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*The Handfasted Wife*: Tempering Realism with Romance in Historical Fiction

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(declaration of authorship to be inserted in place of this page)
Abstract

*The Handfasted Wife*: Tempering Realism with Romance in Historical Fiction

This Creative Practice MPhil thesis is structured in two parts. The first part is an historical novel titled *The Handfasted Wife*. The second part is a reflective essay concerning my creative practice focusing on the hybrid form of realism and romance that I have selected for *The Handfasted Wife*.

*The Handfasted Wife* is set in the eleventh century. Its focus is the Norman Conquest from the point of view of three royal women, predominantly from the perspective of its protagonist, Edith Swan-neck, Harold Godwin’s common-law wife. I tell the story of how Edith Swan-neck was set aside by King Harold in 1066 in favour of a political marriage. I dare to speculate on how she avoided marriage with a Norman, on her attempt to reunite her family after Hastings and her involvement in the Siege of Exeter. Ultimately, I ask what fate awaited the many noblewomen who were widowed as a result of conflict: exile, convent or marriage.

This novel contains the atmosphere of adventure and is faithful to history where records exist. I have reflected on the following: how Hilary Mantel used romance to temper realism in *Wolf Hall*, how Sir Walter Scott used romance and realism in *Waverley* and *Ivanhoe* in relation to the theme of home, and finally, how a selection of twenty-first century writers of women’s romantic historical fiction addressed a potential conflict between the romances and the history within their writing. How does romance temper the realism in Historical Fiction?
Table of Contents

Novel: The Handfasted Wife

Part 1 – The Burning House p.7
Part 2 – The Journey p.138
Part 3 – Rebellion p.252
Epilogue p.348
Author’s Notes p.350

Reflective Thesis: Tempering Realism with Romance in Historical Fiction

Introduction p.354
Chapter 1 – Romance and Realism in Wolf Hall p.364
Chapter 2 - Romance, Realism and the Return Home in Ivanhoe and Waverley by Sir Walter Scott p.391
Chapter 3 - Tensions between Romance and History in Women’s Historical Fiction p.413
Conclusion p.448

Bibliography p.453
THE HANDFASTED WIFE

by

Carol McGrath
Les Heures Bénédictines

**Matins**  
Between 2.30 and 3.00 in the morning.

**Lauds**  
Between 5.00 and 6.00 in the morning.

**Prime**  
Around 7.30 or shortly before daybreak

**Terce**  
Around 9.00

**Sext**  
Noon

**Nones**  
Between 2.00 and 3.00 in the afternoon

**Vespers**  
Around 4.30 or at sunset.

**Compline**  
Before 7.00 as soon after that the monks retire.

**Angelus Bells**  
Midnight.
PART ONE

The Burning House
My dress is silent when I tread the ground
Or stay at home or stir upon the waters
Sometimes my trappings and the lofty air
Rouse me above the dwelling place of men
And then the power of clouds carries me far
Above the people; and my ornaments
Loudly resound, send forth a melody
And clearly sing, when I am not in touch
With earth or water, but a flying spirit.

*An Anglo-Saxon riddle, A Swan, translated by Hamer*

Then Earl William came from Normandy into Pevensey, on the eve of the feast of St Michael, and as soon as they were fit, made a castle at Hastings market town.

*The Anglo-Saxon Chronicles, Worcester Manuscript, 28th September 1066*
Tell us a story, you say. Then let us sit by our frames and listen to a tale while we work. Here is a story for you, sisters. Its characters: a king, his mother, his lady, a queen, and a stolen child. We have adventures to embroider, a broken promise, a great treasure, and riddles to resolve. Charcoal glows in the brazier. The afternoon draws in, so listen carefully as my tale unfolds.

Do you recall the Godwin estate at Reredfelle? No? Let me tell you about this place. Reredfelle was a sprawling territory of ash, beech and oak only a day’s ride from Canterbury. On its southernmost edge, where the forest opened up into parkland, fields and hamlets, Earl Godwin of Wessex had built his new two-storeyed hall, a magnificent thatched building. The long side walls were painted with great hunting birds and in the centre of the front short wall an oak door led into an aisled room with a raised central hearth. Upstairs, Earl Godwin had his private rooms, an antechamber and, through a doorway hung with a curtain of crimson and blue tapestry, his own bed chamber. Here, he had two windows of glass, like those in the old minsters, set into deep oak frames; so you see, his wealth was great and he was not shy of showing it.

A wide track meandered past the women’s bower, a kitchen, stores and barns to a three-barred gate set into a palisade which protected the hall, its outer buildings, herb gardens, dove-cote, an orchard and the Chapel to our Lady. The same track curved from the gate, through park-land loved by huntsmen, and disappeared into the encroaching forest beyond. There was, however, a secret way in and out of Reredfelle. A small latched door was set into the orchard wall, concealed by fruit trees, which were shaped to arch over and
conceal it. On the other side of the wall, a shaded path curled down through undergrowth to a river bed.

Reredfelle was loved by the canny old Earl, who came there to hunt and scheme; its desolation began after his death. The countryside was gripped by a festering plague. The population in the villages shrank and the estate was deserted except for the reeve who watched over the fields, and an odd collection of servants. The painted birds on the outside walls of the hall faded. The herb garden grew wild. Barns lay empty. The bower was silent. Tapestries gathered dust and the glass windows dulled. Years slipped by until King Edward himself passed away and Earl Harold, Godwin’s son, was elected as England’s new king.

Now, sisters, this is not King Harold’s story. That one you already know. My tale follows the fortunes of the woman whom Harold loved, and who passionately loved him back; his hand-fasted wife, Edith, she of the elegant swan’s neck. But let us call her Elditha, for in this story there is a second Edith, and names can confuse. After he became King he betrayed Elditha and sent her away. But that is not the end of her story. It is but a beginning.
Westminster
December 1065

Through snowflakes that floated out of heaven’s pale circle, she could hear voices crying. Soon they became the greetings of women; the shouts of noblemen; their children’s’ shrieks; the snorts and stamping of horse. She could hear the earls and bishops and their families, their grooms and servants who were arriving at the palace of Westminster for King Edward’s winter crowning.

Elditha rode in from the east on her mare Eglantine. She raised her hand to stop the guards that trotted beside her and the wagons. The new stone minster rose up behind St Peter’s monastery, its white walls merging with the snow clad ground, its tall towers silent in the pale afternoon light. She nudged the mare’s flanks, and urging the creature forward she walked it into the palace yard, her retinue trailing behind.

Grooms rushed to help her dismount. Breathing clouds of icy breath, Ulf and Gunnhild, jumped from the first wagon and raced to her side whilst Thea, thirteen years old, climbed down after them. Elditha told her guards to go find stable space for the horses, if any was to be had.

‘Elditha!’ the shout came from the great hall behind them. She spun round. Harold’s brother, Earl Leofwine, was striding towards them, clapping his hands and calling, ‘Elditha, welcome, welcome. Come into the Hall. The servants are throwing cloths on the tables. You are in time for dinner.’ She sensed that his joviality was only half-felt.

‘Leofwine, it’s good to see you.’ Lowering her voice so that others could not hear them, she added, ‘Cousin, is it true that the king is unwell?’

‘No, no. The old man may yet recover. Edith and my mother are with him. Physicians are hopeful.’ He seized Elditha’s gloved hands and holding them tight stood back from her.
‘Look at you. Holy Madeline, Elditha, my brother is a fortunate man. You are as unchanging as the Queen of Heaven; you are indeed a true winter queen in that ermine trimmed mantle.’ He dropped her hands and studied her face. ‘Eyes, what are they today, emeralds or jade or have they changed to topaz? So, lady sorceress, how was your journey?’

‘Come, come, and don’t let the Queen hear you spin such fairy-tales, Leofwine. Journey, umm, well, it was a long one!’ she said, trying to look serious, ‘Enormous snow drifts; wolves howling from the woods, terrifying; monsters were ready to devour us… but,’ she waved her hand towards the Hall door, ‘here we are at last and we shall put it behind us.’

‘You look none the worse for the ordeal,’ Leofwine remarked, smiling now.

‘We were sheltered and cared for. Still, this year it took us two whole days to get through those woods.’

‘Then, cousin, let us get you settled. You have your usual chamber again. The boys are sharing hall space with my lads. Your girls, Ulf and the nurse will have a room to themselves behind the bower hall, your ladies in the bower.’ He spoke quietly. ‘Elditha, it is the biggest gathering in years. The greatest earls and bishops are here for this Christmas feast. They fear for the king’s health.’ He held her eyes with a warning look and she slowly inclined her head. It was best to watch everyone and say nothing.

Her servants were already unloading their luggage. She directed them to carry her belongings to a chamber in the East Hall, to unpack their clothing chests and hang her wall tapestries. ‘We will all need to change into fresh garments,’ she warned Ursula, her chief lady. ‘See that our clothing is aired.’ As the women scurried off to do her bidding she said, ‘Leofwine, can you take the children into the hall? I wish to give thanks for our safe delivery, and to pray for the King’s recovery.’
Leofwine took Ulf’s tiny hand in his great bear’s paw and made a sweeping gesture with the other towards the tall towers and arches beyond the gates. ‘Isn’t it the most beautiful building in the world?’

‘It must be. I have never seen a building like it.’ And so, here she was, once again in the heart of the king and queen’s world. She bit her lip. A woman of thirty-two summers and as excited as the children; still, it was Christmas, the most magnificent season of all. If King Edward recovered all would be well, but if King Edward sank into a deep dreamless sleep, what then? The sour taste of fear rose in her mouth. Who would be crowned in his stead?

‘May I come too, Mama?’ Gunnhild was tugging at her cloak.

‘Yes, of course, if you wish.’ She turned to her older daughter. ‘Thea, would you like to see inside the new minster?’

‘No, I will wait for grandmother in the hall, if I may.’ Thea was watching a young thane who was saddling a beautiful Arab horse with a jewel-encrusted saddle, kicking up a flurry of snow as he circled the beast. ‘Is that him, Mama, is that Earl Waltheof?’

‘Yes, but stop staring, Thea,’ Elditha said.

‘Come with me,’ Leofwine said quickly, ‘your grandmother may have left the king’s chamber already.’ He looked down at Ulf. ‘And you, Ulf, too, you must meet our little prince from Hungary. His name is Edgar. Your aunt Edith and the king have adopted him.’ He hesitated, ‘And his mother and his two sisters.’

So this was the boy who might inherit England, this young son of Prince Edward who fled into exile after Danish Canute killed his father King Edmund Ironside, all those years ago. She touched Thea’s arm and fixed her eldest daughter with a stern look. ‘Do not move from the hall until I return.’

‘Of course not, Mother.’ Thea tossed her copper curls and stomped off through the snow behind Earl Leofwine and her brother. Elditha called after them, pulling her mantle
more tightly around her shoulders. ‘And have your maid braid your hair. That will not do here, Thea.’ She turned to Gunnhild. ‘Come, follow me and careful where you step. We don’t want your new boots ruined.’

With Gunnhild following closely after her, Elditha made her way along the swept path into the abbey’s grounds. Sweepers paused and waited for her to pass. Snow was piled in fat heaps under the skeletal ash trees. Thankfully, the track ways were clear. She grasped Gunnhild’s hand. ‘Be careful now, the ground is slippery.’ The murmur of prayer filtered out of the opened door into the afternoon. A knot of young men bowed to her as they brushed past and hurried out. Still grasping Gunnhild’s hand, Elditha entered the new doorway and walked along the apse, through an abbey that was full of faces, many familiar ones, who acknowledged her as she passed, until she had almost reached the front. There, a group of noble ladies turned to stare at her. She recognised them. They were from the north, Earl Morcar’s family. Could they be staring at her so boldly because she was a handfasted wife?

She smiled at them, wishing no one ill-will, but the looks they gave her back were distinctly chilly. Elditha felt her eyes widen as she recognised one who continued to stare coldly at her. Surely that was Aldgyth of Wales. Harold had only a few years before been responsible for her husband Gyffud’s death and something about that look was unsettling. She held her head proudly and moved away from them and closer to the great altar. ‘Kneel, Gunnhild,’ she whispered and pulled her child down beside her, her back rigid. These days everyone talked of how important a church wedding was, the priest listening to vows exchanged in the church porch and then blessing the marriage. Harold, her lord, was the greatest noble in England and ruled the land for King Edward. So what if they had been handfasted in the old way. Their wedding ceremony had been held in her father’s meade-hall up in the flatlands of Norfolk and they had sworn their oaths there, clasping each other’s hands on the great silver and gold whetstone that was placed at the hall’s entrance. But though she was
Harold’s handfasted wife and the mother of his six children, she never could forget that she was also his cousin thrice removed. It was this that impeded any renewal of their vows in a church wedding.

As she knelt on the cold stone floor, she stared ahead at the flickering candles trying to concentrate on prayer. The scent of new wood emanated from the elaborate pillar carvings mingling with the scent of beeswax candles, a smell that drifted towards them as soothing as summer. No sooner had she begun to feel peace again than there was a rustling of robes close by. The chanting of prayer in the nave hushed. She raised her head. A choir of monks was gathering in their stalls.

‘Tu autem Domine miserere nobis,’ the precentor intoned loudly, his voice echoing through the nave.

‘Gunnhild, we shall find a quiet chapel,’ she said quietly and, hurriedly rising, taking her daughter’s hand again, she guided Gunnhild back through the nave into a small side-chapel half-way along it. ‘The most magnificent church in Christendom,’ she whispered as they sank to their knees again in the seclusion of the alcove. Elditha touched Gunnhild’s golden head. The child seemed lost in the murmur of prayer. She folded her hands and gave thanks to St Christopher for their safe deliverance from the icy roads and snowdrifts that had threatened their journey. She prayed for the ailing king, for the queen, her sister-in-law, and for Gytha the Countess, who was Edith and Harold’s mother. She prayed that Harold would have a safe journey to Thorney Island from the distant Midlands.

When she rose again, Nones had finished. The northern women were filing past them out of the church. Aldgyth, she now observed, was really quite plain despite her thin silver-edged linen veil and gold fillet. Then, the answer to why the widowed woman was at Edward’s Christmas court occurred to her. She was here because her ambitious younger brothers are hopeful of finding their sister another noble husband.
A few days later, Earl Harold sailed down the Thames to Thorney Island, the magnificent Wessex Dragon flying in the prow of his ship. London merchants walked through white fields and across frozen streams to cheer him on to the wharf. When he strode into the courtyard, it was his sister, Queen Edith, and her retinue of noble men, who hurried out through the palace door to greet him. For an instant Elditha’s forehead creased as she waited with the other women inside the hall, as Edith had rushed past them. Today, the cold-eyed queen’s attention was all for Harold. She swallowed her pride and smiled and told Thea to smile too; that was until she saw that the girl was boldly watching the young nobles who waited to greet her father. Irritated, she found herself frowning again and snapping, ‘We are on show, Thea. Stop staring.’

At that moment, with a trumpet announcing his arrival, Harold entered the hall. He spoke to the noblemen who had gathered by the door. Elditha stepped forward, but before he could greet her, Edith took her brother’s arm, swept past them and led Harold straight up the stairs towards King Edward’s chamber. The gathering nobles and their ladies began to disperse, conversing in lowered tones.

She turned to her daughter. ‘There is a tapestry to be worked. Your father will greet us later.’ She walked with Thea to a side door that led from the great hall to the women’s building. A servant scurried in front of them to move back the tapestry and usher them through. Outside, they crossed the snowy yard, winding around drifts and abandoned storage wagons to the bower hall. As they were shaking snow from their cloaks inside the doorway, Thea clapped a hand over her mouth. ‘Oh, mother, I nearly forgot. Grandmother Gytha says that she needs to talk to you.’

‘I see.’ Elditha surveyed the long room. Candles burned and spluttered in their sconces. An enormous log hissed and glowed in the central hearth, but otherwise the hall was
quiet today. The large tapestry frame was deserted and the stools before it empty. The northern women had absented themselves and only a few women from their own lands of Wessex were talking quietly in corners as they spun wool. She nodded to them, sat Thea down to sort threads into colours and when the girl was settled she said quietly, ‘And why is that? Does your grandmother need to speak about you, Thea?’

Thea must not upset Gytha. None of them must, not Thea, not her either, nor any of her other children, her three boys, all older than Thea. The boys would soon be off to King Dairmaid’s court in Dublinia but Thea was to go to her grandmother’s household to learn responsibility from Grandmother Gytha and to prepare for marriage. Her grandmother would train her to be a wife and mother, to learn other ways of running a household: brewing, understanding herbs, making cheese, churning butter, organising maids, ‘Thea, if you upset your grandmother you will be spending the feast of St Stephen here sorting those threads and without company except for your maid. Do you understand?’ She pointed at the box of threads.

Thea bowed her head. ‘I do not think that Grandmother Gytha is angry with me. She just said that she must find time to speak with you.’ Thea looked down at the box of threads on her knee.

‘Well, then, behave and you will enjoy Christmas after all.’

Young Gytha, known to them all as Thea, since Harold’s mother possessed the same name, was developing into a provocative girl of fourteen who dwelled in a world of new gowns and ribbons, gazing into her silver mirror and preening. Yet for all Thea’s faults, Elditha loved her beautiful elder daughter’s spirit, and she would miss her terribly. In a year’s time her child would be married.

She sighed. Any talk with the family matriarch could be daunting. Gytha had wasted no time in putting Elditha firmly in her place as a wife and mother. When she was a new
wife, Thea’s age, young and inexperienced, it was Gytha who had befriended, protected and
guided her, but when she had confided worries about Harold’s fidelity to her, Gytha told her,
‘A soldier needs comfort at night when a wife is not there to provide it.’ Elditha had bristled
at those words and from that day on, she could not help wondering which ladies had slept
with her husband, even though Gytha had meant soldiers’ women, never noble women.

Gradually the bower hall filled up and as the afternoon light grew into twilight, there
was the comforting hum of female conversation. The ladies ate dinner in the bower so that
their husbands could discuss the king’s illness. With great thumps the servant boy turned the
sand clock, over and over as the afternoon passed. Elditha longed to see Harold but he did not
attend the evening service either. Perhaps he was waiting for her to come to their chamber.
She said her goodnights to the other women early, returned to their apartment, her three
women trailing behind in case they were needed, but she sent her ladies away to her children
and sat alone sewing by candlelight.

Towards midnight, just as she began to think he would not come to her, he swept into
their antechamber. Looking weary, he pulled off his mantle. ‘I am sorry to make you wait.
Elditha, my love, it bodes ill. King Edward is weak. Edith says he won’t eat.’ He was
frowning. ‘Now he only wants clergymen by his bed. We can do nothing more for him.’

She set aside her embroidery, rose and took his mantle, folded it and laid neatly it
over the wide arms of her sewing chair. It was a comforting and familiar gesture. She said
quietly, ‘So, then, husband, which will it be, Christmas banquet or a funeral feast?’

‘Edith says that he wants us to carry on without him and the physicians tell us that he
may yet recover. Who knows? We can do nothing more but wait and pray. It’s in God’s
hands now.’ He caught her waist and drew her close to him. ‘But, I am sorry, my love. How
have you passed your time here? Come here and tell me.’
His presence filled the room. She adored him and she knew he still loved her too.

‘Well, we are mostly with your mother, our own cousins and our women. Thea adores her grandmother. But Gytha wants to speak to me about something. I wonder if it is about Thea.’

‘Probably the arrangements and, that is good, don’t you think? Thea never wanted to join her grandmother’s household before, the bold girl.’ He reached up and pulled her veil away and tossed it onto the cloak.

Elditha kissed him, and anticipating what was coming now, began to loosen her thick plait’s binding. ‘Well then, your mother has set up a tapestry for us to embroider, a hanging depicting the Garden of Eden. It is for the new cathedral. Thea avoids it when she can. I am working on Eve. And appropriately enough Gytha is embroidering the apple.’

‘Ah, I suppose you have left the serpent for my sister? Here let me. I love to loosen this.’ He was undoing her pale hair and shaking it out. She was aware of it dropping in thick swathes about her shoulders.

She composed her face into a picture of serenity. ‘Of course not, though she can be domineering. We never see Edith these days. There are so many ladies working on the tapestry. We move around it. It keeps us occupied. We talk together.’

Now he was untwisting the laces of her overgown. His hands were moving over her body and to her it felt as good as it had always felt. Nothing had changed, nothing, and as usual she was beginning to soften at his touch. ‘Ah, so what do you talk about?’ he said in a teasing tone as her over-gown slid to the floor.

She drew back, took a deep breath, exhaled and said, ‘Harold, everyone speculates about everything, about the King, about us. There is whispering in corners. What will happen if he dies?’ She clasped his arms but he gently removed her hands, pulled her back and continued to unlace her gown. ‘Who will be king?’ she said.
‘Let us not think of this now, my love. Tell me about Thea and the others.’ Her gown slid to the floor and she was in her linen undergown. He turned her round and parted her loose hair and began to kiss the back of her neck. ‘No one can ever hold a candle to you, my Edith.’ He whispered the words into her hair. ‘Don’t ever forget it.’

She kissed him passionately, seeking out his tongue with her own, before breaking away to say, ‘The boys are well of course. Ulf is very, very mischievous and Gunnhild is serious.’ She sank down on a stool and tugged off her deerskin boots, fondling them for a moment before setting them neatly by the bed. ‘Thea is growing up quickly. Betrothal is all she can think of. She teases Earl Waltheof, but then she tells your mother that he is not good enough for her. Our Thea wants a prince.’

Harold raised his head and said sharply, ‘She’ll take who she is given. None of us can choose.’

‘We did.’

‘We were fortunate. We have love,’ he said but there was, she noticed, a momentary pause. He took her in his arms again and laid his chin on her head.

It was an old familiar gesture, but she twisted out of his grasp and studied his face. ‘When you are by my side, yes we have love. When you are not… The women here, they talk amongst themselves about you and other women… I cannot help but hear them …’

He put a finger to her lips. ‘Enough, Elditha, they are of no consequence.’ He drew her close again. He smelled of the sea, of the earth and slightly of the musk oil with which he sometimes anointed his hair. He was her husband and she had loved him since she was fifteen years old and he had so gently taken her maidenhead. She loved him still. He buried his face in her hair. ‘Not now,’ he murmured. ‘Come with me. How, I have missed you. Perhaps we can ride tomorrow.’ He led her to the bed and they tumbled on to the goose-
feathered mattress and he loved her until she made herself forgive him all his passing infidelities.

Snow fell heavily that night. It made riding impossible. The women passed the following day closed inside Queen Edith’s bower hall making Yule gifts of purses and belts. Servants carried great pitchers of hippocras and plates of honey cakes into the bower and, as she nibbled on cakes, and sipped the sweet wine, and tried to keep warm, Elditha would glance over at the northern widow who sat with her frosty relatives. Sometimes she caught Aldgyth watching her too. She had noticed how Harold greeted the brothers Morcar and Edwin in a friendly manner, how he turned to Aldgyth when they were in the hall that morning, for a moment giving her his full attention, his grey eyes seeking hers. Aldgyth had modestly looked down, but when he moved on around the great hearth talking to others, Elditha had noticed how her eyes followed him.

All morning the women worked on Gytha’s tapestry. They talked about the king’s illness. Would he die or would he recover? In the afternoon they made gifts for each other and pretended that everything was normal, though nothing was. Everything creaked. A chill wind rocked the timbers of the wooden hall; the dark skeleton branches of trees outside bent under great plops of snowfall; conversations in the bower hall became in turn knife-edged or dreary. Elditha wished now that she had remained at Nazeing this Christmas, where she would not have to see the northern women who gathered about the ex-Queen of Wales as though she were a queen in the hive. Aldgyth sat close by her, quietly stitching on a length of fine white linen. It seemed to be a man’s new shirt with extravagant gold and silver embroidery creeping around the neck opening. Elditha wondered who it could possibly be for. She tipped a pitcher and poured wine into a cup for Gytha and said in a low voice, hoping that Aldgyth could not overhear, ‘Thea mentioned that you wished to speak to me?’
Gytha leaned forward in her chair and lowered her voice to match Elditha’s own, ‘Elditha, if King Edward dies there will be an election and they could decide that Harold must rule. It’s a pity that King Edward and Edith have no children of their own.’

Elditha pricked her finger. A drop of blood showed crimson on her embroidery. And I could be queen, she mused. She sucked the blood away. ‘What about Edgar?’ she said. ‘He may not be his son; but he is the nearest living relative and it was Harold who brought the family back from Hungary. Do you not think, Gytha, that now his father has died, Edgar will be king when Edward dies?’

Gytha gave a low and very cynical sounding laugh. ‘The country needs more than a boy to save it from the locusts, my dear.’

‘Duke William?’

‘Others too, Harald of Norway and Swegne of Denmark.’ Gytha sniffed, lifted her long sleeve and wiped her nose on it. She nursed her hippocras for a moment and sipped it. ‘Still, we all know that that William, the bastard son of a washer-woman, is the worst of the locust princes. Edward’s mother always wanted Duke William to be England’s heir.’ She sat her cup down and glanced over at Aldgyth. Elditha followed Gytha’s sharp eyes. Aldgyth immediately raised her head from the shirt she was stitching. Gytha placed a finger on her lips and lifted up a linen fillet that she was embroidering with tiny blue flowers. ‘I think Thea will like this,’ she remarked. She paused then added, ‘Blue will go with the red hair.’ She snipped a pale blue thread with her scissors and rethreaded her needle. In and out her needle slipped, making tiny stitches, her eyesight very keen for a woman who had three score years.

Aldgyth bent her head again and seemed absorbed in a section of work about the shirt collar. ‘It’s not surprising, of course, that Edward’s mother wanted William to be the heir; he is her own nephew,’ Elditha said in a whisper.
'Emma was a schemer. King Edward hated his mother for abandoning him and marrying Canute. After all, Canute killed the father and married the mother. What do you expect? That woman hated us Godwins, too, but she couldn’t do without us in those days.’

‘Emma is long dead, Gytha.’

‘But now, Elditha, that bastard William wants England’s throne when her son is dead. What about that claim he made about Harold’s promise to him?’ Gytha’s lips pursed.

‘It will certainly cause trouble that both Edgar and William consider that they have a claim.’

‘Even so, my dear, the earls won’t have either of them. The boy is too young and the bastard’s a foreigner, a liar and a thief.’

‘Duke William claims…’

‘… that Harold promised to uphold his claim over relics gathered from all over in churches in Normandy. Well, he told me that those reliquary boxes were empty. Some trick.’

Aldgyth stood up, came closer and lifted the warm pitcher and a cup from the hearth. Elditha bent her head over her embroidery. Harold had told her another version of that story. He had confessed to her in bed that he’d been given a choice of becoming William’s vassal or of remaining William’s hostage. He had made the only choice he could; but when he’d made his oath of fealty to William in the church at Bonneville-sur-Toques, his hand had been firmly placed on reliquaries.

‘It’s different you see,’ he had whispered into her ear, ‘all fealty means is that I will help the Duke if he is in difficulty. I owe him that loyalty at least: he saved me from the pirates when I’d been shipwrecked when I went over there to get our family hostages from him. I never swore that I would be a kingmaker. I, Harold, Earl of Wessex, will never support any claim by William of Normandy to the throne of England. And so I got my nephew back from him.’
Frowning, Elditha pulled the gold thread through the linen on her lap. ‘The earls will declare for the Atheling.’ she heard herself saying.

‘No, they will not,’ Gytha said. ‘Edgar’s father, had he lived, would have been a fine king, but it won’t be that young boy who follows his uncle nor the bastard, nor will it be any other prince who has been elf-shot with greed. It will be an English earl. And what I have wanted to say to you, Elditha, is that Thea will have greater prospects than young Earl Waltheof. Now, where is my thimble?’

Elditha pulled a thimble from the purse hanging from her girdle and dropped it into Gytha’s lap. She spoke her thoughts aloud, ‘Edward will not choose a Godwin. He will want Alfred’s descendants…’ Before she had a chance to say anything else, the bower door creaked open, blowing a flurry of snow inside and Queen Edith herself swept into the bower hall with four of her ladies following. Now, Elditha thought grimly as she dropped her sewing, there really will be an end to any Christmas festivities.

All the women seated in the hall rose and bowed their heads. The children stopped playing. Aldgyth was nearest to the door rummaging in the silks basket for a fresh thread. She sank onto her knees. But, to Elditha’s surprise, Edith just smiled and gestured to them all to sit again. She raised Aldgyth to her feet and shooed her back to her embroidery with a thin smile. Then she approached Gytha, bent over and kissed her mother’s cheek in greeting. Turning to her women, she sent them off to work on the tapestry frame saying, ‘I wish to speak to my mother.’

The queen’s dark-cloaked women scurried off to the Adam and Eve embroidery, seeking empty stools. The others made room for them and threaded needles for them. Sitting opposite each other in pairs, they began to stitch the flowered border, talking in hushed voices. Elditha rose again, thinking to join them but Edith said, ‘No, Elditha, stay. You may listen to this too.’
Edith sat by Gytha on a cushioned chair and arranged the heavy folds of her blue cloak. ‘Edward may yet recover,’ she said smiling her thin smile. ‘We must hold the Christmas feast as usual. Nothing must appear amiss. The king will attend.’

‘And, if there is a relapse?’ Gytha’s face was anxious.

‘There will be no relapse, Mother. The king must show the world that he is recovering. If we all pray for him, God may spare His most faithful son.’ She paused, looked round at the other Godwin women who were listening and raised her tone. ‘So, since you are all listening, I come to say that we women, all of us, and the families must attend a nightly vigil in the new Abbey Church, asking God to spare our king.’

‘The children, Edith,’ Elditha said, dismayed. ‘Should they attend the services? Some of them are so young.’ She looked over to where the nurse, Margaret, was playing a game with Ulf and the other young children thinking how harsh her sister-in-law could be, but surely she would not insist on the younger children observing the vigil.

‘As you wish, sister; but they ought to understand the value of humility and the importance of such prayer. The king is, after all, their uncle.’

‘Of course my children will pray, too, Edith,’ Elditha said quickly not wishing to cause offence. How would her four year old Ulf stay awake?

Nightly, as the moon hung above the Abbey, the women and children joined the monks for the midnight vigil. On the fourth evening, when Elditha picked up her cloak, Harold said impatiently, as if this had been her idea and not his sister’s, ‘Not again. Not the children as well. Not my mother.’

‘Edith has insisted. We should all pray for his recovery; you, too.’

‘But not my mother; she is so old. Her nightly vigil must stop.’

‘She will not stop.’
‘Let us hope her prayers are answered. By the by, I am told that you are crowning young Edgar Atheling king already, Elditha.’ She could hear the gathering chill in his voice.

‘I was not wishing the king’s death, my lord.’

‘That is not what I have heard.’

‘From Gytha?’

‘No, but you must guard your conversation, Elditha. There are ears everywhere.’

Only one person would have reported that particular conversation and twisted it into something she had clearly not intended. She did not wait to ask what he had heard. She lifted the latch, allowed it to crash down behind her and headed out into the cold courtyard alone. So Aldgyth had lied to her brother, Morcar, who had repeated the lie to Harold. It was the only explanation.

That night God listened to their prayers. The following morning, Fitz Wimach, Edith’s steward, announced that the king would attend the Christmas festivities, and following this announcement a sense of levity returned to the court. Elditha pushed Aldgyth from her mind. She rifled through her travelling chest until after much indecision she selected a fine woollen overgown gown to wear. It was dyed a shade of green that complemented her eyes, its gold embroidery the richness of her heavy plaits. She owned a green mantle of the same wool and a curving brooch pin of gold studded with garnets, a present from Harold. He would be pleased to see her wear it. Although she chose to ignore his accusation, she could not but continue to notice his interest in the one whom she suspected had tried to come between them.

Determined to enjoy the Christmas festivities, she sat in the bower and strummed on her harp. The girls and their cousins practised their dancing steps. Elditha showed them all a new dance with high leaps and swirls that turned as fast as the weather-cock spinning atop a church steeple on a windy day. She laughed when her sons came to the bower to tease them
and tell jokes, relieved that the vigil was over. But, often she felt a pair of pale blue eyes watching her when they dined in the hall. She sensed them following her from the shadows of the nave in the cathedral, where then Aldgyth’s pasty countenance would suddenly appear from behind pillars. Most annoying of all was when that mousey head popped up smiling from the shirt she was embroidering, and which she seemed to thrust forward menacingly every time Elditha passed by.
And King Edward came to Westminster towards midwinter, and had consecrated there that Minster which he himself built to the glory of God and St Peter and all God’s saints...and he passed away on the eve of Twelfth Night and was buried on Twelfth Night in the same Minster. The Anglo-Saxon Chronicles, January 1066.

Elditha peered into the hall on her way to the bower. It bustled with preparations. She clapped her hands with delight and sent her maid, Ursula, to fetch Gunnhild and Ulf and the nurse from their sleeping chamber so the children could see the fun. Servants rushed about the hall with baskets of greenery, table coverings, napkins, silver candlesticks and an enormous Yule log for the hearth. They hung the richest tapestries behind the dais. They decorated every spare wall space with wreaths of holly. They strewn the floor with fresh rushes and dried chamomile and set up trestles with linen cloth. Above in the gallery, musicians practised on drums, pipes and harps. In alcoves, skalds rehearsed stories and fools tried out their antics on anyone who strayed their way.

For a few minutes they watched, their excitement mounting, until Elditha said, ‘Enough for now. Your grandmother and sister will be in the church already.’ She urged the children away, fussing about their cloaks and then marching them outside into the frosty morning and along freshly swept pathways to the cathedral. They would not break their fast until they had given thanks to the one who had saved their Uncle Edward’s life.

Harold burst into the bower after midday service anxious to escort his family into King Edward’s feasting hall. Elditha frowned and tried not to care as the women eyed him when he passed through. He smiled through long moustaches that were this Christmas tinged with grey. Her husband was still handsome despite his forty years, utterly resplendent in a fine
new woollen mantle and linen tunic of blue as deep as a summer sky. He paused and bowed before Aldgyth. Maids blushed and flustered around the woman tidying her gown and brushing her shoes. Harold lingered for a moment and whispered something, a compliment Elditha supposed, and then passed on to his own family. Gunnhild was waiting for Elditha to pin a small amethyst brooch on her cloak whilst Ulf danced up and down in new shoes, unable to stand still. Harold called a greeting to her, kissed his mother and helped her from her chair. Elditha glanced over at Aldgyth. She must rise above the sense of unease she felt in the presence of this younger woman. Jealousy was a shoddy feeling, and though Aldgyth was plain, her eyes small and set too close together, she did manage a regal bearing. Tonight in a red cloak with squirrel trimmings the northern widow looked impressive. Elditha took Ulf’s hand and gently pushed him onto a stool. She asked Ursula to use her comb on the boy’s hair but as she handed it over she felt a shadow descending, as if it had come from nowhere.

‘We are ready, my Lord,’ she called to Harold. He was wearing a new belt, her gift to him. She had known that he would wear it, but it was not just the belt that she noticed. A new silver dagger hung from it, the hilt set with amber. She leaned forward and touched the stone. ‘I’ve never seen a piece of amber as large as a goose egg before. Where does this come from, Harold?’

‘Morcar, Lady Aldgyth’s brother, an offer of friendship.’ He looked away and would not meet her eyes.

She said softly, so that Aldgyth could not hear, ‘Morcar shows you friendship? His sister ignores me.’

‘Morcar holds the North and he is grateful for that position. Come, my dear, no ill-will, today of all days. You too, Mother. Here’s your stick. We must not keep King Edward waiting.’
Gytha raised a thin eyebrow. She touched Elditha’s arm and shook her head. ‘Don’t let Aldgyth upset you,’ she muttered to Elditha when Harold turned away and pushed Ulf and Gunnhild before them. ‘What must be, will be, Elditha.’ There was a chill in those muttered words but Elditha, undaunted, managed to offer Gytha her help.

The old woman shook her head, ‘I have my stick and thankfully, my dear, my eyes.’

Together they crossed the palace yard, walking slowly so that Gytha, who was stiff from the nights of prayer in the chill cathedral, could keep up. The King’s steward separated them at the opened door into the hall. Harold, Elditha and the Countess slid into their places at the high table, beside the empty chairs left for the King and Queen. The King’s steward dispersed the rest of the family about the lower trestles that stretched down either side of a huge double hearth where an enormous yule log blazed.

Harold remarked, ‘Look at our sons just across from us here. We Godwins are well placed tonight.’

No wonder Harold was pleased. All three of their older boys sat with their uncles and young Prince Edgar. Elditha now sought out their two daughters and little Ulf. They were seated far away, with distant aunts and female cousins.

Trumpets sounded. The King’s bailiff tapped his staff. She looked towards the staircase at the back of the huge hall. Everyone stood as the snow-bearded old King appeared on the stairs, supported by his wife and surrounded by priests. He tottered down and shuffled towards his centrally-placed chair at the high table. His own household followed in a procession. They waited until his personal steward helped him into his chair before they sought their own places.

Elditha smiled as the queen adjusted a cushion behind the king, and greeted Harold and her mother. She inclined her head momentarily to Elditha. Elditha nodded and looked at the king. He seemed not to recognise any of them. His eyes were pale like oyster shells,
misted over. He who had once been good-sighted was now turning blind. There was another bustle as people relaxed back onto their benches. Side doors opened and a parade of cooks carried in great trays of food from the kitchens. Female servants poured wine and beer into cups. A boar’s head arrived. Venison, peacocks and small birds followed. Blackbirds and partridges, woodcocks, pheasants and geese were all carried to the King in a stately procession. He waved them away. As course followed course, Queen Edith attended to his every whim. She washed his fingers, arranged his napkin, filled his drinking cup and mopped the dribbles from his beard. Elditha sadly noticed that he ate no more than the pickings of a thrush’s wing.

Harold placed small portions of meat passed to them onto their shared silver plate but they ate slowly, without conversation. Elditha searched the board right and left for the red cloak and the headdress, the golden fillet studded with jewels and a veil of snowy linen. Then at last she saw Aldgyth’s plaits lie darkly against the red of her gown and mantle. She glanced sideways to see if Harold was watching Aldgyth too. Harold was not paying the widow any attention at all. He was speaking quietly to the king whose response was limited to an odd grunt. Edith tried to persuade her husband to sip spiced wine from a silver and glass goblet but he shook his head. Fools came to the table and told riddles and a storyteller began to strum his harp and recite an old tale. King Edward managed a weak smile but he looked weak and strained, as if it was all too much to bear.

‘He shouldn’t be here,’ she whispered to Harold. ‘Speak to him. Tell Edith if you can’t tell him. He is exhausted.’

Harold shook his head. ‘He likes the storyteller. This time Edith knows best.’

Elditha was sure that the King was worse than his physicians were prepared to admit. ‘I must say something to Edith, even if you do not. This is cruel.’

‘Don’t you dare utter a word.’
Course followed course and servers came and went. The hall grew steamy. Mantles were cast aside. Servers returned and held aloft a pastry model of the palace decorated with confections and nuts. King Edward croaked at his wife to break off a honeyed turret for him. Raising his shaky hand, he nibbled at a corner. He tried to speak, but suddenly his mouth twisted and contorted so that not a word came from it. His left arm jerked out and the piece of pastry flew up and then dropped onto his wife’s lap. He began to slump, falling forward past her, onto the table, where he clutched at the cloth with claw-like hands, bringing silver plates clattering down and glassware tumbling. Red wine splashed onto the rushes. Harold leapt to his feet. Edith cried out. The storyteller ceased strumming. The steward and the royal physician raced to the King’s side. Edith and Harold raised him into his chair again. The physician listened to the King’s chest through a horn and held a small mirror to his mouth, raised his head and proclaimed, ‘He lives. The king lives. Carry him to his chamber.’

I knew it, Elditha thought. He has not recovered, not at all. Retainers cleared a pathway. The steward, the physician and courtiers lifted the frail old man up the staircase, through the wide gallery above the hall, vanishing into the apartments above. Queen Edith raised her hand and bade the storyteller to continue. She asked Harold to accompany her. They followed the King’s physicians and courtiers up the staircase.

She heard Gytha’s voice say as if it was sliding through a thickening mist, ‘Elditha. We cannot stay now.’ For a moment she could not move, nor did words form in her mouth. She felt imprisoned as though sewn into a shroud. This was it. England would be adrift and the locusts would descend. And what now? She felt danger sliding closer and closer to them, towards Harold and herself. Did she not want this? Before, as Harold rose to become the first earl in England she had enjoyed the importance she and their children had but something worried her, something she could not quite grasp. She glanced down the hall. Seeing Aldgyth studying her again through those pale little eyes, Elditha signalled to her ladies. When Ursula
hurried to her, she sent the girl to gather up her younger children, and with them by her side, confused but obedient, she swept from the hall and returned to her own apartment.

In the freezing courtyards around the palace, groups of young nobles gathered in tight knots waiting for news. In the galleries, by the curtains of private chambers and on staircases up into the towers, Elditha observed bishops and earls muttering. One thought hung on everyone’s mind. Who would be fit to rule if the king died; local earl or foreign atheling? Not Harold, she prayed on her knees on the hard, icy pavements of the Abbey’s many alcoves, prostrating herself before the Abbey’s multitude of saints, not my husband.

Days passed and it seemed to her that the king lingered, his soul suspended as if hovering on a lightly feathered angel’s wing. Harold consulted with physicians. He comforted the queen or became entrenched in the council room where he reported on the king’s progress. He never returned to his own chamber but remained close to King Edward. She quietly embroidered and waited patiently for news.

On the day before Epiphany, Gytha tapped her way along the gallery to Elditha’s chamber. Leaning on her jewelled, hooded walking stick, she requested thread of gold from Elditha for the new tapestry. As she hunted it out from the box in her chair Gytha suddenly said, ‘The corpse serpent is gnawing at the roots of Yggdrasil.’

‘Edward is finally dying?’

Gytha lowered her voice. ‘His spinners have ceased their spinning. He will not last out the night.’

‘In time, the serpent arrives at the tree of life for us all,’ Elditha said gently.

She heard before morning that the corpse serpent slid into the room that very night as the king was sleeping. His spinners had spun their last. Harold came to her and took her hands. ‘It is over, Elditha. Now all is to change.’ She did not need to ask him what was
changing because the changes had been happening since the morning she had ridden on Eglantine to Thorney Island. A king was dying and a plain young widow waited in the shadows to take Harold from her. She asked him how the king had died. Harold sank into a chair buried his head in his arms for a moment, then raised his head and said, ‘He was just a dying old man; he had become a great fetid stench that lurked beneath the smell of wax and unguents.’

‘What about Edith?’

‘Edith held his feet and caressed them. Archbishop Stigand was muttering prayers. Then just as it seemed that if he would never speak again, his lips began to move.’ Harold took a long deep breath. ‘It was the strangest thing. Edward’s voice as clear as the ringing of Angelus bells; he cried out, ‘England will enter a terrible time.’

‘What did he mean?’ Elditha whispered. She shuddered. Edward had been, in truth, an obsessive and quite unpleasant old man. Rumour had it that he had never slept with Edith and that he admired young men, or perhaps, since there was no evidence of that, he was a virgin.

‘I said, ‘What is this, Your Grace?’ The queen kissed his forehead and he opened his eyes. He looked straight at Edith and stretched out his right hand, touched my arm and said to me. ‘I place my kingdom into your care.’ And that was it, Elditha. After that, he said not another word. But don’t you see, he has given me the kingdom and we all know that any wish spoken by a dying king must be granted.’

‘So does this mean you are to be king?’

‘If the Council says so then, it seems that I am, and Elditha, not a word of this to anyone. There is too much to do, to arrange.’ Harold snatched a cup of wine from her, gulped it back, shook his unkempt head and rose to his feet. He dropped a perfunctory kiss on her forehead and hurried out into the darkening evening. Bewildered, she sank into the
chair that was still warm from Harold, lifted her mending, then put it down and called for Ursula. ‘Bring me my mantle and my boots. I need air.’

‘Do you wish company?’ she heard the maid’s small voice saying.

Elditha shook her head. ‘Not tonight, Ursula. Go and rest. King Edward is dead. The morning will be busy. You and Margaret must keep the children hushed and we must all pray for his soul.’

Around midnight, Elditha picked her way through grim mourners kneeling in huddled groups around the hall chanting prayers. She climbed the staircase to the gallery and slipped into an empty alcove. She flung open the shutters of a window overlooking the river. A full moon glowed and the water below reflected stars, appearing as if it was filled with shoals of silver fish. Smoke from riverside huts twisted upwards into the night. As she leaned on the sill, Elditha wondered if the king’s soul had already sped into the heavens. She listened to the lapping water, the cries of mourners and the chanting of prayer until these sounds faded into the background. Closing the shutters again she thought that she could hear voices close by. She followed the wall to where the leather hanging concealed the entrance to the King’s antechamber. Leaning her ear against it, she could hear Harold and Edith talking. Their voices rising, they weren’t just talking. They were arguing.

‘Edward sent for Edgar’s family. You fetched them back from Hungary yourself. We adopted the boy after his father died.’

‘Sister, you heard Edward give the kingdom into my care. A dying king’s wish is sanctified and must be obeyed. Morcar and Edwin will not have that child for king.’

‘But brother, Edward meant that you were to care for the kingdom in Edgar’s name.’

‘Archbishop Sigand does not agree. Tomorrow Edward will be interred. I shall be crowned king.’
'Then, I shall retire to my convent at Wilton.'

'No, you were Edward’s queen and tomorrow you will show them all that you support my kingship.'

'And who will be your queen, brother? Aldgyth of Mercia? You have been plotting this for weeks.'

Elditha clutched the folds of her mantle, turned on her heel and fled back along the corridor. She rushed into her apartment. There was no sign of her women. She sat alone in the dark as the candles burned low. She was not to be queen, but what about their children? There, as bells cried out through the long night for the safety of Edward’s soul, she thought about what she had overheard. Next to Harold, Morcar and Edwin were the most powerful earls in the kingdom. She understood it all now, the looks, the snubs, the snide whispering as she passed. When the charcoal dimmed in the brazier she climbed into the empty space that had been their bed here for seventeen years and sobbed angrily into the pillows. He would betray their love for a kingdom. And he had not returned to their chamber since Christmas night. As morning dawned fear paralysed her but she could do nothing, not yet.

Epiphany, the day of Edward’s funeral and Harold’s coronation, turned out to be bitter, the skies shedding icy sleet. Elditha froze anyone who came close to her. She silently walked with her children and beside Gytha and Edith to the great minster. He was popular. The Thames was crowded with boats and many stood patiently in the broad space around the palace and on the river, huddled in their cloaks watching. They followed procession of nobles and clergy that swept from church to palace after the king’s interment, and then a few hours later swept back again for Harold’s coronation. She sensed that both Gytha and Edith looked at her more with pity than joy and she held her head high determined not to show the
weakness she felt. This was Harold’s greatest day and she should be happy, but she could have wept with despair.

She stood with the others in the nave and watched with them as Harold slowly descended the platform and stood by the altar. He made a threefold promise to the archbishop and to his people promising to protect the church, maintain good laws and abolish the bad, and dispense justice to all.

‘What justice will you dispense to me and ours?’ she whispered to herself, clutching Ulf’s hand tight.

‘What are they putting on my father’s head?’ she heard the child ask.

She looked down at him and said tensely, ‘Sanctified oil, a sign that your father is king and you, Ulf, are now an atheling, a prince, a king’s son, so never, ever do you forget it.’

When the ceremony drew to a close and the clergy began to process out of the great church, Elditha saw the northern ladies standing together on the opposite side of the nave. The Lady Aldgyth stood in their midst. She thought bitterly, it has happened before when a king has had a handfasted wife. He will put me aside. She closed her eyes and prayed to her name-day saint, ‘I have anger in my heart for him, please help me to contain it. I have pride and I envy that dull girl. Please, dear St Cecilia, beg the good Lord to have pity on your daughter. Help her to face this cruelty. God help us all now.’

Harold moved into the royal apartments without her. They spoke little to each other. The closeness that they had shared only weeks before had frozen like the bitter earth outside. When the court came to dine in the hall after Harold’s crowning, she watched the demure smiles Lady Aldgyth gave Harold, and she noticed those he bestowed upon that lady in return, whilst all the time he spoke pleasantly to her, passing the salt cellar or placing morsels of fowl on her plate, choosing for her a sweetmeat.
'Harold, we must talk,’ she said when they met in the hall on the following day at dinner.

He touched her arm, smiled at her sadly and said, ‘Not at the moment. There is so much to do. Soon, Elditha, soon we shall talk.’ Then he hurried away to some earl or other who wanted his attention.

Gytha tried to comfort her by saying, ‘He will come to you soon. We are the new royal family, my dear. You should rejoice.’ But Gytha knew, and Elditha knew that she knew.

Again she tried to talk to Harold, and he dismissed her saying, ‘I am burdened with arrangements, my dear. There is no time for anything else, not now.’ But he had time for the pasty faced widow who had once been wed to Gyffud, prince of the Welsh.

Three miserable days slid by and then the widowed threat travelled back to the north. Elditha rejoiced, hoping that Harold would be drawn back to her, now that Aldgyth was gone. She practised her harp, spent time with her children, helped Thea with her embroidery and returned to the bower hall to work on the Garden of Eden tapestry. When she tired of this she encouraged her ladies to fill her own apartment with the clatter of dropping spindles and chatter.

A few days later, as she was preparing for sleep, she heard Harold’s footstep outside her chamber. She sent Ursula, to see if he was there. Ursula returned smiling. ‘The king is on his way, my lady.’

At last and what will he say now? ‘Go to the bower hall,’ she barked at her women, and they fled through the doorway curtain like a flock of migrating birds. Harold pushed in as they left and thrust his hands towards the brazier.

She took a breath and composed herself as she poured him a cup of wine, keeping her hand firm. He accepted and sipped slowly. She poured some for herself, though she would
not drink it. She must be measured. She would not keep him with soured words. Yet the devil 
perched on her shoulder urging her to give him a look so sharp her eyes could have sliced 
through his bones. ‘Why, my lord, has it taken so long for you to remember you have a 
wife?’ There, it was out.

He placed his cup on a low table and opened his palms in a supplicant’s gesture. Time 
froze. She noticed a new gold garnet studded cross rise and fall on his breast. He said slowly, 
‘In the spring I shall ride north and tour the kingdom.’ He sipped the wine. It was a deliberate 
pause, she thought. At last he said, ‘Elditha, I will speak frankly. In York, I shall wed the 
Lady Aldgyth. I must, not for love, but for the kingdom.’

She set her cup on the table, her hand shaking. Red wine splashed over the cloth. She 
spun round to face him again. He was kneeling before her. ‘I beg you, Elditha, do not make a 
fuss.’

‘Get up, Harold. You do not kneel before me to beg my forgiveness.’

He stood up and grasped the chair. He was shaking as he shook his head. ‘Elditha 
listen to me…’

‘No, my lord, I have watched you woo her in front of the whole court. You have 
betrayed me and our children. Tomorrow, I shall return to Nazeing.’

He reached out and touched her face. She drew back, frightened, hurt and angry 
beyond words. She swallowed. She must not weep. There was silence. She waited. ‘Elditha,’ 
he said at last, ‘I need this alliance. Without the support of Aldgyth’s brothers the kingdom is 
divided. Without them we are all lost.’

‘Why? They cannot make you do this.’

‘Yes, they can. We are cousins thrice removed and were handfasted because of it.’ He 
sank onto their bed, his head in his hands. ‘I am the king now, Elditha, and although I am 
king, you still remain the mother of our children, but,’ he paused. She waited. ‘You cannot be
my queen. And, though I may not wish it, I must wed with Aldgyth.’ His next words were spoken with gentleness, but they cut deeply. ‘A king needs a queen approved of by the Church.’

She had been thinking for days of what she would say if he brought this up. ‘Then, appeal to the Pope. Build him a minster as Duke William did when he wed Matilda of Flanders. They were cousins something removed.’

‘Duke William is closer to the Pope than we are here. It is different. Can you not see that I don’t have any taste for this marriage, but marry her, I must. It is only an arrangement.’

She snapped back at him, ‘An arrangement with Morcar is more important than your own children? Our sons, our daughters too, what will happen to them and to me?’

‘Our sons will go to King Dairmaid’s court in Ireland. They will learn to be princes. Thea will remain with her grandmother, where she can prepare for marriage. Ulf and Gunnhild will dwell with you, though soon, perhaps, Gunnhild will join Edith in Wilton for her education.’

‘What?’ She was about to retort that Gunnhild would not go to Edith’s household to become a nun, not ever, but he was running on ahead of her.

‘Elditha, my dear, for the sake of our children, for us, we must both accept this change in our lives. Others have done so in the past.’ He lifted her hands and held them tight. She felt his strength and she felt her own fragility. She knew that she must make a bargain with him, for the sake of their children and for her own sake too. Theirs had been a long and loving marriage. Slowly, she nodded. ‘But our children must take precedence over her children. You will swear it to me.’ She lifted her prayer book and thrust it into his hands.

‘Swear it upon this, on St Cuthbert’s prayers. I am not going to quietly vanish into a nunnery. Don’t you think that, my lord.’
‘Of course not, the very thought of it, Elditha. Godwin will inherit my kingdom. I swear it.’ He held the prayer book and touched the cross that hung on his breast as if to confirm his oath. He lifted it to his lips and kissed it. ‘I swear it on the holy cross. Godwin will follow me. Elditha, we, too, can continue if you will still have me.’

She shook her head. ‘And how is that possible, my lord?’

She felt him study her and heard him say quietly, ‘Do you remember Reredfelle?’

‘How could I forget it? It was the place of our first summer. We conceived Godwin there.’

He was still holding the prayer book. He laid it down and looked up at her. For a moment everything was still, frozen in the air. She saw a glistening, a gathering of tears in his great blue eyes. Then he spoke again. ‘And it has been neglected. Do not return to Nazeing. Go to Reredfelle and make it what it used to be. Consider it as one of your own estates, and I will come to you there.’

‘When will you come, my lord?’

‘I cannot promise a visit soon, but I do promise that I shall come when I can.’

Promises, crosses and relics betrayed; sinking down beside him on the embroidered coverlet for a moment she watched the brazier glow and the candles flicker. She searched his face. He looked tired. He was weary with the burden of kingship already. The devil fled from her shoulder and her heart ceased to beat like that of a frightened bird. ‘My estates are in good order. I will do the same for Reredfelle,’ she managed to say with dignity.

He reached out for her and though she held back, he pulled her into his arms and kissed her. ‘That is it, my swan, my love. Do not leave me. Our lives are, for now, buffeted by rough seas.’ He smiled down on her through moist eyes and said, ‘I have gifts.’ He pulled a pouch from his cloak and pressed it into her hand. ‘Conceal this in a safe place. Padar, my skald, will accompany you to Reredfelle. If you need me, send him.’
She untied the purse cord and drew out six sapphires. They shone pale blue against her linen. She dropped them into her lap. ‘Padar the skald and baubles. I would rather have had you, my lord,’ she said, feeling a monstrous sadness sweep over her and devour her. Tears bit the back of her eyes. She must not allow them to flow.

‘And I you,’ he whispered. He withdrew a small leather bound book from the lining of his cloak. ‘While we are parted, this will amuse you. See, here is your riddle.’

She began to smile. Riddles had been a secret language between them. He read the verse about a swan that he had always said was for her. She had drawn strength from that poem. ‘Forgive me,’ he whispered into her hair, but she could not forgive; forgive him she would never bring herself to do. For the sake of their family she must accept his proposal, but she was not so easy with her heart.

She laid the book of verse aside, stood up, walked to the chair and lifted his mantle. There was surprise on his face as she gave it to him. ‘Go, Harold, and God go with you.’ She turned away from him. The room had become chill and the candles had burned low in their sconces. She felt a draught as the tapestry moved. She turned around and he was gone. In that moment of final separation, she knew that she must learn the lessons of loneliness.

On the day dedicated to St Valentine, her cavalcade gathered in the yard. She sat proudly on her mare, wrapped in her ermine-lined cloak. Deep in her saddlebag she had concealed a precious silver-plated bone casket containing Harold’s gifts and her collection of ivory figurines of female saints. Over these treasures she had folded the christening robe which she had used for her children, and which, one day, she prayed that she would use again.

Ulf and Gunnhild peered out of their wagon at the small gathering which had collected to wave them farewell. As their cart trundled towards the gate leaving tracks in the snow, they turned back and waved again at their grandmother, their cousins and their brothers.
and their elder sister. Elditha turned and scanned the watching faces, but their father was not there to say goodbye.
March 1066

Then throughout all England, a sign such as men never saw before was seen in the heavens. Some men declared it was the star comet, which some men called the haired star. The Anglo-Saxon Chronicles, March 1066.

Elditha’s company took on a festive mood as they rode through villages that were strung out along the old Roman road south of the river. Padar trotted on a small pony by her side, telling jokes and stories, making her laugh. A heavy cloak of seal skins lined with fur fell over his pony’s rump and half-way down his shins and a sword hilt protruded just above his belt. Every time her eye caught its gleam she felt safe. Why would I not, she whispered to herself, as she trotted on Eglantine along the snow packed road; there is a warrior bard on one side. She glanced sideways, and on my other an armour-clad Norfolk thane. Osgod was his name, she remembered, a loyal Godwin servant, too. Thirty of Harold’s own house-ceorls rode close to the twenty long-wagons carrying her children, her ladies, her house-ceorls’ families, her servants, cooks, grooms and even a beekeeper and a gardener; in others, her tapestries and furniture including the oak bed and feather mattress that she had shared with Harold.

From time to time, Padar rode up and down this line of lumbering carts, chivvying their drivers and checking the snow-packed road for obstacles. The sun climbed high in the winter sky, and the ceorls munched bread as they sat in their saddles, drank ale from leather flasks and threw pennies to peasants they encountered in villages. Thankful for these, the villagers called blessings and greetings to the company as they passed.

Her children shared a covered long-wagon with their nurse, Margaret, and Elditha’s three ladies. In the afternoon a light snow fell and, for a while, the children leaned out to catch the flakes and watch them melt on their fingers, but soon they became too cold and retreated into the fur-piled depths of their wagon.
The cavalcade entered the wild wood where trees closed in on them. It was difficult to drive the carts forward on the frozen rutted woodland paths. Deeper into the wood, the light faded to grey and it grew very cold. Soon they were lost. The children in the convoy began to whine that they were hungry and Elditha’s ladies complained saying that they must stop, that the wives, children and servants, all needed to rest. Osgod rode ahead. Eventually he cantered back pointing through the trees, ‘There it is. I knew there was an old hunting hall here. It is our stopping place. Back to the fork! We have missed the track in.’

It was not easy to turn all the cumbersome wagons back along the track, but slowly and carefully, one by one they were turned around and they returned the few miles to where the road had forked. The long thatched hall nestled in a large clearing. Through the fading twilight Elditha saw a simple timbered building with tiny shuttered windows. Huts were clustered around the main hall and piles of wood were stacked in every open space. Smoke twisted into the darkening sky.

As they approached the buildings, a wolf began to howl. Another echoed the first and another, their cries so mournful and prolonged that the children clutched each other’s cloaks, her ladies shrieked and her coers froze in their saddles. Elditha shuddered, tried hard not to be frightened and turned her mare’s head, thinking to reassure her children. Here they were open to the trees and the dangers that lurked amongst them.

Padar reached out and touched her arm. ‘There is a pack of wolves out in those woods but never worry, my lady, they are far off.’ He lifted his hand to signal the carts to follow them into the compound. Once the wagons filled every open space close to the hall, he said, ‘We’ll set fires and a guard on the horses tonight.’

Their horses snorted, breathing clouds of steam and restlessly stamping their hooves in the snow. The charcoal-burners that lived in the huts surrounding the old hall
came hurrying from the trees carrying torches. They stared first at the gleaming mail of the house-coerls and then they gazed at the fur-cloaked lady who was seated on her mare, her flaxen plaits bound with rich jewels. Osgod broke the silence. ‘This is your king’s lady. We need shelter.’

Their leader waved his flaming torch towards the long building behind. ‘My lady, the hall is warm and dry. There are alcoves curtained off at the back. Our fare is simple...a stew of grain and onions...’ he started to say. ‘But what we have...’

She broke in, ‘We have food in our carts and servants to cook it. You must save your stew for your wives and children.’

‘Thank you, my lady.’

The thane called for the servants to make fires in the open. Soon they had a pottage of meal, salted beef, herbs and onions bubbling in a dozen cooking pots. They ate inside the long building, sitting on the hearth benches. After supper, Elditha sang her children to sleep in the curtained chamber to the back of the hall. She drifted out into the hall again and over to the hearth, where Padar had been strumming his harp. She was too awake to sleep. The wolves’ howls had long since ceased and a woodsman said that the creatures must have moved deeper into the forest away from the fires. Lady Ursula asked if anyone in their company had seen a wolf. ‘Of course, how do you think we get wolf skin rugs for our halls?’ was the reply.

Then one said, ‘There is nothing finer than a silver wolf cloak, Lady Ursula. One day I shall find you one, if you wed me.’

Elditha took Ursula’s hand in her own. The girl was young, only a few years older than Thea. Ursula looked down, embarrassed by the man’s attention. Padar strummed his harp. He stopped after a few moments and said, ‘But, of course, a wolf can be dangerous. It
is two-faced, just like many people I have known.’ He glanced sharply about the faces that were illuminated by firelight. ‘You all seem loyal to your lady, though if any of you were not I would feed you to those wolves myself.’ Then he chuckled at his own joke.

How like Padar to be suspicious. Elditha placed her arm protectively around Ursula. The fire blazed high. These were thanes she had known for years, and ladies whom she had long kept by her side. These were the people whom she trusted. They would be her strength during the difficult months that lay ahead. ‘Tell us a story, Padar,’ she heard herself saying. That would distract those who glowered at the skald’s insulting jest. He laughed, strummed his harp and began to recite a part of the tale of the great warrior Beowulf; the best part, the fight with the monster. As he reached the end he stopped strumming and rose up and managed a growl.

