not vainglorious and confident in thy foolishnesse, for such a one is like a shee beare robbed of her whelpes.
- 85 Be not a rewarder of euill for good: for if thou so doe, euill shall not depart from thy house.
- 86 Bee not a iustifier of the vngodlie, nor a condemner of the innocent: for both these doth the Lord abhorre.
- 87 Be not delighted in sinne and wickednesse, for that is to bring destruction & euerlasting death to thine owne soule.
- 88 Bee not forward of heart, least thou thereby obtaine no good: neither beare thou a double tong in thy mouth.
- 89 Bee notwilfull in thine owne opinion, neither defend thou obstinatelie that which is not right.
- 90 Be not wise in thine owne conceipt, least in so doing thou bee counted a foole among the discreete.
- 91 Be not married to thine owne fansie, and like not so well of thy selfe, as to haue others in contempt.
- 92 Bee not hastie to bee reuenged vpon thine enemie, but bridle thy raging lust for a time with reason.
- 93 Be not stubborne and rebellious against a magistrate, least thou heape coles of fire vpon

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thine head.

94 Be not presumptuous, and of  
an haughtie heart: for the end of  
pride is shame and confusion.

95 Bee not a listener after newes,  
nor a rayler vp of reports, least  
thou become a common scorne.

96 Be not a laughier at other mens  
miseries: for thine estate is sub-  
iect to the like wretchednes and  
calamitie.

97 Bee not a grudger against  
God, if hee afflict thee: but pati-  
entlie beare all tribulations and  
sorrows.

98 Be not suspicious where there  
is no appearance, and though  
there bee, yet be not too rash in  
thy iudgement.

99 Be not liberal of another mans  
least thereby thou gro out of  
credit with thy friends.

100 Bee not a decieuer of the sim-  
ple, not guilefull in thy dea-  
lings: for that is the waie to lose  
loue and fauour.

### ***The Conclusion.***

*Taste of the honie  
here in this biue  
If thou wilt learne  
to liue well and thriue*

FINIS

A.

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### A Referendarie to the Premises

No cookery is so exquisite,  
     No dish so dainty dressed,  
 But ouercomes the appetite,  
     By gluttony oppressed:  
 And therefore wise king Sallomon  
 Commendeth moderation.

No kind of sweete restoritie,  
     Though curioslie compounded,  
 No instrumnetall melodie  
     In time and measure founded,  
 But by degrees superlatiue,  
 Offendes the vertue sensitue.

Such store of honie is gathered,  
     Heere in this swarming Beehive,  
 All being often swallowed,  
     So whets the power digestiue,  
 That maore and more it coueteth,  
 And neuer faints of surfeteth.

Who would not then most hungerlie,  
     Eate plenty of this honie,  
 Which tasteth so sweete and sauourlie,  
     And costs so little mony?  
 The vse thereof is generall,  
 God grant it proue effectuell,