_I had done no evil to him, but the furious demon wanted to force me and many others into a bag - but it was not to be. I got to my feet in a blind fury. It would take me too long to tell how I repaid the terror of the land for the lives he stole. And even though he got away to enjoy the pleasures of life for a while longer, his right hand stayed behind him in Heorot, evidence of his miserable overthrow as he dived into murk on the mere-bottom._

His audience clapped and begged for more and he began a story of a silkie, a mermaid who shed her tail and lured fishermen from their wives. Ursula yawned. Elditha rose. ‘Time to rest. It will be a hard ride tomorrow,’ she said softly. ‘Take the pallet close to ours.’

As Elditha crept into the rough woodcutter’s cot beside her children, she fancied that she could live for ever in a wood, hidden from the world of palaces and kings. As she drifted into sleep she knew that just like the she-wolf who guarded her cubs she, too, would watch over her children’s destinies no matter what lay ahead of them.
The next afternoon they rode out of the woods south-west of Canterbury and into the parkland surrounding Reredfelle. They entered Reredfelle itself through a palisade gate that lay wide open. That was not unusual at all, but there were no guards or farm workers in the yard and everywhere fences were broken and the barns were crumbling. She sent her servants to find firewood and to make what barns they could into a refuge for her wagons and horses. Then she led a procession of women and children into the hall. There, she took one look at the two shabbily dressed and surprised servants left to watch over Reredfelle’s hall and despaired. The hall was bitterly cold. She spoke sharply to them, and ordered them to build the hearth fire higher. Then they must show her cooks the kitchen house. Her women wrinkled their noses as they swept through the building and out through the side entrance at the back into the bower hall. On their return Ursula said brightly, ‘But we can clean it up, my lady. The bower hall looks out towards the rising sun and we can sew there in the mornings.’

Elditha cautioned Margaret to watch over Ulf and Gunnhild who were chasing a skinny three-legged dog around the hall. She called her women to follow her and climbed the narrow staircase to the upper chamber, her three ladies on her tail. They stood in a pool of green light by the windows that Earl Godwin had put into the wall of his sleeping chamber. Maud, one of her ladies, fingered the dust on the glass windows and recoiled. ‘As well there is another with shutters. You would suffocate in here in summer.’

Elditha said, ‘It is beautiful. Vinegar and water will clean it up. And, you, Maud, must supervise the task. See to it.’ Maud obediently ran back through the ante-chamber and down the stairs to ask the cooks for a bucket of vinegar and water. Elditha insisted that her other two women follow her down and into the chambers behind the hall. She sneezed as dust rose off ancient chests but wiped away the cobwebs with her elbow and opened the lids. Some coffers were empty and would be useful for storage. She opened another lid, drew out an ancient linen garment, coughed as dust spiralled out of it, threw it back in and slammed down
the lid. They must see if these things were worth mending. But no sooner had she the thought than it blew away from her. There was so much more to do.

The chambers needed sweeping and the white painted walls that were grey with dirt must be washed down. She chose Freya, another of her women to supervise this, saying, ‘These will be for the children and their nurse.’ She wanted it clean by nightfall, she added. The woman nodded and hurried off to find servants to help with the task.

Finally, Elditha delegated the task of cleaning out the bower hall to Ursula who said she loved the old bower hall already and that by tomorrow they would be able to set up their looms. Elditha then summoned the hall servants and ordered every hearth bench washed down and fresh rushes and dried lavender spread on the hall’s hard packed earth and lime floor.

Two house-coerls lugged Godwin’s bed down the staircase to the chamber behind the curtain where the children would sleep. Once Elditha had overseen her maids sweep and wash the floors and walls, she installed her own bed in the upper chamber in its place. She hung her cloaks on pegs, cleaned out two old chests and placed linen in them. Soon, the plain garments that she wore daily hung from the rafters. The maids folded others into a coffer, secreting plump linen bags filled with dried fennel amongst them to keep moths away. When she was alone, she unpacked the contents of her saddlebag. She looked up into the roof, climbed onto her mattress, reached up and placed the bone plated silver box containing her treasures carefully beside her shoe collection on a wide rafter above her bed. Harold’s sapphires were protected, concealed under a christening gown, with her ivory statuettes. She touched the tiny silver key that hung on a thin chain nestled between her breasts. The gleaming blue stones were her safety net, just in case. Just in case what? The words echoed in her mind. Just in case, just in case, but she couldn’t think why she had such a presentiment.
During the weeks that followed, Elditha’s thanes rode into the village and persuaded the villagers to return to the estate. When she sent to Canterbury to the monastery of St Augustine for an over-seer, the monks obliged and gave her an experienced reeve of their own. Edwin, her new man, persuaded the villagers to plough the great fields and encouraged them to plant their own gardens. The villagers came back to the estate because it was their duty, but they also came because Elditha promised them rewards. She called a meeting in the hall, and sitting in old Godwin’s great oak chair, she announced, ‘This year, there will be a bountiful harvest. If you work hard, your families will eat well, and until crops grow, I shall purchase grain to feed you all.’

As if they did not believe her, they melted away like sullen though obedient hounds back to their hovels. Though they knew their place in the order of things, they could still feel resentment at an overlord who was a woman. A week later, the promised grain arrived and the result was that they worked harder. Under Edwin’s direction, the villagers set up hen coops and cleaned out the dairy. Her cooks organised kitchens and stores. The roof thatch was repaired and the hall’s interior and exterior walls were freshly white-washed, until not a trace of lichen clung to them. A painter came from Hastings and touched up the hunting birds that decorated the outside walls. He painted their feathers and beaks in bright yellow, red, green, touches of deep blues and precious black. They became her symbol of prosperity, and a beacon to anyone who rode out of the wood into Reredfelle.

As the household settled into a daily rhythm the children roamed around their new home exploring and inventing games. They skated on the frozen pond with sharpened bones tied to their shoes; indulged by the milking maids, they drank cups of warm milk from the dairy whenever they pleased; they disappeared for hours into camps they created in the hay barn. Gunnhild and Ulf appeared to forget that their father was now the king and she wanted
to forget him entirely too, but she could not. Memories would creep up on her at unexpected moments, a look from Gunnhild whose cornflower eyes resembled Harold’s own or Ulf’s ability to climb trees, more daring every time. Although Ulf’s face resembled her face, her hair, her eyes, and her height, slim and tall already for a five year old, he would be physically strong and he was adventurous like his father. Then, there was another reminder. It crept in one night in the guise of a long-tailed star that appeared in the heavens, glowering down at them, ominously hanging above them for weeks.

On the evening that it first appeared, Mass was served as usual in the estate’s decaying chapel by Father Egbert, the village priest. After vespers, Elditha sent her children off with Margaret and Ursula for their supper whilst she lingered by the herb garden, pushing back weeds and poking at the ground with a stick. The time had come to clear this wilderness and grow new plants, parsley here, rosemary there, sage, fennel, thyme, and rose: always her favourite. Night still dropped early and as darkness gathered and the stars appeared, she was at the orchard gate. She stood still and stared up at the heavens. The stars appeared brighter than was usual. There were those that she knew and loved, those that could be angels’ halos. She caught her breath and looked harder. One star appeared even brighter than the others and seemed to be growing a long colourful extremity.

‘My lady, look at it!’ She started and looked around her to see where this disembodied voice had come from. She saw the skald, Padar, leaning on the newly-mended wattle fence further along. He was gazing upwards, his hand shading his eyes. She glanced up again and saw that the long-tailed star flew across the night sky like a dragon spitting silver flames.

‘What is it, do you think, Padar? It’s not an angel. Maybe it is some creature that unseen sails over us from one end of the earth to the other.’
He shook his head. ‘I don’t know, my lady. Perhaps there are, as some might think, other worlds up there woven through the air between the heavens and the earth we know. In any case, it is an evil omen. You should come away from it now.’

Elditha followed Padar back through the garden and across the swath towards the Hall’s warmth. The skald often talked of things that were best not to dwell on. He filled their minds with stories of creatures called dog-heads, ungodly monsters which dwelled in houses and villages just like their own, spoke and talked as did human-kind but were evil, representations of the Devil himself. And though he laughed and said they were only notions, none the less, many of her people believed in them. He told his stories by firelight, striking fear deep into her people’s hearts, yet sometimes she had to laugh at the absurdity of his tales of men who married two-tailed mermaids. As they approached the hall’s entrance a crowd had gathered to watch the sky. Osgod announced, ‘Mark this, my friends, it is a warning. There will be trouble in King Harold’s kingdom.’

Harold’s kingdom. There he was again in her shadows. She stopped the thane’s talk. ‘That is nonsense, Osgod,’ she said sharply and swept past them inside the hall. She told her maids that she would take supper alone that night, in her antechamber. She did not want to listen to them discuss that star.

She tried not to think of the strange dragon-spitting star that hung in the night sky. Villagers frowned at it. The house-coerls were edgy and sharpened their weapons; as if that would protect them from a dragon star. As the month passed and the long-tailed star continued to reign above Reredfelle, she wondered if it could, in truth, foreshadow a terrible change in the kingdom and in their lives. At night, alone in her great bed, she knew sure as the seasons’ turnings, that Harold had forsaken them. She had not heard a word from him. He had abandoned them and ridden north, simply leaving instructions that she was to have a great
household for Reredfelle. Gytha and Edith had been solicitous, bringing her tapestries, sewing threads, linens. And, they never spoke of that woman in her presence. The older boys spent evenings playing chess in her chambers and her daughters danced for her, stitched with her, packed travelling coffers with her and accompanied her to services. The court had treated her with reverence, as if it was she who was Harold’s queen, but she knew, at best, she was only the handfasted wife.
Here is the remedy, how you may better your land, if it will not grow well or if some harmful thing has been done to it by a sorcerer or by a poisoner. - [æcerbot] Field Remedy Ritual

‘The people would like you, my lady, to scatter the first seeds into the ground,’ Edwin said as they settled down to discuss the estate’s accounts in her antechamber.

She raised an eyebrow. ‘What does Father Egbert say?’ she asked carefully as she peered at the neat writing in Edwin’s accounting book.

These old ways were not approved of by the Church. She knew the ceremony well, had often watched it but there were those who thought that her soul would be in mortal danger if she took part in one. Nonsense! Her soul could not possibly be in danger just because she prayed and placed a loaf of bread blessed by a priest along with a cellar of salt, the herb of fennel, powder of incense and soft ash soap into the earth to cleanse the soil and encourage crops to grow.

‘Father Egbert will be in charge, he says,’ Edwin persisted. ‘My lady, it would be a way to win the villagers to us. They are frightened of that star in the night sky. If you bless our land the crops will be fruitful and famine will be averted. That is what they are saying.’ He hesitated before adding, ‘And, of course, Lady Elditha, you are the mother of the King Harold’s children and that matters to them.’

She turned away at that reminder. Still, if they wanted a field blessing she would oblige. No harm could come of it and maybe, as Edwin pointed out, much good. She touched his sleeve and said, ‘When would you wish it, Edwin?’

‘On Friday?’

On Friday morning, Elditha wrapped herself in her mantle against the brisk March wind and wore her hair in two thick golden plaits. Followed by her whole household, she rode out to
the fields. She climbed down from Eglantine’s back and handed the reins to Padar. He looked at her suspiciously and said that he would wait with the horses. As she marched into the meadow she could see that Father Egbert carried a prayer book. Edwin was standing by a garlanded plough holding a linen sack. They were surrounded by villagers. When she reached them, she knelt, whispered a short prayer, rose, then said to Edwin and Father Egbert that she was ready to begin.

Father Egbert raised his right arm in blessing. Today, she represented older beliefs and he the love of Christ and the holy saints. Together they would bind both into one. As he chanted prayers she repeated his words. That was what she knew she must do, follow his lead. She lifted her arms and the wide sleeves of her green gown fell back. Her blue cloak and her pale veil flew behind her in gaudy streaming pennants. She raised her head to the heavens and her long plaits swung free of her veil, bright against the green of her gown, and now there was no time to push them back. She began to call out the ancient wyrd:

_I may this charm by the gift of the Lord open with my teeth._

_Sanctus, sanctus, sanctus._

She stretched out her arms towards the earth and then the sky as Father Egbert followed this with the _Benedicte_ and the _Magnificat_ and two _Pater Nosters_ over a plough that was strung with winter greenery and plaits of barley. As the prayers ended Elditha looked ahead and noticed that a strange figure, a skinny, dark Benedictine monk, was watching her from a sycamore tree. He was standing apart from the villagers. There was something she recognised as disgust on his face. He clutched a satchel close to his chest. She observed him for a moment. His lips were moving. She was sure of it: he was praying. Edwin nudged her and pointed down. She took the objects he had drawn from his sack and dropped all four objects into a prepared hole in the earth. Edwin nudged her again. ‘My lady,’ he whispered in
her ear. ‘Your blessing.’ She began to chant the words that were always spoken before the planting:

*Tall shafts, bright crops,*

*And broad barley crops*

*And white wheat crops.*

Edwin handed her the bread. She knelt, her pale, thick plaits swinging over the ground and placed the loaf into the hole. It had been kneaded with milk and holy water and earlier had been blessed by Father Egbert. Nestling beside the stalk of dried fennel, the squishy soap, salt from the Reredfelle cellar and incense from the Lady Chapel it would lie under the first furrow. As she rose again she felt her eyes drawn back to the sycamore tree. The strange monk was still there, standing as if he was joined to the tree, holding his satchel in one hand and wiping perspiration away with his sleeve. She turned to ask Father Egbert if she needed to do more, say more. He shook his head. She looked back and the figure had gone.

Gathering her cloak around her, followed by her servants she marched back over the field to where Padar was guarding the horses. She climbed onto Eglantine and cantered to a gap in the hedge. Moments later she was back on the track that edged the great field with her band of servants and ladies around her. She kept turning her mare from side to side as she glanced backwards but the stranger had vanished. The villagers, men and women, were dragging ploughs from the hedgerow. Oxen were brought forward, their necks garlanded with straw. She turned Eglantine towards Reredfelle, pleased at the sight. Today her people had acknowledged her as their lady. That evening all who came into her hall would eat well and drink beer. It was Lent and they would dine simply on fish and pastries, savoury breads and eggs, pease pottage and honey cakes, but they would none the less eat well.
She was dabbing her face with a damp towel when a servant came bustling into her bower hall saying, ‘My lady, there is a monk from Canterbury asking for you.’ She dropped the towel into the basin of rose scented water and lifted a linen drying cloth. ‘I am on my way,’ she said. Her ladies were peeking up from their work with concerned and inquisitive eyes. ‘Curiosity caught out the cat,’ she said. ‘ Carry on with your spinning. You will find out soon enough.’

She pulled her cloak from the peg by the door and set out from the bower to the hall, wondering who had sent the monk. As she came into the back of the hall she saw that her children had dressed up in the moth-eaten old clothes that had lain in a chest belonging to the old Earl. Ulf strutted in a red cape which would have just covered Godwin’s shoulders but enveloped his child’s frame and trailed in the floor rushes. On his head he wore a woman’s black-plaited fillet into which he had stuck three yellowing ears of wheat. Gunnhild trailed after him, wearing something very long and musty-smelling. Elditha made a mental note to have all the clothing in that chest washed, mended and distributed to the poor, and the chest dusted with flea-bane.

The monk was sitting by the hearth drinking a bowl of milk. ‘My lady,’ he said as he set aside the bowl and began to stand. He appeared lanky inside the voluminous folds of his black habit. His face was stern and his eyes were set into his lean face like beaten down nails.

‘Do not raise yourself, monk. Finish your milk. What brings you here to our quiet hall in the middle of Lent?’

‘I come to open the chapel and to be tutor to your son.’

‘Sent by whom, the king?’

The monk was frowning at her. ‘The archbishop, who, of course, has the king’s ear.’ He put his bowl aside and folded his hands into his lap, ‘My lady, I fear you are being led astray here. I saw today...’
Elditha swallowed. Who knew what tales this Archbishop’s man might carry back with him to Canterbury? ‘What you may or may not have seen today does not concern you, Brother...’

‘Francis. But it does, My lady. I am concerned for your children, for you, for the villagers here. The Church finds practices such as I saw today questionable. These are the very kinds of sorceries that lead God’s flock away from their faith.’

‘I think that God would want to see His people eat, don’t you?’

‘My lady, I fear you are misguided. The village priest should know better. I see it is for me to bring an understanding of what it is to be a Christian to Reredfelle.’

‘Brother Francis, you are welcome here, but you will restrict your mission to the chapel and the education of the king’s son. As for the village priest and his family, do not meddle. I have worked hard these past two months to gain the love and support of my reeve, the priest and my villagers. Tread softly.’

‘But the archbishop would not approve.’

‘The archbishop knows me well. I would never do anything misguided. The archbishop of Canterbury leaves us to our own ways; these are the same Christian practices that we have observed with devotion since the time of King Alfred.’

‘As you wish, my lady.’

The words slipped from his mouth like spider’s silk. But she saw by his thin-lipped grimace that he did not mean her to do as she wished at all. She would show him that they were observant of the liturgy at Reredfelle. ‘We have already opened our chapel here, Father Egbert, the village priest, comes to us every day.’ She folded her hands. ‘Brother Francis, I will have the priest’s house made ready for you at once. I can provide you with one of my own servants, a freed slave who refuses her freedom. She will be happy to serve you.’

Brother Francis bowed his head. She went on, ‘This afternoon you must dine with us. We
have fish from our own ponds, pottage and sweet pastries…’ Her sentence went unfinished. She heard her children shriek. Not now. She rose to her feet, ‘Excuse me a moment, Brother Francis, the children…’

Too late; Ulf and Gunnhild were racing into the hall, Ulf chasing his sister. Gunnhild flew up to her and clutched her cloak and, then, as she tried to unpeel her daughter, to her horror Elditha saw that what she was wearing was in fact a vestment. Before she could speak, Gunnhild had turned to Brother Francis and was saying in a solemn voice, ‘Can you betroth us?’

‘Hush, Gunnhild,’ Elditha said.

Brother Francis looked both children up and down. Elditha could feel his censure of her and her children. She heard the chill in his voice as he said, ‘I am come to Reredfelle for other purposes, certainly not to betroth brother and sister. Perhaps the children could show me the chapel.’ He pointed at Gunnhild, ‘And then, we can return that garment to its rightful home.’ He removed his eyes from Gunnhild to her and lifted a box that sat by his side on the bench. He added, ‘Lady Elditha, the archbishop himself has sent this relic as a gift for Reredfelle’s chapel.’ He shuddered dramatically. ‘And I do think, my lady, that here we are sorely in need of St Benedict’s help.’

‘St Benedict?’ She reached out for the box but as she went to touch it, he pulled it away.

‘His finger bone. You must provide a more fitting reliquary for it, a crystal shrine decorated with gold and jewels, sapphires perhaps, the colour of the Virgin’s veil, but for now it remains in this box created from the cedars of Lebanon.’

‘A moment please, Brother Francis.’ Elditha leaned down and placed her hands on her daughter’s shoulders. ‘Gunnhild, and Ulf, you too,’ she looked at him sternly. ‘Put those garments back into the coffer where they belong. And fetch Margaret to me. She really must
be more attentive to your play acting. Then we shall show Brother Francis our chapel.’ She turned to Brother Francis. ‘The vestments will be cleaned carefully and restored to your care. They were in an old chest behind the hall.’ Elditha spoke again to the children. ‘No more silliness. We shall wait here by the hearth until you return. Go at once.’ They slowly trailed off and she shook her head and sighed. If God could forgive Harold the setting aside of a wife, then he must forgive her need to love and even spoil her children. ‘Well, Brother Francis,’ she said, scanning the monk’s countenance, ‘I hope you will be content with us.’

The Reredfelle chapel was built of stone. It was a small and plain structure that possessed a simple chancel and nave and high, glazed, arched windows. Despite glass windows that kept out rain and wind, the inside was always cool. If God’s sanctuary at Reredfelle was the resting place for an important and travelled relic, Brother Francis soon made it clear to Elditha and anyone else who would listen that he was determined to make the chapel worthy of it.

Determined not to antagonise him further, Elditha allowed Brother Francis to arrange for the workman who had years before painted the hunting birds on the hall’s outer walls to come. He would create a world’s doom painting on the chapel walls. Oswald set to work. Brother Francis designed the wall paintings. All the painter had to do was sketch with charcoal and paint in the demons and angels. Elditha watched the work’s progress, bemused. Perhaps Oswald hoped that Brother Francis would recommend him as a church painter to the archbishop himself. He seemed so creeping, so determined to please the priest. The painter was to be found working in the chapel by day and night in simple rush light. He flew insect-like along ladders and scaffolding that now covered the east wall. Brother Francis supervised, driving the project on. He was passionate. Then, two weeks before Easter he told Elditha that the first wall painting would be revealed on Easter Friday. She showed her pleasure saying,
‘You have done well, Brother Francis. Ulf enjoys your teaching too. It keeps him out of mischief.’

‘And I think he is an able student. He knows many of his letters already, just in the space of a fortnight.’ But Brother Francis swung out his dark cloak which puffed up in the breeze, a little like himself. She politely said back, ‘It must be the teaching.’

Gunnhild seemed bereft. She complained that she wanted to learn to read and write as well, and hung about the priest’s cottage. Occasionally, Brother Francis allowed her to scratch letters on a wax tablet, but more often he sent her back to Elditha to learn how to spin, saying, ‘Little girl, learn to run a household. You do not need writing.’

Gunnhild ran to her mother complaining. Elditha shook her head. Since her own writing ability was lacking, she must find someone else to tutor her daughter. If Gunnhild wanted to learn, she must not stand in her way. She should, after all, spend a few years, but only two years, at Wilton, which was the only Abbey that taught daughters of the nobility to read and write as well as the art of fine English embroidery that was admired everywhere in the world.

‘I shall write to your father. Perhaps you can go to Wilton for a while.’

‘Please, please. I like Aunt Edith. I do want to go to Wilton, mother.’
Soon after his arrival on the estate, Brother Francis took to passing time in the wooden village church waiting to catch hold of Father Egbert, who was always conveniently elsewhere. When Father Egbert eventually reappeared, Brother Francis questioned him about his faith, asking him how many services the villagers attended, seeking confirmation that they were observing Lent and saint’s days, and then he confronted him with the fact that the archbishop now disapproved of priests taking wives. Father Egbert shrugged and replied that until the archbishop deigned to come to the village, he would decide what was best for the villagers, and for him.

Shortly after this encounter with Father Egbert, Brother Francis noticed the estate’s butcher outside his hut busy at work. Partridge hung from the eaves along with a brace of ducks. A pungent-smelling steam coiled up into the cold air. He angled his long nose into the crisp April air and sniffed. Then he saw it. A pig had just been slaughtered and it was dropped from a ghastly hook on the cottage gable, where blood and entrails spilled into a large vat. He stopped and watched for a moment. ‘Why have you butchered that pig? It is not the right season. I hope you are observing the last days of Lent.’

The butcher wiped bloodied hands on his leather apron, studied the pallid-faced monk and said, ‘It’s a wild hog from the woods. When Lent is over we’ll all be glad of a blood sausage, you included.’ His woman raised an eyebrow and began collecting the blood into a pitcher. Brother Francis was sure that she had made a rude gesture behind his back, twirling a finger by her head and dropping it just as he glanced back. He hurried along the track,
determined to report the villagers’ disrespectful practices to the archbishop. As he passed through Reredfelle’s opened palisade gate, Lady Elditha’s skald was sitting on a tree stump. Above, crows cawed and careered across the clouded March sky.

‘Good afternoon, Brother Francis.’ Padar lifted a small harp and began to sing.

‘There’s been a killing in the woods. There’ll be a wild partridge for supper and a pig is on the way.’

‘Partridge in Lent,’ Brother Francis repeated. He shuddered and hurried off. There was no doubt that the spitting star hung in the night sky because God was angry with England’s sinners, men and women like Lady Elditha’s villagers and servants. He would have to speak about this heathenish estate with the archbishop himself.

Later that week, Ursula brought a messenger up to the antechamber where Elditha sat by the green glass window. Brother Francis was recording the coinage she had spent on seed for the great fields. He had taken this task from Edwin who was now busy supervising the sowing of grain. The visitor was one of Harold’s personal messengers.

He bowed and said, ‘My lady, I bring a letter.’

‘So I see. Well, give me what he has to say.’ Brother Francis’s eyes widened. Noticing, she said quickly, ‘Ursula, take this man to the hall and see that he is fed and has a sleeping place for the night.’

She then placed the small scroll on top of her sewing chair. ‘Now back to work, Brother Francis. I want this done well before noon. I have to hang up our cheeses later.’

The candle burned the hour away. Elditha tried to concentrate, but her eyes kept returning to the scroll that lay so temptingly on her chair. At last, she closed the ledger with a thump. ‘It is done for today, Brother Francis. Go to my son. He is playing in the yard with the other children.’
The priest’s eyes slid away from hers to the scroll. ‘Would you like me to read that to you, my lady, and scribe your reply?’ he asked smoothly.

She raised an eyebrow. Really, the monk was insufferable. This unpleasant man would never see her personal correspondence and certainly nothing written by the king.

‘No, I can read, Brother Francis, as well you know. If there is to be a reply, the skald will take it. Go, Ulf must work on his letters for at least an hour this morning. Put the ledger in that chest.’ She handed over a key from the collection that fell from her belt.

He lifted the heavy book, secured it in the coffer and returned the key to her. She watched and waited as his dark robe trailed through the heavy blue curtain and on to the landing. He stooped as he passed under the lintel. What a tall thin man she thought, and so little about him to like. At last she felt she could pick up the scroll. She examined it first, turning it over in her hands and peering at it cautiously. The seal had been tampered with and there were two extra cord tags on it, dropping from a second seal. She frowned as she realised whose tags these were. Puzzled, Elditha unrolled the scroll and read the curt message it contained. The messenger had travelled from the North all the way to Queen Edith in Winchester first and only after that had he travelled on to Reredfelle. Harold, too, wanted his youngest daughter to be educated at the Abbey at Wilton. It was one thing for her to request this, another for him to pre-empt the request.

Elditha summoned Padar to her antechamber. When he pushed through the curtain she spun round. She had been pacing and thinking.

‘My lady, you sent for me?’ he said standing just inside the doorway.

‘Padar. I need advice and there are few that I trust with it.’ She waved the letter. ‘First, my husband sends us our Brother Francis, a monk who is obsessed by Pope Alexander’s reforms; a zeal that is, no doubt, popular with our Norman enemies. Now read it.’ She pushed the letter into his hands.
Padar read slowly. He frowned and handed the scroll back without a word.

‘Padar, what am I to do? Gunnhild wants to go to her aunt.’

Padar looked up at her. ‘Let her go. Your daughter will thrive with her aunt at Wilton. It is where many of our noble girls learn to write and speak in tongues other than our own and that will prepare her for a great future. My lady, he misses you and promises to come soon.’

She turned from him at that and glanced out of the opened window towards her garden. Margaret’s loud voice drifted up, telling Gunnhild to fetch a jug of cream from the dairy. She had learned to live alone but sometimes she missed him. Some nights, when she slept beneath the green glass window, her heart yearned for him. Gunnhild should go and learn the things men learned, so that she could find her way in the world. If she desired the church, so be it, though many a nun went blind embroidering God’s work. She turned back to Padar, ‘Padar, you must ride to London and tell my husband that, yes, he is missed. If he is not in London, discover his whereabouts. Find out where he will pass Easter. Ask him if he remembers he has a son here and a wife. And I want to know, Padar, if he has yet wed with that pasty-faced widow.’ She added in a quiet voice, ‘And say to him that Gunnhild will go to Wilton.’

She summoned the messenger and ordered him back to Winchester, to Queen Edith to inform her that Gunnhild would travel after the Easter Feast. When Elditha told her daughter that she was to go to her Aunt Edith and that she must choose two of the older maids as companions to accompany her, she could see by Gunnhild’s happy face that she had made the right decision. ‘And of course, I shall come to visit you in Wilton once you are settled. Meantime, my sweet, we have much to do to, gowns to stitch, shoes and a coffer to fill. And we must send gifts with you to your aunt. We have only three weeks for this.’ As she spoke, Gunnhild’s eyes grew wide with excitement.
‘May I bring Lise and Greta?’

‘You may, but they must only stay with you until you are settled.’

How she would miss this lovely, dutiful daughter.

A few days later, Edwin, the reeve, brought Elditha the slaughtered pig. She was in the kitchen when he arrived, filling little bags with fennel for Gunnhild’s coffers. Clay bottles were waiting for her to pour unguents and healing potions into them, all gifts for Edith. The pig was, Edwin told her, a gift from the village. She filled the last linen bag as he waited and tied a cord around it. Everyone wanted to eat flesh again instead of the fast day diet of bread, worts, pease pottage and salted herring.

‘But Edwin, the village has more need of this pig than we do here.’

‘Wild pigs are plentiful now. We have already slaughtered several more.’

She nodded, ‘You are right, Edwin, the woods yield food even if the fields have suffered neglect. My thanes hunt the deer there. At least we have sides of venison hanging in our stores.’ She added cautiously thinking of Brother Francis and his disapproval of her people. ‘So how do my villagers fare?’

‘Well, my lady, but we have had visitors.’

She raised an eyebrow and set down a small flask she was holding. ‘Really, who would bother us?’

Then Edwin told her about two strangers who had ridden through the village that week. They had stopped and asked questions, claiming to be merchants on their way south to Hastings.

She chewed at her lower lip. ‘Maybe they are as they say, Edwin. They never came to my hall though. That is odd.’
‘My lady, these were no ordinary merchants. They were more interested in gathering information than the selling of buckles. They poked their noses into everything. They asked if the king was wed again. They enquired if his children are with Lady Elditha at Rerefelle. They claimed that they wanted to purchase wool from your manor. My lady, has anyone come to purchase wool? No.’

‘Edwin,’ she said, dragging off the enormous linen apron she had wrapped around herself to protect her gown as she worked with herbs and oils, ‘walk with me. I need some air. Come and see my garden.’ She pulled on her mantle and led Edwin away from the hall. In the garden her seeds were already pushing up shoots. She could breathe here. The newly turned soil calmed her. The sun was shining and as they glanced up at the pale blue sky, a flock of long-necked birds flew overhead.

‘Wild geese,’ Edwin remarked. ‘Ah, the garden looks good.’ Edwin walked up and down admiring her neat rows of planting. ‘By summer this will yield us great baskets of vegetables.’

‘Thank you. My ladies have helped me.’ It was pleasing that a man whose life belonged to the soil had admired her efforts here. ‘Edwin, I’ve seen no merchants in Reredfelle,’ she said. ‘Tell me more.’

‘My lady, they did not know the value of anything. They knew nothing of the quality of linen and wool. Their own cloth was too fine for that of merchants. There were swords under their cloaks and they spoke in a foreign tongue.’

She stopped sharply. ‘As they would if they come from Normandy. The only stranger to come here in recent days has been the messenger from Queen Edith. What have you told them?’
‘We said that it was too early in the season for us to trade and that they should go to Canterbury. All we have anyway is old wool. Our own women are using what we have. My lady, we sent them packing.’

‘You did well to send them away before they found a loose tongue in Brother Francis.’

‘Ah, and this is another thing; Brother Francis is meddling again.’

‘How?’ She sighed and began to walk again. Not this too; but this was no more than she had expected.

‘On Easter Day, my lady, on Easter Day he wants to process the relic into our village church and back again, us all following it, like they do in the towns. And he wants to say the Mass for the villagers. But, Father Egbert always said our Easter Day Mass before, and we are used to him.’

‘We must reach a compromise.’ They had come full circle around the garden and were back by the chapel gate where they had started. Elditha thanked Edwin for the villagers’ gift, saying she was glad of it. ‘I will speak to Brother Francis,’ she added.

That afternoon, she sought out Gunnhild from the bower, and told her that they would supervise the salting of the bacon. She could bring some as a gift to Winchester. Gunnhild jumped up, laid her sewing neatly in her sewing basket and pulled her mantle from its peg.

In the kitchen house, the cook was already over-seeing the chopping up of the carcass. With a big smile on his face, he gave Gunnhild the pig’s trotters.

‘Mama, what must I do?’

‘Watch me and pay attention. We can steep the trotters in verjuice to tenderize and preserve them.’ Elditha sought out a pot of verjuice from the shelves at the back of the
kitchen. She lifted it out, set it on a bench and cut away the wax seal with her knife. Gunnhild wrinkled her nose. ‘So sour.’

‘You get used to it. You pour.’ She supervised as Gunnhild tipped the vinegar into a bowl. ‘Throw these sage leaves in, too,’ Elditha said, trying to think of the task and not the parting that would come all too soon. The meat would be delicious. The rest of the pig, including the head, could be eaten on the Easter Day feast. She sent Gunnhild to the cook for cuts of flesh. Taking a key from the ring on her belt she opened up a small store behind the kitchen and brought out a wooden box full of salt. Although they produced salt in the Wessex salt pans near Winchester it was precious. After the cook carried over the cuts of pork, they barrelled the greater portion of the meat in salt and set aside one of the two barrels of salted pork for Gunnhild to take to Winchester.

‘Your aunt Edith will see that you learn everything quickly,’ Elditha said, knowing full well that Edith was not in the least interested in the arts of a kitchen. In Wilton Gunnhild would learn to read and write in foreign tongues and hopefully, one day, she would become a princess of whom her father would be proud rather than an abbess to please Edith.

Elditha began to choose garments for Gunnhild’s travelling chest. The village shoemaker made two new pairs of leather shoes. Her women chose woollen cloth from lengths that Elditha had ordered from Canterbury and commenced work on a new cloak. They promised Gunnhild silver thread-work on the hem. Gunnhild hemmed her own shifts perfectly and then set stitches on fine linen for a veil for her aunt, begging the leftover silvered thread the women had used for her cloak so that she could embroider it.

‘I’ll miss you, Mama,’ Gunnhild whispered as they sewed in the antechamber together surrounded by Elditha’s women.

Easter would come and go and then Gunnhild would go too. She grasped Gunnhild’s hands. ‘You will learn many new things in Wilton, my love,’ she whispered back.
As Elditha’s eyes adjusted to the chapel’s dimness she saw that ladders had been removed and the scaffolding taken down. Now she could see the finished wall painting behind the altar showing Christ’s agony on the cross. Elditha stared at the painting, thinking it was different to anything she had ever beheld before. Below the Passion, the Devil shied away, banished from Christ’s presence. Christ’s face, though fair, was sardonic and His mouth held the hint of a sarcastic smile. His blue eyes were hooded. She saw Brother Francis himself in that face. She looked down at the Devil and realised that although he spat fire and wore horns as always, he possessed a pigtail and features that uncannily resembled those of Padar the skald. Sighing, she closed her eyes. She heard everyone present gasp and fearing the worst opened her eyes again. This time she noticed that a star painted above Christ was uncannily similar to the long-tailed dragon star. Her household was mesmerised. The villagers stood outside Reredfelle’s newly decorated chapel shivering in the chill morning but her household had crowded inside, coughing and sneezing in a cramped space where the air was thick with incense and staring at the wall painting.

Brother Francis turned and pointed at the star. He began to speak ‘That star is a warning to the people of England. We must follow the laws laid down by the Church. Saints’ days are to be observed with reverence and not with profligate feasting and coupling.’

An angry murmuring quivered through the small chapel. Brother Francis raised his voice as the murmuring grew louder, ‘In future, there will be fasts on Wednesdays, Fridays and Saturdays and on those days Christ’s flock must remain celibate as the Church decrees.

Easter Day

*Now must we praise the Guardian of heaven.* - *Cadmon’s Hymn.*
He lifted his arms and appealed to his flock. ‘We must all make sacrifices… for the sake of our souls…’

Elditha’s Norfolk thane, Osgod, called out, ‘Be careful of your own soul, priest, and we can mind ours.’ Osgod shoved past the others back through the crowd and out of the chapel into the gathering of servants who began to cheer. Elditha pushed after him to the chapel entrance and said, ‘There will be peace amongst us and respect for the monk’s words. Osgod, you will do penance for your arrogance.’ It was enough. The others fell silent. And, inside the small chapel Brother Francis began to chant the Easter Friday prayers.

No one remarked on the paintings and she wondered if only she could see any likeness. Then she remembered Father Egbert speaking with the painter. He knew something of this. As for the painter, he had returned to his own home and was by now far beyond her reach. On Easter day Brother Francis carried the reliquary before him. Elditha and her children dutifully walked behind him, wearing their richest embroidered clothes and gold bracelets. Reredfelle’s house-ceorls and their women and children followed with their heads bowed. Elditha firmly insisted that Osgod walk barefoot amongst them clad only in a white shift. Finally, a group of estate workers and servants trailed in their wake. Then as they slowly entered the village she saw the skald galloping along the trackway. He had returned. She stopped the procession and signalled to him. Padar reined up sharply.

‘I have news, my lady!’

‘That must wait, Padar.’ She looked over at Brother Francis who had paused the processing. ‘But join us and give thanks.’

The skald fell in behind the procession. When they reached the great winnowing barn near the wooden church, he stopped alongside the blacksmith.

‘Where is Father Egbert? Why are we processing behind Brother Francis?’ he asked.
'He had his way over that relic,’ the man whispered. ‘But the villagers love Lady Elditha. They’ll obey her. Look, the wheat is coming up, barley too. See how it shines green on the earth. Be a good harvest this summer. They’ll eat from her hand, see.’ He stopped speaking and shook his head. ‘But that black monk bodes ill. They all distrust him. Father Egbert is inside the church but the monk is running things there.’

Padar snorted, wheeled his horse around and returned to the manor.

Elditha shrugged his rudeness off and turned her attention to the Mass. After a brief sermon from Father Egbert, Brother Francis spoke on how the Reredfelle relic would be returned to the Chapel to Our Lady where soon he hoped it was to be placed in a crystal reliquary with silver decoration, a gift from the archbishop. Though her villagers seemed impressed today, Elditha knew they really couldn’t care less whether the relic was revered or not. What mattered to them was a good harvest, an end to Lent and a generous Easter Day feast.

Then it was over and the household strolled back through the noonday sunshine. There was to be a feast in her hall. Elditha took her place in Godwin’s chair half-way along the table, under her own swan banner. Beside this she had hung a copy of Harold’s fighting man. She might be angry with him but he was her husband and the father of her children. He was their king so she honoured him by hanging his banner beside her own. Servants poured jugs of mead and ale. After the first course was served, she passed the pepper-horn and salt cellar down the table. Eating of flesh after a long fast always created excitement. Dish after dish came to the table and the centrepiece was the great boar’s head that the villagers had given her, their lady, as their Easter gift. She noticed Padar slipping into the hall. He took a place along the side with her thanes and after they had eaten, Padar entertained them with stories. Even Brother Francis chuckled at his tales and laughed at his riddles. She studied him. The monk thinks he has subdued my people. For how long will this truce last?
Later, Padar came to her antechamber carrying two large leather saddlebags he said were
crammed with gifts.

‘What have you brought us?’ she asked pointing to the table. ‘Put them there.’

Padar fished deep into the leather bags and withdrew a collection of parcels. ‘My
lady, these are from the king, the countess and your daughter.’

He laid them on the oak table side by side, lumpy packages wrapped in soft leather
and tied with plaited cords. She wondered who had prepared these gifts or if they were
afterthoughts, tempting morsels thrown at those who were hungry and, were, like Lent itself,
contrived to purge Harold’s guilty conscience. ‘Why does he send us gifts but does not
come?’ She looked sternly at the skald waiting for his response. There were deep shadows
beneath his eyes. She realised that he had ridden hard through the night to bring the parcels to
her.

Padar pulled at his wisp of a beard before replying. ‘My lady, the king says that he
would come if he could but he cannot.’

She reached for the soft leather wrapping of the gift nearest to her. ‘Why is that?’ She
lifted the parcel and turned it over but did not untie the leather cord that bound it. She gave
him a piercing look. ‘And do not lie to me.’

Padar shifted uncomfortably. ‘The king has married in York and has held his Easter
Court at Westminster. The northern lords have come south with their sister. Countess Gytha
was present, along with Lady Thea and many noble ladies. The king cannot not leave
London, my lady.’

Elditha dropped the package back onto the table as if it had scorched her fingers. ‘Go
and rest. Thank you, Padar, for riding so hard to us with these… gifts.’ She added as an
afterthought, ‘And for your honesty.’
After he pushed out through the curtain, she stared at the package. Her future with Harold looked as glum as those gargoyles circling great abbey in London. Slowly, one by one she untied the cords that bound the gifts. She recognised the valuable herbal that had belonged to Gytha, one that she had admired in their companionable days, now past. Sighing, she recollected that together they had once poured over its delicate drawings of plants. ‘Just as I am planting my own garden,’ she said aloud. Gytha had also sent a prayer book for Gunnhild. Written on its first vellum page was Gunnhild’s name. Clearly it had been a commission since written in it were prayers to Gunnhild’s favourite saints. She opened the remaining gifts. Thea had stitched a linen tunic for Ulf. It was a fine shirt, just the perfect size for her little brother. ‘So Thea has settled down to her needlework at last,’ she said aloud, though there was no one to hear her.

Her fingers trembled as she opened the last packages. These were wrapped in fine deer skins soft as wool. She lifted an accompanying note scribed by one of Harold’s priests. He had sent gold cloak pins shaped like sparrow-hawks for the children, a purse for Gunnhild containing gold coin stamped with Harold’s own head, a pair of silver bracelets for Elditha engraved with doves, and for a summer sundress, the scribe had written, a length of blue silk cloth. Despite herself, despite him, she was pleased with the gifts. They had been carefully chosen. She fingered the silk thinking of all the Spanish worms who had provided it and the dyers who had so delicately given it such a wondrous colour, the shade of the Virgin’s veil.

She summoned Ursula and showed her the gifts. ‘Retie the parcels that were intended for the children. It will be a joy for them to discover the contents for themselves.’

Ursula gasped when Elditha held up the silk cloth, allowing the material to float in the air in a blue rippling cloud of silk. ‘My lady, it is a fabric of such beauty. Look how it catches the light. It is like butterflies’ wings.’
‘Catch a butterfly and it will die,’ Elditha said, ‘this silk has come from lands far away.’ In the candlelight, as she held it up, the silk reflected blues, greens and gold.

‘He must love you very much.’

‘Enough to wed another, it seems. The children are asleep, but tomorrow they shall have their presents and know that their father remembers them.’

When later she lay down to sleep she twisted her pillow and thumped it over and over. The earls and their wives, all the great in the land who had once admired her as the wife of the Earl of Wessex, now gave their loyalty to a queen called Aldgyth. Later, she climbed out of her bed and pulled on her boots. Wrapping her mantle around her, she stole past Ursula who was fast asleep on her pallet in the antechamber and climbed down the stairway. She slipped out through the hall’s back entrance to look up at the sky. She looked up at the stars. There was no longer a dragon star spitting its wrath through the heavens. That night, as mysteriously as it had appeared, the dragon-tailed star vanished from the sky. Perhaps, she thought hopefully, perhaps, if I pray hard, all will be well. I shall send Padar with our thanks after he returns from Winchester and with news of Gunnhild’s journey, but I shall never ask him to come to us. That, he must decide.
Elditha folded the delicately stitched veil that Gunnhild had created as a gift for her Aunt Edith. She wrapped it in soft cloth and secreted it deep in Gunnhild’s saddle bag. Her new clothes and shoes lay in a travelling chest that was crafted from pale ash wood. Gunnhild set out for Winchester with her two ladies, escorted by Padar and protected by a small band of Elditha’s thanes.

She said a tearful goodbye to Gunnhild but quickly after the parting told herself that life must continue. She sent for the painter and insisted that he erase the Devil’s pigtail, though she ignored the Christ. He must recreate the star into a firmament of stars. Brother Francis continued to lead services in the chapel. Elditha thought him more moderate in his homilies than before, but her villagers’ discontent with the monk was ever present though never spoken. Though her thanes and house coerls ignored him, Ulf liked Brother Francis and for that she was grateful.

Padar returned from Winchester to Reredfelle in May. When he returned she was setting bee skeps in the orchard, the woven hives and bleached cloth lying in the grass ready to be placed on stoops beneath the trees the moment a swarm arrived. When she saw the skald pushing his way through the garden gate, she signalled to him with a wave of her hand. Looking anxiously at the skeps, Padar hurriedly began to garble his news.

‘Gunnhild is happy with her aunt,’ he said.

‘Is there other news?’ Elditha said impatiently, her attention on the palisade.
'Queen Edith has Norman monks committing King Edward’s life to vellum. Already Edith allows the child to sharpen quills and dabble with inks.’

‘She will soon know more than her mother, for although I can read, I cannot write more than my name.’

‘Writing is monk’s work.’

Elditha spun around and gave him a stern look. She said fiercely, ‘The work of men, Padar; the work of priests and scribes. There was a time when ladies of the Church wrote, too, you know. Oh, of course, naturally, when a clever idea catches on it becomes the prerogative of men.’

A stray bee buzzed around them. She smiled as Padar remained very still.

‘And my husband, have you news of him?’

For a moment Padar didn’t speak. He twitched as a bee flew close to his face and flicked it off with the back of his hand.

‘You don’t like them?’

‘No, My lady,’ he looked uneasy. ‘My lady, I heard in Winchester that the countess has returned to Waltham. The king is arranging Lady Thea’s betrothal.’

‘So then, he arranges and I agree, though I am not consulted. To whom?’

‘Earl Waltheof.’

‘Ah, we spoke of that at Christmas; a good match. Well then, I am sure in time, he will think to send me word of it.’ She bit her lip, determined not to show her irritation in front of the skald. She shrugged. Why should she be sad when summer was coming and the countryside was so beautiful; yet there was a pain in her heart, a sense of something lost, as if for her, love had its season, and passed away.

‘Yes, Lady Elditha.’ Padar cleared his throat.

‘Padar, is there anything else?’
‘Brother Francis is unpopular with the thanes, your house-coerls and the villagers. The guard complained the whole way to and from Winchester.’

‘So what is new about that?’

‘Your thanes think he is a spy.’

Elditha lifted her eyes from the palisade and turned to face Padar. ‘Why so? He is loyal to Archbishop Stigand and the archbishop is loyal to the king.’

‘He creeps around listening.’

‘He is the monk here, but eavesdropping is a serious accusation, though I have wondered.’ She frowned. Every time she spoke about the estate to Edwin the monk was there too, hovering at her elbow.

‘And before Eastertide there were those merchants who went around the village gathering information. You are watched, my lady. I wonder if you should travel to Canterbury this Whitsun. The weather is perfect for travel.’ At that they both looked up at the flawless sky. She did not reply. He added, ‘The Pentecost services at St Augustine would be a change to those led by Brother Francis here. Why not take Brother Francis with you to Canterbury?’

She shook her head and looked towards the sky again. ‘Here they come,’ she called out to her bee-keeper and her women. A cloud made up of a multitude of dark spots appeared from the direction of the woods. ‘My bees are here.’ She lowered her voice, ‘So who do they think he spies for, Padar. Pope Alexander?’

‘The Bastard of Normandy, of course.’

His words were drowned by a cheer from the ladies as the bees arrived in the orchard. The swarm descended into an apple tree and then hung in a tightly packed clump from a bough. The leaves rustled, their branch sighed and bent as it carried the new weight. Elditha’s women raced to open up a sheet of bleached linen and set it under the tree. Two of
them lifted the skep and placed it close to the boughs, hoping to tempt the queen inside. One
woman beat at the branch with a willow switch to make the bees drop onto the sheet, the stick
swishing backwards and forwards, whistling as it caught the air.

Elditha turned back to Padar. ‘Brother Francis was sent here by Archbishop Stigand, whom we trust.’ She considered for a moment. ‘Yes, on second thoughts, you are right. The idea really does please me, Padar. We shall set out later this week. I shall visit the Archbishop and ask him to punish our spy.’ She laughed. ‘Go into the hall. I see that you dislike my bees, though I have observed that you enjoy honey on your bread.’

She smiled to herself she watched his red cloak flee through the garden. He was a loyal friend and she was glad that Padar was part of her household, the best gift Harold had bestowed on her.

A week later, early in the morning, she rode out for Canterbury with Padar, Brother Francis, Ulf and a group of her women. They had an escort of housecoerls and thanes, all of whom were glad of a change from Reredfelle. The atmosphere was festive and the weather was perfect. She could not wish for a better day to ride through the woods that surrounded the estate. Occasionally they caught a glimpse of a deer darting through the trees, or a kingfisher near a stream. They sang as they rode, old songs, rounds and when they were tired of that Padar entertained Ulf with his mermaid stories.

Padar left Elditha’s train on the road that led north to London. He said that he had heard that Earl Tostig was sailing ships towards England from Flanders. He would convey her Pentecost greetings to the king, and visit his own city friends.

‘Tell the king that I have not heard of our older boys since February. Thank him for our Easter gifts.’ Despite her best intentions not to, she said, ‘And say to him that Ulf needs to see his father. As for me, I am well, as you can see, and after the Reredfelle harvest is in I
shall visit my Norfolk estates. I am neglecting them. We shall pass the winter there, where I
was born and bred.’

Padar reached over and lightly touched her arm. ‘He will come to see you both, my
lady. It has all been more difficult than he ever thought it could be.’

She shrugged. She was busy and would remain so. Padar kicked his horse’s flanks
and galloped off, his long pigtail flying and his red summer cloak caught by the wind he’d
created; his small frame lifted momentarily off the animal’s rump. She glanced back at him.
He raised his arm in a backwards wave and was gone. She wiped a tear away with her gloved
hand and moved her mare forward. Ulf refused to sit before Osgod who wanted to lift him
onto his own saddle. Managing Elf, his pony well, he trotted behind his mother.

As they entered through the gates of the town, Brother Francis left her retinue too.
When they parted at the monastery of St Augustine, the monk remarked that he had news for
the archbishop.

‘I have much to report on Egbert,’ he said in a supercilious tone, his face long and
lean with the sharp eyes of a rat.

‘That is not advisable,’ said Elditha. ‘Not if you want to remain with us. Besides,
there is nothing to report.’

‘He is married.’

‘That is not as yet forbidden for priests.’

‘We shall see what is now forbidden,’ retorted Brother Francis, as he turned his nag
into the monastery courtyard.

She nudged Eglantine’s flanks harder than normally she would and turned the mare
towards her own properties.
Elditha owned two large, double-storied houses enclosed by fencing in Canterbury. A higgledy scattering of huts and workshops devoted to dyeing and weaving occupied the yard of the most spacious of her houses. She rode past them into the paved courtyard, stopped in front of the great weaving shed and jumped off Eglantine, as if the long journey had been nothing to her. After handing Ulf’s reins to a waiting stable boy, she lifted her son down from his pony. He had been falling over Elf’s mane, clutching it to steady himself, insisting that he could ride. Now, on firm ground again, he clung to her mantle.

The servants fell to their knees before Elditha. She thanked them for their care of her house and bade them to rise and go about their work. After a few words with the hall steward, she prised Ulf away from her cloak. ‘Take him inside,’ she said to Margaret, who had clambered out of a covered cart. ‘Bathe him and then have servants make ready a bath tub for me as well. First, though, I must visit my weaving sheds and examine my cloth.’ Her three ladies, who had climbed down after Margaret, nodded their enthusiasm. It had been months since they had looked at bolts of newly woven wool. She smiled at their longing for new clothes.

She hurried into the barn-like room followed by her women and spoke with the weavers. She examined their looms carefully, watching as they peddled and wound fabric onto the rollers in front of them. Then she selected the finest cloth to be transformed into plain shifts for herself and her ladies. The weaver promised that the garments would be made up by a seamstress before they departed Canterbury. Elditha made a final search amongst the bolts of linen, turning them over and looking closely for something special. She held samples up to the rays of summer light that shone through the windows. She had servants carry bolts of cloth out into the yard so that she could examine them more carefully. At last, she discovered a cloth of brilliant blue.

‘Like the sky on a September’s day.’
‘Best woad in years.’

‘Send me the seamstress. I shall have a new gown.’

‘My lady, it will be done.’ Smiling, the weaver bowed low.

As evening dropped, concealed behind hanging sheets, Elditha soaked in an herb-strewn bath. She trailed her hand over her belly allowing the water to fall through her fingers. Her skin was white and smooth, despite many years of childbearing. Her breasts were small, high and firm. She was still narrow-hipped and flat-bellied. Children had slipped from them with ease. Her hair fell onto the water rippling and flaxen. Though she was now past thirty years old, there was no sign of grey in it yet.

She lay back, closed her eyes for a few moments, remembering how as an Anglo-Danish heiress of only fourteen summers she had been given to Harold, Earl of Anglia, how willingly she had pledged herself to Godwin’s second son and allowed the ribbons to be tied about their hands, joining his to hers, his heart to her own. Their marriage feast had glittered with jewels and gleamed with the gold and silver-embroidered cloth worn by the Earl’s brothers and his sisters and his friends. Harold Godwin was already a great warrior. She had been proud to become his wife, and afterwards they fell in love.

She conceived their children easily - one after the other, all strong and healthy; all excepting Emma, who seven years before had taken ill with an incurable disease. Elditha and Harold had buried this golden, happy child in the church at Bosham. Elditha retained such unhappy memories of Bosham that after her daughter’s death she had never wanted to live there again. Within a year, they had conceived again. Ulf slid from his mother as easily as a snake sheds its skin and soon, though she loved them all, this youngest boy had become the most precious of her brood.
The scoop of soap that was balanced on the board across the tub plopped onto her belly. Its musky scent was the one she enjoyed in particular. She stretched her arms over the side and reflected sadly that what had happened to their marriage was more powerful than she.

Yet here in Canterbury she was a queen. Her every need was tended to but, still, she was incomplete without his love. She pushed this thought to the back of her mind and listened drowsily to her ladies laughing and talking in the room beyond the sheets. She called for Ursula to come and soap her back, and for Freya to wash her hair, and told them both to rinse it with water steeped with flowers of chamomile. It would brighten it. Afterwards, her ladies took it in turns to comb out her hair, dry it with linen towels and plait it so that by morning her loosened tresses would fall around her once again in rippling waves.

That night, Elditha lay in the upper room with Ulf by her side. It was pleasant to be back in Canterbury. Perhaps they should stay on here through the summer. Then she thought of all there was to do back on the estate before they set off for Norfolk in November. It must not become neglected. She would return to Reredfelle by summer again and make sure it continued to prosper. Meanwhile, Edwin would see that the villagers planted the fields and tended the orchards. Somewhere amongst the pear trees in the garden an owl hooted. The bells for Compline tolled from St Augustine’s. There was a loud knocking on the outside door. All at once she was wide awake, sitting up. Then, the shuffling of the porter as he hurried into the porch. He was calling out, ‘I’m coming, coming.’ Grumbles of, ‘Let us sleep.’ The front door was dragged open. She lay back against her pillow. If it was a messenger they would speak in the morning. A little talking below, a hound’s bark and gradually the night eased back into quiet. She drifted into sleep curled protectively around her boy.
Shortly after dawn when she had climbed down into the hall to break her fast she
discovered the cause of the midnight disturbance.

‘Earl Tostig, is raiding along the coast,’ the king’s man announced. ‘The king is
raising a fleet and he is on his way to meet it. He will lodge here tonight and ride on to
Bosham tomorrow.’

‘He knows that I am here?’

‘He is concerned for your safety, noble lady. The royal estate of Reredfelle is less
than a day’s ride from the sea. Earl Tostig is on the island of Wight with a fleet. He is
harrying villages. He takes what he can thieve to feed his soldiers.’

‘How does the king know I am here?’ Of course, Padar, she realised after she had said
it.

‘We met the skald on the Great Road. King Harold is calling up the fyrd from Kent to
join him to send Tostig back to whence he came, be it Normandy or Flanders. The King has
already sent his fleet south.’

‘It is Pentecost tomorrow. Everyone will be with families.’

‘The king must ride on, no matter what day tomorrow is,’ the messenger said.

By mid-morning the messenger had galloped out of the gate and was on his way to
re-join the king. How quickly everything changed. Ulf would see his father and his father
would see his son. As for her, well, that remained to be seen. What would they say to each
other now? Elditha gave orders for her house to be cleansed and for a feast to be prepared.
She threw on her mantle ready to accompany her ladies to the Whitsun market always held on
a field near to St Augustine. For days, since she had told them they were going to Canterbury,
they had talked about nothing else but this great market.

Just before they climbed onto their horses and prepared to ride through the town, she
noted how the preparations for the king’s visit were already underway in her hall. There were
baskets of strewing herbs waiting by the porch door. The cook had purchased fish from the monks in a nearby monastery which had already arrived. Hens squawked in their runs as kitchen women pursued them, caught the birds and wrung their necks on the spot. Elditha turned her head away, and gathering her reins in her hands, rode out of the gate with her bridle bells jingling and her retinue following behind her.

As she rode through the narrow streets, she reflected on the omen that had caused them all such anxiety. Had the star foreshadowed Tostig’s attack on their coasts? If so, Duke William would follow. After all, Tostig was married to Judith of Flanders, the Duke’s own sister-in-law. ‘St Cecilia,’ she whispered, ‘stop them. He never promised England to Duke William.’ She flicked Eglantine’s reins. The Godwins had seen enemies off before and would do so again, even if the enemy turned out to be one of their own.

The market became a pleasing distraction. There was little silk thread left in the seat of her velvet cushioned sewing chair and hardly any woollen threads for them to work into tapestry for her chapel’s altar hanging. They dismounted. The guard strode on in front of Elditha and her three women, leading their horses. Towns-people pressed to the sides making room for them to pass through the narrow lanes. After a short while, they reached an open space where merchants with the most valuable goods had erected large circular tents. These were guarded by fierce-looking Norwegians wearing breastplates, helmets of steel with broad nose-guards and carrying huge swords with decorated hilts. The lesser merchants had set out their wares on trestles that looked like small ships with awnings, crude coverings against the possibility of rain, fashioned from heavy bleached sacking like sails.

Trays of bone and antler ornaments were set out close to strings of coloured stone and glass beads. Another stall had purses with ivory ornament. She picked one out and examined it closely. Surely this was elephant tusk ornamentation. It would make a pretty
betrothal gift for Thea. She told Ursula to go and barter for it. The girl came back smiling with the purse. ‘It is elephant tusk and I only paid him half of what he asked.’

The purse was made of soft linen cloth that was of a blue hue and gathered at the neck with silk threads. The treasure lay there. Its twisted silk tassels were ended with several delicately carved ornaments of ivory. ‘You have done well, Ursula. Thea will be delighted. It is rare to find such unusual ornament.’

Although the hour was early, well before Nones, everywhere was busy. She pushed further into the market, her women following. Their guards were caught in the stream of people far behind them. Everywhere people spoke in foreign tongues. Merchants had travelled from distant lands to trade, and spoke in many languages, some of which Elditha recognised. She spoke French and had an understanding of Norse. Pie sellers walked the lanes with trays. Bakers called out that they had spice cakes and honey buns for sale. The light scent of perfumes distilled from flowers mingled with the heavy pungent smell of animal dung, reminding Elditha to warn her ladies to watch where they stepped.

At last, a twisting path brought her nearer to the goods they wanted most, needles and thread. Her ladies constantly paused now, lifting up merchandise, seeking the price of ribbons or feeling the quality of silk. As she wound her way around the stalls, people glanced up, murmured and stared at her with curiosity. Others recognised her and whispered to each other. Elditha adjusted her veil to cover more of her face, held her head high and hurried past, until all of a sudden she was arrested by an unfamiliar voice calling her name.

‘Lady Elditha!’

She looked around for the voice that had called. The accent was of Ireland. A warrior clad in an over-shirt of mail, clearly of noble birth, stepped forward. When she saw his hand resting by his seax, she looked back anxiously for her guard. She could not see them at all
through the press of people in the narrow lanes and her ladies were engrossed in searching through a selection of glass beads laid out on the next trestle.

‘Who are you?’ she demanded of the stranger, fixing him with a furious stare.

‘My lady, I am Connor, Earl of Meath. I had care of your three sons when they sailed from London to the king in Dublin. I have seen you at King Edward’s court. I never forget a remarkable face.’

‘Earl Connor of Meath, if you wish to speak to me seek a proper introduction. Do not accost me here amongst the people of Canterbury at their Whitsun Fair.’

She called out to her ladies. Seeing the intruder they hurried to her, closing about her, protectively, stretching their cloaks outwards like colourful wings. Her guards, bobbing through the crowd, were dragging Eglantine and the three other horses with them. At last they saw the trembling ladies with outstretched arms, left the horses by a stall and pushed through a band of ragged children towards the stranger.

She turned her disapproval on the guards who were now accosting the earl, prodding him with their daggers and cursing him. She raised her arm. ‘Leave him alone. He claims that he is an earl. I need you by me, not watching the womenfolk over there.’ She threw a purse of coin at one of her men. ‘Pay this woman what she wants for my ladies’ purchases and have the threads and ribbons sent to my house.’ The earl watched her performance. There was a surprised look of admiration on his face. Then he bowed and moved away.

Surrounded by her women and their guards, one of whom followed closely behind them holding Eglantine’s reins, Elditha hurried away from the glass beads and leather pouches, and to the grander pavilions where they would find expensive threads of gold and silver. Her eyes burrowed through the crowds, searching. If only she had asked the rude warrior about her sons. She kept peering through the lanes for him again but he had vanished.
Harold did not come for the Whitsun Feast. She asked her steward if the messenger had returned with news of him.

He shook his head. ‘The king must still be recruiting support in the north of the county, my lady.’

‘Have the cooks prepare a smaller feast today. We may have company tomorrow.’

She threw herself into supervising the preparations in her hall, but although she concealed her feelings carefully, her ladies sensed her anxiety and trod softly, not wishing to disturb her. She consoled herself with the thought that he would arrive after Pentecost.

On Pentecost Sunday she attended three services at St Augustine. This church was fat with relics – sealed treasure boxes with saints’ knucklebones and splinters of holy wood and it was filled with wall images of saints, Madonnas, infant saviours and many devils. Whilst its walls and pillars were splashed with colour, darkness gathered in drifts in the many side chapels and there was everywhere the constant press of people. Still, Archbishop Stigand did not call on her, nor had he invited her into his presence even though she had sent him a Pentecost gift of fine cloth from her looms.

The following day Harold arrived in Canterbury. He was preceded by silken embroidered banners and followed by an army of warriors, and when he rode through the North Gate he sat proudly on a stallion as the crowds cheered him. Looking down from a window set high into the gable of her hall, Elditha and her women watched the procession pass. Seeing him looking so regal her spirits soared.

Leofwine, the Earl of Kent, rode by his side and Gyrth, the youngest of Harold’s brothers, trotted on a grey horse close behind. Harold wore a gold circlet and his armour shone in the sunlight. He paused and raised his hand, causing his followers to rein back their
horses, bent down and spoke to a small boy who leaned on a crutch and waved a hollyhock. The crippled child handed the flower up to the king who immediately produced a purse and gave it to the woman standing with the child. The woman kissed his hand with gratitude. Seeing it, Elditha found herself softening.

Padar rode behind the royal party. In the few days since Elditha had seen him, the skald had undergone his own transformation. He was now wearing a mail breastplate which gleamed beneath his cloak and he was seated on top of a handsome black gelding. Her eyes followed Padar to the front of the second column where a stocky fighter with tow-coloured hair rode with Harold’s house-coerls on a pale-coloured, high-stepping Arab horse. She gripped Ulf’s hand so hard that he squeaked. She turned to her women. ‘That rude Irishman is riding a horse that surpasses my husband’s stallion.’

Her three ladies said in unison, ‘But the King looks so majestic.’

Accompanied by Archbishop Stigand, Harold came to Elditha as the evening shadows began to fall. He embraced her at the entrance to her Hall. She knelt and ceremoniously bathed his feet as was the custom, while Lady Ursula as her most noble lady attended to the Archbishop. Now she saw what she had not recognised that afternoon. Harold had aged in the months since she had come to Reredfelle. His drooping moustaches were greyer than at Christmastide and there were fresh lines carved deep into his face.

‘Elditha,’ he said and reached towards her veil. Then he dropped his hand and he was the king again, aloof and untouchable. The moment had passed. They proceeded into the hall where trestles were laid with fine cloth and silver bowls.

Elditha had made sure that supper would be plentiful. On the religious day before, they had only eaten fish and pies filled with meal and herbs but today meat was permitted.
The appetising smell of roasting flesh, herbs and onions had been drifting out of Elditha’s cookhouse all day long, since Harold’s entry into Canterbury.

For an old man, the Archbishop stood steadily. He slowly traced the cross in the air with an aged paw and then blessed the food and wine. Servants buzzed around like busy summer bees. Her army of cooks anxiously sent forward the many dishes they had prepared. Course followed course, doves and pigeon, pottage of beef brawn, suckling pork, meat pies and beef and dishes of new peas and carrots from the garden. Although wine was plentiful, Elditha held onto her cup, determined not to have it refilled. Harold addressed his conversation both to the Archbishop on one side and Elditha on the other. The talk was of war. Now that he had raised his fleet, England could stop any invasion from across the channel.

He smiled his reassurance at Elditha. ‘The rebels will have flown by summer’s end like swallows, though unlike swallows they will never return.’

She wondered if the unspoken closeness of before, the ease they once felt in each other’s company, was now absent. Children who had meant so much to her were no longer in either of their households and as yet Harold had not asked after his youngest son who was in her household, though Ulf, of course, had asked to see his father. ‘He will come to you in the morning,’ she promised Ulf before Margaret hurried her charge off to sleep in his own chamber, rather than beside his mother. Even if she had to waken the boy up, Harold would see his son.

Harold’s brothers lodged in the town. They arrived to the feast late and departed early, saying that they needed to rest with their men. As Leofwine kissed Archbishop Stigand’s jewelled hand he promised, ‘Our soldiers will not behave badly in Canterbury, nor will they drink to excess, destroy property or attack the townspeople. Gyrth and I will go now and see to it ourselves.’
After he spoke to Archbishop Stigand, Leofwine raised Elditha from her chair, held her in a close embrace and asked how all went with her. She smiled up at him and said, with as much neutrality in her voice as she could manage, ‘Indeed, I am well, cousin. The estate thrives as have done all my other properties. Come soon and see for yourself.’

‘Dear Sorceress, nothing would please me more.’ He turned to Harold. ‘Do you stay, brother?’

‘I shall rest in Elditha’s hall tonight. We have much to discuss.’

‘Brother, there is no lovelier woman in heaven and earth than this woman; no more beautiful children than yours and hers.’ Without waiting for his brother’s response he gathered his men and swept from the hall, Gyrth following in his wake.

Elditha felt heartened by this open support for her cause. She would always love Leofwine. When she called for another horn of wine, she was smiling.

Later, after a course of sweet pastries served with custard, the Archbishop laid down his spoon and coughed politely. ‘My lord king, I must speak to you, about a matter that has come to my attention. I would speak of it in private. And since it concerns the Lady Elditha, she should hear it, too.’

Harold’s brow creased with puzzlement. ‘Then, perhaps we can speak in my lady’s antechamber.’

Elditha called Ursula to her. ‘Fetch me a jug of hippocras and my crystal palm glasses.’ If this talk was connected to Brother Francis, she must defend her villagers.

They climbed the staircase to Elditha’s private chamber. The Archbishop stood by the window while Ursula filled his crystal cup. He held the precious glass up to the candle glow turning it so that its honeyed contents were transformed by moonlight into a pool of liquid gold.
'From Byzantium, a wedding gift from Godiva of Mercia,’ Elditha said with emphasis on the word ‘wedding’. It was obvious from the way he held his cup, sipped, opened his mouth to speak and close it again, that the Archbishop had something difficult to broach. Elditha waited.

‘Speak,’ Harold said.

He wiped a crumb from his mouth. ‘A matter at Reredfelle has come to my ears. I have heard disturbing stories from Brother Francis.’ So that was it, and he still had not thanked her for her gift of pale linen to the monastery.

The king said, ‘And, Your Grace?’

The Archbishop turned to Elditha. ‘Lady Elditha,’ he began, ‘how do you find Brother Francis? I understand that the King’s son progresses well under his tutorage?’

‘Brother Francis has worked hard. He devotes himself to prayer and to the care of our son and the Lady Chapel, and to the precious and holy relic, of course.’

‘The cotters, how do they progress under his care?’

‘The villagers have their own monk-priest.’

‘Perhaps this priest, Father...?’

‘Egbert.’

‘...is behind the times, my lady.’

‘How do you mean, Stigand?’ Harold interrupted.

‘Perhaps, my lord king, it confuses the people of Reredfelle to have two priests. Father Egbert could be moved to Canterbury, where he can receive instruction and learn the humility befitting his calling.’

‘Or we can introduce him to my College at Waltham.’

Elditha clutched her cup. ‘Father Egbert has a wife and children and the villagers respect him. He knows the scriptures well; he can read and write and he recites by heart many
stories from the Old Testament.’ She turned from Archbishop Stigand to Harold. ‘I wish to keep him with us.’

‘Then you shall do so.’ Harold said gently. He stroked his moustaches. ‘But we must persuade him to visit Waltham after the harvest is in.’ He plucked a small strawberry from a fruit dish and nibbled it. ‘These have ripened early, my dear. They are delicious.’ He turned to Stigand. ‘Now, my lord Archbishop, permit me to walk you down to the hall.’

Archbishop Stigand was dismissed before he could extend his cup to Ursula for refilling.

‘Ursula,’ Elditha said with a mischievous smile, when Harold had gone. ‘The loving cup?’ Ursula nodded and crumbled a herbal mixture from her belt pouch into the jug.

‘Godspeed, my lady. May heaven’s angels lie with you both tonight.’

‘I hope for human comfort, not angels.’

Her ladies turned down the bed in her chamber and dressed Elditha in a robe of embroidered linen so fine it was translucent. They placed a mantle of silk around her, the same sea-coloured silk which had been her Easter gift from the king. Ursula unbound her hair and allowed it to tumble over her shoulders. Elditha could smell her own scent mingling with her perfumes of chamomile and musk.

When Harold returned to the chamber, he drew her to him, buried his head in her hair and whispered into her ear the words, ‘Elditha, how I have missed you. We parted badly. It has made me so sorrowful to hurt you in this way.’ He held her away from him. ‘But, first, take me to my son. I want to see him sleeping.’ It was what she had hoped to hear.

Ulf never stirred as his father looked down on his face. It was serene, like that of a seraph.

‘Ulf may, one day, become a churchman.’

‘Not like Brother Francis and never like Archbishop Stigand,’ she said.
‘Neither of them!’ He lifted Elditha’s hand and folded it into his own. ‘I will wake him in the morning. Come, my love, it has been too long.’ He added softly. ‘And I miss the sound of your breathing when you are sleeping next to me.’

She handed him the loving cup and they sipped the herb-sprinkled wine. That night they lay together as husband and wife, though his passion told her that the love potion had been unnecessary.

‘How I wish we were back at Nazeing,’ she said, when sated and rested they awoke to the sound of church bells ringing.

‘I wish it too,’ he said. ‘But, Elditha, our wyrd has not intended it so.’ He cupped her chin and traced the curve of her cheek. ‘Fate decreed that I had to marry her, but, my beautiful swan, remember that whatever happens I love you and our children, all of them.’

‘I do know it,’ she whispered back. He had hurt her deeply and though she might forgive it she could not forget. As she stroked his long hair and dozed in the familiar safety of his arms she thought but for how long will you stay?
And when his fleet was gathered, Harold went to Wight and lay there all summer and a land army was kept everywhere by the sea, although in the end it was to no avail. Then when it was the Nativity of St Mary, the men’s provisions were gone, and no one could hold them there any longer. - The Anglo-Saxon Chronicles, July 1066.

Harold rode into Reredfelle from the south coast and they came together again as husband and wife. If it felt as if Christmas had not happened, it also felt as if this was like all the other reunions they had had before when Harold had been on campaign. It was as it had been after that dark year when he was in Normandy trying to free his nephew and brother. Ulf scurried about the estate, happy to be with his father. Harold took him riding in the deer hay and taught him to get Elf to jump. The three of them ate in the wood in the open air from baskets of food, breads, honey cakes, pies and fruit preserved in mead. Her ladies clucked and wove daisy chains but always gathered away from the little family. Then, Harold gave Ulf a rare chess set of carved ivory figures and taught him how to play. The figures had beautifully carved figures and expressions on their faces.

Elditha stitched as she watched them play. Ulf’s face was stern with concentration.
‘This is Duke William and this is me,’ Harold said pushing the kings across the wooden chequered board.

Ulf lifted a queen. ‘And this is my mother,’ he said. ‘She will win the game.’

Elditha glanced up from her embroidery. She did as she usually did when there was nothing more to say. She raised her very mobile eyebrow.

‘Indeed, she will.’ Harold smiled at her as he said it.

Harold promised that on his return to London he would have documents drawn up making Reredfelle Elditha’s own property. He was impressed by her rescue of the decaying
estate. In July he returned with copies of these in and stayed for several weeks, riding out to the coast to supervise his fleet. Earl Tostig had occupied the Isle of Wight.

A week later, Harold’s messenger rode in. ‘There is no sign of them,’ he said. ‘They are dislodged. Earl Leofwine says to tell you there may be is something up. Tostig’s ships are sailing north.’

‘Tell Leofwine to pursue the bastard. He must not raid the eastern coast either.’

‘Earl Leofwine has already set sail.’

‘Good,’ Harold said. ‘Go and find food in the hall, man, you look done in.’

‘Hopefully, then, that is an end to it. He could not land around Bosham so off he goes and good riddance.’ Harold said to Elditha after the messenger was gone, but there was tension in his shoulders as he spoke.

She said that she had oils that might relieve this and sought them out from a cupboard in their bed-chamber. Massaging his aching limbs with sandalwood oil, she thought sadly, he will return to Westminster soon, and to that woman. Aloud she said softly. ‘Harold, I hope that we can retrieve what we had together we had before last Christmastide, for our children’s sake and for us…’

‘Elditha, it will not always be so.’ He turned over and grasped her hand and pulling himself up kissed her.

‘You have wed with her and you have bedded her. Her children must not be raised above our own boys.’

He gathered her into his arms. ‘I swore to you once that Godwin will be King after I die. I meant it then and I still mean it. He will return from Ireland a prince and a warrior fit to inherit this land. That will not change.’ Harold lay back and watched her pour a little oil into
the palm of her hand. When she turned back to him his arms were folded behind his head.

‘Elditha, England may be attacked at any time. I still need them, Morcar and Edwin.’

She said, ‘Bring our boys home.’

‘Elditha, we are beset by enemies. Harold Finehair watches England with greed in his eyes. William watches for his best chance to invade us. Tostig will look to both for opportunity. Our boys must remain in Ireland until danger is past.’

‘And I, Harold, have now but one child left to me.’ She paused.

‘And?’ he said.

‘And I am not too old to conceive again.’ With her finger she traced a birthmark shaped like a swan’s feather, which lay where his right thigh joined his groin. Her finger dropped to a dragon tattoo that circled the thigh below the birthmark. She kissed the swan’s feather. This birthmark was hers, she’d said, after she had discovered it. She, he had said, was his swan.

‘A last child would make me happy.’

‘Then, let us hope.’ He turned to kiss her, gently parting her hair and finding her mouth. She felt the old, old desire rise again, and she knew that she would always love him with a great passion.

That night, it was as if the world beyond Earl Godwin’s chamber had forgotten them. Afterwards, they whispered words of love until morning filtered in through the window glass and captured them in its sea-green glow.

After prime, a few days later, she watched from the palisade as Harold and his house-coerls rode away to the Godwin estate at Bosham. A young warrior carried his standard, a fighting man outlined on a green-and-jewelled background which went flying before them, the replica of which now hung in her hall beside her own swan.
A week later, Padar rode into Reredfelle, not on the handsome mount he had used in Canterbury but on his usual horse, the smaller friendlier Otter. She greeted him in the yard as stable boys rushed to take charge of the sweating beast.

‘You have returned to us at last, Padar?’

‘For a few nights; I bring news, both good and bad.’

He handed her a small roll of parchment. She turned it over. The seal tag was Harold’s but the letter came from Leofwine. She cut the letter open with her belt knife and slowly read its content.

‘Tostig has not returned south. The king has disbanded the fleet and has allowed his men to return to their families to help with the harvest.’ She glanced up, ‘Is this wise?’

Padar said calmly, ‘We need the harvest, but, my lady, I have heard from our merchants that the Duke of Normandy is building an invasion fleet. He is making alliances with Boulogne and with Brittany. He has sent a mission to Rome requesting the Pope’s support for an invasion. It will take time and it may not be this year. After the harvest is in, the king will recall the fyrd.’

The scare died down. There was no evidence that William was about to sail a great fleet across the Narrow Sea. Elditha was busy making mead, supervising the churning of cream into butter. Hours flew by in her bower hall where the women passed their afternoons embroidering golden borders on their new linen shifts.

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On Lammas Day, Brother Francis led a limping Ulf up the stairs and into her antechamber. ‘I found him lying on the ground by the bee skeps. He should have been at study,’ the monk said crossly. ‘He foolishly climbed the tree above the skeps. Look at the stings! I should bleed him.’
‘No, that you will not, Brother Francis.’ She peered at Ulf’s leg. He whimpered when she touched him. ‘Ulf, I can make it better. It will take only a moment.’ She leaned down and kissed her child’s soft head. These swellings needed more than lavender oil. She turned to the monk. ‘Stay with him.’ She hurried into her bed chamber, reached into a basket in her cupboard where she kept salves and medicines. In it she found a mandrake tuber she had placed in a linen bag. She had purchased all these medicinal herbs and healing salves in Canterbury. She opened the cloth and stared at the root. It looked like nothing, a wizened apple. The wise woman who had sold it had told her to use it sparingly and with good will. ‘Rare, it is, my lady. Keep it with you for it owns you as much as you own it,’ she had warned. ‘The root has travelled here from Jerusalem, from the lands of our Lord.’ Elditha understood its power. She would rarely awaken it. She scraped a little into a balm. If she used it with a prayer chant, she knew she could heal Ulf’s stings before they caused him a fever. Yes, mandrake could be used for good or evil and in healing she was using its power for good.

She returned to Ulf and began to gently prise out the stings with a needle. As she removed them one by one, she whispered her chant.

Brother Francis looked on, growling his disapproval. ‘What are you saying? Are you praying?’

She ignored him. Ulf was settling. ‘I believe so’, she said carefully, as she rubbed the oil of lavender with a scraping of the mandrake root into the swellings on Ulf’s hands and legs.

‘Will that ointment help? I could bleed him.’ He whipped out a scrap of parchment from his small Gospel Book and scanned it. She peered over his shoulder, at a figure of a man with pins protruding from every section of his body. She shuddered. ‘Not for your eyes, my
lady.’ He looked angrily at her but she had seen a maze of symbols including astrological signs.

‘His birth sign is the fish, I believe. I can bleed him from the ankle today,’ the monk said putting the paper back into his Gospel.

‘No, you will do no such thing. That would weaken him.’

‘Ouch,’ Ulf yelped. ‘It hurts.’

‘It will soothe. Look, Ulf, the stings are out.’ She pointed to her needle but even Ulf with his sharp sight said he could not see the stings his mother had just removed.

‘What is this?’ the priest demanded, lifting the root from the bench between his long finger and his thumb. He dropped it again as if it were poison. ‘Mandrake root! Is this what you mixed with that oil? It is forbidden by the Church, my lady. You must rid yourself of its evil influence. It is the devil’s root.’

‘Mandrake is only used here for salves like this one.’ She showed him the clay pot. The innocent whiff of lavender filled the air.

He frowned. ‘I fear for your soul and for the child’s. This is the devil’s doing.’

She shook her head and placed a wax seal on the lavender salve again and pushed the root back into its linen bag. She would keep it safe under her mattress where it could not be found. ‘Ulf, go and play with your friends and keep out of mischief.’ She patted his back and pushed him towards the door. The monk spoke again as she wiped the table with a dampened rag. He had business in a remote abbey on the Romney marshes. He would be gone for only a few days.

She looked suspiciously at Brother Francis. ‘So when will you return, Brother Francis? What is your business?’

‘The monks from Fechamps have a prayer book for the Lady Chapel. I go to fetch it.’
‘I see,’ said Elditha. ‘As long as that is all; then we expect you back before the month is out.’

The monk inclined his head and said smoothly, ‘Indeed.’ But as he turned to leave she was sure she heard him mutter the dreaded word ‘witch’. It hovered in the air like a malevolent odour for an age after the monk left the chamber.

After the Lammas feast day everyone who was able-bodied helped to gather in the harvest. Padar departed, then came home to Reredfelle again a week later with news of Thea and Gytha. This time he carried a correspondence for her, two scrolls. She took them to read in the the privacy of her chamber. There she sank back into the soft cushions in her sewing chair. She set aside Harold’s letter and examined the other. It came from the Earl of Meath. She leaned forward, flattened the small scroll on her knees and scanned its contents. She read that Earl Connor thought that she might wish to hear news of her sons. The three princes had improved their skills with shield and sword. They rode stallions with ease and they were popular at court. They sent their greetings to their lady mother and to their father, the king. Elditha read it over and over. She laid it down on the small table beside her chair.

Harold’s message was a roll of parchment tied with gold thread and his seal. She broke the seal, untied the thread, unrolled it and flattened it out with her palm. It must have news of when he would come to Rerefelle again. She clapped her hand to her mouth. He could not come before September. Instead he reported that Aldgyth was with child, saying that he would rather Elditha had this news from him than from others. He wrote that he did not intend to disinherit their sons. Her hand flew to her belly. She had not herself conceived as she had hoped.

She clattered down the staircase and stamped out the back door to the kitchens. She seized a bowl of cherries and snatched a jar from the shelf. Using a spoon abandoned by one
of the cook’s servants she packed fruit into jars. No one spoke to her. They quietly went about their own tasks. Later Padar tiptoed in, looking for her.

‘My lady, may I have a word?’

‘The Irish court is full of barbarians and the sons of Thor,’ she said angrily. ‘My sons will not learn the skills of courtiers there.’ She emptied a dish of gooseberries into a sticky liquid of wine and honey.

‘My lady, they must be kept safe.’

‘Harold has sent our boys into that barbarous land so that they are out of his way.’

‘No, he has sent your sons to be taught the skills princes must have. Many scholars attend the King of the Irish. You lived there for a summer once yourself. The king wants to keep the boys safe. These are difficult times.’

‘She is pregnant and I am not.’

‘But he loves you, my lady; that is what matters.’

‘He is gone. Is he with her?’

‘Lady Aldgyth is in Chester with her mother.’

‘Where is he?’

‘This is what I have come to tell you. The king is marching north; Earl Tostig has been in Norway.’

‘What do you mean, Padar?’

‘Harald Fine-hair has sent a fleet into the Northern Sea.’

‘But Tostig has recognised that the king’s army is more powerful than he. That must be an end to it’ She dropped her spoon. ‘Oh, he can’t. Oh no, not Tostig and Harald Harthrada!’

‘Yes, Tostig seeks allies.’

‘What will happen if...?’
'If the Fine-hair attempts invasion the King will win the battle.'

She called for the kitchen serfs to finish her tasks. England would soon be at war, but Harold had been born into a family of warriors. She had seen him win victories in Wales. He would call out the fyrd again, and she must make sure the harvest was pulled in before all her menfolk left her for the north. She must talk to Edwin.

A few days later, Harold called out the men of Sussex and Kent. Osgod came to her.

‘I must follow the king, my lady.’

‘Go, then and God go with you, Osgod,’ she said. ‘God go with the king, my love,’ she murmured under her breath.

Osgod began a trickle that became a stream. Soon she was left with a small garrison, her villagers and the last of the harvest to get in.

Brother Francis returned with the psalter but after his return he made short visits about the countryside, claiming that he wished to visit shrines to pray for the king’s victory. No one noticed or even cared about his absence except Ulf. Ulf trailed after his mother around the estate. Elditha sent him to Padar until Padar, too, rode away.

Elditha carried on as before, spinning, preserving fruit and directing her people herself as they worked hard in the fields. In the late afternoons, she embroidered the hem of a new cloak. She worked slowly and carefully, creating a border of chains and tendrils of leaves, making the small depressions in the centre of flowers particular to English embroidery. Into these she stitched seed pearls. It gave her pleasure to lose herself in the final touches to this mantle, the borders where she imagined a future as rich as her embroidery. She prepared for the coming winter, seeking out distraction, hoping and praying that catastrophe would be avoided.
September days held fast onto harvest sunshine as the villagers safely brought in the last of the grain. Elditha and her ladies worked in the fields too. Then news of another threat, not entirely unexpected, seeped into her hall. The Normans were gathering on their coast and everyone knew that soon they would cross the Narrow Sea. She persuaded herself that Reredfelle was safe, on the way to nowhere, hidden, surrounded by woods and drovers’ tracks. Just to be sure however, she put guards on her gates and warned her villagers to make new bows and practise with them in the deer hay. But those men who were left to her were either old or very young boys and only a few of them joined her remaining housecoerls for evening target practice.

Today was Sunday. Not all Sundays were set aside as rest days. They often forgot the day unless Brother Francis reminded them. Although everyone else would be in the great field, today she insisted that her ladies must rest. Slowly waking late, she opened her eyes, propped herself up against pillows and still in a state of half sleep she lay on, only partly hearing sounds of activity in the hall below. She watched the light seep through the glass windows. Its quality varied depending on the weather. This morning a great pool of green light filtered in through them. She glanced away from the drowning ocean light and upwards. The cross-beams along the roof felt too close, as if they were pressing her concerns on her.

She was wide awake. There was something she ought to do, something half-forgotten and now remembered, an irritant that was entangling itself in her memory. She tossed the covers off, knelt on top of her high mattress, craned her neck, and looked up into the rafters, straining to see her casket of bone and silver; the box that she had hidden months before
behind her shoes, and which until a moment ago she had forgotten. She pulled her shoes and boots down and tossed all five pairs in a heap beside her clothing coffer. Peering up again deep into the roof space again she could hardly see the box. As time had passed she had pushed it back until she could only glimpse the edge of it. Standing on tiptoe, she reached up into the space, caught the small casket with her fingers, edged it carefully along the beam and pulled it down. She sank down onto the bed again.

She leaned back against her pillows and for a moment she stroked her thick golden plait. These were precious possessions. There was Harold’s Christmas gift of sapphires but the other things it contained had sentimental value. She opened the lid to look at and smell again the tiny christening robe embroidered with gold thread. She recalled its heritage, all the children for whom it had been used. God willing, perhaps there could still be another child. The sapphires nestled in their soft purse and her little figurines of St Cecilia and St Brigit, the Lady Mary and St Margaret gleamed in the soft light. She lovingly lifted them out one by one and fingered their delicate and smooth contours. Then she slipped her hand under the mattress and removed the mandrake root, and placed it inside the casket. Carefully, she laid the fragile garment back into the box and closed its lid. She needed to climb into the roof and hide it properly.

She dragged her bolster into position below the beam and stood on it. This time she leaned her arms on the broad rafter, slowly levered herself up and threw her legs over it. She sat on it, her legs dangling and shuffled along clutching the box. The roof was dirty and damp and smelled of rotting thatch. She held her breath as she ducked under another crossbeam, her face brushing against cobwebs, felt deep into the corner, and pushed her treasure into the stench. She clung to the beam again, swung back over and dropped her legs back down. She fell back into the bed just in time, for as she did, the tapestry shifted. Panting,
she swept cobwebs from her hair, gathered her pillows and pushed the bolster back behind her, lay against it and pulled the embroidered coverlet up to her chin.

It was only Ulf. He ran across the floor and leapt onto her bed, pulling a pillow away and as he tugged a flurry of feathers escaped. Immediately, he blew at them until they floated up in a miniature storm.

‘Catch them, Ulf. They are much too precious to lose. Mischief, I should make you sew them back in.’

Ulf cupped his hands. He caught some of them as they floated down and gave them to her.

‘Now, off to chapel with you,’ she said, stuffing the tiny feathers back into the rent.

‘There now, that’s done.’ She ruffled his hair. ‘Brother Francis will be waiting.’

‘Padar’s back, mama. He wants to speak with you.’

‘He will have news. Quick, go and tell him to come up and I’ll see him next door. Then, tell Ursula that I shall come below to break my fast’

Ulf obediently dropped from the bed and padded across the wooden floor to slide back out through the curtain. She heard him open the door at the top of the staircase and the thud as he closed it.

Elditha lifted the heavy lid of her clothes chest and dug her arms deep into it, scattering linen and woollen garments onto the floor, ransacking the coffer until she drew out a gown of green linen with tight sleeves. She slid her hand along the fine fabric. It would be another warm day and for now the linen felt cool against her skin. He must come south again soon. She hastily bound her hair under her veil, fixed her fillet in place, and finally, sliding a gold ring onto her middle finger, she stepped through the curtain into her great antechamber.

Padar was on the stairs shouting at servants. He knocked, but before she could answer he’d pushed past the guard and thrust himself unannounced into her presence. His red
cloak was filthy, its dirty hood draped from his shoulders. His beard, usually so neatly trimmed, looked unkempt and he smelled of sweat and horse.

‘They tried to make me wait until your women came. The king hurries south.’

She clasped her hands together. ‘Please tell me that he has had a victory.’

‘A great victory, but hard-earned; Hardrada and Tostig are dead. The Norsemen have sailed home to their fjords.’

‘Give thanks to St Augustine.’ She crossed herself. She tried not to wrinkle her nose as he stepped closer. ‘Where have you been to smell so rankly of the ditch?’

‘South, the coast by the old fort at Pevensey, concealed in a stinking river as Norman soldiers marched over me.’

‘They have sailed already?’

‘I rode through the night to bring you a warning.’ She saw how his eyes looked strained. He caught his breath and continued. ‘Norman soldiers are raiding our barns, burning our villages. They have ranged along the whole coast near Pevensey.’

‘Exactly what have you seen, Padar?’

He pushed aside his cloak. His tunic was blood-stained, muddy and torn; his hands were covered with scratches. He held them open. ‘Look at these. I’ve crawled into briars to avoid the Norman bastard’s scouts. I’ve slept in a pig pen at night.’ He paused, ‘I saw the soldiers come, steal a peasant’s sow, all in the time it takes to saddle a horse and...’

‘What happened to the peasant?’

‘They kicked in his door, wrecked his home, cut his throat and raped his wife.’

‘And slaughtered her, too?’

‘Yes.’

He waited as Elditha crossed herself again. She said quietly, ‘Continue.’
‘Everywhere I went, I saw death and destruction following in their wake; villages burned and men slaughtered. They came with great ships, piles of weapons, and thousands and thousands of men. I’ve watched their horses thunder over the land. I have learned that the bastard’s fighters have carried planks off the ships.’

‘Planks; what for?’

‘They are throwing up a motte and bailey near the market town of Hastings. My lady, take the boy and go to Canterbury.’

Outside a blackbird sang and she could hear a cart trundle across the yard. She went to the window and threw open the shutters. Below she saw two of her women chattering with the keeper of her hounds. The distant murmur of voices blew in from the fields. She turned back to Padar and shook her head. ‘Padar, how can I? I have my ladies to think of and our villagers to protect.’

He shook his head. ‘The enemy will descend on us like wolves into a sheep pen.’

‘The watch by the gate have seen nothing strange.’

‘My lady, they are no good.’

It was true. Her best house-ceorls had gone to fight in the north for the King. She thought for a moment. She could not ride away leaving everyone to be slaughtered like the pig man. ‘Padar, can you ride again today?’

‘With a fresh horse.’

‘Then ride to Canterbury. Bring us a garrison.’

‘My lady, if you will not leave, then you must set whomever you can spare on the palisade and keep a watch on them.’

‘The women and children will come into the protection of my hall.’ She left the window, crossed the room to him and took his hands in her own. ‘May St Cecilia watch over you.’
‘And you, my lady.’

He shook his head, pushed out, back through the heavy tapestry and was gone.

She was left with the noise of the morning’s usual activity; the rattling of plates, the calling servants, the slam of coffer lids, laundry maids shouting for dirty linen, the thud of logs and yard boys laughing as they stacked them beside the hearth.

Later that morning she climbed up onto the stockade and shaded her forehead with one hand. She gazed out at the deep blue sky, over trees that were turning to gold, over her villagers gathering fruit along the hedges and others who were helping in the big field. She wondered if, after all, she had been unduly concerned for their safety. After all, Reredfelle was not on the way to or from anywhere.

Below, in the field, Edwin was directing villagers and ceorls to load the very last stokes of wheat from the harvest onto a cart. This year the barley had been late. The women and children were collecting dried stalks left behind, filling up huge reed baskets, nothing wasted. When she looked out to the west along the river and towards the mill, she could see a cart pulled by a donkey on the path. A villein sat on top of the sacks flicking at the creature with a stick. The miller was coming out to greet them. To the east a group of swineherds was collecting pigs into two pens on the edge of the woods. When she came to the top of the ladder, she turned and glanced back again towards the forest. Jet-black rooks rose up from the trees into the sky, careered for a moment above the canopy, set up a cawing, and then swooped down again. She shuddered and climbed onto the ladder to descend. She looked back and counted the guard. Twelve men stood at intervals, armed with shields, bows and spears. It was not enough and she thought about her women and her son. For a moment Elditha closed her eyes and prayed to the Holy Mother, ‘Dear Lady Mary, help us. Help us all to survive this. Guide us to safety.’
As Elditha walked towards the hall, she saw Brother Francis ambling with Ulf along the path from the chapel. She hurried to greet them. In the hall the trestles were laid for dinner. Not wanting to frighten her women she sat in Earl Godwin’s oak chair under her swan pennant and beside it, Harold’s banner. As dinner passed everyone’s conversation was a jerky dance jumping from subject to subject. It was a relief when the meal ended.

After dinner, Elditha gathered her ladies around her. They sat in the antechamber sewing and talking in low tones. Ulf bent over a wax tablet struggling to make his letters with a stick. From time to time he glanced over at his mother.

Hands fumbled with the cloth, stitches unpicked and redone, scissors dropped, threads split. She thrust a taper into the smouldering charcoal, lit a candle and lifted her little book of riddles from the table. ‘Come, Ulf,’ she said. ‘You will guess these easily.’ Ulf left his wax table and sat cross-legged on a cushion by her sewing chair. Slowly and carefully, she began to read. The sentences created tiny mysteries. Her ladies liked to hear them told over and over again. When they had guessed a few, she turned the page and said, smiling, ‘This is the last one for this evening. It is time for supper. Listen, Ulf. Let’s see if you remember this one.’

_I am a lonely being, scarred by swords, wounded by iron, sated with battle deeds..._ pause _But cuts from swords ever increase on me_...

Ulf leapt to his feet and called out, ‘Shield!’ But, she didn’t hear it. She heard shouting out on the palisade, muffled at first then clearer, then jeers and yells, a swish in the air followed by the twang of arrows released from bows. Weapons were clashing. She dropped her book and ran to the half-opened window shutters.

Pushing the shutters back as far as they would go, Elditha stared over the yard to the palisade. She thrust her head out. Smoke drifted towards the hall from the west. The stockade was on fire. The yells of men rose above the crackling of burning timber. Geese and hens
were squawking. Dogs began barking. There were more shouts, the plunk of bow strings and
the hiss of arrows again as they flew through the air.

The flames engulfed the three-barred gate, spitting sparks and blazing debris. Clouds
of thick smoke rose up, blotting out what was left of the sunset. Now, not a man could be
seen on the palisade. The guards had vanished with the sun. Riders appeared through the
smoke, spurring their steeds forward through gaps in the estate’s great ringed fence.
Pennants unfurled behind them, glowed red as dark horses galloped towards the hall. Hooves
pounded. Servants and villagers poured from the barns. Others raced from the stores. A
villein came running at a horse with a pitchfork, another horseman sliced at him from behind.
He toppled forward onto his crude weapon. Men fell and others ran. Women were kicked
aside. An anvil went flying through the air but missed its mark. Although the horse reared
up, the rider remained seated. He pulled an axe from behind his saddle and swung it at the
man who had thrown the anvil and missed. A woman shrieked as her toddler was trampled.
Children ran for cover.

The riders surged forward. Dust flew up in dense clouds. More figures appeared on
the path. Her fighting men, those left to her, now helmeted and heavily armed with axes and
shields, yelling curses and battle cries, ran from the hall. They stood firm in front of the
grassy swath and attempted to lock shields. A hedge of spears angled outwards. For a
moment the horses backed off whinnying and snorting, kicking dirt, on the brink of panic.

Their riders yelled, ‘Glemure, merde!’

Someone yelled back, ‘Filth and shit, you spawn of Hell. You bastard sons of bastard
mothers!’

Waving their weapons and shouting insults, the riders urged their horses back
towards the shield wall. One sliced his battle-axe through an overlap and forced an entry.
They pushed and pressed and shoved at the wall of men until it broke into two sections. A
hall servant ran out, stabbed at a horse’s leg with a short sword, missed and stumbled. Its rider leaned over and sliced at the sprawling man. Horses pushed, rose up, whinnied and stamped but the foreigners held firm and lashed out furiously. Swords cut and shield clashed against shield. All at once each side of the shield wall disintegrated. The ghost of courage remained before the survivors fell back. The well-armed Normans trampled over broken shields and swords and the bodies of fallen men.

A second wave of ceorls and villagers surged out of the hall. They beat at the Normans with axes. The dark fiends moved quickly, manoeuvring in circles around them, catching the angry villagers inside a tight ring. Trapped, a few of the hall ceorls dropped their weapons at the feet of the victors. Others broke away by stabbing at the horses’ legs, forging a way out through the circle. Two riders pursued them. One struck a young ceorl with his long sword. He fell forward slowly, his blood pouring from the wound. The horsemen chased his companions towards the barns. Others fled back into the hall through the small gap between door and doorpost. Those inside pulled the door fast and bolted it. Elditha heard it whine closed and came away from the window.

Her women clutched each other weeping. They could hear people dragging trestles across the flagstones in the hall. Soldiers began banging on the great front door.

Ulf clung to his mother’s hand.

Elditha said, ‘I’m going down.’

He snatched at her skirt with his other small hand. For a moment she froze, afraid for them all. Determination crept back into her voice, ‘Margaret, hold on to Ulf.’ She handed him to the nurse and pulled her cloak about her shoulders.

The calls continued. ‘Putain, putain!’ And in English, they bellowed, ‘Harold’s whore, come out.’ Holding her head high, she walked down the staircase into the crowd of servants, men, women and children who had already sought the shelter of the hall.
Children huddled behind pillars. Others clung to their mothers. Everyone turned to watch her pass. She saw her linen table covers in a heap amongst rushes on the flagstones. Wooden bowls had toppled from trestles which had been dragged away to make barricades. Dogs whimpered and cowered in corners.

Again and again, their chant penetrated the great door, ‘Concubine, concubine, come out.’ Edwin ordered the men to pull more trestles against the door. Brother Francis sank against a pillar crying, shaking and sweating and holding aloft a great wooden cross that hung around his neck. There wasn’t a fighting man left in the hall.

‘Are they all out there?’ she said.

‘There’s none of them in here!’ Edwin exclaimed, ‘Go back up to your women, my lady.’

She pushed him aside. ‘Let me through, Edwin, and Brother Francis too.’

Edwin glanced past her to the priest. ‘Some luck that one will bring!’

A firebrand of rushes was shot into an opening; another and another and another.

Hangings caught fire. Everyone began running. They tried to beat out the fire with linen cloths. More and more burning torches flew through window openings. The villagers ran along the wall beating at flames but to no avail. The flames took hold and snatched at banners, devouring them in a red and gold blaze.

‘Look out for the shields!’ Edwin yelled and pulled Elditha towards him.

A shield with a great dragon painted on it came crashing down. The fire raced, eating into tapestries and hangings as it flew. Children were pulled from chests and clasped close to their mothers. Hounds went mad, barking and growling, snapping, wildly shaking the bells on their collars. Everyone coughed and spluttered as smoke rose in the hall. Those who could lay their hands on a ladle or a pitcher ran back and forth from the vat that stood by the central hearth. They hurled water at the flames. It was hopeless.
Flames grasped at Elditha’s swan pennant and Harold’s warrior, swallowing feathered bird and fighting man. Small fires began to flare up, catching at the straw strewn over the flagstones. Smoke thickened in dark, suffocating plumes.

Elditha’s ladies hurried down the stairway clutching veils over their faces. They ran with the crowd to the entrance. Elditha screamed at Edwin. ‘Let my ladies out.’ Then she cried, ‘Where is my son?’

She began searching frantically through the smoke for Ulf, pushing into the crowd that surged towards the entrance.

‘Margaret, where is he?’ She clutched at a woman she thought was her. Then, ‘Have you seen Margaret?’ The woman shook her head. Her ladies began to pull the burning timber away from the door themselves. Elditha shouted louder but no one heard her above the yelling from outside, the crashing of shields and the roaring flames. Then a pathway was cleared. With a whining and groaning and the pressure of men pushing and the enemy pulling from the other side, the door opened.

Men, women and children and barking dogs clambered over each other in their panic to escape. The pressing human river closed behind her. Elditha sped in the opposite direction, back towards the stairway, screaming ‘Ulf, Margaret! Where are you?’ As she reached the bottom step the child’s nurse came stumbling through a cloud of smoke and ash towards her, spluttering and calling for help.

‘Ulf,’ Elditha shouted.

Margaret waved towards the roof and began running back up.

Elditha followed. She pushed the nurse through the doorway.

Margaret pointed above the table. ‘He’s in there,’ she choked. ‘I can’t get up.’
Elditha lifted the candle, held it high and looked into the dim roof, searching along the beams. She couldn’t see him. There was the splitting of burning wood. The smoke in the chamber thickened. A shriek came from high above them.

She climbed onto the table and for the second time that day pulled herself up into the rafters. ‘Wait!’ she called down coughing. She could see him now, above her head, crouched over, stuck behind the cross beams and vertical struts that supported the highest point in the building. He was crouching, frozen like a wooden effigy. She reached upwards with one hand, steadying herself with her other. Gasping for breath, she gathered her strength and called up, ‘Ulf, climb down to me.’ She heard the rush of flames on the thatch of the roof. The roof space was filling up with a dense pungent smoke. ‘Ulf, you must move now. I can’t get up,’ she shouted.

Ulf began to inch towards her. He climbed through the cage of wooden struts and down and down until she was able to pull him to her. Grasping Ulf tight, she swung her legs round and dropped onto the table.

They propelled themselves down the stairs and behind the pillars that led to the rooms beyond the hall. Armed men rushed in, racing through people who still surged out. They mercilessly lashed out at the hall’s inhabitants, tore veils from women, pushed them aside and shouted, ‘Where is she?’ Soldiers ran for the stairway. Fed by the draught from the opened doorway, the fire was gaining in strength. Elditha held Ulf tight and ran into the chambers behind the hall. Margaret followed. They could hear feet thundering above them. Soldiers had already reached the upper floor. She heard them come back down again, shouting, ‘The roof is burning. Nobody’s up there!’

‘Run, Margaret, run.’

She held onto Ulf, shocked and numbed. Dragging him with her, Margaret pushing him on from behind, she raced through the gathering smoke and out through the side doorway
onto the pathway that led to the bower hall. Timbers were falling. A whirlwind of debris blew between the cook house and the store huts. There was a hot rushing draught, followed by the thumps of falling wood. Sparks flew in the smoke. Leaping yellow flames engulfed the back of the hall. The wails and screams of women, cries of children and soldiers’ shouts penetrated the roar of the fire.

They hurried through blazing timbers and around burning bodies, bent low until they reached the bower hall. Inside, soldiers were shouting. Women were crying and screaming. Doubled over, they ran along the building’s side towards the end gable. Halfway there, her foot caught on a broken body. She was staring down at a dead-eyed corpse. Elditha pulled her cloak tighter around Ulf and side-stepped the body. She lifted her head at the next window opening and glanced in. Soldiers were prodding the terrified women with swords. One shouted in English, ‘Out, you whores. Or burn alive!’ Tasting bile in her mouth, Elditha dragged herself along the last few feet of the wall. Margaret followed, still coughing into her veil. They paused. It was a short run to the garden.

‘Now!’ Elditha shouted above the noise of falling timber. They ran.

It was clearer by the chapel and garden and more dangerous, too. Smoke rose above them in shapeless clouds. They could see Brother Francis’s silhouette by the chapel door. Shadowy figures held up torches and appeared to be searching all around. They pushed past the monk and disappeared inside. At that moment, seeing her chance, Elditha set Ulf down but he clung onto her cloak. She clutched Margaret’s arm. ‘Get into the orchard. Go through the door behind the apple trees. You take Ulf.’

Margaret pulled Ulf from Elditha’s cloak.

‘Listen well. Padar will come with a garrison along the river path. Cut him off. Take the river bed. Give Ulf into his care.’ She kissed the top of her son’s head, breathed the smoky but still lingering little-boy smell of him. ‘Go, now.’
Elditha watched Margaret crouch low with Ulf clinging to her neck as she raced forward. She waited until she saw her circle the sundial and stumble into the shelter of the trees in the orchard. Elditha glanced back at the hall. With a sudden gust of wind the smoke blew upwards and she could see the spectral-like lumps of bodies scattered around the swath. Body parts were scattered everywhere she looked, guts spilling into slimy piles; all that was left of her servants and many of her villagers. The wind dropped as suddenly as it rose and all was smoke again.

Soldiers had finished herding women and children out of the bower hall. A band of them had separated a small group of noble ladies and pushed them onto the wide path, towards a row of waiting, already harnessed, carts, yelling at them to hurry. Elditha turned and moved slowly onto the path, into the firelight, hearing their shouts rise into the night. As she came through a patch of smoke, a sentry by the chapel wall alerted a mounted knight who rode from the shadows onto the pathway. He was helmetless and she could see his monk-like tonsured red head. She had seen that knight once before at King Edward’s court. Her head held erect, Elditha walked forward to meet him. And when she reached him, she looked at him fearlessly and said, ‘I am Elditha, she whom you dare to call concubine.’

‘Harold’s concubine and Normandy’s hostage, my lady.’

‘Hostage I may be, but whore I am none. And by Christus, Count Alain, you will regret this day.’

He did not meet her gaze.

A driving rain began to fall as the procession of carts and wagons reached the smouldering gate. Elditha sat in the foremost covered cart with the priest, Ursula and her two other ladies, Freya and Maud, both of whom quietly wept. She looked back through the falling rain at her
burning house. Only part of the hall’s roof and a section of the west wall remained. The crashing of collapsing timbers, the sound of Reredfelle’s destruction, echoed into the night.

Ursula whispered, ‘Ulf?’

‘Shush, he will be safe.’ She squeezed her friend’s hand and glanced over at Brother Francis. She laid a finger on her lips and Ursula nodded.

The heavily armed convoy skirted the forest edge and followed the road south towards William’s lair, through silent villages with doors shut tight. Rain seeped in under the cover. The women cupped their hands to collect the water. They sipped thirstily, and as hour chased hour Brother Francis murmured prayer.
Margaret gathered Ulf into the folds of her cloak and held him close. Rain was seeping from the sky, and now that the heat of the fire was behind them the child was shivering with cold. The noise of falling timbers filled the emptiness of night, but she did not dare look back. She hurried on, clutching Ulf’s hand, following the river bed, all the time keeping close to the sheltering trees.

For a while she wondered if this was what Hell was like, a dark smoky territory where terrible creatures lurked around every corner. For a long time smoke stung her throat and the air they breathed held its pungent smell. The midnight hour must have passed. The mistress had told her to follow the stream and Padar would find them, yet there was no sign of a garrison moving through the woods. She stopped, raised Ulf onto her back, moved forward for a while, set him down again, picked him up and carried him once more. As they moved deeper into the forest’s rustlings and shadows he stumbled beside her as mute as a wooden puppet. She realised that he was in shock. In one terrible day his whole world had been destroyed and his mother separated from him. It was concern for the little boy’s safety that numbed her fear as they struggled through the darkness.

Later, the river bed became a narrow trail following an incline that looped around a wide stand of ash and vanished. To Margaret’s relief, a trickle of water emerged further on as they descended. She followed it and her common sense was rewarded when the stream became a river, eventually widening into an elongated pool. ‘Ulf, you must drink. Here, sweeting.’ She helped him to scoop up water into his hands and encouraged him to drink. She sank into a hollow on the bank, leaned her back against a tree trunk and pulled Ulf into her
arms. He fell asleep instantly. Moments later she felt her own chin drop as she, too, drifted into sleep.

Ulf was still snuggled against her breast when she woke up. Margaret undid her cloak, covered Ulf with it and eased him into the hollow. She stood, stretched her cramped limbs and then wandered a little way along the river bank. On the further edge of the pool, wraiths of morning mist rose up around a cottage so that it looked as if the small house had floated out onto the water, as if it could shift and slide away again. She could see a squat jetty thrusting into the river and a cloaked figure emerging from the building. It paused, lifted a pail and moved through the thin tendrils of vapour towards a squawking noise that rose up from the rushes.

As the figure walked into the reeds and closer to where she stood, it looked up and over the pool, as if sensing Margaret’s presence hovering there. Then the woman, for a woman it was, she decided, beckoned to her. Margaret raised her hand in greeting and hurried back to the sleeping child. ‘Come, Ulf,’ she said softly, wakening him. ‘We can have shelter now.’

Ulf began to whimper but Margaret hugged him. ‘Hush, hush, child, it will be safe.’ She took his hand and hurried him through the mist. What she could not see was the gleam of mail caught by the rising sun glinting beyond the trees. She never heard horses nosing through the foliage behind the hut until soldiers emerged out of the wood and into the clearing. She stopped walking and pulled Ulf closer. The silent woman gestured at Margaret to come forward.

Margaret wanted to lift Ulf up into her arms and run back along the track, but she was too frightened to move. The soldiers’ leader, a helmeted man of small stature, dismounted and began to walk forwards, leading his horse. Even clad in armour, a chain-mail tunic, his
gait was familiar and that grey stallion was surely from Reredfelle’s stables. It was Thunder, the horse Padar had taken.

He stopped, removed his helmet and called to her, ‘By Christ’s holy bones, Margaret and Ulf! Where is my lady?’

‘Padar! Padar; sweet Lady Mary, St Augustine, St Christopher and thank the holy angels of Heaven for you. But, Padar, you are too late. Reredfelle is destroyed, burnt to the ground!’

Ulf began to wail.

Padar shook his head and leaned down. ‘You are safe, Ulf. We thought as much. We could see smoke from the high ground. Where is she?’

Margaret choked back a sob and shrugged her shoulders. ‘I don’t know. She gave Ulf to me at the garden gate and told me to find you. My lady turned back. Her ladies, you see…’

‘They have taken her.’ He gave the reins of his horse to one of his men and took Ulf from Margaret, lifted him up, looked at the child’s frightened face and said, ‘Ulf, we will find your mother. But first you will break your fast. The woman here will care for you until I return.’ He set Ulf down and turned to the man who held his horse. ‘And Hamlet will stay with you. After that we’ll decide what to do about all this.’

He knelt and chucked Ulf under the chin. ‘Trust me, it will be all right.’

Padar drew Hamlet a little way off into the trees and after a short discussion, Hamlet nodded. Padar returned, handed a few coins to the woman. Then he introduced her to them as Hilde. She smiled toothlessly but never spoke. Her silence was as eerie as the early mist.

Padar said to Hilde, ‘You will care for these people. This soldier will protect you. If you betray them to anyone who passes this way, he will kill you. I shall return by nightfall.’
Padar’s face was grim and Ulf began to cry again. The skald patted Ulf’s head, mounted his horse and led his armed troop on along the river bed.

Margaret and Ulf rested with Hilde for two nights waiting for Padar to return. Ulf cried for Elditha. Hilde gave him infusions of chamomile in mead to help him sleep; she fed them on barley cakes, fish and eggs and gave them pallets to lie upon. Ulf grew calmer.

Margaret discovered that although Hilde could hear, she could only grunt in response, and though she knew that Hamlet was watching over them, and observed Hilde disappearing into the forest with a bowls of fish stew and loaves of barley bread, she never discovered his whereabouts.

On the third day Padar returned without his troop. He led Elditha’s mare, Eglantine. Ulf buried his head into Eglantine’s flanks and rubbed her nose. The mare had miraculously survived the blaze and had not been taken.

Margaret said, ‘How did Eglantine survive? Did they not steal the horses?’

‘Some, but not all; a couple of them were tethered out in the deer hay. He reached up and patted the mare’s neck. ‘They missed this one.’ He was rewarded with a whinny.

Ulf asked, ‘Where is Elf, Padar?’

‘Your pony is with my men, Ulf, gone to be a warrior pony in a great battle.’ It was a lie. Ulf’s pony was gone.

Hamlet shimmied down from his lookout in the tall sycamores nearby and called to them that he had sighted soldiers south of the woods. ‘Normans are scouting manors close by. They’ll be occupied out there for a while but we need to move by nightfall in case they come closer.’

‘No, they won’t come here. They will have been to Crowhurst. They’ll take what they can from the king’s estate and return to their camps. They have the old Roman fort down near Hastings.’
'Where are the others?'

'They've gone to find the king. There will be a battle. Go, Hamlet; if you hurry you'll find them. The fyrd is gathering near Bidborough.'

'And you, Padar?'

'I must take the little lad to safety. There are soldiers on the routes south and east of here so we shall ride west along the drovers’ tracks and deliver him to Queen Edith in Winchester.'

Margaret asked, 'What about my lady?'

Padar touched her arm. 'Come with me, Margaret.' He left Ulf with Hamlet and guided her into the trees. He said in a quiet tone, 'They took them away in carts. Those who have survived say that there was no mercy. A Breton led them. He carried a standard with a wolf emblem. Those who remain living are still burying their dead. There is little left of Reredfelle. Wait here.' He went back to his horse, dug his hands into his saddlebag and lifted out a small casket. 'Except this, I was given it by Father Egbert. He found it near a section of the roof which had collapsed. Do you recognise it?'

Margaret traced over the scorched bone plating and the tarnished silver below, where pieces of bone had torn away. She smiled. 'This belongs to my lady. She keeps a key for it on a chain that hangs around her neck.'

'We'll keep it for her, shall we?'

Margaret nodded but there were tears in her eyes. 'What is to become of us all?'

'For a start we cannot waste any more time here,' Padar said, as he tucke the box back into his saddlebag. 'We will leave when night falls. It will be slow and dangerous. If we move through the woods and avoid the roads, it will take us, maybe, three nights.' He patted the pack strapped to his horse. 'And by day we will camp out of sight, snug amongst the trees.'
As they parted, Hamlet said, ‘If I meet the king, I shall tell him that his son is safe.’

‘Tell him.’ He felt tears gather in his eyes and stared at his feet for a moment. He managed to smile through them. Looking up he said, ‘May a circle of God’s holy angels watch over you, Hamlet.’ Then he helped Margaret climb onto Eglantine, lifted Ulf up onto Thunder’s saddle and sprang up behind him. With Ulf leaning into his chest, he lifted his right hand in his customary backward wave and rode into the trees.
There at Waltham he [Harold] received a message about the landing of the Normans, news that was only too true, and straightway he decided to go and meet them, allowing nobody to stop him. ...he was too headstrong and trusting too much in his own courage, he believed he would be attacking a weak and unprepared force of Normans before reinforcements came from Normandy to increase their strength. -The Waltham Chronicle, circa 1177.

Countess Gytha hobbled into the candlelit chapel at Waltham. Her bones ached and she could hardly make it onto the cushion. She felt Thea’s anxious eyes follow her as she arranged her hands on the rail. There that was better; on her knees now. She settled at last and bowed her head, murmuring whatever came into her thoughts. ‘Queen of Heaven, intercede for him. He was my boy, my Tostig. Bathe him in heavens light. You were once a mother too…Holy Mother, wash away his sins…’

As Gytha prayed, the plainsong chanted by monks echoed through the Church of the Holy Cross dispersing beauty through the chancel and the aisles. It brought little comfort. Tostig had begun the destruction of everything the family had strived for. Tostig was cut down by Harold’s fyrd during the battle in the north and Harold had marched south again to Waltham. The Norman horde had landed and was harrying his lands in Sussex. He would destroy William the Bastard as he had Harald Finehair. Shakily Gytha rose to her feet. She was tired, so tired and must rest.

The following morning dawned with a brilliant blue sky. Harold, Gyrth and Leofwine rode out after they broke their fast, early. Later that morning, the Provost of Waltham came to Countess Gytha. He recounted a tale that made her shudder with foreboding. At dawn, when Harold had prayed for God’s blessing of his campaign, Christ had bowed His carved head and looked down on him from the cross with an expression of sorrow on His usually peaceful face.

He shook his head. ‘Countess, it is an ill omen.’
Gytha said, ‘It cannot be. Provost, the spinners do not make his end yet.’

He shrugged, ‘Spinners weaving his end! What talk is this, Countess? I have sent two of our monks with the king.’

She laughed hoarsely. ‘With maces and sticks! Much good will they do.’

‘Not to fight, but if the king is killed they will bring his body to Waltham.’ Seeing the look on her face he added, ‘It is unlikely, of course, Countess, but in case God…’ he faltered.

‘Get out of my sight, Lord Provost.’

After that, Gytha marched through the palace, tapping her stick before her, creating an icy wind, looking darkly at any who dared oppose her. She scattered her servants before her, as she moved through the hall back and forth, banging at tapestries as if beating the provost’s words from them. Then, she called her servants to pack her baggage.

Summoning her steward, she ordered, ‘Have a chest filled with gold coin.’

‘In such terrible times, Countess Gytha, that would be madness? What do you intend?’

‘We may have to buy ourselves out of this.’

‘The countryside is dangerous…’

She dismissed him with a wave of her hand,

After breaking her fast with a small meal of hot broth and bread, she changed into her travelling dress, a voluminous skirt, cleverly created to allow her movement when riding and a loose tunic. She demanded that her horse be saddled and she ordered a wagon to be packed with items necessary for her journey, including her gold and silver hoard. If the house of Godwin fell, she would be there to gather up the pieces.

She called Thea to her chamber and looked at the girl more sternly than she had ever done before, ‘Thea, wear your warmest garments. I’m not leaving you here to be raped should our enemies reach Waltham.’
Gytha watched the delighted Thea hurry off. Not every girl was permitted to follow her father to battle. Her mouth twitched with a thin shadow of a smile. Not for nothing was Thea her father’s daughter.

After breaking away from the route south, Thea close by her, Gytha rode towards Canterbury. A monk battalion led by their abbot passed their retinue as they entered the town. These monks wore chain mail over their brown habits and all of them carried weapons.

Thea stared at the small swords tucked into their belts and the shields and arrow quills hung on straps slung over their shoulders, She remarked, ‘Monks are not permitted to draw blood.’

‘But they will,’ Gytha replied.

The fluttering Wessex dragon brought the group of monks to a sharp halt. Recognizing the Countess, they knelt. When she asked after the Archbishop, their abbot said that Archbishop Stigand had gone to London and that they were off to join the king’s army at Bidborough.

‘Stigand won’t draw blood; he cares too much for his own skin,’ muttered Gytha under her breath.

Now, the Countess had to make a decision. They could become camp followers and ride after Harold south and west to wherever he chose to strike camp, or they could rest in Canterbury and await news.

‘We could go to my mother’s hall at Reredfelle,’ said Thea.

‘No’, Gytha replied. ‘We ride on. Elditha will have gone to Canterbury already, you can be sure.’ Gytha sat erect on her horse, her loose garments falling down each side of the animal’s flanks.
The captain of her guard pleaded with her. ‘Countess, you have already slept one night in a wagon. Another will not do.’

‘Grandmother, please allow us to wait here for news. My back aches and at your age you must have even more pain. How can you sit a horse for so long when you walk with the help of a stick?’

‘You are not often wise, Thea, but this time you show a wisdom beyond your, what is it now, fourteen years. We will lodge in the Archbishop’s palace. My child, the horse is doing the work, not my legs.’

‘Riding is tiring on the legs. You’ll never admit that, will you?’

‘Theodora Gytha, my legs lost their feeling miles back.’

Thea began to fret again. ‘If my mother is not in Canterbury, then she is in grave danger.’

‘Never fear, Thea, you will see your mother soon,’ Gytha added reassuringly, but in her heart she was not convinced that Elditha would have the sense to flee her estate. They could only pray to the Queen of Heaven that she was safe.

An hour later, they rode into the precinct of St Augustine’s monastery. The yard was empty apart from a motley collection of stable boys. A monk, plump as a pigeon, scurried out of the monastery building. Her first question was, ‘Is the Lady Elditha here?’

He shook his head. ‘We have sent her a guard. That was two days ago. The lady is to return with them. She has not arrived and they have not returned either.’

‘They may have gone to meet the king,’ said another who had come running, his dark habit threatening to trip him up.

‘Show us to our chambers. Then send us food and wine. Where is Archbishop Stigand?’

‘In London,’ the monk said.
‘And never available when our lives are in grave danger; come Thea, we must rest.’

She watched as her guard carefully unloaded her coffer and then she made sure that they proceeded before her to her chambers within the abbey.

*

Duke William was making ready for battle. There had been comings and goings all night and now, as morning dawned, Elditha hovered by the opening of their tent and watched men form up in columns ready to leave. Thousands sat on war horses, but an even greater number, armed with swords, bows and quills of arrows, marched in lines out of the city of tents, through gates set into a stockade. The bailey at Hastings swarmed with soldiers, thousands of them. Soldiers yelled to each other in many languages, French, Breton, Italian and others that she did not recognize. Archers were collecting arrow sacks from store tents; the clanging of weapons rang out and horses snorted. Like silver insects, their leaders climbed up and down the ladder to the tower at the top of the motte.

Brother Francis had departed from the women on the day after they had been brought to the camp and they had not seen him since. They whispered prayers without the monk’s guidance, but they never missed him.

‘Do you think he was a spy?’ Freya whispered, with an eye on the guard outside.

Ursula said, ‘When I fetched our water, I overheard a priest say that Brother Francis is with Bishop Odo now.’

‘That tells us where his loyalties lie.’ Elditha said dryly. She turned to them and added, ‘Don’t say that monk’s name again in my presence.’

The Normans had treated the women courteously. Alain of Brittany came daily to enquire after Elditha’s wellbeing. Though she could speak French, she chose to communicate with him in English. She sat by the tent opening where the air was cooler watching and thinking.
There must be deeper motives for his solicitations; maybe he hoped for financial gain. His men had called her concubine and whore, but she was often known as Edith the Rich. They would know this too. Her lands in Cambridgeshire and in Essex were many. She also owned houses in Canterbury. By English law this all still belonged to her despite her marriage. Even if Harold won the battle, her future was precarious. For now, she was the enemy’s captive and soon England could be, too.

Duke William had not granted her an interview and the duke’s aloofness infuriated her. Yet, she considered her lot better than those poor peasants Padar had spoken of in her antechamber. The Count of Brittany sent them feather mattresses, clean linen, and old but dry mantles. He had set a protective guard on their tents. Two local women attended them. He even asked his own Breton priest to say mass for the women on Saint Calixtus’ Eve. When the waiting became unbearable, Elditha requested needles and thread and mending to keep their hands busy and he sent them baskets of torn leg bindings.

From a distance she watched Duke William walk the ramparts of the wooden watchtower on the top of the mound that his men had laboured for several weeks to build. His body was still long and lean, his hair tonsured like a monk’s, his cloak was richly coloured and he was flanked by a group of elaborately clad bishops. The Pope’s banner, a great red crusading cross on a white background, flew beside his own. Elditha turned away from that sight and entered her tent.

‘Perhaps I should have kept Ulf with me,’ she said to Ursula, who was sewing a rent in a soldier’s garment. ‘Who knows if they met with Padar? There are perils in the woods, too.’

‘Our Lady will protect him from evil. If they are in the woods, we can pray that God keeps them safe from our enemies.’
Elditha touched Ursula’s hand. ‘By St Cecilia, I hope it is so. Come, Ursula.’ She turned to the others. ‘Maud, Freya, leave those leg-bindings; let us pray together for our king’s success in battle, for the safe-keeping of my child and our deliverance from this foul place, though why they have taken us four women as their captives, I cannot fathom.’

‘Better than dead,’ Ursula said drily.

There was shouting outside. Elditha hurried through the entrance, elbowing their guard aside, and accosted one of the soldiers who had ridden in. He was a scout, she quickly discovered. ‘What news?’ she asked as she ran alongside him.

‘The king’s army is marching towards us. There is to be a battle.’ The scout wheeled round on his horse and she watched him follow the last group of arrows men out of the camp.

‘Go back inside and pray, lady. Pray for mercy,’ one of her guards said. Elditha said back, ‘It will be you who begs mercy before this day is finished.’ She turned on her heel and marched back into the shelter to pray.
Edith, surnamed Swanneshalls knew secret marks on the king’s body better than others as she had been admitted to a great intimacy of his person. - The Waltham Chronicle, circa 1177.

It was past midnight when a monk rode in from the battle. He fell to his knees. ‘Countess Gytha. It is all over. The king and his brother are dead. The battle raged all day …’

‘Just tell me this. How did my sons die?’

‘Lord Gyrth and Earl Leofwine fell when they came off Senlac ridge. That is all I know of them. They lie there murdered somewhere in the valley below. It was a massacre. After that there were more assaults on what was left of us, over and over until the sun fell in the sky. Many, many, died. I was with our horses behind the king. I saw it all.’

‘How did the king die?’

‘The duke’s army came up at us where the king was fighting beside his standard. Our great shield wall had broken, chipped away every time a group of our warriors ran the Normans down that slope. The horsemen fought their way up the hill where they smote and pierced the king’s ranks. They shot arrows up into the air over our shields. The king fell… a chance arrow but it struck his face under his nose-plate. His house-ceorls tried to protect him, Countess, they tried but they failed and they died beside the king, all, as was he, hacked brutally to death.’

The monk hung his head. He swallowed and tried to speak, then covered his face with his hands. Countess Gytha tapped her stick. ‘It’s not all, is it? Find your voice, monk.’

He looked up, his eyes shot with blood. ‘Countess, they came in amongst the dying. One knight hacked at the king when he was down. Another decapitated him and struck at his legs, parting leg from body.’ His tears flowed. He swept a dusty sleeve across his face.

‘And?’
He cleared his throat. ‘That was when I turned my horse and came from the ridge. I out-roped the pursuit. I gained woodland and lost myself in there until I found the route out further on. It was ignoble. And, God knows, I should have died there, too.’

Gytha sat still in her chair.

‘God will avenge my sons, all of them,’ she said. ‘There will be time to weep tomorrow. Today we must claim our dead before the crows pick them over.’ She sent the monk away. ‘Go and find food and rest. It is as well you lived. The Greatest of Lords wished it. Enough blood is spilt already.’

She called for her guard. For two hours she impatiently tapped her stick on the floor as they deliberated and hesitated, fearful of the roads. At last, she took decisive action. She ordered her wagon to be readied and her horse saddled. With Thea beside her, she rode out through the south gate with the silken and jewelled Wessex dragon flying before them and her hoard concealed in the wagon.

‘My mother?’ Thea said.

‘The Normans will not find Reredfelle. That estate is on the way to nowhere, my dear. Be assured, they will not find her or care about her either.’

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The soldiers brought Elditha to the battle field shortly after Matins. They brought her to where Duke William had remained all night in his bivouac encampment. She could see Harold’s captured standards flying alongside the duke’s own by the entrance to his tent. Desperately looking around she saw a horrific sight. Everywhere bodies were already stripped of mail, hauberks and weapons. Even boots and hose had been taken from them. The duke’s soldiers had been at their grisly plunder during the night. Torches burned over it, lighting up the grim sight. She sat on her horse, her long neck erect and with Ursula by her side. They were accompanied by the two monks who had come with the king from Waltham.
They had said that they could not identify the king’s fallen body, only his head. The rest was mutilated, in pieces. They told the Norman leader that only Elditha Swanneck would be able to recognise her husband and reunite the king’s severed head with his body. So here she was, unceremoniously lifted onto a horse, escorted from the camp and marched north to the boundary of Harold’s estate of Crowhurst that was marked by a grey apple tree, and into the meadows of death that lay around the ridge.

She searched for him through the piles of the dead, pointing for this body or this limb to be turned over. Her fine boots were slippery with blood and she had to clutch her veil close against the metallic smell of it; not only that, but also the stench of shit and spilt guts. Duke William, his brothers Bishop Odo and Robert of Mortain, and a group of knights were watching her as she moved amongst the copses of departed Danish house-ceorls and Saxon aristocrats. A great gathering of priests was permitted to take away the corpses of fallen noblemen for burial. Another quarter hour passed and still she had not found Harold.

‘You have done what you can, Lady,’ said William Mallet, half a Norman and half English-man, a knight who had lived at Edward’s court. She had known him then. ‘Would you rest?’ he added.

‘This place will too soon become a Golgotha of skeletons, a vast field of bones,’ she cried out. ‘What evil have you done here? You will rot in hell for this, Mallet.’

He turned away from her. She refused to be consoled or stop searching, but carried on asking for bodies to be lifted, peering closely at any torso that resembled her husband’s. It was as she made a second tour of the dead up on the ridge, that she found him. She identified his long body by marks on his shoulder. There were battle scars, too, which she now recognised on his torso and bracelet tattoos on his other arm. When she found his severed leg close by she could see the swan’s feather and the blood-stained green-eyed dragon that
encircled it and by these marks, she knew the limb was his. It was then that she wept for her loss.

‘May my lord’s soul rest in peace.’ She took a cloth from her belt and carefully wiped away the blood from around the marks.

Elditha and Ursula left the place of death as they had come, on horseback. The monks remained with the dead king. Other women had come to Senlac. The sun was up and it promised to be another hot day. As she rode away she saw other women moving amongst the bodies just as she had done, searching for any marks that identified the persons they had loved, looking for any tokens left to them.

As the sun began to disappear that day, Elditha heard that Gytha reached the battlefield. They brought the Countess to the camp. Sobbing she hugged Gytha. Gytha’s face was as white as dried bones. Elditha pulled Thea close and clung to her weeping child, weeping herself and between her sobs trying to comfort her daughter, promising that soon they could all go home. She wondered at the truth of her hopeless empty words. Where was home? They had destroyed everything, her home and her heart, and her child was wandering lost in the woods. Gytha told her that on the field of bones, as far as the eye could see, there were many more sobbing women and chanting priests than she imagined the county ever held. William had taken no prisoners. Thea had been sick with the horror of it and had leaned over her mount and had vomited. Gytha had demanded to see Duke William, saying that she had come to claim her own. The Norman knights who remained on the ridge had looked upon her haughtily, until finally William Mallet came to speak to her. It was Mallet who had guided her to the camp at Hastings, and here they were.

Elditha sobbed, ‘They burned Reredfelle.’
Gytha looked around and then let out a cry. ‘Elditha, where is Ulf? What has happened to my grandson?’

‘When they fired my hall, I sent him away from Reredfelle into the woods with the nurse. Padar was bringing us a garrison from Canterbury. It was a mistake. I should not have let him go.’ She bit her lip hard, drawing blood. It tasted bitter on her tongue.

‘Then let us pray that they have found him.’ Gytha reached out and took Elditha’s hand. ‘Have faith, Padar will discover him. I feel it.’

Darkness fell and the camp was once again lit up with torches. The women sat in a circle inside the tent praying, wondering what would happen next. Sometimes they reached out for each other’s hands trying to find a desperate, fragile comfort in simple touch. William summoned the family of women. As Alain of Brittany escorted them through the camp to the duke’s pavilion, they could hear the racketing sounds of a jubilant and celebrating victorious army.

The duke was seated in a winged chair. He never spoke but gestured to them to follow him. He led them to the tent where Gytha’s three sons lay on trestles, each under linen cloth. Shields and swords were placed by their sides. Candles flickered by their remains. Numbed by shock, Elditha listened to the rhythmic sound of chanting and smelled the pungent smell of incense.

On seeing the countess, the monks of Waltham ceased their prayer and bowed their heads to her. Gytha lifted away the cloth coverings and looked for the last time on her sons.

‘This is God’s will, Countess,’ the duke said coldly, ‘Many men’s lives were wasted who, if right had been honoured when it ought to have been, would be living now.’

Elditha only saw hatred in Duke William’s cold stare. His eyes were as deep as an open grave. When the countess finally spoke her voice rang clear, ‘My Lord Duke, I will take my sons’ bodies for burial at Waltham.’
‘Earl Gyrth and Earl Leofwine you may have, Countess, but I claim Earl Harold’s body. He will be buried in a place of my choosing, a place that will be known only to myself and those who are close to me.’

‘Then, I offer you the king’s weight in gold for his corpse.’

‘No, I keep his body. And I claim your gold for the church. By Christus, I will build an abbey here as a monument to our dead.’ He paused. ‘All of our dead, English and Norman.’ He looked at the women in a haughty manner. ‘Tomorrow you may leave my camp.’

‘Then I ask that Leofwine and Gyrth are laid beside him. As they were in life so they will be in death, warriors and bothers together.’

‘If that is your wish, Countess. My priests will pray for their souls.’

Duke William turned away from them to speak with his two brothers, Bishop Odo of Bayeux and Robert of Mortain. It was as if they were of no importance, dismissed and forgotten. Count Alain escorted them back to their tents. He touched Elditha’s arm and said in a quiet voice, ‘Lady, I am sorry for your loss and that of the countess. I will see that tonight she has a comfortable couch. Tomorrow, you are to travel to Winchester with a guard to protect you.’

Elditha took Thea by the hand. ‘It is too late to be sorry, Alain. You have murdered the father of my children.’ She turned her back on him, lifted the tent flap, pushed Thea in first with the flat of her hand, and then helped the silent countess to enter. She turned back to the knight. ‘Winchester? We want to return to Canterbury.’ Count Alain only shrugged.

Later, the Duke charged William Mallet with the king’s burial. When night fell, Mallet spirited the corpse from the camp and travelled with it west along the coast towards Pevensey. There, King Harold was quietly laid to rest on a cliff, overlooking an angry sea that swirled onto the shores of the kingdom he had lost.
Part Two

A Journey

And Earl William went back again to Hastings, and waited there to see if he would be submitted to; but when he realised that no one was willing to come to him, he went inland with all of his raiding party which was left to him.

*The Anglo Saxon Chronicles, Worcester Manuscript*

When the great Duke William first arrived in this land, many of his men, pluming themselves on so great a victory and considering that everything ought to yield and submit to their wishes and lusts, began to do violence not only to the possessions of the conquered but also where the opportunity offered to their women, married and unmarried alike, with shameful licentiousness. Thereupon a number of women anticipating this and fearing for their own virtue betook themselves to convents of sisters and taking the veil protected themselves from such infamy.

*Eadmer’s History of Recent Events in England*, written in the last decade of the eleventh century.
Once out of the woodlands, Padar clutched Ulf tightly before him on the saddle. With Margaret on Eglantine, they galloped furiously across the weald towards the Queen’s town. When they reached the city gates, they mingled with refugees, grim-faced country folk who lamented that Duke William’s army had ridden like devils through their villages, had fed his soldiers with food from their barns and destroyed their homes with fire. His men violated their wives and daughters. Padar called to Margaret, ‘Do not be frightened by their talk.’ But she was very afraid. She was terrified for the boy and for herself.

They parted from the column of the dispossessed near the two minsters, old and new, and rode on slowly towards the royal palace. Although the Queen’s gate was usually wide open, guards were stopping refugees from seeking shelter there. One of them prodded Padar’s horse with a spear, and told them to move off. Margaret reined back as she watched Padar turning his horse from side to side, clutching hold of Ulf, rising up in his saddle to peer into the palace courtyard. An angry soldier reached through the partially opened gate and touched the soft leather of Margaret’s boots. She recoiled and pulled Eglantine back another pace.

Padar shouted over Ulf’s head. ‘I’m Padar... the king’s skald. The boy is Harold’s son.’

‘We have no king! Where were you on Saturday when our warriors were cut down?’

‘Saving the King’s boy from harm.’

‘Turn around, skald. Go and write songs about our defeat!’

Margaret murmured a prayer as Padar bawled at them, ‘You sons of whores, let us through now.’
A dark column of canons filed out from the palace and across the yard, walking in a procession to the gate. The provost leading them stopped. They were on their way to the Old Minster. He demanded that the sentries to move aside and allow his canons through.

‘Take these people with you, my Lord Provost. They think they have King Harold’s boy.’

The provost stared at them. Margaret saw him look from Padar to her and back to Ulf who was wide-eyed watching the fracas. The provost raised his hand. ‘No, hold your tongues. I know this man. He is the king’s skald. Allow them in.’ He called out to Padar, ‘There was a fire on the Lady Elditha’s estate. Her hall burned to the ground. Is the boy her son?’

Padar shouted back, ‘He is Ulf Haroldson.’ At last the guard stood aside for them to pass. As they rode through the great gate and into the palace yard, Margaret kicked away the soldier who had fondled her boots and now had dared to touch them again.

The provost turned to one of his canons and ordered, ‘Find the Queen’s steward.’ Seeing the monk hesitate he bellowed, ‘Go at once!’ He waved his hand at the others. ‘And the rest of you to the Minster. I shall follow.’

The guards drew back to let the choir file out through the palace gate. The bystanders, mostly women and children, stood aside to let them pass. One woman cried out, ‘Tell them to have pity on us. Our sons died at Hastings.’ When the last canon was through, the guards all raised their spears and shouted at the crowd, ‘Go on to the Nuns’ Minister.’ The women stubbornly stood where they were until one of the guard repeated, ‘Go on. There’s nothing more here for you today.’

Inside the palace courtyard everyone seemed to have a purpose - fetching wood, carrying milk pails, exercising horses. A pack of hounds barked as they squabbled over a bone. The keeper of the queen’s falcons paraded about with a hooded bird perched on his
leather glove and attached to his wrist by a chain. At last the queen’s tall steward, Fitz-Wimach, came bustling through monks, servants, soldiers, horses and stable boys.

‘Little Ulf.’ He laid a hand on Ulf’s head and turned to Padar. ‘So it really is you, Padar, teller of tales, and with King Harold’s son, and his nurse too, I see. At last something good has happened today. Come, come on into the hall.’ Shaking back his long locks, he called two stable lads over to take charge of the steaming horses. He turned to Margaret, ‘You are courageous to bring the child to us in such terrible times. The queen will be relieved to see the boy.’

They waited in the hall close to a raised dais on which stood a great throne-like chair. A time candle placed on a table burned a quarter hour slowly away. Padar never spoke. Ulf clung to Margaret’s skirt and sucked his thumb. At last, Queen Edith glided into the hall, her voluminous veil floating around her and her dark clothes rustling as she walked. She stopped in front of the great throne-like chair. They fell to their knees. Margaret pushed Ulf forward.

‘God has spared this child from fire and sword,’ she whispered, awed by Queen Edith.

‘Rise,’ the stern queen said, ‘we have lost his father and his uncles. It is with thanks to the Queen of Heaven that this child is safe.’ She stretched out a jewelled hand. ‘Ulf, come here.’

Ulf clung to Margaret’s cloak.

‘He is tired and frightened, Your Grace,’ Margaret said timidly, not daring to look into the Queen’s eyes. Instead, she focused on the enormous onyx pendant that hung on a gold chain below her dark clad breast.

‘Why was the boy not with his mother?’

‘His mother is the Duke’s prisoner,’ Padar said.

‘Nonsense, she is no prisoner. A messenger rode to us from Duke William yesterday. The Countess Gytha and the Lady Elditha will ride to Winchester today.’
‘Will the Countess Gytha not accompany her sons’ funeral journey to Waltham, Majesty?’ Padar asked boldly.

‘There will be no journey to Waltham, Padar. The journey is too dangerous, the roads thronged with fleeing people, brigands and thieves. The Duke has laid the King to rest on the sea shore and our brothers also. The Duke has won the battle and I have no doubt that he will bring us many desired Christian and civilising ways. Crops will grow; the sun will rise each day and set in the evening. People will recover. You are a Godwin skald, so sing to them of godly ways and of the joys of the fields.’ She lifted her hand, summoned her ladies and addressed Margaret, ‘Come with me, my dear, and bring the child.’

Ulf touched the Queen’s heavily ringed hand. ‘Aunt Edith?’ he said so quietly he could hardly be heard. She inclined her head towards him, and he asked, ‘Aunt Edith, why did the duke bury my father’s body on the seashore?’

She leaned down and said, ‘When times are more settled, your father will rest in his own abbey; your uncles also.’ Taking Ulf by the hand she hurried through the curtains to her chamber beyond the dais. Margaret began to follow. She stopped. What about Padar, would he find a sleeping space in this vast palace building? She turned back to speak, but Padar was hurrying off towards the great door they had just entered.
And joyless is this place. Full often the absence of my Lord comes sharply to me.-
The Wife’s Lament. Anglo-Saxon Verse.

Elditha rode into Winchester at the head of a small procession of two wagons and Gytha’s guard. As they had tried to circle around burned and smoking villages, she had sat on her horse, never smiling or weeping. Her concern was for Ulf. It was too easy to lose a small child in a countryside turned upside down and inside out by war and as they travelled to Winchester, she was haunted by images of wild beasts and marauding soldiers, each as dangerous as the other. Once inside the palace courtyard, she slid from her horse, leaned against it and closed her eyes. Her head was throbbing.

Thea could not speak as she descended from her wagon. The horrors she had witnessed on the battle-field had struck her silent. Elditha reached out and wearily grasped her daughter’s hand. Gytha tossed her sheepskin covering aside and climbed down after Thea, refusing help, just using her stick to steady herself. When she reached the straw below, Elditha took her arm and guided her into the palace.

Queen Edith came hurrying through the hall to embrace them. ‘Thank the Queen of Heaven that you are all of you safe. Come and sit close to the hearth.’

When they had cups of spiced wine and bread to dip in it, Gytha shook her head. ‘We gave the Bastard the perfect opportunity. We were a divided family.’

Edith placed a hand on her mother’s arm. ‘It was God’s will. It was not Tostig’s fault. We shall hold a vigil in the new minster for my brothers’ souls. As for Tostig, he should never have been sent into exile. That was our undoing.’ Edith looked over at the three ladies who sat quietly across the hearth, and again back to Elditha. ‘You abandoned your son for those women,’ she accused. ‘But, I have news for you. Ulf is here with me. You are fortunate
that he has lived to tell the tale. You should not have sent him into the woods with only a nurse to protect him.’

Elditha’s breath caught in her throat. ‘Margaret has brought Ulf to Winchester?’

‘By our Lady’s mercy, she did. The Godwin skald was with her.’

‘I must see him, Edith.’

‘Your rooms are above the hall. I shall send him to you. He has been very afraid.’ The queen’s voice was icy. She turned from Elditha to Thea to her mother and laid her slender jewelled hand on Gytha’s shoulder. ‘Mother, rest in my own apartment. Prayers for those who were slaughtered will commence as darkness begins to fall.’ She snapped her fingers towards a corner of the vast hall where the servants hovered. One rushed across the hall with a torch flame streaming behind him. Others followed, floating over the gleaming tiled floor as if skating on ice. She said, ‘Elditha, take your daughter and maids and go.’

Elditha was relieved to have her own rooms, away from the dominating Edith, a place where she could be alone with Thea and Ulf and her ladies. She rose, drew Thea to her side and led her after one of Edith’s silent grey-clad servants to a stairway that climbed up the wall of the huge hall, wondering how Margaret had saved Ulf.

Edith sent her chests of clothing, gifts of combs and jewels. Her servants hung tapestries on the walls of Elditha’s chambers, tended the charcoal braziers and struggled up the stairway with enormous tubs, buckets of hot water and soap, blankets, pallets, clean linen and strewing herbs, camomile and rosemary to throw amongst the floor rushes. Thea began to speak again. She told Ulf stories and amused him by teaching him how to use a needle and thread, and to embroider. With nimble fingers he created a small tapestry depicting a dove. A tutor came to her palace rooms and Ulf resumed his learning of Latin grammar. Reluctant to allow him out of her sight,
Elditha kept him close.

Margaret returned her casket to her. Wondering at how a small box could survive a fire, she placed it by her bed where she could see it as she moved around the chamber, as she fell asleep at night and as she awakened each morning. Occasionally she unlocked it and removed the contents one by one, the ivory figures of saints, the sapphires which had been her Christmas gift from Harold, the tiny christening garment and below that the mandrake root which she wrapped in tightly knotted linen.

She remembered the months at Reredfelle until it was too painful to remember. One by one, she slowly returned each small possession to the casket again. She had lost everything else in the fire that had consumed her hall. They were only possessions, she told herself. Yet it was a small miracle that this casket had survived, a reminder of what she had lost and the man she had loved, the father of her children. As soon as it was possible to travel, she would take Ulf into safe-keeping to Ireland, to his brothers, to where he would grow up with them to avenge his father’s murder. Gunnhild was safe in Wilton, but Gytha spoke of Exeter. That was it. Gytha must take Thea south to her dower city.
He [William] sent to Winchester and ordered the chief men of the city to pay tribute to him as others were doing... she [Queen Edith] yielding, ordered them to take what was demanded. And in this way she and they lived in peace.- Carmen de Hastingae Proelio, attributed to Guy, Bishop of Amiens.

It was too dangerous to leave Winchester. A month passed. Elditha was determined to be of use so she and her three women went to the Nuns’ Minster where they mixed salves to soothe wounds, and potions to send those who were disturbed to sleep. They made powder from the precious mandrake root, shaving off tiny pieces, using just a little at a time and only in extreme cases. Elditha returned it wrapped protectively in soft linen cloth, to her casket every evening. Whilst listening to others who had suffered loss, she grew stronger.

More and more refugees trailed into the town, to where bakers still baked, to where there were vegetables to buy and pigs and sheep were slaughtered. The townspeople lived in fear, daily expecting an invasion of Norman troops. News crept in. Kent fell, Sussex and Hampshire and Duke William was riding south again towards Winchester. This did not surprise Elditha as the city was England’s second royal stronghold and here Queen Edith possessed a vast treasury.

‘Margaret,’ Elditha said after the nurse had put Ulf to bed one evening, and Thea was ensconced with her grandmother in Edith’s private apartments. ‘It is time to search for Padar.’ Margaret had told her how he had found them in the woods after the fire and brought them safely into the city then disappeared. But that was not unusual.

‘My lady, he may be in the woods again by now but I’ll try to find out.’

Margaret’s search took her to both the minsters, to bake-houses and taverns and eventually to workshops belonging to the goldsmiths, because she had heard a rumour that the Godwin skald had been seen with a master coiner. She found the coiner but the skald had disappeared.
‘Just as we suspected, the coiner says that Padar the skald is with the men of the wood.’

Elditha had heard that a resistance movement had grown up in woods around the town, outlaws who lived in camps hidden in amongst the trees. People called them silvatii. One of their warriors, who had been injured by a Norman raiding party, was brought into the Nunaminster with a fever. Elditha suggested to the abbess that she tend the man’s injuries. There was salve of rue boiled in old wine she could try. She busied herself around the man, set his broken arm in a splint and when his fever lessened, she lost no time trying to find out more about Padar. Yes, the skald came and went from the camps.

‘Tell Queen Edith that we can hold out if Duke William tries to take this city,’ he told her.

She repeated his message to Edith but the queen did not want to know. She banned the rebels from entering the city and condemned any who helped their resistance. After the edict, the abbess sent the warrior out of the Nuns’ Minster. Then, Duke William himself arrived at the East Gate of Winchester demanding the keys to the city. Now there was no opportunity to look for Padar. To Elditha’s horror, Edith handed her city over as if she intended cooperation all along. In one short November day, Duke William’s soldiers occupied the palace and took control of the treasury.

No one felt safe with Norman troops patrolling the streets. Townsmen predicted that soon the Normans would build a castle within the city walls and that their homes would be knocked down to make room for it. Soldiers marched about the town in a threatening manner, carrying long shields with fierce beasts and chevrons painted on them and bearing great swords. The Royal Mint was closed. Goldsmiths hid their gold by slipping away with it at night, taking to the rivers. Townsmen disappeared after dark to join the resistance as Padar had done. Women feared for their honour. Husbands feared for their lives.
Elditha kept away from the hall and ordered servants to carry up their meals using the outside staircase that led down into a garden. Her fear was for Thea and Ulf. She was frightened to allow either of them out of her sight and she never left her rooms. Finally, the day Elditha had feared all that week came with a knock on the door. She tentatively opened it and peeped around to see one of Edith’s messengers behind it. He looked scared as a startled hare. ‘My lady, the Queen requests your presence. I am to wait.’ He waited on after she shut the door in his face. She pulled it open again to see him still shuddering behind it. This time said she was coming. Even Edith’s servants were afraid.

She ordered Margaret, Maud, Ursula and Freya to watch over Thea and Ulf, to bolt the door and not allow anyone in after she left. She pulled her mantle from its peg and followed the messenger down the stairs into the hall and then back through a long passage to Edith’s ante-chamber.

The room was lit with expensive candles. Edith was a shadowy figure seated on a stiff upright chair by a shuttered window. Her voluminous sleeves trailed the ground. A plain linen wimple made her face look pinched. Duke William occupied her comfortable two-armed throne-like chair. He sat with his long legs sprawled in front of him. He was a big man, tall and imposing as he reclined as ease in the queen’s antechamber. He did not even rise as Elditha entered. Instead, waving towards a bench opposite he grunted, ‘Sit.’ If she refused and continued to stand her legs might give way. She sank uncomfortably onto it. What did he want from her? He had taken everything already, her house, her people, and he had murdered the father of her children. He turned to Queen Edith. She sat looking unruffled, like one of the stone statues in the garden. She never spoke. He broke the silence by announcing that he would leave one of his knights, William Fitz-Osbern to organise the garrison in Winchester. In return for her loyalty to him, he added, she could keep her personal possessions, her lands and her treasure. He looked at Elditha. ‘I shall need a hostage of
‘Course.’ She started. Her hands shook. She was worthless as a hostage. But her children were royal; surely not her children!

She heard Edith say in a glacial tone, ‘Which of us do you intend to take, my Lord Duke? We are a household of women. Our men are slaughtered, and the rest may perish when you attack London.’

He leaned towards Edith. ‘A monk tells us that King Harold’s son is amongst you. I have not seen the child.’ He drew back and stared at Elditha. ‘None the less, others confirm the monk’s story, so I suggest that the boy will travel with my army. He has a brave nurse, I hear it said. She may travel with him and there is that loyal monk.’

There was silence. Outside rain fell steadily. She could hear it pouring off the wooden troughs in the yard. Would Edith deny that Ulf was here with them? If she did, would the Bastard tear the palace apart until Ulf was discovered?

‘A harsh price for our loyalty,’ Edith finally replied.

Elditha leapt to her feet. ‘No, you cannot have him. My son is a boy.’

When he looked at her, his face betrayed nothing: no emotion, no kindness or unkindness as he said in a brisk factual manner, ‘My lady, I will care for him as I would my own son. Six years old and in a year he would be of an age to go into another noble household anyway.’

‘There are other Englishmen, older and stronger than my child.’

The wind and rain rattled the shutters, and because the wood was damp the hearth fire belched an acrid bitter smoke. Edith reached over and gently touched Elditha’s hand. ‘Be sensible, my dear. Sit down. This battle you cannot win.’ She looked at the Duke and said, ‘Take him. But remember, Duke William, if you harm a hair on his head you will lose my support. We want him back when you are King.’
William muttered, ‘When I am King, I shall find one of my knights to wed the mother, a loyal knight, to raise the boy and educate him as a good Norman.’ He looked again at Elditha who had sunk despairing back onto the bench. This time there was the hint of a smile on his lips. Then it vanished again. He was hard, she thought. And he will get his way.

‘You might find that the Lady Elditha would prefer a convent to marriage,’ Edith said. ‘She will be glad of our protection for the sake of her children.’

‘Then, my Lord Duke, you must choose that knight carefully. For now, she is in my protection.’

He stood, ‘We shall be leaving this afternoon so the boy and his nurse must be ready to travel.’

Elditha clattered up the stairs in a fury to her chamber. There was nothing she could do other than hope that Brother Francis would care for Ulf. She called Margaret and instructed her how to watch over Ulf. Margaret wept as she packed a small coffer with clothes and some wooden chess men that Ulf had loved to play with. She hugged Ulf to her breast and said that they were going to see his cousins in Westminster and that his mother would follow soon. Elditha tried to control her emotions as she agreed the lie. She promised herself that she had not found Ulf to lose him again. She would get him back.

Later that day Ulf and Margaret left the palace. Brother Francis rode with them. He hardly gave Elditha a passing glance, but he made a great fuss of Ulf. Elditha wept. In a final plea to Duke William, she requested that she travel with them but the cold duke refused. Gytha consoled her, saying that Ulf would be with relatives in London. It could not help, because her heart was broken into shards.

On St Cecilia’s Day, the twenty second day of November, Elditha attained her thirty-second year. Her ladies gave her small gifts: silk threads and needles. The queen presented her with
jewelled hairpins and Gytha’s gifts were a silver cloak-pin with runic inscriptions and a ring with an opal set into the gold band, which had once belonged to old Queen Emma. Thea stitched Ulf’s little dove tapestry into a purse which Elditha hung from her belt. She blinked away tears and said that she would treasure it always.

A few days later, the Countess Gytha, Thea and a group of noble ladies including Maud and Freya departed for Exeter, Gytha’s Wessex stronghold. ‘Take Thea, too,’ Elditha had begged. ‘I want her to be safe.’

Now, only Ursula remained behind with Elditha. They would pass Christmas in Winchester alone with Queen Edith.
Edith announced that London had fallen without a siege. Archbishop Stigand and the young Edgar Atheling accompanied by Earls Morcar and Edwin had ridden out to greet Duke William and his half-brothers Odo and Robert. Duke William was crowned king at Westminster on Christmas Day in Westminster. Perhaps now he will return Ulf, Elditha thought as Edith said how they must remain positive. No promise of freedom followed from London.

Elditha’s days were short and dreary. She listened to the daily noise in the yard below. She could hear how women’s anxious voices bounced around the stone walls as soldiers swore, banged weapons and thumped around the yard, their leaders yelling at their men in French, a constant reminder that Winchester was occupied by foreigners.

On a chill January day, Edith came to the bower hall where she was stitching a shirt to send to Ulf in London, to show her a letter that had arrived from King William. Elditha slowly and painstakingly read the Latin script. At first the Duke assured the Queen that her nephew Ulf was in good health and was content. He had joined a group of young English noblemen with whom he was familiar. Ulf sent his greetings to his lady mother. Then she read, ‘The Lady, Eadgyth Swaneshealls is expected to wed the Breton Lord, Count Alain of Brittany. The Count of Brittany will visit her in Winchester as soon as we can spare him from our service.’ King William’s own red wax seal dangled from a yellow ribbon. Elditha furiously threw the script down cracking the seal on Edith’s tiled floor. ‘I am not a mare to be bargained off to a rapine horse-dealer.’
Edith said smoothly. ‘It may be for the best. How else can you survive?’

‘You sold my son and you will not sell me.

‘They would have taken the city and slaughtered us all.’ She tapped the scroll angrily.

‘This marriage will help us to ensure the family’s survival here in England.’

‘Edith, my answer is still no.’

‘Then you had best hide in a convent, and if you do, I cannot guarantee the safety of your children, Ulf, or Thea; not even Gunnhild will be safe.’ Edith swept out of the bower, having first ordered her cringing servant to gather up the damaged wax seal.

Edith sent Elditha messages. The Bishop wished to see her. The Abbess of Nunaminster wished to discuss Elditha’s duty as a mother. Finally, Edith climbed the stairway to Elditha’s chamber, sat in her chair, accepted a cup of hippocras and announced, ‘Count Alain is expected for the Feast of St Benedict on Saturday. You must appear.’

‘He is nearly ten years my junior. He burned my hall, terrified my people. He allowed his men to call me a whore. And how will that Norman save my lands since they will soon be his own in any case?’

‘He is not Norman. He is Breton and it is a good match. Think of Ulf’s future.’

‘Ulf is Harold’s son. He will always be a threat to the Bastard.’

‘Elditha, he is your overlord now and by Norman rules he owns us all. He has kept the boy safely at his own court with the Atheling Edgar and the young earls Edwin, Morcar and Waltheof of Northumbria.’

‘All of them hostages. When William returns to Normandy, the hostages will accompany him. He can never release Ulf.’

‘How do you know that, Elditha?’
‘That man will trust no-one, not even a count from Brittany. He will not trust Countess Gytha, nor will he trust me. We are Godwins. And, he will suspect my older sons of rebellion.’

‘I am a Godwin,’ Edith reminded her.

‘You were wed to King Edward whom Duke William claims promised him a throne. He will want others to think that he trusts you who gave him the keys of your city. And he wants to be sure that you, Edith, trust him, which, perhaps, you do.’

‘Elditha, you go too far.’ Edith left shaking her head.

Elditha lay awake that night, thinking of ways to avoid her fate. There was a pond in the garden but it was not deep enough. She had a seax, a sharp knife, but she could not bring herself to use it. She looked up at the high rafters and over to her chair, to her long twisted belt cord, and finally exhausted, she ran her hand over her sheets. She was still awake when the bell for Prime began to ring out. An idea had come to her at last, and it could work. She did not have to die. She could survive, avoid this marriage and get away to Ireland.

Once again the Minster bells began to ring furiously, this time for the blessed saint. The door flew open. Ursula called to her, ‘My lady, Queen Edith requests that you attend the service for St Benedict.’

She pushed away her heavy coverlet and sat up cross-legged with her hair falling loose. Smiling, she pushed its heavy weight back. ‘Ursula, I have thought of a plan but I need your help.’

‘How?’

She opened her palms. ‘Simple, find Padar and he will help us to disappear. We had thought it possible before William came to Winchester.’

‘But, my lady, I have no idea now where to look for Padar.’
‘He is in the woods. Go to the goldsmiths’ quarter and talk to the goldsmith called Alfric. Margaret mentioned him. You will ask Alfric to tell Padar that we need his help.’

‘If I am caught, you know it will be the end of us.’

‘There is always the convent.’ She jumped off the bed and began pacing. ‘But Ursula, try. You must. Please try to, or I shall have to myself.’

Ursula said, ‘Everywhere will be busy today. I can mingle with the crowds.’

Elditha stood before her clothes coffer. ‘Let us see what garments the Queen has sent us. I have a feast to attend.’ Not wasting a moment she lifted the lid of the chest and drew out a burgundy-dyed dress of soft wool. ‘Here is a gown for me. It may be her cast-offs but it will do very well.’ Then she pulled out a brown woollen mantle with a hood. ‘Ursula, take this cloak. It will protect you.’

Elditha dressed quickly, wore a heavy veil and circlet, lifted her own mantle, slipped it about her shoulders and fastened it with a brooch, swopped her slippers for warm boots and took her friend’s arm. They climbed down into the hall and out into the yard. ‘Now Ursula, listen as we walk, this is what you must say.’

They arrived in the minster just as the plainsong was commencing. The queen knelt apart from the onlookers with her hands folded in prayer. Near the front of the long nave, the group of Normans stood, some vigilant, others with bowed heads. One of them was Count Alain of Brittany. She would recognise that head anywhere. Elditha pulled her hood over her veil, around her face and withdrew behind a large pillar. She spoke into Ursula’s ear. ‘Slip away as soon as you can. If you are stopped, say that you have to visit the infirmary at the Nuns’ Minster.’ Ursula glanced around at the pilgrims who thronged into the church. ‘Godspeed,’ Elditha said softly so that only Ursula heard. ‘And take this. He will remember it.’ She drew a small gold ring seal from her finger.
Ursula slipped it into her belt purse. As the choir sang the Latin masses, she drifted into the crowds of pilgrims. Elditha watched her disappearing back until she had melted into the press of worshippers.
February 1067

_He has as many knights as there are fish in the sea, and you could number his ranks as the stars of heaven. He is seizing boys and girls, and the widows also; and at the same time, all the beasts._ Carmen de Hastingae Proelio, attributed to Guy of Amiens, 1068.

The sound of many languages, Norman-French, Latin, English and even Norse echoed around Edith’s table that afternoon. Elditha leaned towards Count Alain as he attempted to engage her in conversation. Throughout the many courses that accompanied the feast of St Benedict, she could not forget that this knight had been responsible for the destruction of Reredfelle. She never forgot either that his army had called her concubine or that Duke William had stolen her child or that Ursula was risking her life for her in the streets as she, herself, dined with the enemy.

‘My lord I am a king’s widow,’ Elditha said to Count Alain. ‘I need time to pass before contracting a new marriage.’

‘It is in question as to whether your marriage to Earl Harold was a true marriage, Lady Elditha. Although I have no doubt your handfasted contract was blessed by God and his saints, it was not sanctified.’

She felt herself glow with fury. Bad enough that she should dine with this monster who had burned down her hall, mistreated her villagers, murdered her thanes but this old insult. She rose and then seeing others looking her way, she said loudly for all to hear, ‘How dare you challenge it. I am sure that God does not care whether a priest sanctions a handfasted wedding.’ The Normans seated nearby hushed. Then as he glared at them and they lifted their eating knives again and continued their own conversations. A warning look from Edith and she sat down again.

He solemnly shook his head. ‘It was not, I understand, conducted according to the laws of the Church.’ He lowered his voice since the other eaters were only pretending
involvement in their own conversations. ‘Madam, our contract must be one that will be seen throughout Christendom as honourable. We shall wed in the new Abbey. It will please King William and it will please the people and…’ She felt his hazel-shaded eyes appraising her.

‘And, my lady, I would wed you within the six month.’

‘And I shall consider the pressing nature of your suit, my lord.’

Elditha glanced along the table. Ursula was now in her place beside Queen Edith’s ladies. Edith, busy speaking with a captain’s Norman wife, smiled at her, obviously pleased that she was now apparently cooperating. Elditha rose, ‘I must rest. The service today, the standing and this long feast has tired me. I discover my appetite to be gone.’ She bowed low, ‘Goodnight my lord.’ She nodded down the table at Ursula and fled from the hall. When she reached her chambers she lit fresh tapers, poured a cup of hippocras and nibbled a honey cake that she had deftly filched from the hall’s side-board on her way past. Then she waited patiently for Ursula. She had managed the evening as best she could. Never, could she wed that man.

A few days later, Alfric took Ursula to Padar. On her return to the palace, Ursula told her Padar’s plan. She must find an excuse to get away from Winchester. The best plan was travel to Wilton on the pretext of visiting Gunnhild. They must then stay overnight in St Swithun’s Priory which was the usual Godwin stopover between the two places. When she was decided on the day then Ursula would tell Alfric. Padar would abduct them both from the priory and help them to travel in secret to Dublinia. It was a simple plan. She knew that it could work. But Padar had stressed it had to appear that she was abducted, so that her child could not be blamed for the mother’s broken faith. From Ireland she would work to free her son from King William.
Distasteful though the deception was, Elditha permitted Alain of Brittany to woo her, attending meals and sitting beside him. He accompanied her to services in the minster. He showed understanding and sympathy for her loss. She tolerated this knowing that she was a convenience. Any penance that might fall on him for his part in the killing of the English King, and the seizure of lands belonging to the widows of English noblemen, could be avoided if he wed an English heiress.

At last Alain of Brittany departed for London, saying that he would return to Winchester in a month’s space. She would sign a contract and their marriage would follow. The day after his departure, Elditha sat sewing in the Queen’s antechamber and quietly announced to Queen Edith that she must travel to Wilton to see Gunnhild.

She was canny about it all. She gestured to the window and said, ‘Let me go now. The weather is fine, Edith. It might not be so later in the month.’

‘My dear, if I permit you to visit Gunnhild, I expect you back before Count Alain returns. We have a wedding to plan, linens to purchase and silks and tapestry no doubt. As the wife of King William’s friend, you will be a great lady and you must look like one.’

She agreed and then asked Queen Edith for Eglantine as her own mount and another gentle horse for Lady Ursula.

‘And I can spare you three guards. They are from the Norman garrison, trained fighters. You can break the journey at St Swithun’s Priory, a desolate place in winter but very welcoming. They keep a good table. And, Elditha, do not fail to remind me to the Prior of St Swithun’s. He was always such a good friend to the Godwins.’

The following day Ursula visited the goldsmith. They would set out for Wilton on Thursday. Elditha clasped Ursula’s hands in her own. She heard the relief in her own voice as she spoke the words, ‘At last.’
On Thursday, Elditha, Ursula and their guard rode into St Swithun’s Priory. The sun was fading and the weather looked as if it might turn. The sky was heavy with dark clouds and the temperature had suddenly dropped. As they trotted into the yard, Elditha noticed a small grey-clad monk sweeping the pavement outside the Refectory. She knew him by his small height and his movements. He glanced up at her and boldly winked as she passed, jingling her bridle bells loudly. The guard were shouting for the stable boys. They hauled themselves off their horses, their armour clanking, and started looking around. Two boys came running from the stables. She quickly glanced back at Padar. His hood had fallen back. He had lost his pigtail and his beard had disappeared. His head was tonsured like the other monks.

‘Heave in that sack of strewing herbs, Brother Matthew, then we are done,’ a monk shouted from the refectory. ‘Sounds like the company have arrived.’ He came out and stepped in front of Padar. ‘God bless our King’s lady. I always wanted to see her before I die.’ Using his sleeve edge, he wiped away a rheumy tear from his eye. ‘And here she is right before my eyes.’

She called down to him, ‘God bless you.’

Their guards helped them to dismount. Elditha handed Eglantine’s bridle to the stable lad and took charge of her saddle bag. Ursula carried a larger travelling bag that was fashioned from sheep skins. A guard took it from her and as cold rain began to spit from the heavens, glancing up at it, he led them towards the prior’s house. Hurrying out of his doorway, the prior ushered the women inside his hall and sent their guards off to sleep in the stable.

A little later, the priory’s six monks were rounded up to meet the Lady Elditha. Servants rushed from the kitchen to the refectory with great steaming pots of barley and pease pottage, roasted carp and baskets of bread. The fire was built high. Logs crackled. The ride had given Elditha an appetite. Comfortable but nervous, she ate well. As the meal
reached its end, the prior leaned over and said, ‘My companions and I will be dead to the world this night, my lady, so Godspeed. Your guide will meet you on the stairway after the bell sounds the Angelus. You must hurry when you hear it. There is but a short time between that and matins.’

She inclined her head and thanked him. He looked away but she could see that his kindly eyes had filled with tears.

When the bell began to ring, slow, loud and heavy, she signalled to Ursula. Silently they lifted their bags and slipped out into the freezing rain that lashed against the outer stairway. Not daring to speak, they stood shivering in their mantles, huddled in the shadowed darkness of the building’s walls.

Elditha saw him first. He was moving slowly across the yard. She touched Ursula’s arm and pointed. ‘Are you ready?’ she whispered. She took a step onto the stone stairway set her bag down and raised a hand in greeting as Padar climbed up towards them. ‘Make haste,’ were the only words he spoke to them as he reached for her bag. He gave her his free hand and silently guided them both down the outer staircase and around the back of the church, keeping close to the walls until they reached the stable entrance.

A boy led three horses out of the stable. He had muffled their footsteps by tying cloths around their feet. There was a snort and then another. She started and looked back at the priory but after that, apart from the occasional rustling of creatures in the hedging, the quiet was absolute. The boy helped Elditha up onto Eglantine and secured her bundle behind. After Ursula had mounted her mare, Padar led them back round behind the barn, past the kitchen, down a dark lane and out of the gates. He held the reins of his own stallion. The creature moved as quiet as the night itself.

‘Our body-guards?’ she whispered.
‘Are now at the bottom of the ditch. To the Devil with the bastards. And before you complain, there was no other way. My boy here will be on his way to Exeter first thing in the morning.’

‘You have a way with the horses, Padar,’ the lad murmured from his other side.

‘I understand them,’ Padar said and reached for the saddle. With the lad’s help, he hauled himself up onto the stallion’s back, allowing his long robes to fall to either side of his legs. ‘Though this gear is an accursed hindrance.’

The youth parted from them amongst the poplars. Elditha reached into her cloak pocket and drew out one of her cloak pins. It had a silver head carved with runic letters. She reached it down to him. The silver gleamed in his opened hand. ‘When you reach Exeter, show this pin to the Countess Gytha. She knows it well and she will protect you. May St Cecilia watch over you.’

‘Keep that hidden,’ Padar warned. ‘When we have gone don’t hang about these parts. There’ll be uproar when they find Lady Elditha has disappeared and those bodies in the midden back there. The priory’s cook will get you into the woods.’

With his backward wave, Padar led the women through the trees and onto the heath beyond. Sleet turned to snow. It drifted onto their cloaks and as they travelled through the night Elditha prayed that the snow did not worsen and swallow them up.
The English groaned aloud for their lost liberty. - Oderic Vitalis, 12th century.

By dawn, the snow became a wetting rain that fell in a sleeting, windy downpour. The downland was exposed. Padar peered ahead into the corners of fields looking for landmarks, confirming where they were, occasionally calling out to them to turn left or right until, before long, they rode into an abandoned hamlet. Huts had been fired, fences destroyed and wild dogs slunk about the lanes growling and barking at them as they rode through. The church was deserted, its cross leaning forlornly, pointing towards the ruined houses.

They crossed a low hedge into another large field. ‘We should reach the abbey at Abingdon soon,’ Padar said, slowing his horse and shouting above the rain. ‘Most of the monks there are loyal to us and the abbot should be in London with the King.’ He stopped and caught his breath. ‘The countryside nearer to Oxford will be occupied by soldiers. We can wait at the abbey until we work out how to move west into the hills.’ He pointed back at the destruction they had just left. ‘You can see. The villages are not safe.’

Elditha looked down and through the sleet saw several twisted and naked bodies lying in the ditch. She pulled her hood close and drew her mare closer to Padar. ‘They’ll search west for us.’

‘I threw two of your guard into a midden. They’ll look everywhere for me. Still, they’ll have to call out a troop first.’

Elditha looked at him, alarmed.

He laughed. ‘Never fear, the prior hates the Norman bastards, too. They’ll protect the boy. My lady, the river’s not far from here. The abbey lies on the opposite bank.’

It was still raining when they left the downs for the flat of the valley. The bell of Abingdon’s church rang out its slow, deep tolls. They could hear the river crashing and
tumbling through a water mill. For a while they could hardly hear anything else, just water gushing and the bell’s clanging.

‘They’re ringing it for early morning services,’ said Elditha, as she pulled her horse up short beyond the mill.

‘Padar,’ Ursula called, her words blowing away from her. ‘Is this abbey safe?’

‘Yes, the Abbey’s infirmary monk will conceal us until the hue and cry has died down.’

‘How do you know him?’ Elditha shouted.

Padar called back, ‘I have played my harp here on feast days. We two became friends.’

The abbey appeared across the river. Built of stone, it rose up above a high, stout outer wall. Padar rode ahead to the gatehouse. He spoke to the gatekeeper who waved them through. They crossed a bridge and passed through another gateway into the abbey courtyard. Dismounting, they handed the reins of their horses to stable boys who appeared through the rain as if from nowhere. Shivering with cold and with sleet stinging their faces, they trudged up the hill to the abbey building.

Though there was no one out in the abbey’s precinct, echoes of plain-song issued from the great church. A long, two-storied stone building with a huge chimney leaning into its side now faced them, its imposing door looming out of the sleet as they crossed the swath. A bell hung on the outside wall. Padar reached up and pulled the sodden cord that hung from it and its ringing reverberated loudly. They waited. At last the door opened. A tall monk, who looked like a flowing grey line against the bare abbey walls, stood in the doorway. He never spoke but indicated that they should enter into the porch. Padar introduced himself as Brother Matthew from Durham. He asked for Brother Thomas from the infirmary and the monk
nodded. The door creaked noisily as he pushed it closed behind them. He lifted a rush light from a sconce on the wall, and gestured to them to follow him across the hall.

He led them to an antechamber situated at the furthest end of the smoke-filled hall, and then glided off again.

Elditha said, ‘Where has he gone?’

‘To find Brother Thomas,’ Padar replied, and pointed her towards a glowing brazier that stood in the centre of the tiny room.

Elditha and Ursula removed their cloaks, letting them fall onto a crude bench, and stretched their hands towards the glowing charcoal. Moments later, Brother Thomas pushed through the arras. ‘By Christ’s holy bones, what has the wind and rain blown in tonight?’ His small, round presence emanated kindness.

‘Thomas,’ Padar said, drawing back his cowl so Brother Thomas would recognise him.

‘Mary’s sainted shawl, you! Miracles. God bless us all. The poet is become monk!’

Brother Thomas let out a guffaw.

Padar embraced his old friend, two little men caught up in a cub-like hug. ‘Thomas, you look well. I haven’t seen you since last spring. We talked much about the world then.’

‘The world is changing.’ A frown creased his round face. ‘You make an odd monk, Padar,’ he said. He surveyed the women. ‘And you come with companions?’

‘The Lady Elditha, Thomas.’

The monk scrutinised Elditha. ‘You are the king’s Lady?’

She nodded, ‘And I seek sanctuary here.’

He looked thoughtful. ‘My lady, surely the Abbey of Wilton is best for your purposes and...’
‘Not Wilton, it is too dangerous, Brother Thomas. We intend to ride north-west.’ She hesitated. ‘I do not wish to endanger your abbey but…’

He opened his arms in a welcoming gesture. ‘Sanctuary is granted, Lady Elditha, but, be aware that our Abbot has followed Archbishop Stigand’s lead. He has given King William his blessing, though I suspect with reluctance.’ He turned to Padar, ‘Does anyone know you are here?’

‘Only those who saw us ride through the gates and the monk who greeted us.’

‘It will soon be common knowledge that we have guests. Ah, well, they don’t know who.’ He chuckled and looked at the women’s garments, which were dripping puddles of water onto the tiles. ‘Let me think of how to manage things. You must have dry garments and food.’ Brother Thomas bustled over to a chest in the corner, opened the heavy lid and pulled out a linen towel which he handed to Padar. ‘You wait here. Dry yourself with this.’ He lifted a candle holder that held three dripping candles and opened a low door opposite the arras. ‘My lady, follow me.’

He led Elditha and Ursula along a hushed corridor, past low, bow-shaped doors to a large archway that was situated at what Elditha suspected was the gable end of the building. Through this opening lay a greater oak door studded with ironwork tracery. It was decorated with a carving of the tree of life in which many differing birds nested and around the bottom of which many beasts appeared to prowl. But, there was no time to look more closely.

Brother Thomas lifted an iron key from the bunch which hung from his belt, turned it in the lock and pushed open the door. He revealed a magnificent chamber containing a high bed, a table, four winged chairs with cushions, several carved chests and a wall hung with tapestry. He ushered them in. ‘Come,’ he said pointing to a coffer. He lit a candle from his own candles, handed it to Elditha and opened the chest, allowing the familiar whiff of fennel to escape from it, mingled with a pungent smell she recognised as myrrh.
The monk dragged out two habits woven in white wool. ‘God will forgive me, I am sure, if you were to accept these.’

‘Canons’ robes!’ Ursula exclaimed, touching one.

‘The robes are indeed for our canons and this chamber is the abbot’s own. No one will enter here when he is not in residence.’ He chuckled as if he was enjoying a jest. ‘It is one of two which have a chimney, so I’ll light the fire after I return. Change into these.’

Elditha placed her candle on a chest and laid the garments on the bed. They were clean; the wool was soft and they were dry.

By the time Thomas returned, shouldering a basket of wood shavings and logs, they had changed into the habits and were draping their own damp gowns over chairs. He built up a fire, struck a flint and held the spark close to the wood shavings. Once the kindling caught and the logs began to blaze, he said, ‘There, it’s drawing up and out of its tunnel.’ He drew a bench to the hearth and collapsed onto it. ‘The infirmary is full to overflowing with those who have suffered since the battle. Our guest house is full. I shall explain that two women of noble birth have come in the storm.’ He chuckled again. ‘And that there was nowhere else for them other than the abbot’s own chamber. Abbot Ealdred would wish it, though no doubt if he ever finds out, I shall do penance for that lie.’

Elditha sat beside him. ‘Thank you, Brother Thomas. And if I could, I would do your penance for you.’

The monk shook his head. ‘God will forgive, lady. It is a little lie.’

‘And so, where is Padar?’

‘Seeing to your horses, and I had better stir myself and find you something hot to eat.’

He hurried off again and returned with a pail of pottage and a basket with soft white bread, meat and cheese. ‘There are bowls in the cupboard. God bless you both.’
With those words, the little monk disappeared and for several days after that, they never saw him. Padar slept in an empty cell and it became his task to bring them food and drink. Abingdon, he told them, was a large abbey with a scriptorium, a stone church, cloisters, a refectory, farm buildings and many monks. The abbot had ensured that none would attack it.

‘He is pragmatic and like Queen Edith, he has acquiesced,’ she said sadly.

‘As well he has for now, since, my lady, it is easier to disappear by remaining here until we know that the Normans are searching for you elsewhere. Even if they suspect who you are, the monks will not betray you,’ he said. He stroked his shaven chin. ‘But we should be away before their abbot returns.’

Days passed slowly. The abbot’s bedroom led onto a garden. When the sleetling rain stopped and the sun reappeared they walked there. The abbey bell rang regularly for service allowing them a sense of time’s passage, and although monks shuffled along the corridor beyond their room with regularity, no one disturbed Elditha and Ursula. Other than monks’ footpads, distant murmurings of prayer and the bell’s regular ringing, the abbey was a place of solitude and quiet. They listened to the cockerel that crowed every morning, a robin chirruping as it stalked the garden and magpies chattering on the top of a wall. They listened to the weather, the rain when it came and to the wind’s keening in the trees. As darkness fell, they slept peacefully, cocooned from the tumultuous world beyond the cloister.

A week after their arrival, they were seated on a stone bench by a sundial. The white cowls of the habits, which they continued to wear over their gowns for warmth as much as concealment, were drawn close around their faces. Padar appeared through a garden door.

Ursula moved along and he sat on the bench between them.

‘Are we leaving?’ Elditha asked.
‘I had hoped that we might travel within the week, though a horse dealer near the abbey advises me that there are soldiers marching through every village between Winchester and Oxford.’

‘What must we do?’

‘I can enter Oxford tonight by river and find my friends. I must send a messenger ahead of us to Deerhurst in Gloucestershire and see what can be arranged by way of a crossing into Ireland. The Godwins still have friends. The Normans have not taken the south-west, though all riders west of Oxford need to be alert. And, since the battle, there are bands of brigands on the roads.’

‘Would they dare attack a dead king’s wife?’

Padar snorted. ‘There are Mercian folk loyal to the Godwins, but there are also those who seek profit and do not hesitate to take hostages from either side. We must use the river. Eglantine, I fear, will remain here in the Abbey. I will return soon. If not, then you must ask Brother Thomas for help.’ Ursula looked startled. He repeated, ‘I promise you, I’ll return by Saturday.’

‘What if Duke William’s soldiers come here?’ Ursula said.

‘Brother Thomas will hide you.’

Padar left that night, rowing a small craft up river to Oxford.

Later as they prepared for sleep, Ursula said to Elditha, ‘Do you think that Alain of Brittany will send out troops to find us?’

Elditha climbed into the Abbot’s bed. ‘Ursula, Count Alain will search every abbey and nunnery west of Winchester, so let us pray that they think we have been abducted for someone else’s gain. They will have found the bodies in the midden. Sleep, Ursula, worry cannot help us.’ She blew out the candle. Soon Ursula was snoring softly beside her. As she drifted into sleep, she thought, ‘And Edith, too, will be furious by now.’
Winchester
Late February 1067

Edith watched the sunrise burst over the palace garden as she waited for Count Alain. She did not relish the interview ahead. It was she who had permitted Elditha to leave for Wilton. Her ‘Vita Edwardi’, her book, her great work, had been on her mind when Elditha had made her request. Had she not been thinking of that, she might have accompanied Elditha to Wilton, herself. She shuddered. Had she travelled that day, she, too, might have been abducted.

Watching over Elditha had been too easy after she had agreed to wed Alain of Brittany. The Prior of St Swithun’s himself had ridden to her in terrible weather with his tale of murder, bodies in a midden and the abduction of the Lady Elditha and her maid when all his five monks, his cook and a young guest were asleep. They had heard nothing. A new monk had come to them recently from a monastery in the east. They had taken him in, given him charity, and he too had vanished that night. The enemy had stolen my lady and her maid away.

Edith should have never allowed her sister-in-law to travel abroad in such terrible times. She sighed. Elditha was so beautiful and she had once been so very wealthy. She and Harold had been a beautiful couple. The marriage would give Alain of Brittany all that, beauty and wealth and the legal tenure of lands in Norfolk, Essex and in Kent, lands where Harold had appointed diligent stewards to guard Elditha’s wealth and on which substantial halls stood. What if Alain of Brittany looked elsewhere for an heiress and Duke William seized Elditha’s lands anyway?

Fitz-Wimach slid into her presence and announced that Count Alain had arrived. Edith sat with her hands neatly folded in her lap and when the angry count pushed through
the curtain, and determined to remain in control, she calmly indicated a winged chair opposite her own.

‘So the swan has flown?’ he opened in good Latin. ‘And you have no idea where she roosts?’

Edith replied in equally fluent Latin, ‘I do not.’ As she made an impatient gesture, her wide sleeve fell back from her hand. She let it fall again and drew herself tall. She sat very still and spoke again, this time in perfect Norman-French. ‘Count Alain, I am not part of any scheme to aid Lady Elditha’s disappearance nor, I am sure, is my mother, the Countess Gytha. A monk was responsible, a Benedictine monk. No one can say who he really is. He calls himself Brother Matthew, an apostle’s name.’ She paused and emphasised, her tongue rolling over his name as she thought for a moment. ‘Brother Matthew, an interesting choice, don’t you think, since St Matthew’s symbol is that of a human angel? I am quite sure it was against her will.’

‘Angel, my belt and boot; this Brother Matthew, whoever he is, is now an outlaw.’

‘Perhaps he always was. I have sent word to Wilton and to Exeter.’

‘My soldiers will question the monks of St Swithun’s Priory. Then they will descend upon every abbey and priory north, south, east and west of Winchester until she is found.’ He clasped his hands into one fist. ‘I have duty and honour to consider. My marriage was to be a gesture of recognition from your family of the king’s rightful kingship. I am a second cousin to the king through my mother.’ He glanced towards a small altar, a statuette of the Virgin and two comfortable prayer cushions in the corner of the antechamber.

Queen Edith watched the knight. ‘Elditha has not broken faith, I assure you,’ she said. ‘Let us pray that Lady Elditha is returned to us. We shall find her.’ But the idea niggled. Had Elditha, in fact, absconded without a thought for how it could endanger her son? How could she have been so careless?
Brother Thomas knocked on the door of the abbot’s chamber and entered, carrying a pot of stew and the usual basket of bread and cheese. When Elditha lifted the lid of the pot to peep inside, meat and herbs filled the room with a delicious aroma. Usually Brother Thomas rushed back to the infirmary. But as she turned from the cupboard with their bowls she saw that Brother Thomas was hovering by the bench. His face was creased with anxious lines.

‘We are a burden to you, Brother Thomas.’ Elditha said, as she slowly filled their bowls with the stew.

‘It is a pleasure to serve you, my lady. But a delegation of monks is expected from Westminster tomorrow. We have known of it for weeks but we had thought that they would wait until after Lent. They intend to investigate our abbey’s treasures, our relics but, most importantly, our library before they return to Normandy.’

‘Does Abbot Ealdred come with them?’

‘I fear it may be so.’

‘He will know my face.’

‘My lady, I hope that he would grant you anonymity but I cannot be sure. And it would be strange if he does not use his own chamber, so I must move you to another, my own in the infirmary. It is a plain cell, but it is only for a few days.’

‘You are placing yourself in great danger. Is there any way in which I can repay your kindness?’ she said.

The monk closed the basket. He began to look animated, as if something had just occurred to him. ‘There is something,’ he said, now hardly containing his excitement. ‘I wonder, I wonder if it would be safe if... later tonight, when the abbey sleeps... then I must
show you a great treasure. My lady, you may be able to take it into safety.’ He gestured to the table where the stew was already cooling in the bowls. ‘Eat your dinner. I will reveal all later,’ he said and scuttled off, pulling the abbot’s great door behind him.

That evening, in the grey quiet that fell between Vespers and Compline, Elditha and Ursula slipped away from the abbot’s bedchamber and followed Brother Thomas to his cell. He left them to settle in, saying that he would return before midnight.

‘I wonder what he wants to show you, my lady,’ Ursula said, after he had closed the door.

‘I cannot imagine, though a treasure could be a relic or a book.’

Elditha looked around the small, chill room. It contained a bed, a pallet, a chair and a desk. She breathed in the scent of herbs slowly, trying to place smells of the earth, the sea, lichen and rocks and a hint of faraway places that existed beyond the monastery walls, places from beyond the oceans and distant mountains. A simple wooden cross was nailed on the narrow wall opposite her. Beside that there was a small shuttered window onto which rain splashed in a low, monotonous tone. ‘I think his treasure rests in the library,’ Elditha guessed as she surveyed his desk.

Vellum sheets, roughly sewn together and without covers, were laid out neatly. She lifted a candle and peered closely at them. They contained unadorned writing with plain stroke after stroke. Letters merged into other letters, making translation difficult and the margins contained recent insertions. She examined these closely, wondering if they were Brother Thomas’s own additions. These leathery pages smelled of a life hidden away from daylight, musty and old, and as her candle burned down, Elditha turned them over, peering at them, trying to decipher the ancient script. Eventually, she was able to make sense of them. They were recipes for salves with descriptions of the attributes of various herbs. She already
knew the usual remedies, such as those for coughs and aches, but here she found new suggestions. There were cures for headache, boils and toothache using unusual ingredients such as powder of onyx, tusk of unicorn and ground shells from the beach. She glanced at a shelf above the desk which held pots and boxes. Labels, written in the same script as the notes in the margins of the book, pasted onto the jars, indicated their contents.

‘Ursula, look at this – myrrh and frankincense, powder of sapphire, so good for ulcers if dissolved in milk,’ she said, taking two of them down. ‘Sapphire to cure disease of the eye. And these...’ She read the labels slowly. ‘Good St Cecilia, balsam, possibly from Jerusalem, ammoniacum, tragacanth and galbanum! These are rare. They come from places east of our Lord’s own lands.’

Ursula reached along the shelf and lifted down a small wicker basket that held a collection of twisted and knotted roots. She dug her finger in, feeling around until she found one that was different to the others. She lifted it out. It was a plump root. She smelled its pungent scent and puzzled at its familiarity as she turned it over. Elditha leaned over Ursula’s hand and touched it with the tips of her fingers. She knew this one, too, because she still possessed it, hidden deep within her casket. Murmuring sleepily as if its magic overwhelmed her, she said, ‘Mandrake – the devil’s root’.

Ursula returned it to the basket, pushing it deep inside amongst the others.

As she replaced the basket on its shelf, Brother Thomas bustled in. ‘Our visitors will arrive before noon. We were just in time.’ He glanced at the papers on his desk. ‘Ah, I see that you have discovered my recipes,’ he said closing the cell door softly. ‘These ones are simple salves for use in our infirmary – old and well-known remedies, but what I have is much more interesting.’ He came closer. ‘And if it were to be taken from this Abbey into Normandy, a part of the medical knowledge held on our island would disappear. I have a book to show you and if the Norman monks discover its presence in our library, they will
They covered themselves with monk’s mantles and followed Brother Thomas through the Abbey to the internal stairway at the end of the building. In single file they climbed up to a arched narrow door decorated, as had been the Abbot’s, with acanthus leaf carvings. The carvings inside the decorative leaves depicted saints, the four saints of the Gospels with their symbols: a human angel hovered above St Matthew; a lion reclined by St Mark’s feet; behind Luke an ox appeared, and above John hung an eagle. Elditha traced the lion of St Mark with a finger. ‘The Abbey has beautiful carvings,’ she remarked.

‘And as you will discover we have more wonders hidden here than ancient carved doors, great statues which line the Abbey’s Church or the magnificent Black Cross which stands in the chancel.’

‘There are so many of these crosses throughout England that I cannot imagine which one is the real cross.’

‘I often think about that. We have a relic collection below in the ossuary. One cannot help but wonder how many fingers St Benedict had, there are so many of them in our abbeys; and toe-nails, and teeth, portions of the crown of thorns, shreds of the apostles shrouds, nails from the true cross, a snip of the Virgin’s veil, the purse belonging to St Benet, St Catherine’s shoe, a rib of Saint Uncer, a bone from St Helena’s arm. So it continues, bones of this saint and that apostle; oh yes, we have bits of them, too.’ He caught his breath and said, ‘But, the abbey’s collection of books is our greatest pride. Come now and see the library and observe how we use our window glass here.’

Brother Thomas shook a great key ring from his belt and, lifting it up to the light, chose one and then unlocked the door. Holding the sconce high, he leaned against the door and swung it open. He led them into a long room and with a gesture of his free hand he
indicated tall windows of plain clear glass. These were divided with lead into sections and were deeply set into the abbey’s walls. The rain had ceased and stars and the moon shone through breaks in the cloud, breaking into the great chamber to illuminate it with a silver light. Along the length of the room ranged desks on which lay the tools of copiers, their inks and quills, vellum sheets, many already faintly ruled, others with beautifully decorated pages and books set above them, all opened at the pages the monks had been copying.

‘There must be so much light here by day,’ Ursula said. ‘Such a beautiful room; books everywhere.’

They were stored on shelves which reached toward the rafters, hundreds of them piled beside each other from one end of the hall to the other. At the far end of the scriptorium was the partner fireplace to the one which belonged to the Abbot’s bedchamber and, although the hour was late, a glow still lay within it. The room was cool, but not yet cold.

‘It is a wonderful place,’ Elditha said. ‘Busy with scholarship, so much learning contained within this one room.’

Brother Thomas led them to the shelves, and walked along them saying, ‘Here are the Gospels, here the codices of the Apocalypse, here psalters; here are books of poetry, riddles and fables and here the works of the Venerable Bede.’

‘Bede?’ repeated Ursula.

Elditha provided the answer. ‘Bede was a great scholar, Ursula. I learned about him when I learned to read, after I had married Harold. Since Queen Edith and Countess Gytha could read, I learned to as well.’

‘Yes,’ echoed Brother Thomas, ‘Bede’s *Historia anglorum* and his *De aedificazione temple*. Next, we have collected King Alfred’s Colloquies and Annals that reach back from our own time to the time of Cedric. And look on that desk beside you, Ursula, where one of our brothers is copying our own Chronicle, the story of our Abbey from the time of Hean.
who founded it until the present day.’ He moved on, holding his torch high so that they could see the great collection more clearly, ‘And here the teachings of Aristotle and Plato, Apulius, Virgil and Horace. The Moorish copyists from Iberia have made many copies of books of mathematics and medicine from at least the time of Plato, and they have set down in Latin many of their own medical treatises.’ Brother Thomas lowered his voice, ‘We have a copy of their Koran here, the Bible of the Infidels, a perverse book too, and I expect the Norman monks will disapprove.’ He sighed, moved further along and waved his hand at a large collection in a new case of shelves. ‘Look at these very old scrolls dedicated to the study of herbs and plants, and of course the encyclopaedias of animals. Beside them, see, we have collected three great bestiaries of fantastic animals living in distant lands, unicorns and so on, though I believe few have ever been so privileged to have seen these creatures, and we have five work calendars. There is no time to examine all these works. My lady Elditha, come and look at our treasure.’

Brother Thomas drew one book out from the last shelf. Like many of the other volumes it had a leather cover, but unlike many books where the cover had been embellished, this one was plain. Its only ornamentation was a gold clasp with a small gold key. Brother Francis turned the little key in its miniature lock, then carried the book to a table by the dying firelight and laid it open there. ‘It is a lapidary, the only one, I believe, on our island,’ he said.

It was not a great volume. In fact, it was only the same the size as a psalter carried by a travelling monk; indeed similar in size to the psalter that had belonged to Brother Francis. However, when it lay open on the table Elditha caught her breath as she bent over it and examined the miniature drawings contained on every page. It was a book of stones and jewels and every jewel and every stone was described in detail, as were their medicinal properties. Tiny mythical creatures journeyed through jewelled magical landscapes from page to page, basilisks, lions, unicorns, the phoenix, birds with men’s heads and angel wings, mermaids
and sirens and even more wondrous creatures of the seas, whales and urchins, sea hydras with arms and twisting eels with men’s features. Every initial letter was delicately decorated with fantastic designs of intricate knot work in gold leaf, so tiny that it was almost impossible to see them. However, as they looked even more closely, the letters turned into odd, sometimes studious, little creatures, occasionally mischievous, their tails studded with gems. It was indeed a great treasure.

‘This is the most beautiful book I have seen.’

‘And you say that you can read, my lady?’

‘Yes, but I cannot write, and now I wish I had paid attention to writing when I was a girl. This work is so beautiful that I envy the scribe whose work it is.’

‘Not envy, but admire, my lady,’ Brother Thomas admonished in a gentle tone. ‘You can still learn to write. If you can read, then the art of writing is simple. My lady, now for my question: can you protect the lapidary?’

‘Yes, if you wish me to take the book into safe keeping. But where to; where will it be safe? Is it wise to trust it into my keeping?’

‘It could be safe in Ireland. Padar tells me that you will go there as soon as he arranges your travel. You will succeed in your journey, my lady. I feel it. I shall pray for it, for your safety, for the book’s safety. Take it to the Abbey of Bangor and hopefully, one day, in more peaceful times, it may be returned to our own Abbey where it belongs.’

Brother Thomas closed the book, locked it and gave the key to Elditha. ‘Keep the key safe, too.’

Elditha added it to the chain on her neck. It nestled against the key to her casket. One key was silver and the other gold, but both were now as precious to her as the air she breathed. Brother Thomas then took a sealskin bag from his cloak, placed the book inside it and gave the package to Elditha. ‘I will keep it close to my own person,’ she promised.
‘My lady, come here,’ called Ursula. She had crossed over to a window and was staring down from it. ‘A boat filled with monks is landing on the wharf. There are torches on the river bank.’

‘Abbot Ealdred already?’ said Brother Thomas. ‘Stand back from the window. If you can see them, they may see you. It is unusual for the Scriptorium to be occupied at night.’ He doused the flame of his torch and hurried with Elditha to a second window and looked out over the river. Moonlight illuminated the figures on the water. ‘Yes, it could be the Abbot’s party,’ he said. ‘Look, the Abbot’s staff is gleaming in their torchlight.’

Elditha peered down. From below came shouts and a stir and the noise of boats splashing and knocking up against the jetty. When the arrivals disembarked, they were immediately surrounded by stable boys, novices and monks. They began to snake their way along the bank from the jetty, a band of dark-cloaked and silent monks. The abbot strode at their head and led them onwards up the slope, holding his silver staff before him. One monk just behind the abbot glanced up at the abbey building. A rush light, held before him, illuminated his features. Elditha immediately drew back from the sill. ‘Abbot Ealdred must never know of our presence in his abbey.’ The monk shook his head and placed a finger on his lips. He wouldn’t reveal them. She added quietly, ‘Because, Brother Thomas, there is one down there in the Abbot’s party who means us harm.’ She sent a prayer up to Heaven. ‘St Cecilia, bring Padar back to us soon.’
Footsteps outside their cell were followed by an urgent rap on the door. ‘My lady, are you awake?’

Elditha threw the coverlet over her shoulders, hurried to the door and opened it a crack. ‘Padar?’

‘Who is there?’ Ursula sat up on her pallet.

‘Hush, Ursula. It’s only Padar.’

‘My lady, we must leave or you will be discovered.’

‘You know, then, that the Abbot returned last night.’

‘I rowed in on his heels. Guards by the boats challenged me.’

‘What did you say?’

‘That I was fishing.’

‘In February!’

‘Not unusual. I said that a cook wanted a fish for the Abbot’s breakfast. I told them that there had been a rumour that pike lay upstream, though I never caught any...’

‘How do we avoid the guards?’

‘Cover yourselves with those monk robes and walk out. If challenged, I’ll say I am rowing novices to Oxford. Hurry, Brother Thomas is waiting for us by the orchard door.’

Elditha pulled the loose novice habit over her head, snatched the sealskin bag from the table and packed the lapidary underneath her treasure box, pushing it deep inside her pack. Then, she threw the monk’s cloak over her gown and cloak. ‘Thank Mary, this garb is
wide enough to cover all of me and more. In any case the monk’s robes will keep us warm.

The river will be freezing. Hurry, Ursula.’

Ursula nodded, but, as was usual, she took time to fold the covers from her pallet. She tidied Elditha’s bed and only then did she pull the voluminous garments over her slim frame. The monks were still singing as they hurried out of their cell.

Padar lifted the pack from Elditha and led them along the corridor, past closed doors, to where the monk waited with a lantern. Brother Thomas lifted his bundle of keys and unlocked the orchard door. As she slipped by him, he whispered, ‘You have it safe, my lady?’

Elditha pointed to the pack.

‘Blessings, my lady. May St Christopher guide you to safety.’

‘Thank you, Brother Thomas. Thank you a thousand times. And may your kindness to us be rewarded in Heaven.’

Padar lifted the lantern, hurried them through the door and along an avenue of apple trees. Their twisted trunks appeared bare and menacing, reminding Elditha of the danger ahead of them. They continued down the slope to the river, where a large rowing boat was waiting. Elditha looked over at the wharf and saw why Padar was worried. The guards by the moorings opposite were awake and alert and a familiar voice was shouting.

‘You haven’t seen it. There it is.’ Brother Francis pushed past the guards and lifted a silver censer from a boat. ‘You will do penance for your neglect...if it is ruined...’ He trailed off and he stroked the object as if it were a prized hawk.

Padar lifted a warning finger to his lips as they climbed into the boat, but the priest spun around. He stroked the censer again with one hand. He moved a few steps closer to their mooring and peered across the wharf at them.

The guards laughed and one called over, ‘Out again, fisherman?’
‘It’s never ending,’ Padar grumbled to them, pulling his cowl up, concealing his face.

‘Now I am to ferry these tardy novices to St Frideswide’s.’

The priest clutched the censer tightly as he came along the planks and closer to their boat.

‘Do I know you?’ he said.

Elditha and Ursula bowed their heads beneath cavernous hoods. Elditha felt they were trapped like sparrows caught in a net.

Padar mumbled, ‘You are mistaken, Brother...’

‘...Brother Francis,’ the monk said. ‘But, yes, I have seen you before.’

‘You are mistaken, Brother,’ Padar repeated, and using his staff, carefully pushed the craft away from the bank. In an unhurried manner, he sat in front of the women, took up the oars and began to row the boat through the narrow cut that lay between the abbey and an island, just as the abbey cook was crossing from the island with a boat full of fish. He shouted over the water, ‘Catch us a pike today. Abbot likes his fish.’

‘I’ll see what I can find,’ Padar called back. ‘I’m off to St Frideswide.’

‘Godspeed, then.’

Padar rowed furiously out into the river and guards and the monk were swallowed by mist. Elditha glanced back expecting pursuit, but there was none. They glided on through the water, not speaking. Squalls of icy rain blew. Patches of mist clung to the dripping willows. Occasionally other boats passed them and there was the odd greeting, but none took particular notice of a boatman ferrying novice monks upriver.

A few more hours passed and a distant bell rang for Sext as Padar manoeuvred the craft into a fast-flowing tributary towards a mill on the left bank. As he pointed to it and called out that they could rest, a current caught the boat and spun it around in a whirlpool. For a moment it seemed that they would either be tipped into the swirl of the river or tossed about
until they crashed into a bank. Elditha clutched the side and hung on and called to Ursula to do likewise.

‘My lady, take the oars,’ Padar yelled. He attempted to put the oars one by one into her hands. She managed to take them and by leaning first right and then left, she helped to keep the boat afloat. ‘Row harder’ Padar called to her. His pole was in his hands and he was standing feet apart in the boat’s stern. He reached for an overhanging tree to give them leverage. Elditha threw her weight into rowing, finding a strength she had not realised she possessed.

‘Well done, almost in,’ he shouted letting the branch go and pushing the pole into the stream. He threw the pole out, caught an elder trunk that leaned from the bank and pulled them alongside the entrance to a mill house. Wobbling precariously, he jumped onto the floating jetty, and secured the craft to an iron ring that hung from it.

‘Here is where we’ll break our fast.’

Elditha steadied herself on the shaky platform. Ursula’s foot became entangled in her robe but Padar caught her as she fell forward.

‘Careful, the current here is fierce,’ he said above the crashing sounds from mill and water. ‘It’s dangerous, don’t fall in.’

The miller was ambling towards them.

‘Keep those hoods pulled over your faces. Today Benedictine silence will serve us well.’ He waved to the miller. ‘I said I’d be bringing monks for breakfast,’ he called.

The miller nodded. ‘Simple fare it is, but good enough for monks. Welcome, brothers.’

He showed them into a large room stacked with sacks of flour. On the table a meal was laid out – a hunk of cheese, ham shanks, bread and a jug of buttermilk. The miller waved
them to a bench. ‘Eat as much as you want. I know you young men have a hunger on you.’ He held out a hairy hand and Padar pressed coins into it.

The miller pushed them into his belt purse. ‘If you need anything else, shout. I’ll be loading my boat.’ He grabbed a bag of flour, heaved it over his shoulder and disappeared outside.

They ate in silence until Elditha spoke. ‘Padar, what will happen when we reach Oxford?’

Padar gnawed at his ham bone for a moment, laid it on the table and said, ‘We will stop there for a night. There is a small nunnery upriver, a priory dedicated to St Margaret. It’s close to the water, before Lechlade. It was endowed by Godiva of Mercia. The nuns will shelter us. Once we are in Gloucestershire, there’ll be fewer Normans and it’ll be possible to ride on towards the Severn.’

‘Godiva of Mercia, Padar, she who was wed to Leofric?’

He nodded.

Godiva of Mercia had witnessed her handfasted marriage to Harold. The Countess had been recently widowed by Leofric, one of the great triumvirate of Saxon earls who had watched over King Edward so carefully, who had kept England safe from invasion and who were ever worried about the Norman knights whom Edward had invited into the kingdom, and the Norman priests whom he had introduced into the Church. The three great earls were all dead now, all of them – Leofric, Siward and Godwine. And now, Harold, Gyrth and Leofwine too, all gone, the end of their world, the end of their best and greatest warriors. She wiped a tear away with the back of her hand.

‘Yes, My lady, the same. She has survived,’ Padar said in a gentle tone. ‘Even though she is older than Countess Gytha, she lives on her manor near Coventry, quietly enough, I’m told.’
‘I’m glad of it. Who is at Deerhurst on the Severn now?’

‘The manor house is owned by Edward’s doctor but he never took up residence. He is always in London, I’m told. The manor has a reeve to see to things, and he is one of us. There is a group of thanes who wish to meet you there, my lady. Lord Beorhtric leads them.’

‘You have worked hard on my behalf.’ It was more than she had hoped for.

‘When we reach Deerhurst, there will be an escort waiting to take us to Ireland, but the bad news is that we need to wait for Easter.’

‘Not before?’

‘These are the arrangements.’

‘And until then?’

‘You will be safe at St Margaret’s Priory.’

‘So then, we must remain novices, Padar?’

‘No. After Oxford you can become dispossessed women, travelling west to seek sanctuary in St Margaret’s. Lady Ursula there would make a devout nun.’ He winked at Ursula and seeing her bite back a retort, said more seriously, ‘These are dangerous times. Where safer than a nunnery? I doubt that even Brother Francis will show up there, never mind Count Alain of Brittany.’

‘I’m not so sure, Padar. Will the miller reveal us if either come here?’

‘The miller lost sons at Hastings. There are many who want to see the back of King William.’ Padar wiped his hands on his robe. ‘And, now, are you done eating? If we are to reach Oxford by nightfall, we must get on.’ Padar rose and led them back to their craft. The miller was loading his boat. He waved as they rowed away and on out onto the main river.

‘Lady Mary protect and watch over you,’ he called after them.

Dusk fell as Oxford came into view and Padar rowed them under a bridge. He moored the craft by a church close by to the Burgh’s stone wall and they entered through an open gate
into the city. They hurried along streets that swarmed with women carrying purchases. The open spaces near the churches were filled with people of all kinds, rich and poor and children. Since it was just before Vespers, hawkers of meat pies and pastries were trying to rid themselves of their produce before the church bells rang for service.

Here in Mercia, even ragged children looked fed. ‘But hunger may yet come,’ said Padar when, remembering the desolate villages they had passed through on the way to Abingdon, she remarked that no one was starving here.

Soon Oxford’s fortress rose up ahead of them, a solid tower, like those the Normans were building all over Wessex. It was set on a mound with a bailey before it, so that it easily dominated the city. It was one of King Edward’s wooden castles. Soldiers swarmed around the motte so Padar guided them away from it, along lanes that stretched like a spider’s web out from the castle mound. He took them through a narrow passageway to a church door.

Bells began to ring out all over the town for evening service, drowning Padar’s speech.

‘My lady, if you wish to pray, there is a little time,’ Padar said as they entered through the low door. ‘Our protector here has not arrived yet.’

Closely followed by Ursula, Elditha walked along the tiled nave, until, noticing a statue of the Virgin Mary that was set in a niche in a shallow side chapel, she paused before it. It had been weeks since she had prayed inside a church. Even in the Abbey of Abingdon, where there was one of the most beautiful churches in the land, they had not ventured into the nave for fear of discovery. She fell to her knees and looking up at the statue she thanked the Virgin Mary for bringing them safely from Abingdon. She prayed for Ulf, for her older sons, for her girls and finally for Harold’s soul. ‘What have we done to bring such displeasure on the House of Godwin?’ she whispered, but there was no answer. If God’s silence had
convinced Queen Edith that the lax ways of the English clergy had displeased Him, she was misled. It seemed to her that God had left the world to fight its own battles.

Padar remained in the shadows near the entrance door. Every time Elditha glanced back through the pillars she saw him watching them and waiting. Soon, a thin man in a rich, fur-trimmed cloak entered the church and touched Padar’s shoulder. Padar nodded, stepped along the nave, touched Elditha’s arm and in a hushed voice asked the women to follow him.

As they walked along the nave, he introduced Alfred the Coiner.

‘My lady,’ said the stranger, in a voice so low none but she heard his words, ‘I knew your husband, the King. I minted his coin. My manor house lies by the old church near to the North Gate, not so far off. There I can promise you hospitality.’

Passing the gathering crowd and the priests who were chanting and swinging censors, they hurried out of the building and into the narrow lanes.

‘Stay close now,’ Padar warned.

They stumbled through alleys avoiding offal and steaming lumps of animal shit, then over a humped bridge and into a wider street. They picked their way through until they came to another stone church. Elditha could hear snatches of plain-song as they passed. There was one voice only and it was simple and pure as a thrush singing on a summer morning. She paused to listen.

‘My lady. I’m not far from here,’ Alfred chivvied them on. ‘Just behind the church.’

Moments later, they were standing by the gate that led into Alfred’s yard. The houses here seemed too huddled together, despite being separated by fences, yards and cross-gated lanes, but Alfred’s was behind a solid wooden door-like gate that was set into a stout palisade.

Alfred called out and a gatekeeper slid open a small window set in the gate. Seeing his master, he nodded, closed the window and called to yard boys to unbar the door. Alfred
lost no time ushering them through the door and across a cobbled yard. His house had been built onto, so that instead of being rectangular like a normal hall it reached up several stories high. Alfred hurried them to a wooden side staircase that climbed to the second storey of his house, saying, ‘The staircase here goes down into my cellar and climbs up the side of the house to a second floor and a loft. Follow me and mind your step.’

Lifting a lantern hanging on a wall and holding it high, he led them up the steep, narrow staircase. Two doors opened out onto a small platform above. He rapped on one of these and immediately a woman opened it and gestured for them to come inside. ‘My wife, Gertrude,’ he said.

Gertrude was a handsome woman of middling height. She stood smiling in the doorway. Ushering them in she said, ‘My lady, you are welcome here. This will be your chamber and Alfred will take Padar to the hall.’

The room they entered contained a curtained box-bed, chests and a lattice-work cupboard that leaned into the opposite wall. Gertrude pointed to a saffron-coloured finely woven bed-covering where she had laid out two gowns. They were plain, but of soft good wool, one brown and the other blue and both with cross-stitched patterns embroidered on the hems. She touched Elditha’s white robe. ‘You won’t need these now. I think the blue will suit you, my lady.’ She went over and lifted a veil and plaited linen fillet and held them up. ‘The veils were embroidered by my own hand last summer and they have never been worn.’

Elditha wistfully fingered the delicate silver embroidery, ‘Too much kindness, Gertrude, such exquisite work.’

‘Thank you, my lady. My maids will bring you hot water for the wash bowl, and we have soap here too. I make it myself and add rose petals to mask the smell of ash and fat. When you are ready we can take supper together in the antechamber below.’ Her dark eyes were laughing. ‘It is private and apart from the world of men. Come down when you are
ready.’ She pushed a heavy curtain by the cupboard to one side and revealed the gallery and the interior staircase. Gertrude pointed towards the back of the hall below, and bending over the rail, Elditha could see that below them another room was curtained off from the main hall.

‘That is where we shall sup tonight. The servants think that you are widows of the old court; that you are travelling into Mercia where you will take the veil. I have told them that you are Torfida and her companion, Ailith. Now, come back into the chamber and remove those robes.’

Elditha hurried glad to remove the monk’s scratchy habit. ‘Thank you,’ she said, after they were standing in their old gowns.

‘Give those to me also. I will brush them and fold them with lavender and send them to the boat tomorrow, along with food and drink for your journey.’ She bustled off, leaving Elditha and Ursula to the task of cleansing their tick-ridden skin.

Later, bathed, smelling faintly of rose-scented water and dressed in fresh gowns, Elditha and Ursula descended to Gertrude’s antechamber.

‘You are transformed,’ Gertrude exclaimed, obviously pleased to see them looking like women. ‘Come and eat, for you must be famished.’

They sat down to a table covered with an embroidered cloth and with fine linen napkins to cover their laps. Gertrude signalled to a girl to serve portions of a meat pie, a barley pottage and winter greens. The servant daintily placed a little of each dish onto their wooden plates and left the food platters on the table. Gertrude turned to the girl and said politely, ‘Thank you, Drusilda, you may leave us.’

Elditha praised everything, the fine cloth, decorated plates, the Eastern rug that covered the planks instead of rushes, the posy of snowdrops on the coffer by the small high shuttered window, the beer, the meat. She ate as if she had not eaten for days, her appetite heightened by the river journey from Abingdon.
Ursula picked at the pie and put down her spoon. Gertrude looked concerned and asked her if she was unwell.

‘Oh, my lady, do not be offended. Everything is delicious.’

‘It will be the Lenten time tomorrow, my dear. Where you are going there will be no meat for weeks.’

‘I have lost my appetite but I am not ill. I am confused. You see, today, in the church, I had an idea that just grew and grew. It is possessing my whole being.’

Elditha reached out and took Ursula’s hand and quietly said, ‘What happened? Can you can tell us?’

Ursula took a deep breath and said, ‘It was so strange, very peaceful.’ She looked shyly from Elditha to Gertrude and hesitated.

‘I am a stranger, my dear. You do not have to speak now if it is difficult.’ Gertrude said quietly.

‘No I want to speak. As I prayed to the Holy Lady, I was bathed in her heavenly light. That is all, but I felt as if she was telling me something.’ She looked at Elditha. ‘My lady, when we reach Ireland, if you permit it, I would enter a convent.’

‘Ursula, life may yet settle. You are so young. One day you may long for a husband and children.’ Elditha said. ‘You must be sure.’

‘Women can never have a happy life and men are cruel,’ Ursula said bitterly. ‘They war and they cause wars. They dominate our lives or try to.’ She smiled at Elditha through tearful eyes.

‘Men are men, Ursula, no matter whose tune they dance to, and, yet, they are not all unkind. I would be sad to lose you. We have been close for many years. However, if you wish to become a novice, the Abbess of the Convent of St Edmund at Bury is my old friend. I
could make endowments on your behalf.’ She looked away. ‘But it may long before I can make any more endowments.’

‘Thank you, my lady, and I can wait until it is time. It is a relief to speak my mind.’

Gertrude reached out and wiped Ursula’s tears away with her napkin. ‘My sweet girl, no more sad talk tonight; what will be, must be. I pray that you will find your vocation. These are the worst of times. And now, I have cakes to tempt you.’ Gertrude bustled to the sideboard, and returned with a plate of almond cakes and a dish of dried figs.

‘Figs in winter,’ Elditha said, delighted at the sight of them.

Ursula, now that she had spoken her mind, accepted the fruit. For a time they nibbled figs in comfortable companionship as Gertrude spoke to them of her embroidery. She was working on napkins which would have borders of intricate spirals. She had seen the design in a book of patterns that had been kept in a nearby monastery. It was a monastery, she confided, to which her husband had made generous donations, and, in return, they had permitted her to copy the designs.

She crossed the room to a chest, pulled open the lid and lifted out a napkin she had already completed and brought it to show Elditha.

Elditha turned it over. The pattern was intricate, reminding her of embroidery design that she knew existed in Irish workshops. She ran her finger over the geometric shapes. ‘Even Queen Edith, the greatest embroiderer at the old court, is not capable of such exquisite intricate work, though she prides herself on her fine stitching.’

‘I have a niece who can better my embroidery, my lady,’ Gertrude said. ‘The girl is in Wilton, training to become highly skilled with tapestry. I shall be making a journey there during Lent to see her. Her parents died of flux and I am her only remaining kin.’ For a moment she hesitated, before saying, ‘My lady, your youngest daughter dwells in Wilton. I could carry a message to her.’
Elditha studied Gertrude’s face. There was no deceit there. She remembered the figurines she kept in her little chest. ‘Gertrude, it is her name day soon and she will be ten years old. I have something she would like. Give my gift to the abbess for her, and if you may speak with Gunnhild, tell her that her mother thinks of her every day.’ Elditha stood up. ‘The Normans killed my husband and stole my youngest child and I cannot forgive them. When my home was burned to the ground, I was taken prisoner and carried in a cart to William’s camp. I walked through a battlefield of the dead where I found my husband’s mutilated body. I cannot and will not forget it. I want her to know that I live.’ Gertrude opened her mouth to speak, but Elditha added, ‘Let me fetch that gift for my daughter.’

She lifted a sconce and left the chamber. Moments later she returned with a linen bag. She placed the effigies of four female saints on the table. Gertrude examined first St Brigit, then St Margaret, St Cecilia and finally the Lady Mary, the holy mother herself, clad in blue, and smiling serenely. Each figure was unusually individual of feature and each was as real as any that stood in a church chapel. Gertrude traced her finger over the ivory and sighed at the beauty of the figurines. ‘I think your daughter will understand that the love you have for her flows through these effigies,’ she said.

Elditha returned the figurines to the linen bag and with a quick gesture placed it in Gertrude’s hands. Gertrude selected one of her household keys, unlocked the doors of her sideboard and pushed the bag into the back of it, behind tableware, knives and boxes of spices. ‘For now they are safe from prying eyes. When I leave for Wilton, I shall conceal this gift amongst my possessions.’

From the hall beyond the chamber, the strains of Padar’s harp had paused. Benches were scraping over tiles as people began to claim sleeping places. From the many churches of Oxford, bells began to ring out the midnight Angelus. It was time for them to retire as well.
‘There will be no opportunity to talk tomorrow, so let us part now. I shall pray for you and for you too, Lady Ursula.’ She touched Ursula’s hand. ‘I shall pray, my dear, that you find your true vocation,’ she said as they parted. ‘May the Queen of Heaven grant all of us courage,’ she added, holding Elditha’s hands in her own. Her warm-hearted clasp filled Elditha with hope.
They marked their foreheads with ash since they were travelling on Ash Wednesday, the first day of Lent. Padar led them down to the bridge where the boat was moored and dismissed Alfred’s guard with a few coins from his own purse. A linen bag with their clothing, a small sack with food and a bow and sheaf of arrows were already stowed on the boat. Thick, purple-hued clouds hung on the margins of the sky. There was snow on the way. Elditha and Ursula huddled deeper under their skins and Padar put all his effort into guiding them into the middle of the river.

The water was quiet, apart from a sluggish lapping against the skiff. At first, nearer the city, a few coracle ferrymen were conveying a number of godly inhabitants from hamlets upstream into the town. A large craft passed them, packed with monks on their way to services. After that they were alone on the river.

Elditha pulled a mittened hand from beneath their furs and pointed. ‘Look, Ursula.’

Two swans were floating past close to the bank, one long neck looped around the other, entwined. Padar stopped rowing, and as he allowed the boat to drift towards the bank, they watched the swans glide back down towards Oxford. They did not immediately see a craft with a dragon figurehead appear from the cut to the left. It moved in front of them into the mid-stream. Padar looked away from the swans and took a sharp intake of breath. He began to row, increasing his pace. Elditha saw why. Five soldiers wearing leather hauberks sat silently watching them pass. Although their heads were bare, unlike Normans they were not shaven. All five had long locks and untrimmed beards. Padar nodded to them and called, ‘God bless you.’ One said something back to him in a language she did not understand.
‘Not French or Norman,’ she remarked.

‘Mercenaries,’ Padar said through his teeth. ‘Russ, maybe, and vicious looking bastards too.’

Elditha could feel the mercenaries speculatively sizing them up. Padar rowed steadily towards the next turn in the river, then slowed to steer their small craft around the bend and then another and another, ploughing upstream against the current. He pushed all his strength into his rowing until they had covered a half-dozen miles in the space of an hour. There was no church, mill or home within sight on this stretch of river. Thick woodland straddled the banks, and exposed tree roots reached their frosty beards down into the water, their straggled tree-tops appearing as sinister watchers guarding the woods beyond. Water-fowl swam past with the current. A flock of geese flew overhead in a strict formation. At times heavy reeds edged out into the river concealing dark and secret pools. Far off in the trees a hawk screeched and an unseen bird rustled amongst the bare branches that scratched the skyline.

Then as ominously as it had first appeared, the dragon boat was behind them. Its rowers shouted with gleeful whoops on seeing their prey. Their small boat shook as the undertow from the larger craft caught it. Padar tried to row further on but the mercenaries rammed their long craft into them, pushing them into the reeds. Two of the mercenaries pulled out knives whilst the others worked the oars. Padar steadied their skiff drawing it close to the river bank. He shouted at Elditha and Ursula, ‘Get up onto the bank.’

Elditha clambered over the side and grasped tall reeds. She pulled at tree-roots and managed to scramble to the top of the bank’s incline. She reached down to help Ursula up. Ursula couldn’t catch hold of the bearded tree-roots to get leverage and slipped. Elditha watched with horror as she slid down into the river, clinging onto rushes as she went.

The dragon-prowed craft moved alongside the skiff. Two of the mercenaries climbed aboard. The first one came at Padar with his knife raised. Padar lurched forward and pushed
an oar up against both assailants. They fell backwards, the one in front knocking into the other who was just behind him. Padar lifted up the oar for a second time and, putting all his strength behind it, shoved it towards them again. He caught the first mercenary, a stocky creature who was even smaller than he in the chest. As the man doubled over gasping for breath, Padar rammed the oar at him again and tipped him over the river side of the craft out into the current. He sank below the water. Despite the craft’s rocking motion Padar immediately pushed the oar with such renewed force that the second man caught its thrust in his groin and doubled over cursing. Before he could rise, Padar lifted the oar high and slammed it onto his head. As the foreigner fell back into the boat’s cradle, Padar seized the knife from him, turned it into the man’s chest and drove it home. He turned towards the others who had manoeuvred their boat into a position in front of the smaller craft blocking any forward drift.

One of the men plunged into the reeds. He tried to catch hold of Ursula who was desperately scrambling up the bank again. He could not quite reach her. She reached out and clung to the roots. Elditha slid down the bank a little way. Now she caught Ursula’s hand and held onto it. She was still half in water. ‘Try to hold on. Try to yourself pull up,’ she shouted above the noise of the water and the echoing shouts of men.

Padar climbed out into the river, waded forward and plunged his knife into the soldier’s neck, but now two more soldiers had clambered out of their craft, dropped into the reeds and were wading through towards him. Padar was quick. Elditha could hardly see it happen. He had pulled himself back into the boat, dragged the bow and arrows from the prow of the craft. He withdrew an arrow and set it. Taking aim he released it. With a loud hissing sound as it escaped the bow, his first arrow caught the mercenary tying up the boat. The other two soldiers had almost reached Elditha and Ursula. The boat was rocking. There was a body in the boat’s cradle. Like a dancer, Padar spun round and repeated his performance. One
after the other his arrows flew home. Both men went down into the river screaming and cursing. Neither of them struggled back up.

Padar threw himself into the water again. He half-swam and half-waded back to the women. Ursula was gasping for air. Elditha caught her fingers but they were slipping from her. Padar called, ‘Let her go now. The mud drags, she will pull you in. I have her.’ He pulled Ursula away from the bank. He gathered her up and struggled with her as he waded the few yards back. At last he lifted her into the boat. Then, he leaned her over the side and pounded her back until she retched. Clambering over the body lying in the cradle of their craft, he gently laid her in the stern.

‘Wait,’ he shouted to Elditha. She had slid back down into the river. She waded towards their skiff and grasped hold of the boat. Padar said, ‘Hold us firm.’ Elditha steadied the craft as Padar dragged the mercenary’s body up to the boat’s rim and tipped it over into the water. He climbed back into the river beside Elditha. ‘Now, push.’ Together, half-swimming and half-wading, they pushed the boat upriver, out into midstream and away from the mercenaries. With a joint burst of strength they lodged it further upstream amongst tree roots and reeds. She leaned back gasping.

Padar called out, ‘Get in.’ He helped her back into the boat and threw her a blanket. He pointed at Ursula. ‘Cover her and yourself’. Elditha sat shivering in the prow, with her arms about Ursula, who had paled to the shade of bleached linen. Padar glanced back. ‘They may all not be dead.’

He half treading water back down to the dragon boat. A body was still slumped over the boat’s rim, tilting the craft into the bank. Padar’s arrow was protruding from his back but he was breathing. Padar reached round and sliced his throat. A pale red mess gathered and swirled amongst the reeds. When he tried to put the body into the water it was so heavy that he could not get it out of the boat. Instead, he pulled it back in and threw a wolf skin mantle
cover it. There was stock of weapons in the dragon boat too: there were axes, swords, knives but no bows or arrows. He would have to send somebody for these. He pushed the boat amongst the willows and left it only partially concealed.

Anxious minutes passed. He waded about checking bodies, his knife poised in his hand. There was no time to do any more here.

Ursula’s skin was green as the algae that floated between the reeds. She was shaking with shock. ‘Try to vomit, my love,’ Elditha said. ‘You swallowed the river. It will make you feel better.’

Ursula moaned leaned over the rim of the boat, heaving and choking. Elditha tried to pull off her outer garments and dry her with what was not drenched. She wrapped her in the blanket but she was still shuddering. At last Padar was beside them. ‘How is she?’ He handed her a water skin. ‘Here, it was in their boat.’

She held the water skin to Ursula’s mouth. ‘Drink and spit. It will help.’ She looked up at Padar. ‘What about their boat? Will no one come looking for them?’

‘I’ve pushed it further into the willows and tightened its mooring. Tomorrow I’ll arrange for monks who dwell near St Margaret’s to come down river with coracles and clean up. Monks from Mercia fought at Hastings and lost many of their own.’ Padar laughed. ‘They can strip the craft and then pray for the bastards’ souls.’

Elditha took an oar and began to help Padar row. A cold damp seeped through her drenched clothing but she ignored it. She rowed knowing that their lives depended on every stroke they made. Flakes of snow fluttered out of a darkening sky. The weather was turning.
The large stone nunnery of St Margaret stood out white against the tall dark poplars surrounding it. Padar pulled the craft into the landing, as snow floated above the river, melting when it touched the water.

‘Just in time to avoid another drenching,’ said Padar, and helped them from the boat.

‘Wait here on the jetty.’

Padar scrambled up a pathway, through a wicker gate set into a wattle fence and vanished. Elditha sat patiently holding Ursula until a group of nuns carrying torches appeared down the pathway leading to the bank. Their prioress, her great black mantle flapping behind her, hurried forward to the boat. Padar held up a lantern. She cast her eyes sharply over Elditha and then Ursula, ‘You need food, warmth and bed-rest. The sisters will carry your belongings for you.’ She looked closely at Ursula again and placed a long pale-fingered hand on the girl’s forehead. ‘It’s the infirmary for you, my child.’

The prioress reached for Elditha’s pack. ‘No, I can carry this one,’ Elditha said quietly and held it close under her cloak, praying that the precious book had come to no harm. She remembered her promise to Brother Thomas to protect it.

‘As you wish,’ the Prioress said, turning to two large, strong-looking women.

‘Winflaed, Ann, see that the lady is made comfortable in the infirmary.’ The women gently helped Ursula from the boat.

Following the prioress, they made their way up the path and into the sanctuary of the Priory, Ursula helped by the sisters and Elditha wearily following with Padar and the prioress. Padar left them when they reached the buildings, muttering that he had business to attend to, and the nuns would care for them now. He disappeared into the cookhouse.

The Prioress said, ‘He will sleep by the bread oven; it’s the best sleeping place in the Priory.’ Her smile was bemused. ‘Sustenance and sleep, both are there.’ She led Elditha to a small guest chamber. She showed Elditha how to open the narrow and ancient window
shutters and ordered her to rest. With a flurry of cloak and skirt she abruptly announced that she had to hurry to prayer with her novices. Elditha watched from the narrow window of her chamber until the Prioress vanished into the snowy cloisters below.

She drank the posset the prioress’s servant brought her. It smelled of honey and poppy and she drank it all. As her head began to nod, she tumbled onto her cot and fell into a deep and dreamless sleep.

The bell for Lauds was ringing. Mysteriously, the gown she had left lying by the bed had been aired and brushed. She dressed hurriedly and pushed through the heavy fleece door curtain. It was a short step into the prioress’s hall. A nun standing by an alcove pointed to a leather curtain that hung to the back of the hall and whispered, ‘She is there.’ Elditha hurried on, pushed the hanging aside and found herself standing in the prioress’s private chamber.

The prioress glanced up from her tall desk. ‘Ah, there you are, Lady Elditha.’ She studied Elditha for a moment and raised a very mobile eyebrow. ‘Your countenance is improved this morning. Let us hope it is so with your companion. Come with me and we’ll find out.’

She led Elditha outside and through the slippery cloisters to the infirmary. She could barely keep up with the prioress. Pushing its wooden doorway open, she ushered Elditha into a wide hall with a central hearth and many alcoves off it. Sisters criss-crossed the floor, lightly treading on rushes, carrying pots covered with linen, bed sheets and bowls of food. On each pillar, before every alcove, small bunches of dried lavender were tucked in below the candle brackets. It was an organised and spotlessly clean infirmary.

The prioress paused at the last set of pillars on the left side and lifted a hanging aside. A slither of amber light entered the chamber through a narrow rectangular window covered with oiled parchment. As they stood on the threshold, the two nuns of the previous night rose from stools by a cot and slipped past them like silent, moving shadows. Fragile, pale and still,
Ursula lay against her pillow. Elditha leaned over her. She was cool and dry to Elditha’s touch, but when she opened her eyes and tried to smile, she began to cough.

‘We must pray and hope.’ The prioress turned Elditha, ‘She is young and strong and she will recover,’ she added.

If Ursula did not survive, Elditha knew that she could never forgive herself for bringing a girl with her on this journey, far from Edith’s protection. After the prioress left, she held Ursula’s hand until Ursula fell into a deep sleep again. Later as Ursula’s breathing eased, Elditha ventured out. Dragging her hood over her dirty unveiled hair she hurried through drifting snow towards a long low building with a tiled roof.

She pushed opened the door and entered a hall that was lit with lanterns. As her eyes adjusted to the dimness after the bright outside world, she discerned a wall painting of St Margaret of Antioch, the convent’s patron saint. She was painted in beautiful colours standing beside a gorgeous dragon that was touched with gold. As she studied the painting and thought of Gunnhild’s pleasure on receiving the little statue of the Eastern saint, she became aware of the hum of voices. Dragging her eyes from the wall picture and peering deep into the room, she realised that they came from a long row of embroidery frames. Nuns were sitting before them in pairs along the length of the room work on tapestry. Sensing her presence, seeing her standing there on the threshold watching them, they glanced up. She backed out again.

A nun rose and came towards her, ‘Wait. Don’t go. We are working on a tapestry of the Wedding at Cana for our Prioress’s chamber. Would you care to join us?’ Elditha hesitated mindful that she was intruding, but the same nun indicated the stool she had vacated.

Elditha removed her cloak and mittens, took up a proffered needle and worked at a flower in her corner of the tapestry. The work was comforting and the tension she had not
actually realised she was carrying in her began to ease. As she worked, she found that her shoulders and her back had relaxed. Rowing had caused them to ache and worry had made her feel tense. The nuns did not chatter like magpies as the women often did in the bower. Their serenity was soothing. Later, as a bell rang and the nuns tidied away their work saying they must hurry to midday prayer, Elditha returned to the Priory’s main building and saw the prioress approaching from the direction of the church.

The prioress walked with her. ‘It is a cold day and we can drink a little warmed wine together,’ she said. ‘Let us talk seated by the hall’s hearth.’

As they settled on stools by the hearth with cups of spiced wine in their hands, the Prioress said, ‘Now first I must tell you that early this morning Padar took monks back along the river. He will not come here. He is arranging the next part of your journey.’ Elditha slowly sipped the wine. ‘This is, we pray, the last snow fall of the year,’ the Prioress continued. ‘For a few days the track-ways into the hills will be difficult and if it freezes, riding over them can be, too and Lady Ursula still needs to rest.’ She sat her cup on a small table and smiled. ‘But I hear that you are a fine embroiderer, and perhaps here you will work alongside us. Otherwise these six weeks of Lent will feel heavy. She leaned forward and took Elditha’s hands in her own. ‘Would it be comforting for you who have lost so much to create something new, a personal piece? Your own tapestry, perhaps, a pillow covering or a small hanging?’

She looked at the lovely embroidered cushions on the bench, in the chairs, the hangings on the white-washed walls. There was colour everywhere in this parlour. ‘It would be a pleasurable task,’ she said. ‘You are kind to protect us.’

‘The Godwins were kind to us too.’
They discussed tapestry for much of what remained of the afternoon and later that evening as she sat in the hall under a sconce she began drawing with charcoal on linen. Her idea began to possess its shape.
Elditha sketched a house with flames pouring from its windows and roof and a woman and child in flight. Skeins of fine, brightly coloured tapestry wool nestled in a wide basket. She selected colours, carefully choosing crimson, ochre, green, an indigo blue, brown, and black. Next she placed stools on either side of her frame, and moved from one to the other as she slipped her needle in and out of the panel.

As Elditha concentrated, small, fat clouds of her own exhaled breath ghosted before her in the cold air. When she tried to stretch her fingers they were numb. She blew on them before continuing to work her needle. Noticing her discomfort, the nun closest to her rummaged in a basket, found a pair of woollen mittens with the fingers cut away. She tapped Elditha’s shoulder, ‘Wear these,’ she said. ‘They help.’

Later as the room warmed up and movement was easier, the nuns wandered over to admire her work. They asked her why her small embroidery depicted a house that was burning. She explained, ‘The Prioress suggested that I recreate my husband’s coronation. A coronation tells the story of great men but this is the story of a woman’s suffering.’

The nuns made approving noises and persuaded her to tell them her story. In the closeness of this company of women, Elditha felt a healing spirit envelop her. She understood the attractions presented by a cloistered life and she must help Ursula to it. She would speak with the prioress.

As was predicted the weather began to improve. Elditha realised that Ursula was recovering. ‘I wish to remain,’ she said to Elditha. ‘Can you allow me to stay here?’ Elditha held her close and said, ‘I have already spoken to the prioress. I shall miss you but of course you must remain here at least until I can return.’
The weeks passed and the sun began to shine and in the garden spring flowers, anemones and primroses began to peep through the earth. Ursula improved and joined the nuns as a novice. As the last week of Lent approached, Padar rode into the courtyard saying that they should be on their way. He led her into the yard. ‘I hear that Ursula will remain here and take her vows. You will miss her. I shall miss her. I loved her, my lady.’

‘I thought you did, Padar.’ Elditha reached out a hand and touched his arm. ‘Good to see you wearing that red cloak again. And your hair has grown too.’

‘Ah well, our horses are ready and stabled,’ he said brightly. ‘Yours is Homer, a black midnight stallion. Can you ride such a beast? I mean are you able to handle a stallion?’

‘I think I can handle this Homer. I like his name. And yours is?’ she said.

He laughed and said breezily, ‘Hercules. It took me a week to find a horse merchant. I had to go far to the north but the horse dealer was away. I waited. It was worth it. When he returned, he arrived with these creatures.’

‘So, where did they come from?’

‘The horses had been in the great battle and had bolted. They were christened by the men who stole them. They drove them out of Norman reach. And they answer to their names.’ He ushered Elditha into the stable. She exclaimed at the magnificent mounts. Homer nuzzled at her hand when she gave him a stumpy yellow carrot. When they were leaving the barn he said. ‘They must guard Ursula well. She must never be discovered. We must completely disappear. There can be no trail.’

After Vespers, as the setting sun filled the infirmary’s high windows with rosy light, Elditha and the prioress visited Ursula. Wrapped in a brown woollen cloak, Ursula sat in a small chair by the brazier, supping a dish of spiced porridge. She was still delicate and slept in the infirmary. When she was totally recovered she wanted to work there.
When Elditha explained that Padar had returned and it was time to leave, Ursula simply said to the prioress, ‘My lady Prioress, will you permit me to make my vows soon?’

The Prioress smiled. ‘Permission is granted, Ursula. You are welcome here. We have a great need of embroiderers and healers, as you can see.’

Elditha leaned over and kissed her friend’s forehead. ‘Dear Ursula, I shall include you in my prayers, every day until we meet again.’ She held Ursula’s hand longer. As the night gathered she said it was time to part. ‘Ursula,’ Elditha said, ‘I have left the tapestry panel for you to finish.’

‘I shall complete it,’ Ursula said after a moment of silence.

Elditha decided to make a gift to St Margaret’s Priory. Miraculously, she still possessed the sapphires that Harold had given her. Then, she thought of something else. ‘Ursula, I wonder if my gift has reached Gunnhild. I worry that I should not have sent it.’

‘Why?’

‘Something Padar said. He does not know about it, that I sent that gift, I mean. I just pray that Gunnhild never reveals how she came by it.’
Wilton Abbey, March 1067

In the spring William went across the sea to Normandy and took with him Archbishop Stigand, and Aethelnoth, abbot in Glastonbury, and Prince Edgar, and Earl Edwin, and Earl Morcar, and Earl Waltheof and many good men of England. And Bishop Odo and Earl William were left behind here and they built castles widely throughout this nation, and oppressed the wretched people. -Anglo-Saxon Chronicles 1067.

Edith could not understand how Elditha could disappear so completely, despite her thorough search between Winchester and Exeter. Count Alain was in the west around Gloucester where he was settling strife in the outlands that bordered the Severn and Wales. He had not discovered Elditha’s whereabouts either.

On a snowy day during Lent, Queen Edith packed everything of personal value, her jewels and her many linen chests. She set out for Wilton with her ladies, five Norman scribes, the faithful Fitz-Wimach, and a small guard. Secluded behind Wilton’s walls she could forget Norman soldiers with their distasteful habits and bullying manners. In Wilton Abbey she could continue her great work in peace; scholars would come to consult with her and under her guidance the embroidery workshops would thrive.

By the third week of March she was settled. She attended service twice a day and for the rest of the time she directed her scribes and supervised her embroiderers. The peaceful murmur of prayer hummed soothingly through Wilton’s Abbey Church. After the paternosters ended, the girls from the embroiderers’ school looked up simultaneously with serenity on their countenances. Their voices had rung out, beautifully and clearly as the new crystal box in the chancel that contained St Edith’s relics. At the abbess’s nod, the nuns began to file from the church, followed by the novices, and finally, the girls. The abbey had given an education to many daughters of the English nobility, girls sent here to learn the skills they needed in order to equip them for their lives as wives, mothers and as embroiderers. Naturally, before the
great battle, the abbess had hoped that a small number of the chosen would remain devoted to God’s service, bringing valuable gifts to the abbey rather than to husbands. This was changing. Now they came as refugees escaping marriages.

Edith let her sharp eye glide over them. The girls appeared neat and tidy. Their plaits peeped below simple linen veils; their gowns were sober in colour with plain twisted belts, from which hung simple work purses holding needles and scissors. Not a speck of mud was to be seen on their mantles, and their silver cloak pins were like the girls themselves, beautiful in their simplicity.

A new girl walked alongside her niece Gunnhild, a girl who seemed poorer than the others. Her cloak was spotless but, as Edith observed, it was well-worn and her cloak pin contained no embellishment; no enamelled bird or beast. Edith’s eye paused. Although the fillet the girl wore today conformed to sober colours, the embroidery on it displayed an unusual pattern of intricate spirals. This charity case, Eleanor of Oxford was an embroiderer of great talent, much spoken of by the abbess. The girl could work with intricate knot designs and even draw these difficult patterns. Of course, that explained the interesting embroidery on her fillet.

Edith hurried away from them through the cloisters, ignoring the slippery snow that lay on the pathways. As they followed their mistress, her dark-cloaked women could barely keep up. Letters from Gytha awaited her attention. She wondered how these could come from Exeter with seals unopened by Norman spies. One was intended for Gunnhild. If Gytha had sent yet another request for Gunnhild to depart from Wilton for Exeter, she had already decided that Gunnhild would refuse to go.

She sent her women off to the embroidery workshop where they were stitching a new tapestry to adorn her receiving chamber. When the last of her ladies had lifted a box of silver thread and had disappeared through the door into the cloisters, Edith unlocked her scroll
chest, withdrew the letters and examined them. She separated the scrolls and broke open the seal on the letter to Gunnhild. She glanced through her mother’s writing. Gytha had always used an exquisite older script, where the letter ‘w’ was written as a ‘p’, and though this was a fine script, Gytha’s writing was unclear, as if written in haste. Edith peered closer at it and read:

‘Many of our noble women have gathered in my burgh of Exeter, in particular, your aunts and your cousins, therefore, Gunnhild, I shall send an escort to carry you south.’ Edith read the final sentence aloud: ‘I want to ensure that you will remain protected from any who might wish you harm.’

Edith sniffed haughtily and laid the letter aside. Where could be safer than an abbey? She broke the seal on her own letter. Here, she discovered a further explanation:

Alain of Brittany, on the authority of Duke William, came into my Burgh last week, terrifying the townspeople and causing my ladies anxiety. He demanded that I give up the Lady Elditha. This knight claims that he is betrothed to her. And, there is worse. I discover that my grandson, Ulf has been taken into Normandy. You will send me Gunnhild at once, and then you must treat with the usurper for my grandson’s immediate release. He is a child. Moreover, where is Lady Elditha since she is not in my keeping?’

Edith set the letter aside. Had Elditha married as she had promised, Ulf would be released, Gunnhild would have a father and Thea would be assured of an opportunity to marry well. And, had Thea remained in Winchester, she might have married Count Alain to protect her mother’s holdings and lands, keeping all that they would lose safe.

Edith sighed and locked the scrolls in her chest. Today there would be drawing lessons for the girls in the design workshop. Gunnhild would be there. She pulled her cloak down from a peg, wrapped herself in it and exchanged her shoes for boots.
When she entered the workshop, two craftsmen, both monks, were busy creating patterns at a long bench close to the window, their shoulders bent forwards so that the light slipped over them and onto the parchment. One was designing a border pattern. He had begun to erase a part of the drawing with a piece of bread. She paused by the bench as he lifted his charcoal stick and began to redo the image.

‘Brother, what are you drawing?’

‘A ship, my lady. Alas, it refuses to conform, since I need enough space above it for a pair of doves, and on either side two angels. The ship’s size is not right.’

‘Ah, Brother Martin, you are a perfectionist.’ Edith leaned closer. Her eye was drawn to the central design. Here, the Queen of Heaven was seated on a throne; on one side of her a church entrance, not unlike the entrance to the Abbey Church of Wilton, but on her other the cartoonist had drawn an arch with steps leading up towards the ship. With ease, Queen Edith’s eye was now pulled in through the entrance to the central figure and then out through the archway and up the steps. She glanced below it. The lower border was already completed. There three devils were tugging two humans through tangled acanthus leaves. She looked more closely and nodded her approval.

‘The border is overly repetitive, my lady,’ the monk said. ‘The lower borders of all three sections are similar, too many devils, too many acanthus leaves.’

‘Truth is stressed through familiarity, Brother Martin,’ she replied, and edged her way along the bench to where the second monk had just completed his section. As Edith gained his workplace, he leaned down and swatted away the workshop cat that was attempting to crawl about her boots.

She moved on past the monk, and, barely touching the parchment cartoon with her long pointing finger, she approved here, suggested a change there, another leaf or flower or an additional horned creature that was waiting to prey on man. She crossed the room to where
the drawing for the central panel was now being transferred to linen. The fabric had been stretched taut on a wooden frame and a third monk was blowing pounce through the hundreds of tiny holes pricked in the parchment, transferring the design onto the material.

The craftsmen stopped working when he saw her and said, ‘If you seek out Gunnhild she is drawing. We are proud of her accomplishment.’ He waved towards a table at the end of the barn-like room.

‘Is that so?’ Edith said frowning. She observed that Gunnhild and Eleanor were working by sconce light, absorbed by an object on the table. Unaware that Edith was watching, Gunnhild slid it into a new position and bent her head over her work.

Edith nodded a greeting to a group of nuns who sat sorting wool nearby. When she reached them she saw that the girls were using a selection of precious miniver brush heads set into quills, and a jar of ink. The object of her niece’s interest was clearly visible now. It was a small statue carved out of ivory. Edith lifted it from the table and turned it round in her hand. St Cecilia; was not St Cecilia Elditha’s name day saint?

Gunnhild slipped from her stool and fell to her knees before Edith. ‘Aunt, this is...’ She never finished her sentence. Following Gunnhild’s lead, Eleanor leapt to her feet to kneel. Her sudden, quick movement caused an elbow to knock over the ink pot. It crashed violently to the floor, splattering dark dye onto Edith’s boots, spotting the hem of her gown and staining her cloak. Charcoal sticks paused in mid-air. The embroiderers looked up. A nun rushed forward with a rag and began to mop the queen’s boots. She began to dab at the hem of Edith’s gown but Edith impatiently waved her away. ‘Clumsy girl,’ she said through her teeth and glared at the quivering Eleanor.

Gunnhild scrambled off her knees, picked up the shards of shattered ink pot and placed them on the bench. ‘Lady Aunt, it is my fault. I begged Brother Alfgar for old ink, ink that was no good for him to work with.’
‘Silence, Gunnhild. You have used expensive brushes with old ink.’ Edith turned to Eleanor, ‘As for you, go and change that filthy cloak. It was a disgrace before in church, and now it is more so. You will miss the dinner hour. Instead you will go to the chapel and remain on your knees until Compline. You will never use ink again, certainly not before you have mastered your impulsiveness and your tears. Go!’ Eleanor scurried off through the workshop, all eyes following her as she passed. Edith turned to the nun who hovered close by. ‘Sister Hegga, you are at fault. You have allowed the girl’s license. What are you thinking of, miniver brushes! I shall speak to the abbess about this lapse.’ She stabbed her finger at the nun. ‘And it must never happen again.’ She turned to Gunnhild. ‘As for you, Gunnhild, wipe your hands on the rag there and follow me, and bring that statuette with you.’

Gunnhild obeyed and tried to rub the black ink away but it stained. She grasped the small statuette tightly and crept after her aunt.

When they reached her receiving chamber, Edith examined the child’s drenched boots, much too thin for such cold weather. She made a mental note to have them replaced.

‘On the table,’ she said indicating the figurine. ‘Then sit.’
Gunnhild perched on the edge of a stool. ‘Will you send Eleanor away, Aunt?’

‘I am undecided. She was given a place here by the Abbess herself. ’ Edith knew that in truth they could not afford to lose such a talented embroiderer.

‘I wanted to draw in ink and with the finest brush. It is not her fault.’

‘I see, Gunnhild. There is much to learn in this Abbey. Many young noblewomen leave their father’s hall for their husband’s hall, ignorant. Here, they learn to become great ladies, and, my dear, you also, if you are permitted to remain, will become a great lady.’

‘My lady Aunt, are you sending me away?’
Edith softened. ‘Not I, my child, but your grandmother thinks it suitable that you live with her.’

‘But, I do not wish to go to Exeter,’ Gunnhild said. ‘I like the Abbey here. I am learning to write and to read and to design. And, I have companions here.’ She looked at her feet.

‘That is as well, Gunnhild. Permit me to read you the letter my mother sends you.’

‘I can read it for myself, Aunt.’

‘Today I shall read it and you must listen closely.’ Edith leaned down and unlocking her scroll chest, removed Gytha’s parchment and read it to her. Gunnhild never spoke. ‘You see, Gunnhild, I am concerned for your well-being. This is not a good idea because it interrupts your education.’

Gunnhild said, almost in a whisper, ‘Aunt Edith, I do wish to stay with you.’

‘Then, I shall keep this safe for you in my chest. But, I have a question to ask.’ Edith laid the scroll down and lifted the statue of St Cecilia. ‘How did this come into your possession?’

The girl hung her head and said without looking up, ‘Eleanor’s aunt brought four carvings when she visited me.’

‘Does the Abbess know of this? Are they all carvings of St Cecilia?’

‘No, she brought me St Mary, St Bridget and St Margaret as well.’

‘Why would Eleanor’s aunt bring you such a valuable present?’

‘My mother sent them as a gift for my name day.’

‘Your mother, Gunnhild? How?’

‘My mother was in Oxford with Eleanor’s aunt.’

This was an unexpected turn, thought Edith. She remained calm. She had shielded Gunnhild. The girl knew nothing of the abduction. ‘And where is she now?’
‘I do not know, Aunt Edith.’

‘A beautiful gift, but I fear that your mother may be ill-advised.’

‘Oh! But, Aunt Edith, may I keep them?’

‘You may, but for now leave St Cecilia with me. You will have her back when you have done penance for your concealment. You will pray all of this afternoon to St Edith that she continues to lend you her kindness and the protection of her abbey.’

Could Elditha have been responsible for her own disappearance? Edith sat pondering, unable to pick up a needle, call for her scribes or even join the midday meal in the refectory as was her habit. She lifted her mantle from its peg and slipped in through a private and secluded entrance to her personal chapel. She prayed for guidance as to what to do about Elditha. Should she say anything? She could be held responsible.

That afternoon, Brother Francis and a man called Wadard, Bishop Odo’s man, rode into Wilton. As they trotted into the Abbey precinct, a magpie flew past and knocked the cowl from Brother Francis’s head. Brother Francis righted it and remarked to Wadard as he spotted another magpie settled on a snow-filled ledge above, ‘Two magpies are a good omen, Master Wadard. Perhaps the Abbess will agree to a gift of two tapestries for the Bishop.’

‘Ugly creatures! I never took you for one who paid heed to old superstitions.’

‘Of course not,’ Brother Francis said quickly. ‘Let us stable the nags and call on Queen Edith.’

Edith had her back to the brazier when they arrived in her receiving chamber. ‘Brother Francis, this is indeed a surprise,’ she began, after the bowing and scraping and shallow smiles were done with and she had told them to sit on low stools by her hearth. ‘Why are you here and not with my nephew?’
‘Your nephew, Ulf, is with the King in Normandy, Your Grace.’

‘Ah, I see. Then, where is the nurse, Margaret?’

‘She remains with the boy. She is content and the boy thrives. He is spoiled by King William’s son Robert.’

‘In that case, why are you here?’ She studied him. Brother Francis’s hands began to shake. She saw him clasp his hands under his habit. He gave Wadard a shifty look.

Wadard said, ‘We have come with greetings from Bishop Odo. His Grace the Bishop rules the realm whilst his brother, King William, is in the Duchy. The king is introducing the great thanes of this land to his own people.’

Edith raised an eyebrow. ‘To the point, Wadard.’

He went on, galloping now with his words, ‘My lady, we come with a request. Bishop Odo wishes to commission a tapestry from your workshops; a great tapestry to hang in his new church at Bayeux.’

‘The completion of the church at Bayeux is still years off.’

‘Then there are years left with which to design such a work and execute it.’ Edith glared at the weasel man. He had once been a loyal thane, a Godwin man. ‘Wadard, what exactly is your business here?’

‘The Bishop is concerned for you and those girls you have in your care,’ he began. ‘We have discovered camps nearby. Queen Edith, do you suspect anyone in this abbey of wrong doing against our sovereign king?’

There were many who wished King William ill. There were also those who wished her misfortune, ever since she had given over the keys to Winchester’s Treasury last November. She considered for a moment. This man might be of use to her and after that she might be rid of him.
She tapped her side table with a long bejewelled middle finger. ‘There is indeed a service you can do to our mutual benefit.’ She lifted the statuette of St Cecilia from her desk and held it out to Wadard. ‘Fine craftsmanship, don’t you think, ivory and valuable.’ She looked at Brother Francis. ‘You do remember Gunnhild, Brother Francis?’

‘Lady Elditha’s daughter, an intelligent girl.’

Edith lowered her voice. ‘Gunnhild received this gift only a few weeks ago from her mother, a gift for her name-day. Yes, I see your surprise. You are aware, of course, that we seek the Lady Elditha. We think she has been abducted. But now I believe that she may be travelling west.’ She turned to Wadard again. ‘Gertrude, wife of Alfred of Oxford, brought this gift to my niece. Elditha was in Oxford.’

Brother Francis drew a quick intake of breath. ‘I saw him. I knew it was odd. I saw the Godwin skald ferrying novices from Abingdon Abbey up river. Perhaps the Lady Elditha was with him.’

‘Yes, maybe she was. And she will be with her lady-in-waiting.’ She grasped her hands together. ‘But this important fact you may not know, Monk. Lady Elditha is betrothed to Alain of Brittany. So, if you seek her out and bring us news of her, I shall reward you.’

‘And the skald?’ said Brother Francis.

‘The skald is a nithing, a murderer and he must be brought to justice.’ Edith turned to Wadard, ‘Seek your information at the house of Alfred the Coiner in Oxford. Find proof of Lady Elditha’s movements. I want her returned to us.’

Wadard bowed low. ‘We can be inside the city walls tomorrow.’ Turning to Brother Francis he said, ‘Come, we have work to do.’

Herne, Queen Edith’s charcoal carrier, slid from behind the curtain, where he had concealed himself as the visitors arrived. He, too, hurried out into the night.
Herne took a horse from the abbey stables and cantered to Oxford over shortcut tracks, riding all night through thaw-dripping woodland. His banging on Alfred’s great gate awakened the doorkeeper, Athelstan, and his yard boys. Herne could hear them grumbling as the peep-hole window slid back.

The aged gatekeeper’s toothless face appeared lit up from the side by the moon. ‘It’s only the fifth hour,’ he squawked.

‘I must speak with your master.’

‘Come back in the morning.’

‘No, I must see him now.’

‘Can’t it wait? It’s still starlight.’

‘Your master is in danger; messenger from Wilton; let me through.’

Athelstan banged the window shut and Herne heard wooden bolts being pulled back. Two yard boys dragged the gate open and he led his snorting horse forward. The gatekeeper ordered the boys to push the gate closed again, bolt it and to answer to no one else. ‘Here you,’ he said to one. ‘Stable the nag. Be quick.’ He indicated to Herne to follow him. ‘Master Alfred rises early.’

Herne climbed after him up to the first landing. Athelstan pulled at a bell and shouted, ‘Master. There’s someone come from Wilton.’

Herne heard a key rattling in the lock and Alfred saying, ‘Wilton?’

‘Aye, it’s Herne,’ Herne called into the door.

The gatekeeper waited on the staircase until Alfred waved him off.

‘By St Frideswide’s sainted veil,’ Alfred lifted a lantern up to Herne’s face, ‘you look done in, man. What’s wrong?’
‘Can I have a drink first?’ Alfred ushered him in and offered him a cup of wine and a loaf of bread. Between bites, Herne told him about the monk Brother Francis and Bishop Odo’s servant, an ugly man named Wadard. ‘They are travelling around the country poking their noses into monasteries and convents, checking up on us all. They know Lady Elditha was here.’ He told Alfred what he had overheard.

Alfred frowned. ‘I knew Gertrude was taking a risk. I should have stopped her taking that gift to Wilton. Who is after the Lady Elditha?’

‘It’s Queen Edith who’s looking. Wadard and the priest are her agents in that, though their own business is rooting out resistance and plundering convents and abbeys. You had best disappear, Master Coiner. They work for Odo and they’ll mark those who help her as resistance. You’ll be up in that keep on the hill and you won’t be seeing daylight again.’

Alfred scratched his head as the enormity of this sank in. At last he said, ‘Herne, Lady Elditha’s trail will jeopardise our cause. I’ll leave Oxford now. I know where to go. Gertrude must come with me.’

Herne nodded. ‘Hurry, Alfred. I’ll wait.’

Alfred and Gertrude packed one saddlebag each, a change of clothing and a pouch with Gertrude’s jewels.

‘No questions and no maids, Gertrude. We’ll be back soon.’ Alfred swallowed as he spoke the lie.

‘Why...’

‘Not now, I’ll explain all when we are on the road.’

Alfred hurried to workshops at the back of his hall where his three apprentices were snoring by the fire. He selected a key from the chain that hung from his waist and unlocked the door leading into his store room and softly closed it, lifted two saddlebags off the wall and opened a chest. Digging his hands in, he lifted out handfuls of gold coin, and filled the...
bags almost to the top before stuffing leather cloths over the hoard to conceal it from prying eyes. After locking his storeroom up again, Alfred awakened the sleeping lads and sent them off to the kitchen to break their fast.

Herne met him in the stable. Pointing to a large piebald pony, Herne said, ‘I’ll take a fresh horse and I’ll saddle up two for Gertrude and yourself. Then, I’m making for the woods. Where do you intend to go?’

‘We’re riding south and west. Herne, can you help Gertrude. She is on her way. I have something else to do first.’ Then he rushed off again.

Godfrey, the foreman, a cousin of a cousin, arrived just as church bells began ringing for morning service. Alfred explained that he was off to London. ‘I have to forge new coin and the old lot not a year old.’ He unhooked his keys from his belt, muttering, ‘Ah well, best to obey a summons. Keep an eye on the house and the servants while I am gone.’ Godfrey scratched his head and looked confused.

‘Be careful whom you trust. Set a guard on the building at night. I’ll send word when I’m returning.’

‘Gertrude?’

‘Gertrude will accompany me, Godfrey. She needs new silks for her embroideries.’

Godfrey nodded. ‘Be careful then, and Godspeed.’

Alfred hurried down the wooden stairway to the barn where Gertrude was waiting with Herne and the horses. By the time the bells rang again for Terce, they were on the road to Exeter.

Later that day, Brother Francis and Wadard rode into the castle bailey. Wadard demanded food and drink and asked for a guard of ten to twenty men, saying that they were on the bishop’s business. Brother Francis was beginning to understand his companion to be
determined. The quaking warden did not dare refuse after seeing Odo’s seal. By Vespers, Wadard’s recruits were hammering on Alfred’s gate. Athelstan refused them entry. ‘Master’s gone away for a week, to London, on King’s business.’

‘Open up or we’ll break down the gate. This is the King’s business.’

The old man reluctantly ordered his boys to draw back the gate.

‘At last,’ Wadard spat the words. He barged through the yard, with the troop of soldiers following and shouting threats at Alfred’s terrified servants.

They found the mint at the back of Alfred’s yard and Godfrey firing up the oven. A boy was setting out coin dies and two others were working the bellows. Wadard looked at the dies, lifted one up and turned it over.

‘What treason is this? There’s a new King now.’

‘We don’t do the face image. We do the other side only. One side is blank. These are temporary coins, tokens. All we’ve done is melt down the old ones and give these tokens in exchange. We need new moulds. Master is gone to London for them. The finished coins have to have a consistent weight.’ Godfrey pointed to the scales on a corner table.

Wadard reached out and grabbed Godfrey’s tunic. ‘I have questions for you.’ He dragged him from his work and shoved him onto the earth floor, where he held him at the end of a short sword. Wadard’s band of soldiers stood behind their new commander with their swords pointing at Godfrey.

Wadard said, ‘Where is Alfred the Coiner?’

‘I told you. My master has gone to London.’

‘When?’

‘Today. He’s gone to fetch the new dies.’ Godfrey looked up at the bench where an apprentice’s hands were shaking so badly that a mould dropped, crashing to the floor.
‘He’s a liar,’ said Wadard, kicking Godfrey in the belly. ‘Has Alfred the Coiner entertained a lady and her servant lately, a storyteller like you?’ He laughed at his own joke and twisted the point of his sword, drawing blood from Godfrey’s throat.

‘I don’t know,’ Godfrey gasped. ‘I come in the morning and leave by nightfall.’

‘Name?’

‘Godfrey, son of Robert the Merchant,’ Godfrey said.

‘French, Breton, Norman?’

‘Father, Norman. My mother is English.’

‘You had best be loyal then,’ Wadard said as he kicked Godfrey again. ‘Get up and return to your work. No image of the dead King or his kin is to be imprinted on coins.’ Wadard put away his sword and, with his men following, left the mint. Terrified, Godfrey shook and wobbled like his mother’s sloe jellies as he hurried back to the great fire in the forge.

‘Get on with your work,’ he said to the quaking apprentices. ‘Your loyalty is to the master. Say nothing. Get the heat up.’ They obediently worked the bellows.

‘The gatekeeper is the one we want,’ Wadard shouted at the soldiers. ‘Bring him with us.’

Brother Francis meekly followed as Wadard hauled Athelstan up to the castle. He had seen violence before but this Wadard was brutal. Brother Francis tried to protest as Wadard ordered two soldiers to hang the old man upside down in the castle bailey. Wadard hissed at him, ‘Say your prayers for his soul, Priest.’ When old Athelstan passed out they threw icy water in his face. Wadard prodded him with the point of a knife until he croaked for mercy and cried out the name of the servant who had made ready a boat for a skald called Padar only a few weeks earlier. The servant was in the woods, the old man cried out, and it didn’t matter anymore since they would never discover his whereabouts.
Brother Francis returned to the mint with Wadard and his pack. The soldiers bound Godfrey with rope and dragged the apprentices and servants out into the yard. The monk looked away as they intimidated them, prodding them with swords, threatening them with captivity and worse, but Alfred’s servants knew nothing that Wadard didn’t already know. One soldier smashed his fist into a kitchen boy who smirked at him. Another pushed a maid up against the wall and kicked her in the belly because she spat at them. Now, Brother Francis felt sick to his stomach. The Norman soldiers from the castle were taking their cruelty beyond what was reasonable.

They began to work on Godfrey. They bound his hands and began circling him, punching him and cutting his arms and legs with their long swords. Godfrey shrieked at Wadard, ‘If you kill me, there will be none to keep order here. Try the river men. They went on the river up towards Godstow. I know nothing more.’

‘Get him to talk,’ Wadard ordered the captain of his guard. ‘He knows.’

‘Stop! Let me ask him,’ Brother Francis intervened.

‘You? What will he tell you?’ He threw his sword down in a fury. ‘Go on, try.’

Brother Francis leaned down, ‘Tell us where your master is and all will be well, my son.’

Geoffrey choked on his own blood and sobbed, ‘I have told you. The master has gone to London to get new dies for the coin.’

Wadard shouted at Brother Francis that his ways were not working. He signalled to his soldiers. But no amount of punching and threatening revealed further secrets. Godfrey said that he just came every morning to work in the mint. He slept at home, not here. Wadard stood in front of the battered, bleeding Godfrey and said icily, ‘You, not Alfed of Oxford, are in charge here now. You will live in his house and you will take your orders directly from the castle. The hall and the mint here belong to us. You bastards are under the castle guard.’
Wadard turned to Brother Francis. ‘You see, Brother Francis, this is how we deal with rebels. We prick them until they die; but this one we’ll save for later.’ He clicked his fingers at the torturers. ‘Unbind him. He knows nothing.’

Brother Francis pushed through the crowd of shocked servants and out of Alfred’s yard. Wadard yelled at his men to follow. One tugged at a girl’s plaits, grabbed her breasts and said he’d be back. Another deliberately knocked over one of the yard boys and stepped on his hand, crushing it, as the boy sprawled in the muck, howling with pain. That was enough. Brother Francis made an excuse to return to the castle while Wadard and the rest of his soldiers set out to harass their way into houses and inns, to threaten the men, to terrify their women and prod at their children with their sharpened swords. Wadard returned to the castle in a buoyant mood. He had met with success. He had continued to the river, where they questioned as many boatmen as they could find. Finally, they had discovered that Alfred’s servant had joined the camps in the woods and had not been seen for weeks but they knew the direction the skald and the women had set off towards; it was up to the source of the river.

By sunset Wadard had set guards on Alfred’s house. His soldiers ransacked the hall. They turned coffers out and confiscated goods. Alfred’s cousin would work under guard. They would watch all who came through his gate. The coiner would return and then they would destroy him. Wadard returned to the castle and finished off the gatekeeper.

Soldiers dragged Athelstan into the castle yard. The old man found courage to stand straight. He pointed his shackled arm and named Wadard the Saxon as a traitor to King Harold. He spat and blasphemed and shouted prophesy, ‘The bastard King William will meet an evil end.’ Another thwack from the back of a sword knocked him down again but he managed to rise onto his knees to groan out the strangled words ‘He will die hated even by those he calls his own kin.’ Then, he cried. ‘May the House of Normandy be cursed.’
This was the end for the gate-keeper. Wadard drew his own weapon, ordered two men to hold Athelstan. He cut out the man’s eyes and as he worked himself into a furious frenzy he shouted ‘silvatii’ and ‘liar’. Still the gatekeeper screamed obscenities at his torturer. The soldiers then beat Athelstan until he was torn flesh and broken bone, and had fallen into a crumpled heap of guts and blood, his shrieks finally silenced. Brother Francis knelt at what was left of the gate-keeper praying over him while Wadard shouted, ‘He is not worth your prayers, Brother.’

After sunset, Wadard ordered the soldiers to throw Athelstan’s bloody remains through the gate to the dogs. Brother Francis hurried away through the city streets and sought out a place to pray. This was all Harold Godwin’s fault. He was responsible for this destruction when he broke his faith with William of Normandy.

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A few days later, a fisherman seeking reward came into the castle claiming that he had discovered a sunken boat far up river and several decomposing bodies. The boat was stripped of weapons, he said. The dead men were soldiers from the Slav lands. He had met them once, near Godstow, one morning before Lent. Wadard pieced one and two together and said to Brother Francis, ‘That skald will hang for this.’

The castle warden sent a troop up river to examine the sunken boat and collect the remains. He reported back to Wadard, ‘The boat was stolen from the castle fleet before Lent. The Slavs were probably looking for slaves to sell in the East. They had it coming.’

‘They were mercenary trash,’ Wadard said to Brother Francis over dinner in the castle hall. ‘Tomorrow we ride up river and into the hills. We will visit every nunnery and monastery between here and Bristol until we find them.’

‘That will be a multitude of monasteries,’ Brother Francis said. He had been sickened by Wadard’s cruelty and now he remembered the cruelty with which the Normans had treated
the women and children at Reredfelle, his own flock, when they fired the hall. For this, he blamed Elditha. She had put all their lives in danger on that day. She was the devil’s own concubine; a curse on the House of Godwin.

Then Wadard was saying, ‘And there’s a heap of treasure for Normandy in the monasteries. Think of the favour you will earn from that shrew, Queen Edith, when we find the Lady Elditha and her skald.’

Without a moment’s hesitation, Brother Francis agreed to accompany Wadard.

‘So we set out tomorrow?’ he said, gladdened at the thought of escaping the infernal town that was Oxford.
Forth I go, may I meet with friends. -Old English Journey Charm.

Padar and Elditha rode through the hills west of St Margaret’s Priory, following an ancient track that crossed the escarpment. Whenever Homer slowed, a light flick of the whip drew a quick response. The sky was a pale blue, the air clear and Elditha was relieved to be on horseback again and moving.

Further along the escarpment, near a place that Padar called Barton Wood, Padar told her they should rest. He slid down from his own horse and then slipped his hand under her stirrup and helped her down. Elditha unstrapped her saddlebag and produced griddle cakes, cheese and a flask of ale. They sat on their mantles by a stand of chestnut trees and shared the food. All over the grey ploughed land, bright green crops were pushing through the soil. A pair of magpies strutted across a field like wooden puppets at a Christmas feast, their heads jerking up and down as they foraged. A blackbird sang in a tree. Sheep grazed on the springy grass by the wood’s edge. It was so peaceful she thought, as if there hadn’t been a new king set on the throne and towns and villages attacked.

As if he was reading her thoughts, Padar said, ‘We can avoid the Normans if we stay north of Gloucester. Tomorrow, we must follow the salt road to Tewkesbury!’ When later they rode into the monastery at Hailles he looked back at the unguarded opened gate and remarked, ‘The way it was and how it should be. No bolts on doors, no closed gates. I wonder how long this will last here.’

That night they shared a communal hall, empty of guests excepting a pair of wool merchants from Gloucester. They wore their hair long in the English manner and their beards plaited. Elditha observed that neither was young nor old. The pair talked of King William, of the new coin forged with his image, and they discussed the price of wool. They expected a
good return for their merchandise in the Flanders markets, but only if they could drive their
wagon of bales north east of Lincoln and only if they were able to avoid the Norman patrols.

‘Have you no guard?’ Padar said.

‘It draws attention, brings us into trouble, lucky to get our wool out.’ The merchant
then drew his hand across his throat. ‘There are weapons in that wagon and we’ll kill to
protect what is ours.’ He went on to say that the new King’s henchmen were already in and
out of the old palace of Gloucester. ‘There will be a castle there soon instead of a palace; the
bloody bastards.’

Elditha shuddered, thinking of Gytha and Thea in Exeter. As the merchants
exchanged news and talked of changes to come to the borders - castles, soldiers, taxes, she
busied herself separating barley from the vegetables in her bowl of pottage.

She complained in a low voice, ‘The barley is full of grit. I can’t swallow it.’

The merchants stared at her. The taller of the two remarked, ‘Your woman doesn’t say
much, and look at her grumbling and picking; should be glad of food when many an
Englishwoman is starving.’

‘Not my woman, my friends. She was my thane’s wife. Poor lady lost her husband in
the great Battle. Then she lost everything else: her hall, her land, everything. She wouldn’t
marry a Norman so they burned her house. We’re travelling to her brother’s farm near
Worcester and then I’m off to Wales to fight for the Welsh prince.’

‘Good man. Keep the bastards out,’ said one, spitting into the straw.

‘I don’t blame her not marrying a Norman. Who wants children raised to speak in a
foreign tongue?’ said the other. ‘By St Oswald’s bones, she is right, this is a rotten stew.’ The
wool merchant stirred it with his finger, lifted out a gritty lump and threw it on the fire.

‘She’s well rid of the Normans’ He grunted, ‘Worcester is safe.’ He spat again. ‘That farm,
sheep or cattle?’
Padar chewed a piece of stewed turnip. ‘Her brother sells hawks to noblemen.’

‘Hope he finds her a good English husband. She’s got fine green eyes and a lovely head too on that long neck; a beauty, I’d say. I’m looking for a wife,’ the man’s companion remarked. Elditha watched as Padar’s hand automatically strayed to his seax.

‘She won’t be looking for a merchant,’ the other said. ‘I’d say that creature is too good for the likes of us.’

At that, Elditha withdrew to a pallet behind a shabby moth-eaten curtain. She wrapped herself in her cloak and listened to Padar laughing with the merchants. He began to strum his harp. She slept fitfully and was relieved when he whispered that they must be on their way before the sun rose. ‘They’ll suspect us when they see the horses,’ He said taking her pack and his own. As they rode out, the wool merchants were still snoring and only a couple of monks were crossing the yard. Padar waved and they rode out through the gate.

Late in the afternoon, Padar guided their horses onto a hill, from which they could see the monastery complex of St Mary’s at Deerhurst. Behind the monastery, the Severn flowed lazily through a flood plain. This river would take them to the coast.

‘My lady, we can lodge in the old hall. There’s only the reeve there. Lord Beorhtric has arranged for a ship from Ireland to come up the river to meet us. We settled on Holy Saturday and by my reckoning there are only three days to wait.’

‘And Beorhtric?’

‘He should be at Leckhampton. I will ride down to the old hall and find out his whereabouts. There are no Normans around these parts, but we must be cautious. The monastery of St Mary is connected to France.’

‘I’ll ride down with you, Padar.’

‘No, stay out of sight in the trees.’ and he cantered off.
She watched until he was swallowed into the landscape, then turned the stallion into the beech trees and dismounted. Homer grazed and she sat on a log. Every now and then he nuzzled her hand and she stroked his great damp nose. Bells rang for Nones. She waited and dozed for a bit, and soon her head was dropping into her arms. The bell for Vespers sounded and she started, wide awake. Padar had not returned. Hours had passed as she slept and now it was chill. She looked towards the west. There a liquid sun was dropping behind the distant monastery. Leading Homer, she came out of the trees and peered down the valley. She could just see a helmeted and armed patrol climbing the hill towards her, carrying the Mercian standard, another dragon. This must be Beorhtric and Padar at last.

As they rode closer she knew all was not right. There were no smiling faces returning her greeting. The soldiers ringed her in and their commander dismounted and removed his helmet. She stared unbelieving. He had not changed in the half year since they had last encountered each other. His hair gleamed red and he wore it in Norman style, shaved close up the back of his head.

‘Not you,’ she managed to say.

‘So lady Elditha, perhaps you are relieved to see me.’ He smiled. ‘You will come with us.’

Somehow she found her voice. ‘You order me?’

‘As my affianced wife, it is no less than my duty.’ He reached over and touched her arm.

She moved away. ‘I am never that.’

‘My lady, I think so.’

‘Where is my servant?’ she said evenly.
He pointed along the valley towards the monastery. ‘I left him under guard. He murdered two soldiers from our garrison at St Swithun’s Priory. And,’ he added, ‘there may yet be other charges, such as abduction of a royal noble-woman.’

‘Not so, Count Alain, not so. I have chosen to travel west and he travels with me. I ordered him to ride with me,’ she said, keeping her tone firm.

‘Mount.’ He glared at her, took the reins of her horse. Homer snorted at him and danced a few paces. She tugged the reins back. ‘Homer come here, closer,’ she said.

Now, she realised with horror that Beorhtric himself had ridden up beside Alain of Brittany, his piebald horse prancing and circling. ‘My Lord,’ he said without looking at her, ‘take as many of my men as you need, but I must return to my manor.’

‘I have enough of my own, Beorhtric. Odo’s man Wadard has brought us reinforcements from Oxford. Your loyalty will be rewarded. Return and enquire exactly what arrangements the skald was making.

‘This we know already,’ said Beorhtric.

‘Ah, of course, Saxon, you made the arrangements for him yourself. Well, he travels to London with all his body parts, and make sure that the Norse ship does not land or you could lose yours.’

‘You have the lady, Count Alain. Send for the skald when you want.’ Beorhtric of Tewkesbury whipped his horse around and, accompanied by a dozen fighting men cantered off with his Mercian banner flying before him. Elditha swallowed the outrage she felt at Beorhtric’s betrayal.

The remaining soldiers gathered closer to their commander. Count Alain offered to help Elditha mount but she declined, preferring to climb up into the saddle from a log where Homer stood still for her. He shrugged, ‘As you will. That horse looks like one of ours, a stallion. Did the bastard skald steal him? We can hang that skald three times over now.’ With
that remark, Alain of Brittany turned around and sprang onto his mount and then manoeuvred the beast closer to her. With soldiers surrounding them, they rode along the track to a crossroads which she had passed with Padar several miles back. There, they turned south on the route to Gloucester.

The palace at Kingsholm, near Gloucester, had not changed since Elditha had been there several years before. The palace exterior looked as tired and as weathered as ever. It loomed up eerily in the moonlight, a large and rambling place with other halls joining the main hall creating the impression of a series of crosses. A maze of outer buildings, stables and bowers, lay scattered around it as at the palace of Westminster. Large groups of soldiers paced the yard, and as they went to and fro, fierce-looking hounds leapt and followed, barking and snapping at their heels. An underfed yard boy took Homer’s reins from Elditha and helped her dismount. She clutched her saddlebag, half-concealed it under her cloak, and watched the boy struggle with the horse. Homer rose up and nearly overpowered him. Waifs carrying torches came running to help. She felt despair for them and especially for the stallion, as, pulling and dragging, the team of them managed to force her great horse across to a stable block close to the old orchard.

Count Alain led her into the hall. As they walked towards the long raised hearth, Elditha half-recognised the servants who were setting up trestles, the same people who had worked there in King Edward’s reign. Glancing at her, they quickly turned away again. They had new masters now, she thought sadly. A severe-looking woman, tall, slim and dressed in an elegant long-sleeved gown, came walking from the shadows holding a candle. She greeted Alain of Brittany and for a moment they conversed in French. Elditha understood the language and gathered that this long-faced person was to be her companion, or her gaoler, though for the moment that remained unsaid.
Count Alain said, ‘This woman is Alice of Gloucester. She will see to your needs.’ He stooped and wiped mud of his boots with a rag that was lying on the bench and added dismissively, ‘Give Lady Elditha food and drink and see that she is comfortable. Her chamber has a door. Bolt it on the outside.’ He glanced up at Elditha. ‘I would keep you safe.’ Without another word to her he stretched, and began to walk away. She could not work out how he intended to deal with her other than possibly insist on the marriage.

Alice said to his departing back, ‘It will be done, Lord.’ She studied Elditha with a quizzical look. ‘My lady, I have a chamber where you can rest,’ she said in perfect English.

As they walked into a second hall, she saw people, shades in a thin light moving about a central hearth. She thought she could make out a cooking pot swinging over a fire. As her eyes grew accustomed to the dark, she saw a group of soldiers eating from a trestle. Of a sudden, strangled whimpers pierced the dim chill, cries that sounded like those of a creature caught in a woodland trap. She stopped walking, her eyes searching about, peering into the dim shadowy light, looking for the source. She followed the sound, which had faded into low moans. They seemed to come from an open alcove at the next cross where the hall led into the newer west hall. Elditha drew closer to the alcove pillar and stared down. A bundle of rags was curled in a foetal position on a pallet, writhing to and fro, gasping and keening. She reached out to touch the creature who appeared little more than a child. This was no child. It was an undersized but grown woman, heavily pregnant. Elditha almost gagged as she leaned towards a fetid smell that emanated from her.

‘Lady Elditha, you have no business here. Come away quickly.’

‘Alice of Gloucester; that girl is in labour.’

Alice caught Elditha’s arm. ‘My lady, come now, this is no place for you. There are others to see to her.’

‘Others, where are they? Why is she not in the bower hall?’
‘There is no bower now. It is full of soldiers.’

‘She won’t survive without help. Nor will her child.’

‘Leave her. You will make Count Alain angry.’ Alice pulled Elditha away. ‘I will send a slave to her. She is a soldier’s whore. I promise that she won’t be abandoned. Come.’

She turned to a shapeless girl hovering close by, snapped her fingers and pointed back. ‘See to that woman.’

Elditha was helpless. How could these people be so unfeeling? Alice hurried her along yet another walkway into the west hall. She stopped at the back of it, lifted a curtain, unhinged a key from a collection that fell from her belt, and opened the lock on a low wooden door.

Elditha stared at the chamber. They could not know, because if they had they would never have allowed her to take possession of the very apartment which she had occupied with Harold when they came to this hall at Gloucester. Her eyes surveyed the spacious room. The bed was covered with its usual tapestry depicting a Wessex dragon, its colours still brightly touched with gold thread. They could not have discovered the secret under this bed. She would not be here if they had.

The trapdoor in this chamber was an unusual feature. Godwin himself had had it cut into the floor planks as a convenient way in and out of his apartment. It blended into the run of the beams and at a glance was insignificant, because the ringed handle was created of the same beech wood and the bed was kept in place over it as an additional concealment. Elditha remembered the door set into the orchard wall at Reredfelle. Lucky for her that Earl Godwin had always liked secret entrances and exits. Alice thrust her hands out from the trailing sleeves of her gown and pointed at Elditha’s belt. ‘My lady, I fear I must take it.’ Elditha unstrapped her seax and without speaking held it out. Alice’s long hands reached forward and
took it from her. Elditha noticed that Alice wore rings on her fingers that were of English design, patterned with English enamel work.

Alice reached for the saddle bag which lay on the bed. Immediately Elditha thought of the precious book, her gems and the christening robe hidden beneath her linen. She did not want this woman rummaging through her treasure. ‘I have concealed no weapon,’ she said sharply and reached out to stop the woman. She had not needed to. There was a rush of skirts. Alice whirled round. Servants came running in shouting, ‘Lady Alice, we need the wise woman now.’

To Elditha’s surprise Alice looked desperate. ‘But we have none. You must do what you can for her. I shall come in a moment.’

‘But…’ the girl hovered in the entrance.

‘Find the priest. I shall come.’

Elditha said with determination, ‘I have had seven children of my own. I know the art of midwifery. I may be able to save her.’

‘It may be too late.’

‘I can try.’ Elditha reached deep into her bag and withdrew the small package that lay nestled in the corner under the book. She concealed it in the purse that hung from her belt. Then, she lifted the saddle bag from the bed and using her heel kicked it underneath and out of sight.

They hurried back through the west hall to the alcove at the crossway, where the girl was now screaming in pain. Elditha knelt by the pallet. ‘It helps to walk. Could you, do you think?’

‘I cannot,’ the girl said. ‘My leg…’

Elditha gently lifted the dirty cover and said, ‘Ah, I see. Your leg…’

‘She is crippled,’ Alice said.
Elditha knew what she had to do if she was to save the girl. ‘I need water heated to boiling, and clean rags. And for the Virgin’s sake, hang a curtain here. Hurry, if you care about her life, and that which she bears.’

‘Fetch a curtain and hang it,’ Alice said to one servant. To the other she said, ‘Bring us help.’ When the servant asked whom, Alice replied, ‘Choose two who have children of their own.’

‘She will bear fruit,’ Elditha said, touching the girl’s swollen belly. She moved her hands gently over the stomach and said, ‘Bring me herbs, fennel and mint. Her womb will follow their sweet smells and the baby will have an easier release. When I have warm water, I can bathe the passage.’

Alice lowered her voice to a whisper. ‘This girl told her Norman lover where to look for her cousin, a Saxon, who stole weapons from them.’

‘From whom?’

‘The Normans, my lady.’

Why did Lady Alice care if a Saxon was betrayed?

Alice went on in a low voice, ‘They speared him with one of the swords he had stolen and strung him up as an example to others.’

Elditha studied the woman. She looked worn and sad. There was no time to fathom this now. ‘Send for a cup of warm wine for her to drink. And I will have my seax back.’

Elditha held out her hand and Alice returned it saying, ‘That girl was foolish but I should have sent slaves to care for her sooner.’

‘God will forgive you,’ Elditha said. ‘Hush, the servants; I think we can save her.’

Two servants hung a curtain from the garment hooks protruding from the pillars of the alcove. A woman brought a kettle of boiling water; another brought a sponge and stripes of linen and placed them on the alcove bench. One of the torch holders returned with a flask of
wine and a cup. ‘And bring me the herbs,’ Elditha said. She pulled the package from her purse, opened it and took a pinch of the powder and dropped it into the wine. This she held to the girl’s lips. ‘Sip slowly,’ she said. ‘It will ease the baby’s passage.’

‘Do not look on my face. I have no husband. It will bring you misfortune.’ The girl gasped. ‘Lady Alice despises me...’

‘Do not speak nonsense,’ said Elditha. ‘You have no need to be ashamed. And I do not believe in bad luck. We make our own. Drink slowly.’ And when she looked up again, she noticed, for the first time, a smile hovering about Alice’s pursed lips. Her face looked less pinched for it.

They eased a linen sheet over the stinking straw and beneath the girl. She untied the strap that had held her knife and gave it to her. When a great pain grasped the girl, she bit hard on the strip of leather and grasped Elditha’s hand so hard that Elditha wondered how such a small creature could cling so strongly. Then her grasp eased. ‘It is like being in a boat riding on a wave,’ Elditha said, and at last the curtain moved aside. The servant had returned with a small basket of herbs.

‘Let the curtain fall,’ Elditha ordered, as she took the basket from the servant. She dropped mint and fennel into the water and dipped a rag into it.

She asked the servant to help Alice to lift the girl’s skirt, gently wiped the girl and felt inside her. ‘I can feel your baby’s head.’ She glanced up and said. ‘What is your name?’

‘Greta.’

‘Greta, push now because I have the head. Your baby will be born in the sign of the ram, Aries, and that is a good strong sign.’ She spoke to Alice. ‘Make her sneeze. A feather from her pillow will do it.’
Alice drew out a feather, peered down at Greta and tickled her nose. ‘Push,’ Elditha said. Alice tickled the inside of the girl’s nostrils again. Greta’s nose wriggled. With a great sneeze and a final push her baby was born.

‘Well done,’ Elditha said, as she caught the baby and stared at it. ‘A girl, Greta, you have a girl.’

Elditha slapped the baby into life and felt joy at her healthy cry. She wiped away the blood from the baby’s face with a clean wet linen cloth, wrung it out and carefully wiped away mucous from her delicate nose and mouth. She pressed back the baby girl’s tiny ears and laid her on Greta’s breast. ‘She is healthy. Have you a name?’

Greta shook her head.

‘The Queen who once lived in this palace was called Ethelfreda. She was King Alfred’s daughter. I think it would be a good name for her.’

‘Ethelfreda is a princess?’ Greta said.

Alice smiled, ‘My lady, you fill this girl’s head with nonsense.’

Nonsense yourself, Alice of Gloucester, thought Elditha but she said, ‘Thank the Mother of Heaven, Greta, that I was here this night, because you will live to have grandchildren.’ She measured three fingers from the baby’s belly, cut the cord and tied it. She looked down. No afterbirth. ‘Can you push again, just once?’ Greta pushed. The afterbirth was safely expelled.

Alice cleaned it away into a basin. She frowned. ‘My lady, it is not good.’

Elditha looked at the sheet. Greta was bleeding copiously.

‘Alice of Gloucester,’ Elditha said, giving Alice the powdered mugwort root, ‘we can stop this too. She will need a combination of herbs to drink regularly now. Put a little of this powder into a mixture of sage, pennyroyal, willow weed. Bathe her with the rest.’
But before Alice could reply, the curtain was sharply dragged away and a black-clad figure bent down to enter. ‘You asked for a priest...’ he said, then stopped and stared at Elditha. ‘So, the Lady Elditha is in charge here.’ Brother Francis drew himself up to his full height and folded his hands under the sleeves of his habit.

The servant who followed said to Alice, ‘My Lord has sent him.’

He looked like some tall brooding crow. Why was he here? Elditha glared at him and then spoke with authority in her voice, ‘The child is healthy. You may thank God for a new life.’

Brother Francis looked aghast. He turned from Elditha to Alice, and reached out and snatched the purse she held from her. He turned it over. ‘I recognise this purse. Our church forbids the Devil’s root.’ He shifted his cold gaze to Elditha again. ‘It is witchcraft,’ he said.

‘Brother Francis, it is no such thing. Prayer is the business of monks. Do not meddle in the affairs of women.’ She turned to Alice. ‘It has been a long night. Leave two of your women here and send the meddling monk away.’ She held out her hand towards the priest. ‘Give it back to me or I shall speak with my lord Alain.’ Brother Francis grudgingly placed the purse in Elditha’s opened hand. ‘We shall see what Count Alain has to say.’

‘Tell the servants to use this sparingly,’ she said to Alice, ignoring the monk. ‘A little in the washing water,’ she said. ‘Keep her clean. Bathe her and change the sheet.’

‘Witch,’ Brother Francis muttered and drew the sign of the cross before lifting the curtain and disappearing into the hall.

The chapel bell rang for Matins. In a few hours the cocks would crow. Elditha was tired.

Alice said as she set a candle on a stool, ‘My lady. I will see that they are cared for. Count Alain will hear of this. The monk will complain.’
Elditha shrugged, turned her back and plunged her hands into the basin of water sat on a stand. The water became streaked with brown. She didn’t care what Count Alain thought. Nor, right now, did she care how Brother Francis had come to Gloucester or what revenge he was intending.

‘My lady,’ Alice said as she handed Elditha a napkin. ‘Lady Elditha, I am not as I seem.’

Elditha said, turning to face the woman, ‘I have wondered what or who you are. How are you then?’

Alice said, ‘My father is English. He is with the rebels in the woods.’ She placed a finger on her lips. ‘This will be difficult, dangerous beyond belief. I had not intended to save you but I shall try to help you and the skald. Shush, the guards are beyond the door. I shall return in the morning.’ She crossed to the door and turned to add in a low tone that was almost a whisper, ‘You supported the girl. I won’t forget that kindness. I had turned my back to her.’ Alice quietly opened the door, bolted it and was gone without explanation.

Elditha did not know if she could trust this woman. On her own, it might be possible to escape from the hall itself, but the palace yard, through the stockade, the woods and out into the darkness beyond? And she needed help to save Padar. She fell onto the bed exhausted. To her surprise, the next morning, she discovered that she had fallen into a deep and dreamless sleep.
‘My lady, are you awake?’ The voice came from close to her pillow. Wide awake, Elditha sat up. ‘You will be hungry, so break your fast.’ Alice indicated the table below a high, shuttered window. ‘There is bread, butter and small beer, but hurry. Lord Alain asks that you join him for prayer. Later, he says, you must dine in the hall.’

‘What if I decline?’

‘You won’t save the skald that way. Agree to dine with Count Alain. I can help you flee.’

Alice sank onto the stool by the table. ‘You must do as he says and arouse no suspicion. I do this every day. Lady Elditha, I lost my husband at Hastings fighting with Count Alain’s Bretons. Alain of Brittany was his cousin. Yet I am born English. Since Senlac, I have seen for myself English lands pillaged, crops stolen and women used and abused. When war comes to the countryside, the poor suffer. So my father has sworn loyalty to the silvatii. They will free your skald.’ She hurried to the door, opened it, looked out, closed it again, returned to Elditha’s side and lowered her voice. ‘Tonight is Holy Friday. The soldiers will be at prayer and Count Alain too. Your door will be unbolted and unguarded. Slip out, keep your mantle close. You will have to get through this hall and out of the back of the first hall. You must get down to the river before they start searching for you. Take the track behind the hall into the woods. On the pathway a boy will be waiting for you. He will guide you. I know that a ship is expected on the Severn.’

‘And Padar?’

‘We will rescue him but he may not be able to go with you on the ship. You must go without him.’
Elditha pulled the blanket around her shoulders. ‘In that case there is no choice but promise me you will help him.’

The woman nodded her reply and left Elditha to break her fast.

A little later, Elditha pushed the unlocked door ajar and peered out of the curtain that separated the chamber from the hall. The west hall was full of soldiers and women were stirring pots on the great central fire. Alice was directing them. Closing the door softly, she went to peer under the bed. Yes, the old chest was still there. She pulled it towards her and opened the lid. It contained a broken saddle. This part of the Hall was near to the stables. When the west hall was constructed the hatchway had been set into the floor planking, designed so that old Earl Godwin could slip in and out and reach his horses secretly by night.

She made herself as flat as she could, crawled under the bed and traced the outline with her fingers. She felt around, moving her hands over the rough planks of the floor. The wooden ring lay flat against the floor. If she moved the low bed it would be easier. She could pull up the trap door and drop down into the undergrowth below, close to the stable doors. As she pushed the box back over the trap door she felt something caught on the chest and pulled it away.

‘My lady? What are you doing?’

Elditha wriggled out, straightened up and brushed one hand along her dress. A maid followed Alice. She must not speak of the trapdoor. ‘I dropped my pendant, Alice,’ she said and held up the trinket she had dragged from the box, a tiny garnet that dangled from a gold chain. She slipped it over her head, praying silently that the pendant she had lost many years before would now bring her good fortune. The chapel bells began to ring as Alice handed Elditha her cloak. They were just in time for Sext.
Conversation, the spitting of the fire and the clanking of pewter spoons on the table: this was no different to other feasts held at Kingsholm, except that Harold was dead and she was sitting next to Count Alain at the top table. She observed the faces of minor thanes, faces that were lit by firelight into familiarity. Sitting with Count Alain were those who had, like Beorhtric, thrown their lot in with the conquerors, hoping to hold onto their lands. At least their wives had the grace not to meet her cold stare. Further down the board she picked out a face that she had never seen before, a man with his head shaved in Norman fashion. She watched him turn to speak with Brother Francis. The two men were familiar with each other.

‘Wadard, Bishop Odo’s man,’ said Count Alain in French, seeing her look at the man, ‘He is with Brother Francis, whom I hear that you displeased only yesterday. It is as well that I am not of Normandy. We Bretons do not pander to priests.’ She contemplated the plate, gold and probably stolen from the English, and did not reply. Count Alain lifted the choicest pieces of fish and offered them to her saying in French, ‘Fish and lentils test a man.’

‘And a woman,’ she responded in English. After a while she said, ‘My Lord, we must talk. My skald is a prisoner. I do not want him hurt. I want him back.’

‘We negotiated before. Norman soldiers dead. Your escort murdered and you abducted by this creature and his accomplices.’

‘I was not abducted…’

‘N’est pas vrai, my lady. No more of it. We are to be espoused in London in May when La Reine Matilde is come. You will meet our new Queen.’

‘Count Alain.’ Elditha looked down at the gleaming plate and pushed it away. ‘I find I am tired.’ She began to rise. ‘I wish to retire.’

‘But first, a glass of sweet wine and, well,’ he played with his eating knife for a few moments, slowing turning it over in his hand, ‘shall I tell you about your son?’
She nodded. As a sling shot catches a hedge sparrow, his words had found their mark. He clicked his fingers at a servant, called for hippocras, lifted the curtain behind his chair aside and ushered her through into what had been once, a long time before, King Edward’s antechamber.

He indicated the chair that once had been Edith Godwin’s. Alice served wine and sweet cakes before retiring into the shadows. Elditha gathered her courage. She would tell Alice to lock the chamber door, for her own sake, and she would explain about the trapdoor. Elditha waited for Count Alain to speak, her hands folded neatly in her lap and her gaze steady. ‘Tell me about my son,’ she said at last.

‘The child is with his nurse and with other royal children. The news from Normandy is that Ulf is happy. We can allow my stepson to live on in Normandy. They will make a priest of him.’

Elditha felt tears well up behind her eyes. ‘Ulf is too little to know his future.’

‘It is not for him to decide. Who knows?’ he said. ‘Perhaps you can give me a son.’

‘My eldest son is not much younger than you.’

‘Godwin is seven years my junior. Besides, Queen Emma gave Canute a son when she was thirty-six. We shall better that and have two.’

She sat silently sipping the wine. He spoke of wedding plans. Candles burned, wax melted. At last he rose, saying that he must attend the midnight service with his soldiers. ‘Tomorrow we shall observe all the services together. We set out for London after Easter Day. If there is anything you need, Alice will see to it.’

As he swept through the curtain, Elditha prayed to St Cecilia that this was to be their final encounter.

‘My lady,’ Alice said softly from the shadows, ‘there is no time to lose. It is best that you slip away when they are at chapel.’
In a low voice Elditha explained how she would leave through the trapdoor.

‘I shall lock the outer door to your chamber but I shall leave before dawn also. I intend to join with my father and the men and women who live in the woods. I have had enough of Count Alain. He was my husband’s cousin, not mine. God go with you.’ Alice clasped Elditha’s hands. ‘We will save the skald, I promise this. But tonight, Elditha, you must travel alone, and may God go with you.’

‘Send him to Exeter. He will be safe there,’ Elditha whispered.

When the church bell sounded, Elditha climbed off the bed and drew on her mantle. Pulling with her whole weight she dragged the bed back from the wall. The bell continued to toll, and monotonous as the sound was, she was glad of it as it hid her noise. She moved the chest until it was possible to pull on the ring and haul up the trap door. She threw her saddlebag down first and then she dropped through the hole onto the earth below after it. Bending low, she crept forward but just as she was almost ready to break her cover, she stopped. She could see the hem of a black gown moving slowly beyond her. It paused and she caught a whiff of incense. A pair of woollen-clad, heavy-booted legs stopped beside the gown. Brother Francis and another, the man Wadard, but if she kept very still, hardly daring to breathe, she would not be discovered. She was able to snatch at slices of their conversation. Brother Francis asked Wadard where he was going at so late an hour. Wadard replied, ‘Deerhurst, and after that I ride to London.’

‘Do not fail to speak of my part in it to the Bishop. And now, Wadard, we part company. My Lord Alain is waiting...’ They moved off towards the chapel, their words became indistinct. Then they were gone and there was quiet, except for the bell’s impatient toll.
She lay on the damp earth and wriggled forward, pushing her satchel before her. She peered out into darkness and drizzle. If she hurried through the stamping, the coughs and the swishing of tails and kept close to the stable, the horses would cover her footfalls. A groom called to another from inside the barn to get horses ready for Wadard. She must be quick. She watched the stable door and listened; the clip of horses beyond, and voices, many voices; Wadard was leaving by the front yard. Clutching her bag she hurtled towards the path into the woodland, lightly sliding through trees to the river, hearing every breath she took, every rustle in the undergrowth. Ghosts flitted past her, imaginary things closed in on her, and water dripped from overhead branches. She hurried forward through cracking twigs and under shadowy trees. At last, she could hear the river’s lapping.

She waited and when no one came, she wondered if she should continue along the path. The moonlight slid along the branches, dark and bruised, blue–white, like thinning ancient skin. Cloud obscured the moon, and then she could see nothing.

‘My lady.’ The soft whisper brushed past her ear, making her start. A hand clutched her arm and she dropped the saddlebag. A figure emerged out of the gloom leading a horse and a cart, a slight youth, no older than her son Magnus. The boy stopped momentarily and pointed, indicating that she must climb up and crawl under the sacking in the wagon.

‘Try to sleep, my lady,’ he whispered and then he carefully and slowly turned the cart around and they were off. He had hardly stopped.

The cart jolted gently through the trees and, eventually, wrapped in the warmth of sacking, she began to doze.
There was a clash of shields. The Vikings came, enraged by battle. Many a spear passed through the life-house of the doomed.

*The Battle of Maldon.*

Water sloshed through the long grasses beyond the cart. Confused for a moment, Elditha threw off the sacks and climbed down and came around to the front of the wagon. The drizzle had stopped and the pallid, veined moon was visible above. They were beside a wide river. Their cart was under a dripping tree. The boy had slumped over. He was wrapped in a cloak asleep, the reins loose in his hands and the horse was patiently grazing amongst the tall grasses. At her movement, he awakened and jumped down.

‘My lady, we are on the Severn, at a place where the river is at its widest and deepest. Across there,’ he pointed, ‘a half mile off, the kingdom of the Welsh. The ship should have come by now.’ He walked forward into the reeds and stood absolutely still. In the distance, she could hear voices calling into the night and hoofs thudding on bracken. She pulled her seax from her belt.

He hurried back, saw her seax and said, ‘You hear them too. Beorthric’s men are coming through the woods, maybe two furlongs off.’ He looked about them. ‘There is tree cover between us and the jetty up there.’

‘How far is the jetty?’ Elditha said putting back her knife.

‘Not far. Wait here.’ He pushed through grasses to the shore and returned saying, ‘The ship is here. See for yourself. It is opposite the jetty up there, anchored in mid-river. We must pull the cart back into the trees and let the horse graze.’

They led the horse back and looped the nag’s rope over a branch. Elditha lifted her saddle-bag from the cart and bending low made their way to the river bank. Beyond the tall grass, where the wide grey, heaving river threatened to open and swallow them, she could see
a large vessel at rest around two furlongs out, silhouetted against the sky with its sails down, a mighty bird with tired wings. Some distance off, to their right, a wooden jetty thrust out into the water. Already riders were gathering in a large group and were silently watching the ship.

The youth pulled her into the tall reeds.
‘They are dropping currachs from the big ship.’
‘How long will they be?’
‘They need to find us, but remember, they will still think that Lord Beorhtric is your man.’

She parted the grasses and peered up stream. She could hear voices echoing over the stretch of water that separated shore from ship. Beorthric’s men had cut off access to the jetty and were sitting rigid in their saddles watching the water. She counted half a dozen riders, maybe more. Looking towards the big ship she could men climbing into currachs. Moments later three currachs were rowing towards the jetty and the sailors were lowering a fourth into the water.

‘Stay here,’ the youth whispered, ‘Beorhtric’s riders must not see us, so I’ll swim out.’ He pulled off his boots and shirt and crawled to the river. He slid into the water and glided off, keeping below the surface, occasionally coming up for air. She stuffed his grubby shirt into her saddlebag and held onto his precious boots. As he glided below the water, she tracked his progress by the air bubbles as he came up to breathe. Time was punctuated by shouts upstream, the snorting of horses, taunts and the sound of weapons clanking against shields.

The first two boats reached the jetty. A third and fourth were still around a furlong out in the river. The boy rose up for air again, half way to them. She laid her head on the sheepskin bag with her arms forward, protectively encircling it, and turned sideways again.
The Norsemen, all helmets and long nose pieces that glinted through the moonlight, were climbing onto the jetty. They faced the horsemen who had gathered on the stony crescent by the jetty’s platform. Words were exchanged. She thought that she heard her name called out. Then she saw a rider trot forward. It could be Beorhtric himself. Something was shouted back to the currachs still on the water and, in a synchronised movement, the men on the currachs out in the water raised their bows and began to shoot. Beorhtric, if it was him, backed off. Another horse, a dark stallion caught by an arrow reared up. Its agonised whinny reverberated down-river towards her as it threw its rider to the ground. One of the Norsemen raced forward and cut the soldier down, and as he did, the horse thundered off through the trees. Beorhtric’s men fell to and lashed out with their swords, their horses leaping and careering. Elditha could see that their numbers were evenly matched. Those on horseback had the advantage of height as long as they were not caught by arrow fire. The Norsemen on the landing stage fought back. She closed her eyes and prayed for help and when she opened them again, weapons were flashing through the grey dawn. The noise was deafening, the air full of shouts and the ringing of swords. The battle was coming towards her.

The horsemen drove the Norsemen before them into the trees behind her, between the cart and shoreline. The arrows-men rowed their currachs closer to the shore, closer to her hiding place. As arrows flew overhead, Elditha wriggled forward into taller grasses. She whispered her prayers, not daring to raise her head to look behind again. Then glancing over the water, she saw her rescue. One currach glided close to where she lay but she did not dare stand up and reveal herself. Then she saw the trail of bubbles. The youth was swimming alongside it. St Cecilia had answered her prayer.

The oarsmen stopped rowing a little way from the shore. The boy raised his head and called out, ‘Jump for it!’ She stood up, tossed her bag forward into the currach, then the boots. She gathered up her skirt and tried to jump forward but her foot caught in the folds of
her mantle and she flew forward into the river. For a moment the cloak dragged her down. Arms reached down to catch her. She tried to swim but could not. Something caught at her legs. For a moment she thought that she would die here, within the grasp of a river snake. But then she was being lifted up from below. The snake was spitting her out. Her vision cleared and she saw the boy’s face beside her own. As they hauled her on board, she choked and spat out river water. She was alive. The boy swam alongside the craft until he, too, was pulled aboard. With the two extra bodies on board, the currach was riding dangerously low in the river but it moved slowly away from the shore.

Elditha looked back at the shore where the horsemen were fighting close to her hiding place. She heard the nag whinny from the trees and she just could see its bulky shape as it bolted into the woods. It was dragging the cart behind. The Norsemen yelled and slashed at horses’ fore legs, causing them to throw riders. Elditha gripped the side of the currach, her teeth chattering. She watched the boy watching the shore. His eyes were round and staring. No wonder. He was not going home. She reached out and took his hand.

At last their currach had reached the mother ship. Seamen were calling down to her, ‘Hold onto the rope.’ She clutched it. Hands lifted her up from behind and hauled her to safety on board. The oarsmen drew up their skin boat after them. She sank against the walls of the Viking craft. The tide began to turn and they were already manoeuvring the great ship round.

She heard the call of a horn echo across the river and looked back toward the shore. Warriors hurtled through the grass. As the horsemen pursued, swiping with swords, they leapt into the river and struggled through reeds holding shields aloft, slashing a way clear with swords, staying close to the shoreline and steadily moving back along it to the jetty. The arrows-men provided cover as the warriors reached their currachs. They untied them, climbed
into them and rowed back out into the river. But three did not make it. They remained trapped on the river bank where the horsemen had caged them in.

Beorthric’s men easily destroyed these last warriors. Elditha looked away as their dying screams reached out into the night, bouncing off the water. It was for her that these men had fought so courageously. Someone threw a blanket over her shoulders and said. ‘It’s over. We’re headed for the Irish Ocean.’

‘What do they call this ship,’ she asked.

‘The Sea Serpent.’

She turned to see who was speaking. ‘You!’ she said.

‘Why so surprised? I have long been of service to the Godwin family. Your sons will be pleased to see you, Elditha.’ Earl Connor looked down towards the small crafts that had reached them. The great ship was now moving forward with the turned tide. He yelled, ‘Hurry, get them up.’ The sailors threw a rope down and hauled the fighters on board. The ship heaved as the last skin boat was thrust along a tunnel of warriors and into the stern.

‘Row hard, we’ve caught our tide, men.’ Connor pointed up at the boat’s two sails, directing his sea men to raise them. She was dripping river water but she did not care. ‘We are not clear until we are in the Channel,’ he warned. ‘They will ride along the bank and summon ships to cut us off.’

‘Beorthric’s men,’ she said pointing to the bank, ‘that bastard traitor.’

‘Outrun them,’ Connor shouted at his crew. He glanced at the youth who clung to the walls of the boat and tossed a leather flask to the boy. ‘Here, take the flask and drink, lad, and take an oar too. It will warm you up. Three of my best oarsmen are murdered on that jetty.’ He returned to the front of the craft.

The youth drank and spluttered and passed the flask to Elditha. ‘My lady, you must go inside the covers. It will be a long cold night.’
As she drank, the liquid filled her belly with fire and warmed her. The boy clambered back through the stern and took up a rowing place beside the Norsemen.

She did not go under the shelter yet but leaned against the side of the ship. A wind blew from the north, helping to push the craft onward. Earl Connor’s dark mantle flapped in the wind and his hair steamed behind him. The oarsmen grunted as they pulled back and forward. Elditha watched the horsemen galloping along the bank. Curses flew over the water to merge with the plashing of oars, rowers’ grunts and the wind’s keening. The horsemen tried to keep pace with the boat. Eventually, the pursuit slowed and shouts faded into the distance. Beorthric’s men lined up on the riverbank, watched for a moment and turned into the trees.

Beorthric’s family had once been their people. If thanes who kept halls by the Severn joined with the invaders, what hope had her sons of recovering a kingdom? She stared into the widening channel that would lead them to the sea and into Ireland and felt ashamed for Beorhtric. She prayed that Padar had escaped and that he was making his way to Exeter.
Meanwhile the English were groaning under the Norman yoke, the petty lords guarding castles oppressed all the native inhabitants of high and low degree and heaped shameful burdens on them. The English groaned aloud for their lost liberty and plotted ceaselessly to find some way of shaking off the yoke that was so intolerable and unaccustomed.

At this time, the force of citizens held Exeter, young and old seething with anger against every inhabitant of Gaul.

Oderic Vitalis, writing in the twelfth century.
Within months of her arrival, the Countess Gytha created a kingdom of women in her palace at Exeter, a collection of one-storied buildings surrounded by orchards that was situated close to the city’s northern wall. Hilda, Gytha’s youngest daughter, set out to Exeter from her estate near Wallingford. She travelled west with a small train and three wagons containing chests of silver and gold, one filled with church paraphernalia, and a fifth wagon just for her tapestries. Soon, other noble women who dwelled in the west sought Gytha’s protection. They came carrying their children and their treasures; all that was left to them after their husbands were killed in the great Battle.

Gytha’s bower hall reverberated with the bird-like lightness of their voices. Women dropped spindles and spun thread; they busied themselves in the brewery; they made cheese and butter in the large dairy; they baked bread and competed to invent new puddings for Lent. The women of Exeter worked hard to bring a renewed rhythm into their broken lives.

As spring emerged, the countess walked in the garden with her granddaughter, inspecting plants and looking for new growth. Thea climbed up on the wall and walked a little way along it. After a few moments she shouted down, ‘There are travellers by the North Gate. I can see a man riding a large black horse and a woman on a brown mare…and churchmen crossing the moor. I think that must be Bishop Leofric with one, two, three, six monks, all riding horses. Do you think that the Bishop will bring news from my mother?’

Gytha looked up at the wall and leaned her leather-gloved hands on her stick. ‘How would the Bishop have news of Elditha, child? The boy Padar sent us said she was travelling away from trouble, not into it. Hopefully she’s safe with your brothers by now.’
Thea shouted back down, ‘Grandmother, please write and find out.’

‘Maybe soon; now come down off that wall. We are going to find a gift for the good Bishop Leofric.’ She grunted. The Bishop of Exeter might be turning his mantle. Leofric would need a special gift this Easter to keep him sweet. She snapped her fingers at two women who were gathering primroses. ‘Go inside and find jars for the posies. Put them in my chamber.’ She pointed her stick at Thea, who had just jumped off the bottom step. ‘And Thea, you follow me.’

She led the girl to stone stairs that descended the outside wall of the palace. A small door below opened into cellars below her main hall. ‘You go first,’ she told Thea. Following, staying close to the wall, Gytha felt each step with her stick, before placing her foot on the next, until they reached the bottom. She selected the larger of two keys from her belt ring, pushed it into the barrel lock and creakingly turned it. She pushed the door. It didn’t shift. ‘The wood has swollen with the rain. No one has fetched anything up for a week,’ she grumbled.

‘I can do it.’ Thea put her weight against it. It was still sticking. She pushed harder until with a groan it gave way.

‘Wait, Grandmother, there are lamps.’ Thea leaned down and lifted a tinder box kept ready by the entrance. She struck a spark, lit a spindle, and with it three lamps which she placed carefully along the length of the cellar. The lamps lit up the under-croft’s shadows. Shapes became objects and gradually Gytha’s eyes adjusted.

A sequence of spaces lay underneath the hall paralleling the alcoves above, containing stored tableware, large bowls carved of oak and metal pans. ‘The women rescued all they could from their halls before coming here,’ Gytha remarked. ‘Come I need to show you something else.’
Herbs hung from the rafters to dry. Along the walls, flasks of mead and barrels of wine stood neatly stacked in rows. Her cellars contained sacks of dried lavender; fat sacks of goose feathers and several packs overflowing with duck feathers. In one corner of the undercroft, two chairs awaited the attention of Edgar, their new carpenter. Sacks filled with oily fleece waited for Gytha’s ladies to spin it into wool. She led Thea past them all. At the back of the cellar, just below the countess’s sleeping chamber, there was another room. ‘In this cellar we shall find a gift for Bishop Leofric.’ She unlocked the door and pushed it expecting it to stick but it gave way without difficulty. Once they were inside she lifted the lids of several chests.

Thea gasped. She had never seen so much gold and silver. ‘It must be greater than the treasury in Winchester, Grandmother.’

‘Indeed, and some of it will provide your dowry.’

Thea went from coffer to coffer as Gytha opened lids. There was one filled with expensive cloth, then one with a hoard of glittering jewels, amber and garnets set into silver. Next to it stood another chest filled with books on hawking, scriptures, psalms and poetry.

‘These, my dear, belonged to your father.’ Gytha explained. ‘He collected books and I have saved these ones. The Bastard stole my sons. He will not have Harold’s books.’

‘How did you get them here?’

‘I sent for them in December. When the sea was emptied of shipping, my messengers sailed to Bosham. They raided the hall and brought them out.’

‘I never knew.’

‘You don’t know everything, Thea. God help us if you did.’

‘I can keep secrets, Grandmother.’

‘Secrets are dangerous.’ She knew this only too well. In her time she had kept many.
There were other chests in the hidden chamber, beautiful painted wooden boxes containing gold and silver cups and plate, large and small gem-studded ornaments. One cedar-scented coffer held valuable tapestries. ‘Smell it, Thea.’ Thea inhaled its exotic, musty smell. ‘And there,’ said the countess pointing with her stick. ‘There, you see, my dear, how I have protected my ladies’ futures. Wouldn’t the Bastard like to get his wolf paws on all of this?’ She pointed to a row of chests neatly placed at the far end of the room. Thea held up the lamp and peered at them. These were the treasures carried to Exeter by the noblewomen who had fled into Gytha’s care that winter; these were their most precious possessions: jewel boxes, small panels of wood painted with Biblical scenes and touched with gold paint; rolls of valuable silk cloth and great tapestries. Gytha released a sigh and leaned on Thea’s arm. ‘Never speak of what we have in our care outside this cellar.’

‘No, Grandmother, I promise.’ Thea looked at Gytha with her dark solemn eyes. ‘Never,’ she whispered.

‘That chest over there is locked.’ Gytha removed a small brass key from her belt ring and pointed to a chest which had a lid that was painted with a blue-robed pregnant Madonna. ‘Take this key and open it,’ she said.

Thea twisted the key and the lock opened. She cautiously lifted the chest’s painted lid. Gytha hobbled closer. Peering in and probing with her stick, she daintily poked about a collection of ornate boxes. ‘Ah, there it is, that casket,’ she said with one final tap of the tip of her stick. ‘Just look at the garnet in that crystal lid. There’s a slither of the holy cross inside, brought to England by St Helena herself - if you believe it. It is our most valuable relic. Carry the casket upstairs for me.’ She tut-tutted to herself as she slammed down all the lids that remained opened. This was a present that the greedy Bishop would surely covet.
Later, they dressed in their richest over-gowns to visit the Bishop of Exeter. Gytha remarked as they came into the court yard, ‘Your grandfather always said, intimidate the clergy with your own power, dress proudly and travel in elegance. Our power may be reduced, but the Bishop must not see it.’ Their litter was draped with heavy wool curtains decorated with Grecian figures that were spinning threads. They used it to descend the hill from the palace and attend vespers in the Cathedral. Today it was pulled by two white horses, their silver harnesses studded with amber decorations.

Bishop Leofric received them in his hall. He led Gytha to a comfortable padded chair by the hearth. Servants placed wine and cakes on the small carved table close to the countess’s elbow and, for a while, they exchanged pleasantries, drank a cup of wine and nibbled hazelnut cakes. Gytha asked about his journey to Winchester.

He told them that Norman troops were busy guarding the roads south of Gloucester. He then remarked, ‘Bishop Odo will be collecting the King’s taxes here soon.’

‘Really?’ said Gytha drily. ‘There’s no coin for tax here.’

Bishop Leofric went on, ‘Well you know that the King…’ She frowned and then noticed how he quickly shifted tack, ‘I mean, Duke William, is in Normandy.’

‘And he has my grandson with him.’

The Bishop coughed. ‘Countess, here there is nothing we can do about that. The child is motherless since Lady Elditha disappeared…’

‘Nonsense, he has a grandmother, aunts, sisters and I want you to work for his return. Ulf belongs here with his family.’

‘The child is a guarantee that there will not be rebellion in Wessex.’

‘If they leave us alone, we’ll leave them alone.’ She knew that was a lie but said it anyway. Her grandsons would plot revenge, and so would she. Aloud, she said, ‘Continue, Leofric, you were speaking of Bishop Odo.’
‘The Bishop has taxed Winchester and Oxford too, so we must expect the same here. Of course, in return we get a new castle for our town’s protection.’ Bishop Leofric shifted his plump feet on his cushioned footstool.

‘Let him try that here, Leofric, and he will see how we resist. Just watch tax collectors come to my towns. They will be seen off back to London. Do you think I shall allow the Bastard to tax us or let him get a castle built in my city?’ She tapped the tiles impatiently with her stick. ‘So, Leofric, I hear that you visited Wilton on your travels. What news do you bring of my granddaughter?’

Leofric bowed his head. ‘She is with her aunt, Countess. Gunnhild draws designs for lettering. She is talented, an unusual child, and she appears happy there. Edith has sent an answer to your letter of last month.’ He waved to a monk who hovered close to him. The monk ducked behind an arras, and returned moments later with Edith’s letter.

The countess passed it to Thea. ‘My dear, put it away for now.’

‘Don’t you wish me to read it to you?’ the bishop offered.

‘No need. But before we leave, my Lord Bishop, we have an Easter gift for you.’ She looked at her granddaughter and reached out her hands. ‘Thea, the gift.’

Thea handed Gytha a linen sack. Gytha took it and held on to it, amused, watching the bishop’s eyes goggle with anticipation. At last she passed it over into his podgy jewelled hands.

The Bishop lost no time unwinding the silk cord that tied the neck of it. He drew out the gift. He gasped and turned the box around and around, examining it. ‘Countess, what a marvellous thing and what a truly magnificent garnet.’ He held it up to the sconce light. It seemed to glow. ‘It is a crystal box!’ he exclaimed. His rubicund face creased with smiles. He delicately tapped the side. ‘What treasure lies inside this casket? A finger, a bone, a fragment of the Madonna’s veil?’
'A slither of the cross.'

'How unusual!'

Determined to remind him of where his loyalty ought to lie, she said quickly, 'In return for this Easter gift to the Cathedral, masses must be sung for my sons’ souls.'

'Countess, it is done.' He passed the crystal casket to a hovering monk. 'Place this in my chamber, Brother Paul.' He reached out and touched Gytha’s gloved hand with his plump fingers. 'Now, Countess, before you leave us, I have something to ask of you too.'

'Do.' Gytha wondered what the Bishop could possibly want of her now.

'I met with travellers on the road west, a thane and his wife who request speech with you. These are wealthy travellers. They have already made a generous donation to my church of St Mary’s. May I send them to you?'

'Very well, Bishop. Send them to me tomorrow.' She gathered up her mantle, took her leave and, linking her arm in Thea’s, she hurried back to her waiting litter. She grimaced as the litter jolted and rattled her bones as they climbed up the steep rutted path to the palace. Yet, all told, the interview had had a satisfactory outcome. She had made it very clear to the Bishop who was the power in this city.

Later, in the privacy of her chamber, she read that Gunnhild would remain in Wilton. She sighed and put the letter away. The girl was probably safer in Wilton Abbey than in a city that the Bastard had marked out for his attention. On the following evening, though, Gytha received more news when Alfred and Gertrude entered her palace. When Alfred had told her all, she said, 'I am glad you did not reveal your true story to Bishop Leofric. You have suffered on our account.' She reached out and patted Gertrude’s knee. 'My home is yours for as long as is necessary.' Gertrude wiped tears from her eyes. Gytha found them sleeping space in an alcove at the back of the main hall, almost a room, since it contained a curtained
box bed made of beech wood and carved with Wessex dragons. ‘We used that bed ourselves when Godwin first built this hall. I was keeping this space for Gunnhild but I fear she will never return to us.’

Gertrude said she was sorry that Gunnhild could not come to Exeter. She told Gytha about the gift. ‘Countess, it was a terrible mistake, a dreadful, careless thing to do. It has brought about this disaster and I fear to think what revenge my action may be wrecking even now.’

Gytha said, ‘Elditha did not use her wits either. Now it is in the past. You were not to know what could evolve.’ She took Gertrude’s hand. ‘And, my dear, you will be welcomed by the ladies in my bower.’ She turned to Alfred. ‘I almost forgot to ask. What tale did you tell the Bishop?’

‘That the Normans took my estate.’

‘Ah, then, we must think of something suitable for you to do here. In the meantime, you can join my guard.’

That night as she lay awake, Gytha wondered how Alfred could use his skills to their benefit. Gradually an idea formed itself in her mind. She shifted her aching bones in her feathered bed and folded her ancient hands under her chin as her idea grew like a ball of tapestry wool weaving webs of intrigue. If Alfred could forge coin of silver, then perhaps he could work with other metals too. They may need to defend Exeter. At length she snuffed out her candle. Satisfied with her plan she turned on her side, curled up like a younger woman and drifted into a pleasant sleep.

A new pattern of living emerged for Gertrude. She mended linen, embroidered with her exquisite stitching and told stories of the Queen of the fairies and her husband who lived on the heaths, moving as royalty does move, from invisible winter halls to summer bowers. Her
collection of stories included tales of elves with their mischief and accounts of fat evil trolls who dwelled in the summer-lit northlands but by winter moonlight travelled in sleighs over tundra of hard-packed snow. Gytha smiled to watch Thea become animated. Her granddaughter was entranced by Gertrude. Perhaps she was a tenuous link to Thea’s mother, or more likely to the world of her imagination where she believed she would wed a prince.

On a soft April day, Gytha collected her ladies together in the palace yard and suggested that they ride out to the small Priory of Our Lady. It was attached to the Abbey of St Ronan’s vast estate and conveniently secreted amongst trees close to the river. It was time to call on her old friend the prioress since she planned to involve both Alfred and Prioress Mildryth in her plans for Exeter’s protection.

Grooms led mares out from the stable and helped the women mount. A small guard followed on foot to protect them. City wives and traders fell to their knees as they trotted through the morning market. They made slow progress down the rutted path from the palace and through the narrow streets because Gytha would stop and ask her men to distribute purses of pennies to the poor.

‘God bless the House of Godwin,’ a woman cried out as she caught a miniscule linen purse.

‘St Osyth watch over you,’ the countess called graciously back.

‘May the Holy Virgin bless you, Countess.’

She bowed her head and acknowledged them all. She was gladdened in her heart that here in this Godwin outpost, her House had always been much loved by the people. Chattering, with their bridle bells jingling, the women processed through the River Gate towards St Osyth’s cross and past the wharfs. They crossed a bridge to continue along a sunken track close to the river. A watermill creaked. Birds sang in trees. Spring flowers released their scent as horses trod on them. Gytha felt stronger, much younger than her sixty
five years as she rode through the sunshine. Her troubles, for a while, could be hidden away behind Exeter’s stout walls.

Shortly after noon they rode into the priory’s courtyard. Alfred dismounted first, cupped his hand for the countess’s small, booted foot and lifted her carefully off her mare. Hilda, and Thea slid from their side saddles unaided and hurried to Gytha’s side. They offered her their arms for support but Gytha shook them away, leaned on the stick and walked forward with a determined step. Her old friend the Prioress Mildryth was already hurrying towards her from the chapel.

‘My, my, Countess Gytha, you are so welcome. It is good to see you again.’ The prioress looked at Thea. ‘What a lovely girl your granddaughter is, ripe for spoiling. Welcome, welcome. We have much to talk about.’

‘Ah it is good to see you too, Mildryth, though we have all enjoyed better times. It has been a long painful grieving winter; my four handsome sons cut down in their prime. This visit has been long in the coming. Tell me, how is the Priory doing?’ She took Mildryth’s arm as they entered the Priory’s guest hall.

They sat on cushioned benches in the hall. Novices served buttermilk and honey cakes. After a little conversation and refreshment and seeing her ladies contentedly talking to the nuns, exchanging chatter concerning recipes, the countess rose and signalled to Alfred. She asked him to accompany Prioress Mildryth and herself into the garden. Tapping her stick along the pathway, she walked through new growth, pointing out the herbs she needed for the palace garden. ‘I will have the gardener cut slips for you, my dear friend,’ Mildryth said. By the time they reached the orchard, Gytha was tiring. She sank onto a long, stone bench and caught her breath. Her two companions waited. She had no intention of going further. She had important business with them. She began, ‘Listen, this is what I want you to do, Mildryth, so sit beside me.’ She lifted her hand. ‘You too, Alfred.’ She patted the cool stone.
‘And not a word from either of you until I have spoken.’ The prioress folded her hands neatly in her lap. Gytha looked from her to Alfred and back and said, ‘Alfred, here, is a coiner. He knows the working of metal. You remember how we discussed setting up a foundry close to those tin workings on the priory land. Alfred could build our foundry but not for the forging of coin.’ She laughed. ‘Not at all, because we can import metals from Ireland to mix with the tin we have here and we can make weapons, swords, axes, arrow heads; weapons of every kind that we need for our own protection. Our boats will easily slip past Norman patrols into the inlets on the north coast. Are you agreeable?’

‘I will help however I can,’ the prioress replied solemnly.

‘But can you grant Alfred somewhere on the estate to live and work?’

The Prioress raised a pair of delicate eyebrows. A smile hovered on the edges of her elegant mouth. ‘There is the old forge. We can make the cottage comfortable.’

Gytha turned to Alfred, ‘At least we can try to save our corner of Wessex. Can you help us Alfred?’

Alfred made a steeple of his hands below his chin, closed his eyes, opened them and said. ‘My life is yours, Countess.’

Gytha rose from the bench. ‘Good. This is where we begin, here with a forge. Prioress Mildryth will shelter you and Gertrude.’ She felt a smile play about her mouth. ‘We shall tell Bishop Leofric that Gertrude is teaching the novices embroidery and that you are helping the Prioress manage her estate.’

As they walked back to the building, she wondered if she was creating great danger for them all. Then she told herself that for the sake of her grandsons, she would challenge the enemy when they banged on her gates demanding the keys to her city.
The Sea Serpent’s bright sails caught the wind, and the ship sailed unimpeded through the channel at Bristol into the open sea. Once out on the Irish Ocean, as Elditha had requested, they set the ship northwards towards Bangor in Ulster. The abbey had been destroyed fifty years before and its monks and treasures were housed in an old and weathered wooden building the local people amusingly called the New Monastery. One day though, a great new stone abbey would be raised from the old ruins, Connor said.

Earl Connor wanted to send the Sea Serpent to trade for seal skins in Iceland and they would have only been dropped off in Dublinia anyway. ‘It can be done,’ and the Earl grinned at her. She had a hunch that he had more than a feeling of friendship for her as the mother of the Godwin boys. His black laughing eyes constantly followed her and he was extremely solicitous for her comfort on the sea journey. He sat with her under the awning and placed his own heavy mantle about her shoulders, pointed out sea birds to her as they sailed close to the coast, ate with her and slept wrapped in a blanket at her feet. He suggested that she could deliver the lapidary to the new monastery as she had promised Brother Thomas. Then he told Elditha that he would ride with her from the New Monastery back down to Dublinia. Afterwards the Sea Serpent would sail on and into the Northern Ocean under Connor’s sea captain, a man called Ulich but he would not make the journey. He would see her safely to her sons and send a messenger before them to announce their impending arrival.

After a day and a night on the sea, a landscape of greens and woody browns revealed the coast of Ireland. As the tide began to race towards the shore the Sea Serpent lifted on the waves. Moments later the green hills of Ulster were rolling inland from the coast. Through
trees that hugged the coast she could see how a tall thatched roofed building scraped the sky. It belonged to the monastery church.

‘Into the currachs,’ called Earl Connor. Once in, they were amongst the call of seagulls and the slap of water and with oars moving them through a flooding tide, they sped to shore. The landing was an easy one as the water was calm. They trailed up through the trees to the monastery. She was bedraggled, her gown torn and her cloak muddy. She looked more like a fish wife than a Lady of England and she knew she smelled like one too. Yet, at that moment, nothing mattered more than Brother Thomas’s precious book.

The abbot welcomed her with food and drink. He declared that he was overjoyed to see the woman who had been Earl Harold’s wife. When Elditha brought him news that Thomas of Abingdon, the renowned scholar and herbalist, was safe, he clasped her hands and tears rolled down his lined face.

‘The news from England has been terrible. The old Norse raids of all those years gone by are as nothing in comparison.’ He wiped away his tears with his cassock sleeve. ‘I have heard that the Normans will take many valuable treasures from the great English Houses into Normandy.’

‘They don’t destroy churches but they are taking them over. It is all part of their great plan. But here is good news for you.’ Elditha opened her battered leather saddle bag and gently lifted out the leather sack containing the book. ‘Brother Thomas charged me with this. We have saved a precious treasure and brought it to you. It has survived water and sword. It is a miracle that I still carry it.’

The abbot carefully lifted it from her hands and leaning down smelled the leather covers. He placed the lapidary on his table. ‘My lady, how marvellous of Thomas to rescue this and…’ He looked up at her with tears in his eyes. He leaned down and kissed the cover.
He raised his head and then his arms, stretching them up and cried out, ‘Be praised. Thank you, Lord.’ He turned to her. ‘God bless you, my lady.’

She slipped the fine silver chain from her neck and handed over the tiny key. He opened the book and as he turned its stiff pages, he made little gasping sounds of delight, remarking on the book’s physical beauty and at the important knowledge it held amongst the beautiful illustrations. ‘It is no surprise that our Holy Mother has protected its journey while rendering it invisible to others,’ he said, with astonishment in his voice. ‘Here in Bangor it will be seen again by all who seek its wisdom.’

After he turned its pages, the abbot wept again and dabbed at his eyes with his sleeve. ‘My lady, I am old and in my time I have seen many beautiful works, but I have never seen the like, the pure colours, the gold on leaves, skies so blue that is always summer and the precious gems so magnificently rendered. It will be one of our library’s greatest treasures. May the good Lord bring you many blessings.’

As they rested in the new monastery at Bangor, Elditha prayed and gave thanks for their safe delivery to Ireland. There, in the airy wooden church, she prayed for Harold, Leofwine and Gyrth and for her son Ulf. She prayed that soon Ulf would be returned to her.

The boy who had helped her to safety on the Severn stayed close to her. He knelt behind her guarding her as she prayed and when Earl Connor was not around he walked with her between the abbey and the lough shore. They stood by the shoreline where they watched the Norse sailors load barrels of food and water onto currachs and row them out to the Sea Serpent.

She discovered that the youth was an orphan of Hastings. He said that he wanted to be an oarsman on Earl Connor’s ship. She repeated this to the Earl and it was done. The boy would sail with Ulich and the crew north on their trading mission to Iceland. Soon, towards the end of the week, the best sailing day arrived. When the wind had turned, the large,
striped-sailed ship set its sea-serpent prow northwards into choppy seas and sailed north towards the midnight sun.

A few days later, Earl Connor and Elditha set out for Dublinia. The abbot provided them with horses, and Elditha, in a spontaneous gesture, one she never regretted, gave him two precious blue gems.

‘You have lost your kingdom, my child. You will need your jewels.’

‘I have no need of these. If you have them set in gold they will be a suitable page marker for the book of gems. Take them.’

‘Every day we shall pray for you,’ he said as they parted, and Elditha took pleasure at his joy.

News of their arrival flew before them. When they trotted into Dublinia and up the hill to King Dairmaid’s house, her three sons were waiting in the palace yard to greet her. She called out their names. She could not wait to be off her horse. She saw no one else in the gathering crowd in the courtyard, just Godwin, Edmund and Magnus. And they had grown into handsome strong youths. She thanked the Lord that they had been here last year and not with their father and uncles.

‘How we have prayed for you.’ Edmund, her middle son, shouted back to her. He was still her elegant, laughing boy, the one so like her, his pale hair flowing onto his shoulders, his cloak flapping gracefully in the spring breeze. His eyes were the same green, and his neck rose above his gem-studded brooch pin, long and graceful as was her own. At fifteen, he was a young warrior, well able to take up arms to fight for a kingdom.

Godwin’s muscles bulged under his tunic as he lifted her down off the mare. He held her aloft as if she was goose-down. Curling locks framed his face and his mouth was generous, like Harold’s; his eyes the same deep blue. At seventeen, he wore a moustache in
the fashion of an English nobleman. Elditha saw before her a king’s son full-grown, and one
who would be thoughtful, thorough and silent, brave in battle.

Dark-haired, slim Magnus, the youngest of the three, only twelve years old, hugged
her as if he were still a young child. She held him close and smelled the young sweat of her
boy. Yet, in eighteen months, all three of her sons had grown older, even Magnus who all too
soon moved a step backwards, letting go the embrace. Anticipation and pleasure, the like she
had not felt in months, caused her heart to burst open like a fat peach filled with the warmth
of summer. ‘I love you all,’ she whispered, trying hard not to weep for joy in the presence of
Dublinia’s great men.

The King of Dublinia came to join them. He received her before his small court that
had gathered by the grand, carved bog-oak porch door into his palace. After he had embraced
her, he led her by the hand into his feasting hall. Inside, a score of servants scurried about a
great raised hearth; warriors bowed as she passed and their ladies, dressed in richly decorated
gowns, gathered to greet her wearing kind, welcoming smiles.

It had been sixteen years since Elditha had last met Dairmaid, King of Dublinia and
he had aged. His beard, once black, was now white as a winter fox’s fur, though his eyes had
remained the startling blue of the Icelanders. A statuesque woman, wearing a gold fillet, with
dark plaits that swung against her slim waist hurried out of the group of noble women. Two
wolf hounds followed her and rubbed against the king’s leg bindings.

‘Sinead will care for you,’ said King Dairmaid, introducing his wife and pushing the
hounds away. ‘Elsa died in childbirth,’ he said by way of explanation, and then grunted,
‘They both died. The Lord willed it.’ Elditha did not inquire further. It was heart-breaking to
lose a wife and a child.

The young Queen embraced Elditha. ‘Your sons are as dear to me as my step sons,
and you, Lady Elditha, are welcome as a sister to me.’
The King looked fawningly at his young wife. ‘And later you can talk, but now, my dear Sinead, find food and drink for Earl Connor. I must speak to Elditha alone.’ He took her arm and nodded to her sons. ‘You also,’ he added. Turning to the Earl he said, ‘My wife will give you the ale cup.’ He winked. ‘Her women have missed you.’ Elditha now noticed that the queen’s ladies were looking boldly at the handsome earl, and that he smiled back at them. So he is a woman’s man, she thought to herself. Off to your ale cup then.

In contrast to the great hall, which was filled with the smell of firewood, human sweat and the wolf hounds’ damp coats, the private room she found herself in was scented with spices and wine. A carpet covered the length and width of its planked floor. Tapestries touched with gold threads covered the walls. Carved side tables held gaming boards, ivory counters, dice and boxes inlaid with silver. On one table, higher than the others, amber chessmen were strategically placed, waiting for an interrupted game to resume.

‘Sit, my dear.’ King Dairmaid indicated an enormous winged chair close to the brazier. Accepting the imperial-looking chair, she sank gracefully into its woollen cushions. He indicated stools for her sons.

He poured wine into exquisite gold and glass drinking vessels and handed them around, but he did not sit. Instead he hovered over her. ‘Now, how many years has it been? You were but a girl then with two small children.’ He waved his glass at Godwin and Edmund. ‘And that one there,’ he jabbed his large pointing finger towards Magnus, ‘was a third in the belly. Fifty-two, was it? You are still a beautiful woman, Elditha.’ His stare was penetrating. ‘Let us drink to your health.’ He paused and raised his cup to her, drank back the wine and poured again. ‘My home is your home. Tell me of your travels. Later, my wife will give you fresh linen and a chamber in my hall and she will find servants for you.’

Elditha thanked him in Norse, the language he had spoken to her and one that she had known from childhood. It was not greatly different to the English tongue. She sipped the
sweet wine and told him of how she had escaped marriage with the Norman earl and how she had crossed the sea to Bangor.

When she had finished he laughed, ‘So, I had best not find you a husband after all, though, believe me, many will try for your hand.’ The word ‘husband’ hung irritatingly in the air. ‘An empty house close by my Hall will be made ready for you, my dear. You must have your own house, for you will be here some time.’

‘A sleeping place in the bower would suffice, Majesty,’ she said.

‘Not so. I expected that you might consider yourself an obligation, my dear. Not so, Elditha. Your husband was my good friend and his father Earl Godwin was my father’s friend. The trade the Earl brought us was the best trade we ever had. Godwin made me rich, a fortune, slaves, wine, spices, you name it. Earl Godwin had his elegant long fingers in many sweet pies. But you could not know this, I suppose.’ She caught a whiff of the sweet wine as he leaned closer to her. ‘Harold sent me gold, a great part of your sons’ inheritance. They are my warriors. I am as their father. My home is your home. My city is your city. You must have your own household. It is courtesy to the mother of princes.’ He looked at her shabby dress. ‘There will be an allowance from the inheritance for you, of course. A small chest of coin should be sufficient for your immediate needs. King Harold was generous.’

Later that night, as she lay on a pallet in a curtained alcove in the bower, Elditha wondered what this king would demand of them in return for his generosity. He could not invade England on their behalf. He was not the High King. The Normans were invincible as warriors, terrifying foes with clever strategy, as their conquest of England was already proving. They were moving so quickly through England’s towns, building castles, marrying into their old nobility and destroying their peasants. If her sons fought against Normandy’s horse-mounted knights to regain their kingdom, could this Irish king give them a ship army? He could not help unless they were sure of victory. And if he intended to set her up as a great
lady in Dublinia, then he must have a motive, but other than alliance she could not fathom what it might be.
In the course of the tenth century a recognisable town developed at the point where the River Poddle entered the Liffy. This town had an enclosing wall, Christ Church Cathedral and a number of other churches. - Dublinia, The Story of Medieval Dublin, by Howard Clarke, Sarah Dent and Ruth Johnson.

Elditha wandered around the palace buildings, the garden and orchards. She rode into the town. Dublinia had grown in wealth since she had visited it as Harold’s young wife. It had always been a city of merchants and a slave trading town but it had expanded in sixteen years. The town’s rich merchants and nobles wore jewels and richly embroidered garments and lived in large halls. They kept slaves, a tradition that deeply perturbed her. Long ago, she had released her own slaves and though there were still slaves in England, the Church frowned on the practice.

She moved into the empty hall. It had been cleaned out of someone else’s belongings and made sweet for her. She wondered who had owned it. King Dairmaid simply said that for as long as she remained in Dublinia, it was useful to have her occupying it. The building stood on a high spot near the king’s palace, staring down on the harbour with an outlook as far as the grazing land across the River Liffy. The queen sent her two ladies, who would learn English ways from her. Olga, the elder, was a distant relative of the king. Sinead confided that the girl had little hope of a husband on account of a large birthmark on her left cheek and a limp. Anya, the queen’s own youngest sister, was a small, pretty girl with red hair and pale skin. She would have no difficulty finding a suitor, and Elditha saw her watching Earl Connor when he entered the hall. Elditha liked them both well enough, but her heart went out to Olga most. The girl tried so hard to please. She kept Olga close by her and determined to teach her all she could about English embroidery. Olga responded to her kindness and learned quickly.
She also found herself passing many hours in the stone building of Christ’s Church. During the summer she would enter the cool nave, sit on a bog-oak bench and remember Harold. Amongst the scent of candles and incense she recollected their youth together and their love. She remembered how they had moved around their estates, the long feasts they had in winter, the May days, the harvest celebrations. She remembered how she had loved Reredfelle too. She smiled to think how she had long forgiven him that marriage to Aldgyth. She asked Godwin if he knew how Aldgyth had fared after the battle. Godwin said that he was sure that she had fled to Chester. There was no news of her and no word of a child. Though the hurt and a sense of betrayal she had suffered at Harold’s marriage to Aldgyth never faded, she knew that could not blame Aldgyth anymore. She began to consider that Aldgyth, too, had been a victim of politics and of war.

Connor of Meath took her out riding along the sands south of Dublinia, arriving with grooms to tend his horse and servants to accompany them. He brought her small gifts, jars of honey, candles scented with wild roses from the hedgerow. She wondered if the earl was wooing her, though he never pushed his suit upon her. She hoped that they were friends and she looked forward to their rides. Was Connor of Meath the suitor King Dairmaid intended for her, because if so, he was mistaken. She would never marry for alliance between men.

Earl Connor found her alone in the church. He leaned down behind her and softly touched the fabric where her veil fell onto her shoulder. She knew that touch. He had often lifted her onto her horse. But when he whispered, ‘My lady,’ he made her jump. ‘My lady, a fleet of ships have docked at Wood Quay. I thought you might need things for your hall. We can look, if you care to.’

Elditha pretended to continue her contemplation for a moment. Really she was wondering whether she would go into the market with him. She looked up at him smiling. ‘A
moment, my lord, I shall fetch a purse.’ She scrambled to her feet. ‘Wait in the yard for me.’

It occurred to her that it was in similar circumstances that she had encountered him in Canterbury just over a year ago. Who could have foreseen this day then?

When she came into her courtyard, Earl Connor was making himself useful, directing the boy who chopped wood to stack it. Two dairy maids passed close to the earl, carrying jugs of cream, simpering with blushes on their faces. He had not noticed them, nor had he heard them giggling, but the girls were her servants and they were bold. She glared at them and they hurried on. She would speak to them later about being demure. He looked up, ‘Ah are you ready? I was helping the boy here. Go on, give it a crack.’ The boy split the wood perfectly.

She said, pointing to the lads who followed her, ‘They will carry for me today. I hope the merchants down on the quays sell quality wool. We need wool for the weaving shed I have set up here.’

He laughed at her. ‘Ah, so you are not in need of me now. I had better split wood then.’

‘I do need.’ Was she blushing? And he was laughing at her as if she were a girl of fifteen and not a woman of past thirty? She added primly, ‘I need the wool, and more help than those two can give if I am to find stuff of quality.’

‘Aye? And you think I can tell the quality of fleece better than the bower women?’

‘Earl Connor, I would appreciate your help.’

‘Then I give it gladly.’

As they picked their way through the squawking geese and snorting pigs that were crowding the muddy lanes, her boys swung large reed baskets that smelled of the river. The boys dashed ahead, calling out at people to clear their beasts because Lady Elditha needed space to walk. Soon they had passed through Fishshamble Alley, the last of the narrow
thoroughfares, but one that reeked of fish barrels. Finally, they reached the quays. Here traders had set up temporary stalls. Elditha forgot her quest for wool when she discovered that they sold saffron, cinnamon and cardamom, all of which she could purchase for her kitchen.

As she wandered about with the Earl and her two boys, she took a child-like pleasure in the cages of pet birds, larks and blackbirds. There was even a nightingale which could sing. She parted with a precious gold coin and asked its keeper to bring it to the hall. Followed by the boys and protected by Earl Connor she moved easily from stall to stall, filling her baskets with distaffs and spindles, carding combs, bone needles so fine that she knew they would slide through the most delicate linen. She examined cloth smoothers of good glass and bought two of them. She discovered a trader with spatulas and cups decorated with intricate animal carvings. Tempted by a long spoon with owl decorations on the handle, she bought it.

As they walked, she felt Connor moving close behind her, ready to drop her purchases into her baskets, stopping by her side to watch her turn objects over and examine them. He found wool for her and she ordered a sack of it for her looms. It was of good quality. He knew the value of domestic things. This made her wonder if he had ever had a wife. She discovered combs intricately carved from antler bone alongside a tray of amber pendants. Then he left her to look through them saying that he must seek a gift, and she wondered who for.

When she caught up with him later, he reached into a tray of silver and lifted out a finger–ring, set with a small amber stone. To her amazement, he slipped his arm around her waist. ‘You have lost everything, Elditha, and yet you never complain of it. This ring is for you. It will only fit the tiniest of fingers.’ Before she could move his arm, he already removed it and had lifted her hand and slid the ring on her little finger. It fitted perfectly.
As she held her hand out, she felt the comfortable warmth of his arm about her waist again. Flustered about for words she said, ‘But I may lose everything again, all these things, combs, spatula, my spices. Do not give me this gift. It is much too valuable.’

‘Yes, you may lose all again, and if it is so, that is your wyrd, your fate, Elditha, but today you must have the pleasure of them, even if only for a while. For the moment, I, too, am fortunate. I have the pleasure of your company.’ His voice was quiet. ‘Yet, if you do lose all other things, please do remember to keep my ring safe.’

She held her hand out again to admire it, silver engraved with tiny leaves. It would be unkind to refuse his gift, but how could she explain if others noticed it?

Sensing her thoughts, he removed his arm saying, ‘My lady Elditha, it is not unusual for us to give gifts. No one will think anything of it, not even of a finger ring, for we are a generous people.’

‘But a ring has significance.’

‘A finger ring is not uncommon between friends here in Dublinia,’ he said, smiling. He lifted her hand and kissed her fingers. ‘You are my friend, though I must admit that I have wished ever since I first saw you in Canterbury that we can be more to each other.’

‘But that is…’

‘Not possible. Yet I wanted to tell you anyway. If ever you need my help send for me and I promise that I shall come to you.’

She thought, I am admired and befriended. Maybe, even, I am loved and I am glad of it too, but I must never, never give this earl any false hope.

‘Come, not so thoughtful. Let us enjoy the day,’ he said quickly and guided her away from the crowd that had gathered about the stalls.

‘How can I ever thank you for your care of me?’
‘Your smile is enough,’ he replied. ‘Now, I believe that there a magician on the quay who can escape from rope bindings and a Spaniard juggler who plays with pigs’ bladders.’

The mood had changed again. Once again simply good friends, they stood and watched and laughed together. The boys hovered close. She bought them sweetmeats which they devoured greedily as they watched the juggler perform his tricks. When it was over, Earl Connor gave him a penny as a reward for his act. ‘Elditha,’ Earl Connor was saying, ‘Come and look at the snake charmer.’ And so the day continued until exhausted they climbed the hill again and he climbed on his horse and rode back past the Christ Church and through the apple orchards to the king’s palace.

Some evenings later, Connor and her sons sat with her at supper. He noticed that she had removed his ring and said, ‘What has happened to that ring?’

‘My lord, I should not wear it.’

He lifted her hand, turned it over and kissed her palm. His kiss was light and quick, but it left an imprint on her hand. ‘It is a ring of friendship. That is all.’

‘Earl Connor,’ she said, ‘why are you not wed?’

‘I had a wife for whom I cared very much. She died in childbirth. Now, I have a memory of my wife, an eight-year-old girl who is cast in her image and whose name is Aishling, a small song.

‘Where is she now?’

‘She is in the west with my mother.’ He accepted the horn beaker of beer from Olga. The girl poured a small glass of honey wine for Elditha and continued on down the table.

Elditha thought that the girl’s limp was hardly noticeable now. She seemed happier too.

‘I am sorry for the mother’s death,’ Elditha said aloud.
‘She is with God’s angels.’ He was flushed from the strong beer he had drunk, but his voice was steady and as he spoke, she could feel his breath touch her cheek. It was not an unpleasant sensation.

She busied herself with her spoon and chopped at the fish on her plate. ‘I will keep your token safe always,’ she heard herself say to him so quietly none could overhear. ‘Earl Connor, you honour me and mine.’ She hesitated, and then broached a difficult subject of ship armies, ‘I have a request.’

He looked at her with concern, as if he had guessed what she might say to him.

‘My sons seek help from their uncle in Denmark. They need ships so that they can reclaim their kingdom.’

‘I thought this would be so, and who can fault them. It will be a difficult task. King Swegne will have his own reasons if he gives them to you. If an invasion were successful he would want part of the kingdom.’

‘They all have greed in their hearts, but they are our kin, and of our own mind and Gytha is Swegne’s aunt. We must try.’

‘Then I shall advise the boys and help them in any way that is possible. I shall ask King Dairmaid for support. If the Danish King is willing to help, he will not refuse, but I think, Elditha, this will mean that Godwin must sail to Denmark himself. The Sea Serpent will return in a few weeks and we can sail on it before harvest.’

After supper, Elditha retired to her chamber behind the hall. Before she lay down to sleep, she lifted her bone-plated box from the clothes chest. She laid her treasures out on the table. A midsummer moon slid through the opened shutters, casting a pool of light on the small, creamy christening robe. As she placed the silver ring into the box with her treasures, she
touched the little garment and unfolded it. She thought once again how it had once clothed a tiny child whose life had slipped away as effortlessly as the sand slides through an hour glass, and she thought sadly of how once she had lost another before it had quickened in her womb. This would be a gift for Thea.

An owl hooted and further off the tapping of a woodpecker echoed through the orchards. The Christ Church bells began to ring for Matins. She put the box away and climbed into her bed. Covered by a thin blanket she fell into a doze. Soon she was flying over a burning city on the back of a swan. As she looked down, she saw children and mothers crying. The swan swooped closer and she realised that the city she saw was Exeter, the palace and the cathedral and houses engulfed by flames. She awoke in a sweat and could not find sleep again. She lay brooding until the morning bells rang from the Christ Church. No matter how she busied herself, instructing her servants with their daily tasks, a sense of terror remained with her. She could not dismiss the thought that Thea might face danger.
She confided her concern to Earl Connor and he sent a messenger across the sea in a trading vessel that brought silver to the forges in Cornwall. When the messenger returned, a month later, he told her that there was no immediate danger to the city. He asked after the skald called Padar but there was no news of him, nothing. Summer passed and then it was harvest time again. When winter came, the sailing season would be over. King Dairmaid promised that if they had a Danish fleet, he would contribute ships of his own, any he could spare.

Almost a year to the day after the great Battle near Hastings, Earl Connor, Godwin and Edmund sailed off on the Sea Serpent for Denmark, leaving Magnus with Elditha, promising to return with a ship army.

Before they departed, Connor sent Elditha another gift, one which he said had come to Ireland with his seal skins from Iceland. Elditha sighed, and glanced down at the ring that she was wearing again to please him. His gift was a harp. ‘This is beyond kindness.’ She fingered the wood and admired the carvings of leaf and berries on its burnished frame. She twiddled with the strings and coaxed them into tune. It became her solace as the evenings dropped earlier and earlier. Throughout the time of harvests and falling leaves, her hall was filled with the sound of her playing and singing.

In early December, Padar sailed into Dublinia on a trading vessel. She embraced him and ushered him into the warmth of the hall. ‘Thank God and all his Holy Saints. Padar, thank Heaven for you.’ She hugged him. It was as if he had not even been gone.

He told her that the silvatii had attacked Beorthric’s guard as the traitors rode with him tied and bound on a sorry nag towards London. ‘Unfortunately, Wadard had managed to
escape. More is the pity. He promised me a dire death when we reached London. Castration was mentioned.’

‘But you have lived to tell the tale. I had faith that you would. So, where have you been since?’

He had returned to Winchester and after that had made his way west to Wales before crossing the sea. What he said next caused her to shudder despite her heavy fur-lined winter mantle. ‘I have heard that all is not well for Exeter. The Bastard is moving troops south and west. He is destroying any village or town that refuses to recognise his authority. Since there is a price on my neck anyway, here I am.’ He supped his ale noisily. ‘I missed the Great Battle but this one I shall fight. I want revenge on the scum.’

‘My sons and Earl Connor are in Denmark raising a ship army.’

Padar nodded, ‘I can wait.’

‘Padar, how safe is my daughter?’

‘William will not attack the city if they pay a tax. It is winter and in winter, armies do not march unless they have to.’

‘So we must wait and see.’ She proffered a dish of cakes. ‘I baked them myself.’

He munched thoughtfully before saying, ‘They taste good, my lady.’ He ate each small cake in two bites and looked around. ‘You have a fine hall; it’s busy too.’

‘The hall here is almost as pleasant as Reredfelle,’ she said smiling.

He touched the cushions on the bench. ‘Linen covers, interesting embroidery.’ He relaxed back into them and stretched out his legs. ‘And what does the King of Dublinia want of you in return?’

‘I do not know if he wants anything, Padar. My sons are his sworn men. Harold sent a great inheritance here to Ireland with them. It keeps us here. But I worry that King Dairmaid may try to marry me off.’
‘And?’ he said, raising an eyebrow. ‘There must be one earl you like.’

‘I do not want another marriage.’ She lifted the jug of honeyed drink and refilled his cup. ‘But it is good to see you here. Like a cat, you have many lives. It will be Christmas soon; would you be our story teller...at the feasts?’

He guffawed. ‘I suppose I could be persuaded.’

‘And by the by, Padar, do not quarrel with the King’s servants here; do not compete with his skalds. Remember that we are the King’s guests.’

‘My lady, I see, but where can I keep my pack and rest my bones?’

‘There’s a free sleeping place over there.’ She pointed to a corner opposite tucked between two pillars. It contained a bench covered with sheepskin and a shuttered window behind. ‘It has been waiting for you, Padar.’ She smiled, reached out and touched his hand. ‘And later, when you have rested, we must talk.’ She called Olga from her distaff. ‘This is Olga.’ She lifted the plate and gave it to the girl. ‘The cakes are all finished. See that my skald has bread and cheese and a pasty to eat.’ To her amusement Padar winked at Olga and promised to sing for her later, a poem he would compose especially for her.

The next morning Elditha walked along Wood Quay with Padar, through groups of merchants and past warehouses that held bales of raw linen ready for dyeing and barrels of French wine waiting for sale. The harbour teemed with river traffic. Bright banners flapped in the breeze. Colourful figure heads depicted a collection of strange beasts that belonged to bestiaries or in Padar’s tales. They paused by a pile of fishing nets and watched the coracles navigate the busy waters and the loading and unloading of cargoes onto them. Padar caught sight of a new ship sailing into the harbour. It was bigger than the others. Dark figures were climbing into a coracle.

‘Padar, where is it from?’
‘Not from Denmark, unless they are sending us women,’ he said, with his hand shading his forehead from the harsh sinking evening sun, ‘bundles in dark cloaks.’ He jumped up with a suddenness that made Elditha almost slip down the bank. ‘Look, another ship and surely one that sails around the world’s rim. See the sails. They bear a crescent; and look at the shape. It is more bulky than the other and squat.’ He smiled up at her. ‘There will be a goodly feast this Christmas. That vessel will carry a spice cargo.’

Later, the King sent a messenger for Elditha. She crossed the orchard accompanied by servants with torches to light her way. When she was seated comfortably by the hearth in the great hall, the King said, ‘There are two letters for you from Exeter.’

The ship that she had seen in the harbour had sailed from Cornwell’s south western coast transporting a trinity of nuns who intended to pass the winter teaching English embroidery in the House of St Hilda in the hills. They brought precious gold and silver threads from Countess Gytha for the convent and two letters for the Lady Elditha. One was from the countess, the other from a novice who had recently joined their orders.

Elditha seized the small scrolls and broke the first seal. ‘This,’ she said, overjoyed, ‘this is from Ursula.’

‘Ursula?’ asked the queen, clearly puzzled.

‘My waiting lady; we left her at St Margaret’s Priory in Mercia.’ She pulled open the parchment. Ursula had travelled to Exeter because the nunnery in Mercia was no longer safe. Wadard, the Bishop’s servant, and Brother Francis were sighted at the neighbouring monastery. When the prioress found out that they intended visiting St Margaret’s, she had sent Ursula into the south-west to Exeter with a lock of St Margaret’s hair held in an ancient golden casket. Ursula was sheltering in a convent patronised by the Countess Gytha.
Elditha set the parchment aside. ‘Ursula is with the Countess.’ She lifted the letter with Gytha’s seal. ‘Permit me to read my mother’s words in the privacy of my own chamber.’

‘Go, Elditha,’ said Queen Sinead. ‘And God bless you. The servants will light your way home. Oh, I have a gift for your hall. Another ship has arrived today from the East with spices and silk and ginger in its cargo. Tomorrow, I will send you some of the root.’

After calling a brief goodnight to Magnus and Padar who were played chess near her hearth, she climbed the steep ladder to her small loft chamber. Pulling the heavy curtain behind her, she closed herself in, sat in her chair and broke open Gytha’s seal. The Countess’s letter confirmed much of what Elditha had heard and more that she suspected.

*My daughter, my Council has decided that we challenge the King’s taxation. I am preparing for our resistance. Thea will be safer with you in Dublinia. How can we live our lives in peace and dignity if he takes what is ours? I await your reply and for news of my grandsons…*

Gytha also wrote of how when he came to visit, Count Alain had been enchanted with Thea. Having lost the mother, he was wooing the daughter. No Norman was good enough for a Godwin, and certainly not the one who had burned down the mother’s home and then offered her marriage.

‘As big a bastard as the one he serves,’ Elditha thought to herself; destroyers of kingdoms and violators of women; Normans, Bretons, Frenchmen, all bastards, the pack of them. She would bring her daughter to safety and Gytha too, if she could be prised from her dower lands.
The following day, Elditha discussed her fears with the king. She said that she had need of a ship to retrieve her daughter before winter set in.

The king shook his head. ‘Winter has already gripped the land. Elditha, it is not necessary. The women must seek sanctuary within Abbey walls, safe there until the spring brings the sailing season. There will be no attack on Exeter. We must wait.’

Later that day, in the privacy of her waiting room behind the hall, Elditha spoke with Padar. ‘And they will not go into sanctuary. The Countess will never leave her Palace. We must fetch Thea here now.’

Padar pointed out to her, ‘There will be the cost of a ship, horses, bribes. In winter, this journey will cost you too much.’

‘I can raise coin.’

He tugged at his beard and set his cup of wine on the low table. In a quiet voice he said, ‘When you do, then I can find a ship captain willing to sail in winter.’

Elditha summoned a jeweller to her hall. She showed him her remaining three pale sapphires, one of them a deeper blue than the others, the best of all, the one she had hoped to keep. She asked him for their worth in coin and greedy for the beautiful gems he gave her their value in silver. Next, she divided her hoard of silver into three purses. One purse was for Padar to hunt out a ship and a crew for her. Another purse she put aside for Magnus in case she never
returned. The third she kept with her. She thanked God that Harold had the foresight to give her this gift. It was a small miracle.

The next afternoon, Elditha rode with Padar beyond Dublinia’s walls. She laid her plans as winter light played on the water and the wind bent the tall grasses that were growing thickly all along the shoreline. For a moment, she huddled into her cloak and watched their graceful movement. She had come to a decision, one she knew carried great risk, but a risk which she felt compelled to take. ‘If the wind holds like this,’ she said aloud, ‘we can cross the winter seas.’

Padar raised his black eyebrows. ‘My lady, you would go yourself to rescue your daughter from the wolf’s paws and get trapped by him once more? There is no sense there.’

‘I was not trapped. I escaped.’ She knew that he knew that she would not change her mind. ‘Here, Padar, buy us whatever we need for such a journey.’

Padar scratched his beard and reminded her, not that she needed reminding, ‘King Dairmaid will not allow this. You cannot disappear for long. This is no fishing trip.’

‘My two women have returned to their families for Christmas. Magnus will be hunting birds with the King’s sons and I shall say that I am visiting the Wicklow nuns.’

Padar said again that he had not rescued her from Wessex to have her recaptured by Count Alain. Elditha countered this with her best argument. ‘Gytha has a great treasure. My sons need Wessex gold for a rebellion. They must not be dependent on the good-will of those who will seek rewards and alliances.’

‘Or land,’ agreed Padar. ‘The North-men sought it once and they will want it again.’

‘I intend to persuade the Countess to help us,’ she said firmly.

Padar shook his head and looked over the water. ‘If the sea remains calm, we can cross in a fishing craft. We can slip into a port, travel up river for miles and then ride to
Exeter. The fishing vessel will wait for our return. They smuggle things, swords, knives, all sorts of things, even people in winter. That is, if you can seek the smugglers out.’

She nodded. The wind gusted about her cloak. If the wind rode high out at sea, or if a winter storm blew up, a winter sea journey would be hazardous. ‘I know this will be difficult but we must try,’ she said.’ She pulled the purse from her mantle. ‘Take this. It is more than enough for our purpose.’ Grumbling, Padar took the purse and concealed it inside his cloak. Elditha climbed back on her horse and galloped off with a lighter heart, leaving Padar to mount the scraggy mare he had acquired and plod back after her into the town.

She announced to anyone who might be interested that after Christmas she would seek instruction in Irish embroidery at the convent of St Brides. First, she organised a great entertainment in her own Hall to be held on the eve of the Epiphany. It would be a distraction. Padar went down to the Wood Quay in the afternoon and completed his arrangements. He returned to find her supervising the laying of trestles. She left her work and walked with him to the back of the hall where she gave him a small harp to tune. As he fiddled with the strings, he told her that the fishermen would sail up the coast and meet them at the Bay of Curlews. The wind was auspicious since it blew from the north–west. Once they were out on the open sea it would help them across, and no one would be looking for a ship from Ireland, not at Christmas.

As the Epiphany feast drew to an end, Padar told stories. Elditha grew restless, anxious for them to be on their way. She prayed to St Cecilia that her guests would not linger too long. They had complimented her cook on his meat pies, the saffron cakes, the goose and the partridge and especially the great confection of marzipan, a long ship that was not unlike the
Sea Serpent. The queen broke off a sail, sucked at it and whispered to her, ‘It is delicious. It is a pity its master was not here to see it.’ Elditha looked down and blushed. ‘He has been missed,’ she whispered back.

King Dairmaid had laid his own plans for the following day. To her relief, as the Angelus bells rang out the king and queen, their sons and Magnus made ready to cross the orchard to their hall. Yet still Magnus lingered. It was as if he knew. The boys would leave early in the morning for their bird-netting trip, and that night Magnus said he would sleep by the king’s hearth. Slipping him a small purse of silver she said, ‘Magnus, it is my New Year’s gift to you. Use it well and I shall return soon.’ Elditha held him close in an embrace and whispered her goodbye. He thanked her, kissed her and tucked the small purse in the folds of his mantle and then he was gone, her slim dark child, the gentlest of her brood.

Early in the morning and wrapped in a thick woollen cloak lined with fur, carrying only her saddle bag, Elditha departed her hall. She had told her servants to sleep late, that Padar was the only escort she needed. They mounted their horses, walked them down the hill to Dublinia’s eastern gate. The watchman recognised Padar and waved them through. Then they followed a track from the city wall to the Bay of Curlews where they would board a fishing craft which would run across to the Devon coast, drop them off and continue with its delivery of metals further south. They rowed a skiff to the sturdy fishing vessel that was at rest out in the bay. As the oars splashed, she scanned the heavens where a blue moon rode through the wintry dawn sky, haunting and pale. The water was still. Moments later they climbed up the rope ladder and safely onto the vessel that was to carry them over the swelling waves. As her oarsmen navigated their boat into the open sea, she gripped the saddle bag that held a change of linen. At the last minute she had brought her bone-plated silver box with the Godwin christening gown and a slither of mugwort root. These were the only treasures left to her
apart from the box itself, though she found herself twisting a silver ring around on her tiny finger. As the boat moved into the open sea, she watched the coast of Ireland grow smaller and smaller, turned her ring and prayed to St Cecilia for a safe crossing.
Exeter, January 1068

Queen Edith sent the women of Exeter generous New Year gifts - spices from her store cupboards at Wilton, silk cloth, gold and silver thread. Her presents came with a warning that King William had returned from Normandy and he intended to quell resistance to his rule. So then, she mused as she set aside her goose feather, sprinkled sand on the ink, rolled and sealed a letter to her mother; so, she muttered aloud, if they were all to survive, Gytha must negotiate with King William as Edith, herself, had negotiated. She must pay his tax. Her lands no longer belonged to her.

On the first day of the New Year, Gytha visited Bishop Leofric. ‘They will not steal my gold and silver, nor will they claim my lands.’ After a moment during which the Bishop was clearly faltering, she growled at him, ‘The Bastard will not marry off my granddaughter to one of his own.’

Bishop Leofric tried to soothe her. ‘Thea cannot be forced into any marriage with a Norman.’

She snapped at him, ‘Don’t be naïve, Bishop. They tried to marry off the mother, a king’s widow, whilst she was grieving for the husband they slew.’ She paused before ramming her message home. ‘The thieves are bedding and wedding our women, our daughters and their mothers wherever they discover them. And you priests are doing nothing to stop them.’ She glanced around the cathedral’s nave and her eye settled on the tall golden candlesticks that graced the altar. She remembered the Bishop’s collection of books and manuscripts, his gorgeous copes, the cathedral’s richly embroidered altar cloths and the
marvellous relics kept there. ‘Just wait until they come and steal from this cathedral. You’ll squawk like a wounded sparrow then, Leofric.’

Leofric’s brow furrowed as he, too, glanced around his magnificent cathedral. He placed his plump ringed hand on Gytha’s arm. ‘Then, Countess, send the girl to a convent, The Abbey of our Lady and St Ronan, for instance. There is a delightful priory there. The Prioress is your good friend, I believe.’ Gytha leaned heavily on her stick. Surely Leofric, who smacked of Norman sympathy, could not have discovered the business she had with the prioress. The bishop continued to smile in a honeyed manner. ‘And, Countess, the good Lord will protect my Cathedral. All is God’s will.’

The moment had passed. She breathed again and rang her bell to summon her women. ‘Come and dine with us tomorrow, Leofric,’ she said pleasantly. ‘And we shall have a roasted duck for supper.’

Gytha was not so sure that placing faith in a Lord who had permitted their defeat at Hastings was wise but she took Leofric’s advice anyway. On the day following the Feast of St Stephen, accompanied by her granddaughter and a small guard, she rode with Thea into the woods.

‘I don’t want to live away from the city,’ Thea grumbled.

‘The nuns will teach you Latin. You will learn how to be a useful wife.’

‘I don’t like the word ‘useful’, Grandmother.’

‘Too much freedom; times too unsettled; nothing in its right place anymore,’ Gytha muttered as she watched a robin flit from one frosty branch to another. ‘You are to learn needlework from Gertrude and devotion from my lady Prioress. You will not return to Exeter until I send for you…’

‘Embroidery,’ Thea interrupted, ‘was never my talent.’

‘None the less, it is to prepare you for marriage.’
‘I was to be married to the Earl of Northumbria once.’

‘Not any longer. I hear he is to marry the Bastard’s niece.’

‘Then, Grandmother, I must do better and marry a prince. Perhaps my mother will find me one.’

They rode in silence ahead of their guard into the thick woods that surrounded the abbey. Then Thea said, ‘What if he comes looking for me? That count who wanted my mother.’

‘He won’t dare.’

Before long they trotted through the opened wooden gate. Gytha waited a moment, caught her breath and looking about her remarked, ‘How could he find you in this secret place? Now, get me down, Thea.’

Thea slipped from her mount and helped her grandmother off her horse. By the time their guard caught them up, Gytha was leaning on her stick and Thea was greeting the Prioress.

Elditha’s ship arrived on the North Devon coast on the eighth day of January. Disguised as a fisherman and his wife, Elditha and Padar travelled east. Two days later, just after Prime, Padar drove their cart, filled with sacks of dried cod, into the palace yard at Exeter. The cook came out to collect his fish and Elditha, every part of her seemingly a fish wife, apart from her ermine-trimmed mantle, announced that she had business with Countess Gytha.

‘Where does a fish wife get herself a cloak trimmed with white fur?’ the cook said scrutinising Elditha as she climbed down.

Padar stretched up and whispered into his ear. He opened his hand and gave him something. The cook nodded, looked at Elditha strangely and told her to come with him. She drew her hood over her head and walked close to him into the hall, past servants who were
tending a cauldron and weaving through children who raced about chasing a scrawny puppy. Her eyes widened when they approached two ladies who were weaving on a large flat loom at the end of the hall. The cook spoke to an older woman and opened his hand. Elditha drew in her breath. In his palm lay the seal ring she had given Padar long ago. She had forgotten it. How, by the rood, had he kept it hidden when they held him captive on the Severn?

The woman looked at Elditha with utter surprise. ‘Are you Elditha, King Harold’s wife?’

‘Indeed I am Elditha, Lady Margaret. I am she whom you last saw at Westminster two years ago when my husband was crowned.’

‘My dear Lady Edith, I remember that only too well.’

Other women were seated on benches beyond the weavers. One of them, a girl dressed in coarse plain linen, jumped up from her stool and rushed forward, knocking it over in her haste.

‘My lady, you have come?’

‘Ursula!’ Elditha took Ursula’s hands and then embraced her.

Freeing herself, Ursula turned to Lady Margaret. ‘ Permit me to take Lady Elditha to the Countess.’

‘My dear, of course. You will find her in her apartments.’

Murmuring wonder at Elditha’s presence, the women returned to their weaving. Ursula swept tapestries aside and led Elditha through chambers that lay behind the hall.

‘My lady, I thought never to see you again,’ she said as they crossed through a large draughty antechamber.

‘Ursula, I thought to seek you out in the convent,’ Elditha said as they moved into a narrow passageway.
‘The Countess admires my needlework. I come to her house most days.’ Ursula stopped walking. ‘Will you remain with us here now?’

‘I have come for Thea, with Padar. He will be filled with joy to see you.’ She bent over laughing. Their arrival now seemed so amusing. ‘Sorry, it is the relief of having arrived here without incident,’ she said, as she recovered herself. ‘And Padar is in possession of a cart of salted cod. I suspect the cook has him tucked away in the kitchen.’

‘Padar and fish. Don’t you remember Abingdon?’

‘I do, and you will be pleased to hear that Brother Thomas’s lapidary is safe.’

‘Praise the Holy Mother for that,’ Ursula said. She became thoughtful. ‘The Countess will explain about Thea.’

What about Thea? But there was no time to seek an answer. Ursula had pushed through yet another heavy tapestry into a room where the floor was covered with glazed green and blue tiles. Charcoal filled half a dozen braziers. The large chamber breathed warmth, and then Elditha saw Gytha who was leaning against thick cushions in a winged chair, dozing.

Ursula melted back through a doorway, leaving her with Gytha. Elditha crossed the blue tiled floor, touched Gytha gently on the arm and murmured, ‘It is Elditha come to see you.’ Gytha sat straight up and peered straight at her from out of a great veiled wimple.

‘Why, so it is; Elditha, you have come at last.’ She sniffed. ‘And you smell dreadful. Did you fall into a vat of fish?’

Elditha sank to her knees and took Gytha’s frail hands in her own. ‘Mother,’ she said, ‘I am come for Thea.’

‘Thea is safely locked up in a priory.’ It was said with determined amusement. ‘For her own protection, and she is learning to embroider and read Latin too.’ Gytha’s formidable
energy seeped into the chamber. ‘You get up off those knees at once, girl, and sit by me.’ She pulled her hands away and patted a little tapestry covered stool by her side.

Gytha’s voice was musical, like the blackbird’s song on a spring morning, familiar and comforting. Elditha leaned over and touched her wrinkled cheek. She noticed the musty elderly lady smell of Gytha, how it mingled with the scent of distilled lavender. Her eyes lit on the silver bell sitting on the table and Gytha’s stick with its jewelled head. The passage of time was as momentary as the touch of a butterfly’s wing. When at last Elditha began to speak, she poured out much of that had happened to her. It was a long story to shorten.

A servant came and lit candles as they talked, deep into the wintry afternoon. Elditha recounted her journey to Ireland and news of the King of Dublinia, and finally she confided her sons’ plans. To regain the kingdom, they needed coin to pay armies, more than King Dairmaid had in his keeping from her sons’ inheritance. The coin hoard that Harold had sent to him after he was crowned King of England was not enough. ‘Gytha, can you help them pay for an army?’

At first, Elditha almost regretted asking. The fire crackled as a log split and the flames flared up and Gytha looked thoughtful. After a while Gytha said, ‘You remember the dowry coin, Elditha, Thea’s and Gunnhild’s money?’ she said. ‘I can release that to help buy ships and pay men. Most of the treasure here belongs to others. Perhaps they can contribute a little of that.’

Elditha raised Gytha’s wrinkled hands to her lips and kissed them. ‘And should I bring Thea back with me?’

Gytha smiled and when she did her face lines smoothed out and her countenance was beautiful. ‘She is a few hour’s ride from Exeter. Do you remember Alfred of Oxford and the young carpenter you sent me last year?’ Elditha nodded remembering the youth she had sent to Exeter. She was surprised to hear that Alfred and Gertrude were with Gytha. ‘Well, Alfred
has exchanged the work of a mint for the manufacture of swords. We have a forge at the
abbey and Thea is with them.’

‘They risked all for me. And now they take risks again.’

Gytha waved her stick with impatience, ‘Remember, Elditha, life is a journey. The
knack of it all is to survive. Danger is everywhere, within and without, behind us and before
us. They were destined to come to me. Alfred and the carpenter, Edgar, are fine metal-smiths
now.’ Gytha looked into her fire. ‘Put another log on that, Elditha.’

Elditha lifted a log and tossed it into the embers. For a moment it hissed and sparked.
She drew back and sat on her stool again.

‘Gytha, come with us.’

‘No, Elditha, my place is here. Now, we have talked enough. You must rest. The cook
will see that the skald is housed and fed. As for you, there is the old sleigh bed in the chamber
through the curtain there, close by me.’ She lifted the little silver bell.

At its tinkling, servants came scurrying through the curtains. She sent some to the
kitchen for food and drink, jugs of heated water, fresh linen and a clean gown.

When the servants bustled off again, Elditha said, ‘As soon as we collect Thea, we
must return to the ship.’ She paused. ‘I wish you would come with us,’ she said.

‘No, no, my dear child, we are too many here for King Dairmaid. Send Exeter an
army in the spring and they will be paid with silver. We shall collect Thea in a few days.
Surely you can wait until Candlemass to leave us?’

‘The ship’s master is trading weapons into Cornwall. It could be a few weeks before
he sails home.’

Gytha said, ‘So, when the time comes, our thanes will be well armed. I think we shall
be ready by summer.’
The king came back again to England on the Feast of St Nicholas...the Welsh became hostile...and the king set a great tax on the wretched. And then he travelled to Devonshire and besieged Exeter stronghold for 18 days—and there a great part of his raiding party perished. Anglo-Saxon Chronicles January 1068

A long column of men led by King William and Alain of Brittany filed out of the gates of Wilton Abbey. As Queen Edith watched them leave, her brow darkened. She glanced back at Gunnhild who stood in the abbey entrance.

From the safe distance of the church porch Gunnhild, flanked by the other noble girls, remarked to her companions, ‘He’s very handsome.’

‘He’s as ugly as an overgrown troll. And he’s responsible for your father’s death.’

Eleanor of Oxford wrinkled her pert nose.

Gunnhild said, ‘No, no, Eleanor, not King William. I refer to the knight.’

‘Girls, be silent. Go in at once.’ Edith swept them inside the church. They would pray for the people of Exeter.

Edith reflected on her recent encounters with Alain of Brittany, how, last year, furious at what she suspected now was Elditha’s deception, she had sent messengers out onto the road to Exeter to help to find her. Returning messengers had assured her that Elditha had fled south and west. Then she had appeared in Oxford and was almost captured in Gloucester. Now, she could not help but admire Elditha’s courage. The Normans were proving a cruel race.

Her thoughts sped to the promised commission for Odo’s church in Bayeux; it was a small reward for her support for the new regime. Even though there were many other workshops in the land, Wilton surpassed them all. If Wilton’s designs should be displayed in the new Cathedral of Bayeux, the Godwins would be remembered as the great nobility they truly were, and they would be immortalised on an English tapestry created for a Norman
cathedral. Harold must always carry a hawk. His horse would be elegant. English halls would appear magnificent with tiled roofs and two storeys and the pinnacles of the great palace at Westminster would reach far into the sky.

Yet, during King William’s brief visit she had met with a slight disappointment.

Wadard had visited her on the previous afternoon to inform her that Bishop Odo was now considering Canterbury designers for the work, though, of course, Wilton might be asked to contribute a panel or two. She had told Wadard that she would consider a panel when the bishop himself came to visit. Wadard was an unpleasant man and she also noticed today as the Normans left Wilton that he and the monk Brother Francis were riding amongst Count Alain’s train. He must be travelling south-west with the Duke and the Count.

After the girls had departed from the church in their neat line of twos, Edith remained behind in a side chapel. She opened her liturgical book at the petition prayer to the Holy Mother and begged her intercession for the protection of her own mother’s person. She prayed for her younger sister Hilda. Then she prayed that the Holy Mother’s protection be extended to Thea, the niece who reminded her most of Elditha, wayward and determined. She remained on her knees until every muscle in her body ached and her women sought her out. As she rose, Edith wiped away a tear with her veil. What was a tapestry in comparison with a woman’s safety? No amount of prayer would help Gytha who, she knew, would never allow the king to take Exeter without some kind of resistance.

Two days later, Thea helped Alfred load the wagon’s false bottom with weapons. They piled seaxes, short swords and arrows with deadly sharp metal tips into the cart. ‘Careful with those and mind your hands,’ Alfred called out. As daylight slid through the woods, the wagon was ready to leave for Exeter.

‘Let me come with you,’ Thea pleaded.
‘You are safer here.’

‘We need gold thread for St Olav’s cope. I can fetch it for the nuns.’

‘Is that so?’ He looked anxiously up at the sky. It was filled with fat white clouds. ‘If snow falls, we could be trapped inside the gates for days.’ Alfred tossed the last sacks of flour into the wagon. He added a side of salt pork, two fat cheeses and a brace of partridge. ‘Those are for the Countess, a gift from the Prioress.’ He studied the sky again, shook his head, threw a leather cover over everything, pulled off his hood and said, ‘We’ll see.’ But Thea knew she had won when he ushered her into the cottage to consult Gertrude.

Gertrude confirmed the need of gold thread. She reminded Alfred that there had been no danger since November, called a maid from the dairy and sent her to the prioress with a message. Alfred and Thea broke their fast by the hearth and waited for a response.

The prioress asked them to fetch thread and two new spindles. Wasting no more time, Alfred hitched a horse to the cart, and Thea delighted at her freedom climbed onto the crude wooden seat. It was a leisurely journey and for a while the sky cleared again, light blue patches swimming amongst the white clouds. But as they came out of the woods onto the river track, Alfred dropped his reins and let out a long, low whistle. Thea stared.

Beyond Exeter, to the north-east, a pall of smoke curled into the sky. Alfred shaded his brow and peered far into the distance. He saw a column of soldiers snaking across the moorland, approaching the city. ‘St Olav’s sacred shawl!’ he exclaimed. ‘They are coming.’ He glanced back at the sacks and whipped up the horse, causing the cart to skate along the frozen ground.

He flicked his whip again and again, urging them faster along the river path. Thea prayed fervently that they reached the city gate first. Alfred cursed. Pillars of smoke were funnelling up from those villages that huddled closer to the city’s eastern walls. ‘Christ’s holy bones.’ He whipped again at the horse, hurrying them forward until they left the river where
the track divided and took the fork along the walls up to the North Gate. ‘It is the safest route in. Let us hope they open the gate to us.’

A host of fleeing villagers were crowding into the town through the North gate. Those who had not made it in time would have to continue to the river or go west into the woods, anywhere away from the town.

Perspiring profusely, Alfred pulled off his hood. ‘Thea, the Countess will have my hide for this. You should not be with me.’

‘King William won’t dare do harm to us.’

‘You think? Thank sweet Mary that you are safe for now.’

The gate behind them was dragged to and bolted. They were trapped inside the city.
Elditha hurried from the dairy with a pail of milk for a posset for Gytha. The Countess was brewing a chill ever since she had climbed onto the windy city walls that morning. There was a commotion near the gate. She stopped to see what caused it. Gytha’s guard had allowed a cart through into the palace yard and the captain was remonstrating with refugees who were trying to follow it in.

From the top of the orchard wall she had seen fires to the east. She had watched the Normans march over the moor, at first a line of ants that later became armed infantry and later a cavalry riding huge war horses. She saw their banners of chevrons and animals unfurling in the wind. When baggage trains followed, she knew then that they would camp outside their walls and wait for the city to surrender. The people now crowding inside the walls were disgruntled and frightened. She felt even sorrier for them than she felt for Gytha who had ranted and raged when she saw the size of the Norman host approaching.

A cart-horse in the yard was snorting enormous belches of breath that billowed into the winter air. She wondered who had driven it so hard. When Alfred leapt down, she recognised him at once, though his face was now red and raw; but why was Alfred here now with a Norman army circling the town?

She handed her pail to a servant and told him to take it to the Lady Hilda. Pushing through the crowd of grooms who were gathering around cart, she saw Alfred helping a girl to jump into the dusting of snow. The girl landed with a graceful spin. She rushed forward with her veil blowing back. ‘Thea,’ she shouted, and lifted her hand and brushed away the snowflakes that were drifting onto her face. When she reached her child, she caught her in her arms and held her tight.
‘Mother, by the Holy Virgin,’ Thea said, when they let go the embrace. ‘What are you doing here?’

‘I have come to bring you to Ireland, though for that I may be too late.’ Elditha took Thea’s mittened hands in her own. She stared at her daughter’s lovely features, then down at the simple woollen cloak and gown that hardly concealed her shape. At fifteen, Thea was a woman. She whispered, ‘Thea, how you have grown up.’

She grasped Alfred’s hands. ‘Why have you have come into such danger?’

Shaking his head, Alfred handed his reins to a groom. ‘We had no idea, but I bring weapons. The gates have closed. The peasants who followed us into the city are already destitute.’

‘I watched them come over the moor.’ Elditha felt her anger rise into fury. No one expected a winter campaign, not this, not now. She knew only too well what would follow. William would lay waste where he found resistance, as he had done when he had marched to Hastings. ‘Alfred, where is Gertrude?’

‘She is in the Priory.’

‘They will not attack a priory, Alfred.’ She touched his arm with a reassuring gesture. Some men from Gytha’s guard were already unloading a pile of short swords. They lay heaped up on top of sacking, the metal gleaming against the ground’s frosted covering.

‘Arrows, too; be careful with them. Don’t get them wet,’ Alfred shouted at the men.

‘We will talk when you are ready. There is a stew-pot on the hearth and bread and cheese on the trestle.’ She hurried Thea towards the Hall’s entrance, then stopped and called over to the grooms who were helping Alfred with the cart. ‘Send someone up onto the walls again. See how they are armed and count them. Look for their siege machines. Count them, too.’ She turned to Thea. ‘Thea, you have disobeyed your grandmother. You should not have
come here. Stay out of sight in the hall amongst the other women until I send for you.
Entertain the children. Tell them stories, do anything to distract them.’

‘I came to fetch threads for the Prioress,’ Thea said, her voice subdued. ‘Are we safe,
Mother?’

‘That, Thea, is a question I cannot answer. We, at least, are not abandoned outside the
city walls, nor are we escaping from a burning village. For this we must be thankful. Go in to
the hearth and get warm.’

Thinking how quickly everything changes, she organised a sleeping place for Alfred.
Then she hastened through the maze of inner rooms to Gytha’s private apartment. The
countess was sipping her posset. After the initial shock she had felt at the approaching army,
her normally high colour was now returning but the set of her jaw was determined. ‘They are
at least three hundred knights and there may be more. They saw William’s own banner
flying, that wolf. The Bastard himself has come.’

‘What must we do, Gytha?’

‘We sit tight. The skald sent out messengers the very moment he heard that the enemy
was out on the moor. God willing King Dairmaid will send us aid.’

Elditha bit her lip and said, ‘He does not know that I am here.’

‘He soon will, my dear. He should have sent a ship of his own for Thea.’

‘Gytha, I have to tell you that Thea is here. She came with Alfred. He has brought a
consignment of swords and arrows into Exeter this morning.’

‘I ordered her to stay in the Priory.’

Elditha nodded, ‘I know. She came for embroidery thread.’

Gytha grunted. ‘Well, it may now be some time before you will take her to safety.’

Elditha leaned over and gently stroked Gytha’s leathery cheek, wondering what King
Dairmaid’s response would be when he discovered where she was. And Magnus, her sweet
Magnus, with whom she had left a purse. Now he could run her household. When would she see him again? She said aloud, ‘I must bring Thea warm clothing. It is snowing. And, Gytha, we must keep busy. There will be extra mouths to feed. The homeless have descended on the town. They will need blankets and bread.’

Gytha sat erect. ‘Elditha, send for Bishop Leofric. William will send representatives in to parley. Leofric must understand that I shall not yield my city.’

She is, Elditha thought, absolutely unbending. God help them, for they would soon need a miracle.

As the sun began to set, the bishop hurried up the hill to Gytha’s palace accompanied by his pale scribes. As he passed, his monks huddled in silent groups around the churches, watching and shuffling to and fro to keep warm, trying to be invisible.

William’s messengers came into the city at Vespers, led by Alain of Brittany. They rode through the town, heavily armed, carrying a pennant with a wolf embroidered on dark fabric, its coat glittering with silver thread. The frightened townspeople ignored the bells for Vespers and kept to their houses. The armed strangers trotted past the minster, the Holy Trinity Chapel, the Churches of St Stephen and St Lawrence, up the hill to the palace gates.

When their arrival was announced by Gytha’s steward a hush seeped through those who had gathered to see the enemy close up. In the deepest shadows of the hall, out of the way of candle-light, hidden amongst a bevy of veiled women who sat on the padded bench behind Gytha, Elditha looked down at her hands and pretended to set stitches on a napkin border. Gytha sat in a great carved oak chair, coldly surveying the four knights and their boy pages, one of whom held aloft that sinister banner with the wolf’s head. Elditha pulled her veil closer and bent over the piece of material that lay in her lap. Alain of Brittany spoke his master’s case. They wanted the tax. Elditha thought, not just the tax; they want the city. She
pulled her veil closer and bent over the piece of material that lay in her lap. Moving her lips in silent prayer she sent a plea to St Cecilia that the count would not know her. Opening her eyes and lifting her head again Elditha saw that Gytha was now tense with anger, rigid like the jewel-headed stick she grasped in her hand. Gytha’s voice was ringing out, ‘Tell your Norman paymaster, Count, that this dower land is my right. My town has never paid a tax and will not do so now. Always exempt. That is the law.’ She glared at the prelate who stood by her side. ‘So, it is an illegal tax. Bishop Leofric, is it not?’

The Bishop shook his head and gulped loudly. ‘But Countess, maybe just a little…the law is changing…’

‘Nonsense, William of Normandy has no business here. We are a city of women and townsfolk who mind their own lives. None of us will pay his illegal tax. Go and tell him that, Count.’

Alain of Brittany’s complexion reddened. ‘You will regret this, Countess. The King carries the Pope’s authority.’ He addressed the Bishop. ‘Talk to her, Bishop Leofric. We will expect sense by morning, by Sext.’ He nodded to his companions. Ignoring the countess who was opening her mouth to protest, he turned on the heel of his leather boot and marched out, leading his clanking followers. The wolf pennant followed, fluttering as if trying to keep up with Lord Alain’s stride. Elditha could not suppress a shudder as he clattered from the hall and Gytha called after him again, ‘Knight, tell him, no.’

Later, as they were seated at supper, the door into the hall burst open. The sergeant of Gytha’s guard pushed the hall servants aside and marched straight up to where the countess was seated. ‘They are placing a boom across the river beyond the port gate. No one can leave by that route. No boat will enter our harbour.’

Gytha dropped her spoon. ‘We had until Sext tomorrow.’
Of one accord, the other women followed her lead and placed their spoons on the
board. Elditha glanced down to where Thea sat at the end of the table fidgeting with her
napkin. Her daughter’s hand was shaking. They were all of them afraid.

The Sergeant went on, ‘The king is raising a siege. No provisions will enter the city.
No person can leave.’

‘How is he constructing it?’

‘He has requisitioned our ships. It is a strategy designed to bring the merchants over.
They fear the loss of their livelihoods. Countess, King William is a patient spider. He will
watch and wait.’

‘Then we shall stop that possibility. Has food from my stores gone to the monasteries
yet?’

The sergeant explained that food, clothing and pallets had all been taken to the
refugees. They would have full stomachs for some days.

‘This may continue for longer than days. We must all eat less. Tomorrow I shall speak
with the merchants whose ships the Normans are using. Let your men know that no one gives
in to the Bastard. No one even considers surrender.’

When her sergeant had gone to set watches on the city walls, Countess Gytha lifted
her spoon and began to sup. At this signal her ladies followed and started to eat also.

No sooner had Gytha commenced eating than she stopped. Again the women
followed her example and placed their spoons on their napkins. She folded her hands and told
her ladies in a clear voice that they must steel themselves for battle.

Gytha reminded them that William was an expert at siege warfare. He had conquered
cities that way in Brittany and Normandy. ‘No wonder London gave into him without
resistance. Archbishop Stigand and the young Edgar saw siege weapons outside the city walls
and rode out to meet the Duke. But if they had sat tight and outwaited William, help would
have followed.’ She leaned on the table. ‘We are powerful and noble women. Ireland and Denmark will come to our aid. We can gamble for time. The thanes in the countryside will rise. Ladies, the outlaws of Mercia and Wessex, will liberate us.’

Elditha thought that Gytha was admirable. She should have led their armies at Senlac, not Harold. As a quiet descended, the women supped the cooling broth, each keeping her own counsel. Salted cod seasoned and flavoured with precious herbs followed their soup. They ate slowly chewing carefully, as if this were their last supper.

Gytha fiddled with her silver spoon. A smile hovered at the corners of her mouth as she looked at Elditha and said, ‘I suppose it is fortunate that you were not recognised by Count Alain. It just goes to show how we women become shadows in a corner.’

Elditha replied, ‘Since I am a mere shadow, for now I remain safe.’ But she thought of what the Bastard could do to a city. All of them had heard tales of rape, cruelty and destruction. She had been inside his camp, but with no threat of rape to her and her women. They were nobility, not so different to Norman noble-women. There had been others who were not treated kindly. The whole of Europe was aware that Duke William was an attacker of castles as well as a builder of them. As she supped, she wondered who would carry knowledge of her into the Norman encampment outside Exeter’s eastern walls. Servants’ eyes would follow her as she moved from the hearth to the loom. Only too soon, King William would know that she, too, dwelled amongst the ladies of Exeter.

As the meal drew to its quiet close, Hilda remarked, ‘Mother, is it not best to negotiate this tax? Then they will ride away.’

‘No, my dear, they are here to stay. Our lands will be gifted to knights who agreed to fight for the Duke’s claim to England. They intend destroying our last sanctuary. Then it will be a castle. The Normans are as hungry for our land as their priests are for our souls.’ Gytha held the women’s attention with a hard look. ‘I hear that the Pope will impose penance on
knights for all the souls they sent to heaven on the day they butchered my sons. It is not just Elditha they want to wed with. It is all of you who are young enough for them and even those who are past child-bearing age.’ She waved her hand around the table. ‘And, of course, your compliance would allow the thieves to cloak their theft with a semblance of legality and the Pope could reduce their penance.’ Her eyes settled on Thea. ‘You will leave Exeter with your mother as soon as we can arrange it.’

‘No, Grandmother, I shall not leave without you.’

‘Girl,’ Gytha stood and raised her stick in a furious gesture, ‘you will go as soon as we find a way for you to pass through that army.’ With a jabbing gesture she pointed the stick towards the door, reminding everyone that there were four or five hundred soldiers encamped beyond the city gates. As if they needed reminding.

Ursula piped up in a small voice, ‘We could ask the King for safe passage for Thea and Elditha.’

Elditha touched Ursula’s arm. ‘Do you really think he’ll allow that?’

Gytha said, ‘Of course not. Remember Winchester.’

‘Queen Edith handed him the keys to her city,’ Ursula said. ‘But, we could negotiate.’

‘He won’t have my keys.’ Gytha speared a piece of cod and chewed it over and over at the back of her mouth since she was missing teeth from the front. She chewed as if she were chewing Ursula’s words. She spat a small bone onto her plate and announced, ‘Tonight we shall pray in the chapel. We must pray for deliverance.’

Elditha found appropriate words to rally all their spirits. ‘Even as once he delivered David from Goliath, God will deliver us from the wolf at our door.’

For two days, the king’s army waited for Countess Gytha’s response. A tent village had sprung up on the flats close to Exeter’s eastern walls. North of Exeter, other villages were
mercilessly burned to the ground, but not before the Conqueror requisitioned their grain stores and their salted meat to sustain his troops. Despite orders not to harm the women, many were raped. Elditha felt sickened by the stories that seeped into the town. Englishmen were killed in a variety of hideous ways, bludgeoned to death, strung up, stabbed. Every day, smoke curled into the sky as hamlets smouldered and the smell of burning thatch hung acrid in the sharp air. Any villeins who could escape did. Like hunted foxes they melted into the woods and hills west of the city. Still the women stood strong. They would not give in. And to Elditha’s relief, the townspeople were of the same mind. They looked to Countess Gytha and Elditha, the mother of King Harold’s children, for protection.

Later in the week, from high up on the city’s ancient walls, Alfred and Elditha watched as a priest fell onto his knees. Elditha said, ‘I recognise that monk. His name is Brother Francis. He betrayed us once and he will do so again.’ The enemy camp seemed to stretch for miles. It encroached on woodland to the east. Trees that once grew tall were now stunted. For a week, William’s soldiers had been chopping them down, cutting back into the woods for fuel to feed their encampment fires. Their tents moved onto the moor north of the city. To the south, the Exe flowed and its mouth seemed leagues off. There was no way in or out through the boom that guarded access to the sea. Across the river Norman soldiers were using the meadow as a practice ground. If the siege continued, the only possible route out of Exeter was by the river. The river gate led out onto a long wharf with warehouses. The Normans had not occupied this area contained within a safe crescent, which was also protected by the deep Exe that flowed close to the walls on each side of the stretch of wharfs.

As she walked around the walls with Alfred, they checked that the men he now commanded had full quills of arrows. Approaching the north wall they saw Padar striding purposefully towards him.
Padar hailed them. ‘What do they intend?’

‘They may be waiting for their siege weapons,’ Alfred replied.

‘No sign of any yet?’

‘Nothing.’

Padar said, ‘Their patrols go out all the time. They are breaking down resistance. They did the same outside London after the Battle of Senlac Ridge. They harassed villages and waited for resistance to break. They did not need to wait long.’

‘If they push into the woods west of the Exe they may find the forge...’ Alfred began to say.

‘They won’t find aught but a blacksmith’s forge,’ Padar replied. ‘We would know if the Abbey had come to harm. There is as yet no smoke rising out of the trees to the west.’

‘Not yet,’ Alfred shrugged. ‘But don’t you think that it is all too calm?’

‘Do not be deceived. The Norman bastards are waiting. They have food and patience. They’ll attack when we are low.’

‘We could run out of food within weeks.’ Alfred’s tone was bleak.

‘Maybe so, but we can negotiate a better settlement if we wait.’

‘It is not their way to settle kindly,’ Elditha said. ‘They take what they can.’

They climbed off the walls into Gytha’s garden where a robin hopped through the trees pecking at the cold empty earth. Elditha left them and continued back to the hall. Padar said, ‘Alfred, if we can hold out for a short time our princes will sail into Exmouth with a great army.’

‘They know already?’ Alfred was surprised.

‘I sent messengers out when they first appeared.’

‘How do we know that they have reached the coast?’
‘Trust me, Alfred, the ship we sailed into Hood Bay will be landing in Dublin’s Wood Quay even as we speak.’

‘It’s no good. Gertrude is not safe.’

‘God will keep her safe.’

They had walked in a circle and now they climbed to the wall again by the orchard steps. Alfred shrugged and glanced down past the hall to Gytha’s chapel. ‘Well then, let us pray that God protects us all.’
That afternoon, as Elditha helped Gytha across the icy yard, Gytha told her that throughout the autumn she had weighed meal cautiously for her own use, but she had always allowed the poor generous gifts. Elditha said that if the siege held there must be a carefully managed distribution of alms.

‘Aldric normally looks after the stores, but he is up on the walls,’ Gytha said.

Elditha replied, 'Never mind, we can manage this.' When they reached the storehouse, she pushed the key into the lock and turned it. It was well greased and opened easily. She pulled the heavy door wider saying, ‘We can reduce the alms and our share too.’ Inside she could not see anything at first. Eventually her eyes adjusted to the dimness and she was able to count sacks of grain. A little later she called out to Gytha, ‘I think that there is enough to take us through until spring, but we must eat less bread if it is to last longer.’

Gytha considered. ‘We can break our fast with a small cupful of buttermilk and half the portion of the bread we have been eating. We can have a pottage for dinner and for supper we can eat porridge.’

Elditha came out. ‘But the children and old must have extra milk while the cows produce. And, Gytha, you also need to drink milk,’ she protested.

‘There are others frailer than I.’ Gytha shook her head and pointed her stick at the hay barn. ‘I suppose when the hay runs out we must eat the cows.’

‘I think that is still a while off. But we must each have a little cheese. There is enough cheese hung in the dairy for the household as well as the guard. There are dried apples, barrels of them in the orchard shed. I looked yesterday.’

‘Good, tell the cooks that my ladies will have spiced apples this evening, a treat.’
Elditha closed the store door and locked it. ‘That will cheer them,’ she said, as she secured the key onto her belt. She helped Gytha cross back over the yard. ‘The women could have a cup of wine or mead in the evenings. There is a good supply laid down in the kitchen cellar. Do you think that the Normans can poison our wells?’

‘There is much they can do, but poisoning wells they cannot. The city wells are too deep. None the less, if it rains we must collect the run-off in vats, just in case.’

‘What if they tunnel under the walls?’ Elditha said.

‘It is possible, but if they try, we will be waiting for them.’

Elditha kept her fears to herself as she brought Gytha into the warmth of the hall. She settled Gytha by the hearth where a maid removed her boots and began to rub her cold feet with a towel. Elditha placed Gytha’s work basket close to her chair and made her way out again, this time carrying a basket. She needed to be alone for a bit, to think, and more practically, to seek out mistletoe berries from the orchard for a salve.

On her way she stopped into the kitchen to tell the cook to collect apples for their supper from the store. As she looked around the yard outside, she noticed that the yard servants were pretending tasks they did not have. Two youths were replacing a wheel on a cart that might soon be chopped for firewood and a boy was grooming a horse that did not need grooming. It was the same with them all. The women all dropped spindles and embroidered as if with busy hands they could obliterate the looming threat beyond the walls.

As she pushed open the gate into the orchard, her thoughts turned to the daily alms they sent out to the poor. Every day, they loaded a wagon with vats of porridge and salted cod. Protected by a guard Ursula travelled with it through icy lanes to the city’s religious houses. The poor and ill survived reasonably well for now, but if the siege went on for months, what then? In a few weeks Lent would be upon them. They must brace themselves for the bleakness of the season of self-denial. This Lent, Bishop Leofric must declare that
everyone could eat what they had, even flesh, if fish, fruit, nuts or greens were not to be had. And when the winter cold spent itself out, they should plant every spare patch of soil in the town with wheat, cabbages and onions; every garden, orchard, and all the common places where pigs and hens rooted, must be coaxed into production.

The days were quiet but once night fell, the shouting began. Arrow fire and screams followed as Gytha’s men poured pitch on the enemy below. The previous night, when Elditha had opened her shutters and peered out, she had seen the glow of a fire in the north tower. She could smell the pitch now as she hurried through the orchard. She lifted her basket of mistletoe and opened the small gate into the garden. The soothing salve she intended to make from the fat translucent berries would soon be needed. William’s patience would quickly run its course.

That evening, as the women sat around the bower hearth with wine and bowls of apple stew, Gytha remarked, ‘At least we are warmer here than those bastards out beyond our walls are in their tents.’

‘I hope they freeze,’ Thea said, reaching her hands toward the fire.

‘They will not suffer as the refugees in the woods are suffering,’ Lady Margaret pointedly added.

Thea tossed plaits that shone red-gold in the fire-light and said, ‘The silvatii will care for the fleeing villagers. They have shelters, food hidden away, and weapons. I know. I have seen them. Their men came to Alfred looking for arrow heads.’

‘Then, niece, why do they not fight the enemy?’ Hilda said.

Elditha laid down her cup. ‘Sister, William has an army that is easily three hundred mounted knights, and foot soldiers as well. We have fewer than two hundred fighters, many of whom are youths with slings.’ She folded her hands. ‘The silvatii are outnumbered.’ She
paused and took a breath. ‘But, what do you think of this idea? I was wondering if they could bring us seeds to plant, if one or two of them could swim through the boom?’

‘We must send messengers to parley with the silvati,’ Lady Margaret suggested.

Gytha banged her stick dismissively against the trestle leg. ‘Parley, seed, what nonsense, they cannot defeat that army. The siege will be over by summer one way or another. Now, gather yourselves, ladies. It is time for prayer. Wrap warm.’ She glanced at Thea’s uncovered plaits. ‘A veil, Thea; we may be captives but that is no reason to be careless.’

‘Yes, Grandmother,’ Thea lifted her veil from the bench and secured it over her plaits.

The women all collected their cloaks from pegs. Followed by their maids they walked into the night. Before she allowed Thea to go, Elditha tugged at Thea’s cloak hood saying, ‘Your grandmother is right. I want to see you wear a veil, even in the bower.’

‘There is no one to see me here.’

‘Even so, Thea, you should set an example to the other girls. Off you go. I want to look at Ella’s puppies first.’

She sent Ursula for the bowl of scraps she had saved for the little dog that lay with her puppies in straw near the hearth.

Elditha stroked the hound’s ears as it ate milk soaked crusts. ‘Scant fare for Ella too, I fear.’

‘I have heard of burghs where during a siege the people were so hungry they ate their dogs and cats.’

‘I hope it does not come to that.’

They left the puppies with the bitch. It was quiet outside. A sentry guarded a woodpile. Others stood by the grain store where only that morning Elditha had taken stock of
the sacks inside. They crossed the yard, meaning to catch up with Gytha, but suddenly Elditha stopped. She noticed Alfred by the kitchen house.

‘Ursula, go ahead. I must speak to Alfred.’

‘My lady, do not stay out long. It is bitter.’

‘Ursula, do not cosset me.’ She had not meant to be dismissive of her friend but anxiety made her nerves sharp as needles.

The girl huddled into her cloak and scurried off. She waited until Ursula had reached the other women and called Alfred over.

‘My lady?’

‘Alfred, what are the enemy doing tonight?’

‘They march around the north wall surveying our fortifications. We strengthened the towers and the walls over the autumn. They should hold strong.’ He laughed the laugh of the nervous. ‘As darkness gathers each night, we attack the bastards from the walls.’

‘How long can we fight them off?’

‘Boiling oil and the stones from our catapults will deter them for a while but they’ll be back. They are taking many casualties already. They are looking for a place to tunnel into the town. To the east the river runs too close to the wall. We can access our harbour and the warehouses through the harbour gate. Yet we dare not because they will shoot across the river and pick us off. The Normans do not cross the river for fear of being trapped on the shore between river and walls. They have the bridge of course. The boats are strung across the river and are guarded, blocking access to the sea.’

Elditha considered. ‘So when they attack, it will not be from the river?’

Alfred scratched his head. ‘Nor the west, that is too hilly. But, they can hammer our walls north and east of the city with ballista and their great catapults.’

‘It surprises me that they have not brought those up already.’
‘They have scaling ladders too, but they have not set them against the walls. They have caused us casualties, my lady. Their arrow fire is deadly. The monks’ infirmary at St Lawrence is already full with our wounded. There are new graves in the church cemeteries too.’

‘I will send more salves and linen for bindings in the morning. How can we keep them out?’

‘By remaining firm; maybe if the silvatii come from the woods to harass them. God knows I have armed the rebels.’

‘So Thea tells us.’

‘She notices everything.’

‘As well she does. God go with you, Alfred.’ Elditha reached out and took his hands. They felt cold.

‘And you, my lady. Pray hard tonight for us all. Pray that Gertrude and Edgar’s girl are safe inside the abbey. Too many fugitives out there in the woods, all keen to kill for a loaf of bread or a cloak.’

Dark shadows circled his eyes and there were deepening furrows lining his brow. She squeezed his hand quickly and pulled her cloak close, knitting its stitched edges together.

‘Tonight I shall pray for Gertrude.’

‘Pray for courage and for hope.’

‘A curse on all Normans, Alfred. When next I meet one, I shall gladly send him to his maker.’ She touched the seax that hung from her belt.

Alfred shook his head. ‘I fear it will be long before we defeat them. Let us hope we can get an honourable settlement, that in fighting back, we can at least stop our laws from becoming the stuff of legend. We are hurting them right now more than they are hurting us.’
She considered his words for a moment. ‘You believe that rebellion will help us to this end?’

‘We must hope. Where there is hope, there is life. Where there is life, there is a future.’

Later, as Elditha knelt on the chill stone flags in St Olave’s chapel, she knew that unless her sons sailed south before the Normans built their castle fortresses in every town throughout Wessex, it would be too late. As Alfred said, in the end, the thanes, the merchants, all of the people of Exeter were fighting for the preservation of their old truths. As her tears began to flow, she wiped them away with the edge of her sleeve. She wept for those who had suffered, for the families who had lost everything, for the ill and injured who swelled Exeter’s monasteries, for children without fathers and the women without husbands, for her daughters and sons and especially for Ulf, her beloved child, a small boy captive in a foreign place. That night, not noticing that her stiffening knees were grazing the chapel’s bitterly cold tiles, she prayed that one day peace would return to what remained of their lives.
The king closely besieged the city attempting to storm it, and for many days he fought relentlessly to drive the citizens from the ramparts and undermine the walls. The citizens were compelled by the unremitting attacks of the enemy to take wiser counsel and humbly plead for pardon. - Oderic Vitalis, early 12th century.

More men died on the ramparts. The monks of St Lawrence were daily digging graves and tending the wounded. Elditha and Ursula delivered bread to the refugees sheltering in the monasteries and helped in the infirmary making salves. They tore whatever linen they had into dressings. They gave comfort to the dying. Amongst the worst wounds were those inflicted by flaming arrows. Grown men cried in agony after their clothing had caught fire, causing terrible burns.

On their third day of helping in the infirmary Ursula came rushing into the cloisters. Elditha was wrapped in her cloak, resting her aching back against the monastery wall.

‘My lady, we need your help. One of Leofric’s monks was up on the wall. The arrow fire began again. One caught his ear. He fell down the steps, hit his head, and heaven only knows what other injuries he has sustained. They are bringing him here. The prior says we must help him. Everyone else is too busy.

‘We can try,’ Elditha said slowing getting up.

She was assembling her pestle and mortar and an assortment of jars on the table when they carried the monk in on a stretcher of tough linen. Hurriedly pushing a stray hair under her wimple, she directed the Bishop’s men to a pallet in an alcove.

She followed them and leaned over the cot. One glance at the priest’s face and she recognised him. Why was Brother Francis here? She had not seen him since she had looked down on the Norman camp. Now he was inside the walls. Calmly, she asked a servant to bathe the monk’s torn ear and then to hold his head still while she examined his other
injuries. His foot was badly twisted. He moaned and opened his eyes when she touched it.

‘Witch!’ he muttered; but too weak for further protests, he closed his eyes again. She worked quickly, but when she asked the servants to lift his gown so they could examine his bruises, she gasped. Under his gown the monk had an array of seeping sores. There were lacerations all along his skinny legs. She ordered the bishop’s servants to turn him gently onto his side and ease the top of his habit back. He moaned again. She had thought as much. Brother Francis wore a shirt of goat hair under his habit. There would be more weeping sores, and with those the possibility of pestilence, and since that could not be permitted in the infirmary, they must burn the shirt.

She beckoned the bishop’s men away from the monk. ‘Remove that, so I can treat him,’ she ordered. ‘If he protests, say it is God’s will.’

When Ursula returned, Elditha drew her towards the pallet and said, ‘This monk is no stranger to us. Look.’

Ursula peered at him. Turning back to Elditha, she said, ‘It is a cruel fate that has brought the creature to us.’

‘Or God has.’

‘Or the Devil.’

‘He has lesions on his back.’ Elditha pointed at the hair shirt that now lay on the straw beyond the pallet, and added, ‘And pustules running with pus. His body is badly bruised and scratched. His ankle twisted but, with care, he will live.’

‘What thanks will he give us?’

‘He shall live to thank us,’ Elditha replied.

Ursula lifted the pestilent shirt and cast it into the fire. It blazed up and a myriad of tiny creatures rose to mingle with the smoke.
‘Devils,’ muttered Elditha, as she returned to the alcove. It still smelled foul despite the fresh herbs strewn on the packed earth floor - clearly Brother Francis had not bathed for weeks. He must have come in with Count Alain and remained with Bishop Leofric since, looking for preferment and he was, no doubt, back to his old watching pursuits.

Elditha called for a candle to light the dim alcove. She filled a bowl with a sweet-smelling liquid, and waited in silence as the servants roughly raised the priest up. She lifted it to his lips. ‘Drink, Brother Francis.’

He looked into her eyes said, ‘Use none of your honeyed devil cures on me.’

‘There is no magic here, just poppy and honey to ease your pain. Open your mouth.’

She thought he would refuse again, but as she poured the sleeping draught into his open mouth, he swallowed. They gently eased him back onto the pillow. As he drifted into sleep Elditha began to rub a salve into the bruises on his legs. Finally, she eased his ankle back into position, placed a poultice on it to reduce the swelling and bound it.

She ordered the bishop’s men to clothe the priest in a clean shift, and take his filthy habit away from the infirmary. Then she dismissed them. ‘Return in a few days. Tell Bishop Leofric that the priest’s sores may take longer to heal than his ankle. Brother Francis can administer a salve for himself.’ She added in a voice so low none heard, ‘If he so desires.’

Brother Francis slept for two days and nights. He set up an incessant prayer as Elditha changed his dressing and bathed his wounds, muttering, ‘St Benedict, protect me from her.’

He suffered great pain but he refused to acknowledge it. It was as if God was testing him, as He had tested His Son in the wilderness. He refused to eat and was possessed by strange dreams. In one, he woke up screaming that the devil was punishing England. ‘He promised Duke William the kingdom’, he cried out. ‘Earl Harold promised.’

Elditha said then, ‘No, that is a misinterpretation. My husband never swore an oath that the Duke should be King. He promised loyalty to our friend the Duke and it was the
Duke, himself, who broke trust. Duke William attacked us. He took our lands and destroyed our nobility, and those he has not murdered at Senlac he is reducing to weaklings. Please eat.’

Brother Francis stared at her and refused.

He claimed that he saw the Normans riding into Reredfelle and he seemed to relive the fear that he had felt that evening when they had carted them to the camp at Hastings. She discovered from his ramblings that it had been he who had informed the Normans of her presence there. He raved about the smoke, and woke in a sweat crying, ‘Where is Ulf?’

Elditha shook her head sadly. ‘At least on that we both agree. Remember how we all loved him so much, Brother Francis? You must eat, otherwise you will die. My son would want you to live.’

‘God wishes it,’ Prior Robert of St Lawrence said to Brother Francis. ‘Lady Elditha prays for your recovery, as do we, every service.’

‘I saw her cast spells to make corn grow. I saw her use mandrake…’

‘What of it? The field blessing happens everywhere in Wessex. It is a ceremony. The mandrake root is a cure. We all know that. The Church in Normandy may forbid it, but no one pays heed of that. It is your own imagination that poisons your thoughts. Enough of this; you will eat. Why, must we now send for Bishop Leofric?’

Fearful of the bishop, he finally gave in and ate. For two days, the Prior, Ursula and Elditha took turns to sit with him, spooning him broth. He accepted Elditha’s ministrations and gradually began to change towards her. It was as if with the healing of the body the mind’s torments eased.

As his dreams shifted, he thought that he discerned angels in the candles’ haloes. On occasion, as the choir of monks sang in the chapel, he heard Heaven’s music. One morning Brother Francis caught a glimpse of a cold blue sky outside and imagined that he had been transported to the Kingdom of Heaven itself.
Elditha helped him to hop over to the hearth so that the servants could change the linen on his pallet. After the fourth day passed, she pronounced him well enough to return to the bishop’s service.

‘I attached myself to Bishop Leofric hoping for preferment.’ His chin fell and he took a deep breath. ‘I admit I have been self-seeking,’ He looked away from her. It was a difficult admission for him to make.

Elditha stared for a long time at her old adversary, touched by this confession.

After a silence Brother Francis shook his head. ‘My lady Elditha. I owe you my life. I have misjudged you.’ He drew his shawl closer over his shoulders and lowered his voice so that she hardly heard what he said next. ‘The child is safe in Caen where he will receive an education. They will never harm him. I think he will return. I shall pray for that.’

She shook her head and murmured to herself, ‘I must have him returned to me.’ She looked sternly at the monk. ‘And, Brother Francis, I need to know if you will stay or do you intend to go out to that camp beyond the walls.’

He shook his head. ‘I shall stay with Bishop Leofric.’

‘In that case I must ask Bishop Leofric to allow you to recover at St Lawrence and to find a permanent place for you.’

When she returned to Gytha’s hall that evening she decided that Lady Margaret must take her place in the infirmary. She would remain at the palace with the countess unless her skills were urgently needed.

The following day, merchants came to the palace. Falling onto their knees in an antechamber and appealing to Gytha, they begged her to end the standoff with the Normans. Elditha sat by Gytha’s side as their spokesman said, ‘The Normans have brought their siege weapons from
Gloucester. If we do not negotiate, the siege will continue into the spring sailing season.

Countess, you must pay the tax if we are to save our city.’

Gytha confronted them. ‘Help will come by spring. Do not weaken before their threats. They dare not destroy the city.’

‘But our trade will be ruined; our families will perish. With their ballista and ladders they can break down our walls without losing any more lives, Countess.’

‘They want the city intact. They need our harbour. They will not destroy it. If it looks as if they are succeeding, then that is the time to negotiate, not now. I shall send you more grain from my stores to see you through, but, my friends, be resolute. Show them strength.’

The merchants were panicking. Either help would come by spring or they could bargain. They should wait. Yet she could see how disgruntled the merchants were as they rose from their knees. If Bishop Leofric listened to their complaints, they were lost. She prayed that the bishop would not go against them. Elditha did not voice an opinion. She could not. An opinion lay between a rock and a hard place. She had tended their injured and dying.

After the merchants departed, she helped her mother-in-law up onto the walls. Taking Gytha’s arm, they walked through the north tower towards the eastern section of the city’s high defences and watched the Normans construct their scaling ladders. Behind these, they saw for themselves the mangonels, tall vicious throwing machines, now lined up menacingly close to the city’s ditch. Gytha shook her head. Leaning on Elditha and deliberately measuring her steps, she returned along the wall. When they reached steps to the orchard Elditha looked back over the moors. In the distance there was a plume of smoke. Another farm, village or barn was burning. They climbed down.

Sighing, the Countess stepped off the steep bottom step into the orchard. ‘Those mangonels are up at the walls.’ She sank onto a bench amongst the apple trees. ‘All that
treasure in the undercroft should be moved to the churches and hidden deep inside their crypts."

‘Is that wise? If Bishop Leofric gives support to King William, a royal treasure will not be safer there than here.’

‘Let us look, Elditha, and then we can decide what is to be done.’

Elditha helped Gytha to her feet. She led her through the frozen garden to the hall’s cellar steps. ‘You cannot let the city fall to destruction. You may have to negotiate,’ she said as they climbed into the undercroft.

‘That would bring shame on our House. But if I have no choice, we must think of a way to save it all. I owe that at least to the women who have come to me for protection.’

Elditha lit the lantern. Stepping cautiously forward, they negotiated wine barrels and sacks of wool. Using Gytha’s large key, Elditha unlocked the door that led into the treasure chamber and lit two reed candles from her lantern. First she could only see shapes. They grew larger as her eyes adjusted to the thin candle light and became chests. The chamber contained more treasure than she had imagined. She unlocked a chest and lifted the lid. It held silver coins. She let the coins slide through her fingers, ‘It is worth much now we are robbed of our estates, and now we are about to lose our last Wessex stronghold, this may be all that is left to us.’

Gytha sank onto a stool. ‘Yet, this coin could pay for my grandsons’ army if only we can find a way of taking it from Exeter. If only a ship could slip through.’

‘And they have taken them all for their barricade.’ Elditha said as she opened another coffer filled with jewels and pulled out a ruby pendant. She passed it to Gytha.

Gytha held it up to the torch light. The ruby glowed. She straightened her back and dropped the pendant over her head. It lay against her chest, its red glow gleaming in the darkness. ‘I wore this on my wedding day. Godwin gave it to me and I must save it.’
‘And you, Gytha, were you handfasted or married in the Church porch?’

‘Our marriage was blessed by the Bishop in the Cathedral. We were not cousins. I was related to Canute, not to Godwin.’

Elditha sighed. She lifted up an ornate silver and crystal box. ‘And the relics?’

‘That contains lace from St Mary’s veil. Bishop Leofric can have that for his Cathedral. He coveted it long before, when it was in our chapel. I had these relics removed here for safety. Now, we must return them to God’s house, even though it seems that God has deserted our cause.’

From another chest, Elditha drew out two prayer books. She blew a film of dust from them and peered closely at the lettering worked into their leather covers. ‘And these are surely precious.’ She replaced them and lifted up another book. Opening it, she exclaimed, ‘Gytha, one of Harold’s books on falconry is here and look, a book of riddles.’ She lifted up the little book, opened it, shut it again and held it to her breast. ‘It is the same as the one gave me, after he married Aldgyth. It was lost in the fire at Reredfelle.’

‘Take it, my dear. All these books belong to us.’

Elditha felt a great heaviness. Even now, Aldgyth remained on the edges of her vision haunting her memories of her last day with Harold. Clutching the book tightly, she remarked, ‘Aldgyth was with child.’

Gytha busied herself closing her chests again. She let the last coffer lid drop. ‘Aldgyth’s child was born in Chester last April, a boy. Do not dwell on it, Elditha. We have more things of importance to concern us than Aldgyth. I hear a bell. It is Nones already.’ She smiled a wicked smile. Her eyes glowed like candles. They were those of a woman much younger than her great age. ‘We shall leave all this here for now. I think it is time we spread a few home truths about the Normans amongst the women of Exeter.’

‘What do you mean?’
‘We need the town to continue to support us. Rumour is a powerful weapon.’

When they came out of the cellar the town’s church bells were ringing. Gytha’s women were milling around outside the hall, waiting for her to return, their breath hanging about them like pale veils. Gytha tapped her way forward in front of Elditha, using her stick, picking her way steadily across the frosted earth. She pulled her little bell from her belt chain and competing with the Church bells rang it insistently. She would lead them to prayer in her chapel.

Elditha excused herself and hurried inside the hall’s opened doorway and past the hearth to the chamber in the far wing which she shared with Thea. She opened her saddlebag and placed the little book there with her remaining treasures, the christening robe and a small purse filled with coins, the same that had been stitched by Ulf a year ago. It was all the treasure that now remained to her, that and the amber ring on her little finger.

The following day, the palace women began whispers that the Normans would spare no one if the Countess opened the gates of Exeter. As Elditha moved around the bower and yard overseeing all, she heard their deliberate talk of terror as the women dropped their distaffs. They discussed how the Normans beat their wives and how they treated them badly. As they made simples and cut linen for bandages in preparation for an expected onslaught, they spoke of how the Normans ate stolen children in times of bad harvest and famine. As they talked, Elditha realised that Gytha’s women had begun to believe their own stories.

Elditha went up onto the walls again. It was quiet. There was no arrow fire, no cries, screams or taunts. The Normans had moved their ladders closer, though they did not climb up them. Instead, down below, the ladders littered the frozen earth. They kept the mangonels back from the walls. At supper, she learned too that the women’s tactics were effective. The town absorbed their stories and there was no further talk of surrender. To her relief, the
townspeople had refused to support Bishop Leofric, who was lending his support to the merchants, and for now there was a reprieve.
Certain knights sent by him from Normandy had been driven by a storm into their harbour. Oderic Vitalis. Early 12th Century.

As the siege slid into a third week the weather changed. A wind rushed over the land from the western sea and a vicious storm blew up. That evening, Gytha’s sergeant had sent a dozen or so of her retainers out of the east gate to guard the quayside and the harbour stretch between the river and the city ditches. There was a score of her private army up on the fortifications behind the palace. Beneath the driving wind and rain, Padar and Alfred stood with Gytha’s guard, pacing the walls as they watched the Normans drag their mangonels further back into a stand of poplar trees taller than the machines themselves.

A number of ladders lay on the ground below, left there by the Normans on the day before. Alfred suspected that when morning came and the storm had blown out, the Normans would attempt to scale the walls. The three weeks’ lull granted Gytha by the enemy showed signs of drawing to a close. The enemy’s patience must be worn thin by the freezing wet and their tents were a poor accommodation.

A boy came running through the rain, shouting for Alfred.

Alfred stepped forward to meet him. ‘I am here, boy.’

‘The Countess wants to know if the ship barricade is breaking up.’

‘Wait here, boy,’ Alfred said.

After a final look at the Normans guarding the bridge, and with Padar following, they wended their way around dripping tar pots and close knit groups of shivering soldiers, circling the town below, until they came to the place in the east where the river started to hug
the wall. From there they could see the shadowy outlines of boats crashing and banging against each other across the width of the river. They looked down. Gytha’s guard was on the beach near the river gate.

Leaning against the wet stone, Alfred leaned over, peering down on the drenched quays and shadowy warehouses that lined the harbour. ‘Come on,’ he shouted and raced to the steps that led down to the river gate. Half slipping, falling and fighting the wind they came down. Padar called to the guard to unbolt the door. Struggling against the storm, they rushed out, down a steep track and onto the wharfs.

Padar reached the long pillared jetty that thrust out into the river first. Pulling his cloak around him, he walked out onto it, scanning the river where it flowed to the sea, searching for the barricaded boats. Not far off, they loomed up. Looking back at the land, he could see no sign of Gytha’s soldiers along the shore between the wall and where the river lapped up against it.

But Alfred’s keen sight was able to make out the glint of spears on the shingle beach further up the river near the bridge. He was not close enough to ascertain whether it was Normans or their own people. With the wind pushing behind him, he turned towards the bridge, and ran through the storm and along the quay.

Moments later, he could make out men wading across the river towards the town. Their hands were raised in surrender. Coming closer, he saw that it must be Gytha’s guard who had surrounded them and were dragging them from the river, one by one, onto the muddy banks. They were cutting them down on the shore, deaf to their shrieks and pleas for mercy. Inches away from him, one of the surrendering men stumbled up onto the shingle. A spear flew past and caught the wretch in the neck. He fell against the wall ditch and slid down it into a bloodied heap. ‘What are you are doing?’ Alfred yelled, rubbing his own neck. No one heard him. He recognised Gytha’s captain. He was encouraging his men in a frenzy of
killing. Alfred manoeuvred his way through fallen bodies and skewered victims closer to him. ‘Who are these men?’

‘English mercenaries who fight for the Normans. They are traitors.’

‘But they are surrendering?’

‘They are scum seeking shelter.’

‘But they are surrendering scum, are they not?’

The captain shrugged. ‘They would be mouths to feed. But if you don’t like this, do you feel brave enough to stop them? The men would turn on me.’

Helpless, Alfred turned back towards the wharf. The rain was now beating into his face and pouring down his helmet in rivulets. His heavy, drenched cloak was slowing him down. He reached the jetty where Padar was standing above the swirling river, gazing from his hood towards the boom. As he came closer, he saw what Padar was watching: a small coracle. The craft was fighting its way through the churning water towards the quayside.

He reached him just as the craft rocked close to the jetty. It was pulled by an undertow between the jetty pillars, then disappeared from view, only to reappear on the other side. Padar raced across, leaned over and shouted down, but there was no reply. The figure in the boat stretched out to the pillar closest to him and caught hold of it. There was a sudden gust of wind. The boatman lost his grip and the coracle spun round. Again he reached out for the pillar, and grasped it. He raised his hand to the iron mooring hooks and hauled himself on to the dock. Then his boat was swept away by the force of the water. Collapsing at their feet, he bent double and spewed.

Padar pulled his sword from his belt and held it high, ready to strike.

The boatman was on his knees, yelling up, ‘Stop, Padar. You know me!’

Padar dropped the sword. ‘By Christus! What are you doing here?’
Alfred grabbed a handful of Padar’s mantle and pulled him back. He reached for Padar’s weapon. ‘Are you crazy to unarm yourself outside the wall, man?’ Padar blankly looked back at him. ‘Here take it.’ He thrust the weapon back into Padar’s hands. ‘Who is this bastard, Padar?’

‘Connor of Meath, and he may be our deliverance.’

Connor struggled to his feet and began to speak.

Padar shouted at him, ‘Don’t try to explain now, just lean on my shoulder.’

Alfred said, ‘Padar, listen to me, Gytha’s guard are massacring mercenaries down there. They were seeking shelter here amongst the wharf buildings. The Normans will retaliate as soon as the storm blows out. I need the sergeant. He’ll order Gytha’s guard inside the gate again.’

‘Help us behind the walls first.’ Padar began to head off, dragging the Earl and fighting the wind. Alfred caught them up and grasped hold of the Earl’s other arm. Pushing through the rain, they hauled Connor up the slope, through the wharf door and into the destruction the storm had wrought on the town. Alfred veered to the left and climbed the slippery steps to the wall towers. Padar was left with the earl.

Pushing at Connor’s sopping mantle, Padar guided him past the debris that came hurtling down the town’s wider lanes with a loud banging and clashing. The Minster’s bells were wildly ringing, their clangs eerily echoing through empty streets. They were tossed in the gale until they reached the gate. Gytha’s gatekeeper yelled at his boys to pull the gate open to allow them through. Padar kicked a rolling, thumping barrel out of their way and summoned all his strength to drag the earl out of the storm and into the hall. He led him down the central aisle, past restless servants who were trying to snatch sleep, and behind a thick curtain into his own alcove.

‘Here.’
He thrust a linen sheet at the earl. When Earl Connor had dried himself off, Padar brought him soup from the cauldron that was always kept filled for Gytha’s guard.

‘What is it?’ said the earl as he greedily grasped the bowl.

‘Herbs, cabbage and onion. We are beginning to stretch the grain but the pot is never empty. Here, take this too.’

Earl Connor seized the spoon and ate. Finally, he wiped his mouth with his sleeve and began to talk. He had come from the coast, he said. Half the south west was on the move and he seemed just another destitute soul. Seeing no other way into the city he had skirted the town as the storm began to gather force. He had discovered the skiff abandoned where the river Exe widened as it flowed towards the sea, beyond the ship barrier and had taken advantage of the storm to slip around the boom and get into the harbour. ‘Simple as that, skald,’ he said.

Padar lifted a skin bag and handed it to the earl. ‘The messenger reached you?’

‘More than a week past. I arrived back after Christmas to find the lady gone, King Dairmaid furious and Magnus distraught, but the messengers did come through.’ The earl wiped his mouth as he swallowed. ‘Madness, she is mad, foolish, to make this journey in winter and alone.’

‘She was not alone. What about the Danish ships?’

Earl Connor shook his head and drank again. ‘Not before summer. The Countess will have to save herself however she can. Magnus has sent me for his mother and sister. The Countess will have to accept the Norman fealty, pay the tax, survive and wait. My task is to bring Lady Elditha and her daughter away from here.’ He passed the skin back. ‘The second I hope for; the first may be more difficult, and as I see it, the second depends on the first.’

‘Get some rest,’ Padar said, thrusting a blanket into Connor’s arms. ‘They are all trying to sleep. You can see them in the morning.’
Candlemass Day 1068

The flower of their youth, the older men, and the clergy bearing their sacred books and treasures went out to the king. As they humbly threw themselves on his mercy that just prince granted them pardon and forgave their guilt. -Oderic Vitalis, writing in the early 12th century.

By the following morning the storm had abated, but the besieged women awoke to further tragedy. As dawn was breaking, soldiers ran into the hall shouting for Countess Gytha. A messenger hurried to the chamber Elditha shared with Thea. They were already awake and dressed. ‘Thank the saints Gytha is asleep.’ Elditha said. ‘Stay here with your grandmother, Thea.’ She threw her furred mantle over her gown and, without even waiting to bind up her hair, rushed out of a side-door into the garden, and climbed the orchard steps. Hair streaming behind her, she raced along the wall to stand with the soldiers who gathered there to look at the grisly sight of a young man hanging from a gibbet outside the North Gate. His fair head had fallen onto his chin. His richly embroidered saffron-coloured garments hung loosely from his bones.

Rumours raced through the morning. By Sext, the most important merchants had climbed on the walls behind the palace to see this horror for themselves. The Normans had hung a son of Exeter during the grey daybreak, while rain still pounded on the town’s houses and as its citizens had begun to assess their damage. To the astonishment of the town burgers, in full view of those watching up on the walls, the Normans cruelly blinded another. The victim’s screams could be heard penetrating the wet air. Below, rank-and-file soldiers competed with the jeering of their betters.

Elditha and Gytha received Earl Connor in Gytha’s antechamber in the new hall. Alfred related the previous night’s events. Gytha’s relief that the merchant ships were not destroyed
turned to anger when Alfred reported the massacre on the beach beyond the Port Gate. The murdered men who dangled outside the North Gate were hostages granted by her merchants to the enemy. Elditha’s amazement at seeing the earl, knowing he brought news of her sons could not lessen the horror that had emerged early that morning.

‘Why did the Normans have hostages?’ Gytha said, clearly puzzled.

‘Because those weasel merchants were treating with them behind our backs,’ Alfred said.

‘Send for Leofric at once,’ Gytha ordered Alfred. ‘Let us see what he has to say.’

An hour later, Bishop Leofric came stumbling breathlessly into her antechamber.

‘Countess, we had no choice but to parley with them ourselves. The merchants …’

‘Are fools,’ interrupted Gytha, ‘And so are you. Even in parley we should be united, not divided.’

‘How, Leofric, how were there hostages?’

He looked down and said nothing.

‘Speak,’ Gytha raged. She waved towards a stool and Bishop Leofric sank gratefully onto it, his dark-gowned withers spreading over its edge.

He began with his excuses. ‘These are my responsibility, my flock. They worry about their trade. The chief merchants of the town had granted King William six hostages, their own sons and even an elderly uncle, several days before the storm broke. It was proof of promise that they would bring an end to the siege. Then there was the slaughter by the river quay last night…’

Gytha broke in, ‘So they think you have broken faith, Leofric?’

‘Broken faith, and let me remind you, you have not controlled your guards, Countess. King William gives a harsh warning.’
‘That pack of bullies is no Christian army.’

‘Countess, a son of Exeter is dangling at the gate. Another will die of his blinding. God has abandoned us and your people blame you. They say, your stubbornness will be the ruin of them all. The burghers have banded together and,’ he stopped, and looked hard through popping eyes at the stranger by Elditha’s side. ‘Once again, my flock brings their anger to me.’ Not waiting for her to reply, Bishop Leofric rose of his stool. ‘And now I must comfort their families.’ He swept out of the chamber with a gawking monk attendant following, trying to snatch up the hem of his cloak as it swept over the puddled tiles.

‘Their anger is nothing to my own,’ Gytha shouted at his departing back.

Earl Connor climbed onto the ramparts with Elditha and Thea saying he wanted to survey the Norman camp from the top of the city walls. Her joy at seeing Connor was spoiled by his news that King Dairmaid called her a foolish woman, just like the rest of her kind. She felt that this must reflect Connor’s own opinion. His words were chill. Unless they could stop the cataclysm, he said, there would be more hangings, more destruction. It was what she already knew now. They must surrender. There could be no help before the summer.

There was a long, long silence. Elditha broke it. ‘My lord, you have clearly come to bring us to safety.’

‘If I can,’ he said, ‘but first Countess Gytha must pay the tax and then she must negotiate that you, Thea and I will leave. It is the only way to break this siege.’

‘We must all leave,’ Thea said. ‘My grandmother, all of her ladies, everyone must leave. Grandmother has friends in Flanders, Denmark and Norway. We have cousins everywhere.’
‘So, Earl Connor, you tell us to treat with Duke William?’ Elditha said, ‘Because we must, because Exeter has turned its back on their countess. You know, two days ago I heard that the soldiers up on this very wall taunted the enemy and bared their arses to them. Then they poured oil and pitch down on them. They had courage.’

The earl smiled at her story. ‘Yet, the Countess must now treat with the enemy. Pitch and boiling oil will not keep them from the gates.’

There were scalding tears in backs of her eyes. She turned away and began to descend the wall steps down into the orchard.

Later that day, Earl Connor passed several hours alone with Countess Gytha. When they emerged from her antechamber, Gytha’s face was inscrutable. Elditha could not discern her intentions, nor did she speak of any, nor did Earl Connor. He took himself to the bishop’s palace and did not return until well after night had fallen. That evening, although Elditha longed to be comforted by him, the earl kept company with Padar and Alfred. Had she not come to Exeter, Thea could have been spirited away, like Ulf had been before her. That, she could never permit.

Before Nones on the following day, accompanied by the Burghers of Exeter, Bishop Leofric came once again into Gytha’s hall. Gytha descended the dais and banged her stick hard on the stone floor with such a fury that its gryphon head flew off and a second stick had to be fetched for her.

She then began a determined speech to the thanes and merchants that stood angrily before her. She reminded them of who they were; they were freemen of England. Englishmen were never subject to Normans. ‘There will be no more of this. No agreement with the enemy. No talk with William. No fealty oaths. He’ll give your trade to his own. Your
daughters will be raped and married off to common soldiers. Your sons will be pressed into their army, like those foolish traitors in their camps out there. The bastard son of a bastard mother will hang you all. And, if he doesn’t, when my grandsons arrive to relieve us come sailing time, if even one of you betray this city, you will all be dead men.’

Elditha leaned forward from her bench. She could read their faces. She could see that the burghers of Exeter understood that in order to possess a future they must accept the new rule. Their old world was gone. It had gone two years before with the death of King Edward. The Normans had come and they intended to remain.

Bishop Leofric spoke up for the Normans. ‘They rule much of Christendom, my lady Countess. They promise us cathedrals as grand as those in Normandy and in my heart I know that God wills it so.’

A chill penetrated Elditha. She gave her hand to Thea and whispered, ‘What is she thinking? She must know it is over here.’ Thea shook her head. Tears ran down her cheeks. The female members of the Godwin family, including four distant cousins, two aging aunts and Hilda all bowed their heads and sighed a collective sigh. Their resistance had run its course. They, too, must look to the future.

For a moment, the bishop glanced their way. His eyes appeared to pop nervously from his loaf-like face. He lifted his hand, his plump fingers quivering and pointed a fat ringed finger at the countess. His voice quavered as he said, ‘Countess. You are responsible.’ He waved his hand towards the women. ‘Think of your own family. Consider the fate that awaits these women if you continue to flout the rules. God have mercy on you.’ With these words he turned and walked away, leading the band of grim-faced merchants and thanes. Their faces bore the sombre hardness of men who had had enough and would never bend to Gytha’s will again.
As they sat abandoned by the bishop, Elditha imagined the arching beams above pressing down, pushing them all into oblivion. Gytha’s face seemed as if it was carved in stone, her anger frozen by the bishop’s retaliation.

Elditha rose first. ‘Come, mother, you need to rest, a draught of poppy perhaps.’

Slowly Gytha leaned down and retrieved her jewel-headed stick. She drew her back up straight and addressed Elditha, ‘Go and find your distaff, girl.’ Without bending to their will, she tapped her way out of the hall.

Alfred was on watching duty again. The Normans moved their mangonels forward, closer than ever to the town. That night was so bitterly cold that even his sheepskin mantle felt thin. Alfred walked up and down, thirty paces forward and thirty paces back. A man beside a brazier looked at him as he passed, as if asking for reassurance. Rumour ran along the walls like a snake slithering through the tall grasses by the river below. The siege was close to its end. They feared for their future but Earl Connor had assured the sergeant that no gate would open before a settlement was reached.

A roaring sound came from beneath them. It felt as if giants of ancient times were knocking on the door of the world. Something cracked and stones crashed. There were shouts from beyond the ditch. Alfred looked over. His men did likewise. Dust and soil rose up towards them.

‘They are mining,’ Alfred yelled.

He sent Padar to rouse the countess. Padar raced along the wall and down the orchard steps and into the hall, shouting for her. The countess arrived wrapped in Godwin’s bear-skin cape. When she heard that the mining had begun, she sent for Bishop Leofric and collapsed into her chair. For the first time since the siege had begun, Elditha saw Gytha’s tears flow.
The next morning Earl Connor bravely rode from the palace, through the town gate and into the camp carrying Gytha’s pennant. By Sext the tunnelling had stopped. William pulled his mangonels back. Later that day, he entered the town escorted by Alain of Brittany and a small guard. The gates closed behind him. He met Countess Gytha, Bishop Leofric and the burghers of Exeter in the Bishop’s palace. Elditha remained in the hall with the other women. She did not welcome an encounter with Alain of Brittany. Not long after, the Normans rode back to their camp. Negotiations for the women’s exile had begun. The King agreed that part of the arrangement would be the removal of the Godwin women, their personal wealth in Exeter and their own servants. In return, he promised to guarantee the safety of Exeter’s citizens.

When Gytha called her women together to tell them, Elditha left the hall by a side entrance to seek the quiet of the garden. She was coming to a decision of her own. She could not leave England, but she needed to consider Thea’s future. Gytha intended to travel to Flanders, not Ireland. She might even continue to her native Denmark. Perhaps Swegne would make sure that the beautiful Thea married well.

Branches littered the pathways. Fencing, broken by the storm, had collapsed upon itself. Winter herbs had been flattened. Yet a tiny chapel dedicated to the Lady Mary had survived with its glass windows intact. Inside the priest had lit candles and now they glowed in two small halos. As she watched them flicker she remembered that today was Candlemass. Later they would bring their old candles to the Cathedral and distribute them to the poor. Bishop Leofric would announce to everyone that the siege had ended and they would give thanks that the city had not been sacked. As she thought of this, she anxiously paced the garden again. But she had made her decision. She would not return to Ireland and Thea would remain with Gytha.
She heard twigs cracking and looked to see Earl Connor approaching her. He was on her pathway. He had reached her. Bending down, he picked up a branch before she trod on it. ‘Elditha, I must speak with you alone,’ he said.

‘My lord?’ She was sure that she was making the right decision. She had heard him tell Gytha that although the Normans had won the battle they had not yet won England. Whether this was true or not, it had consoled Gytha. Now she must work out her own future.

She led Connor to a stone bench. He removed his cloak, a muddy-coloured serviceable garment, and spread it over the stone so she could sit. She looked up at the soldiers on the parapet above and said, ‘The Normans have stopped the tunnelling, but if they wanted to they could break through our gates today. They could still break faith with us.’

‘They believe that the Countess will give in to the wishes of her Bishop. If she changes her mind, she will see everything she cares for ruined. Your sons will come in the summer but any attack we make then must be coordinated for it to have hope of success. If the English resistance lacks coordination, it is doomed. We must pull it together from every corner of the realm.’

‘And King William says that the Countess cannot remain in Exeter,’ she said sadly.

‘None of you can.’ He placed his hand over Elditha’s hand.

‘Connor, I have not seen my youngest child Ulf for so long that his face is fading from my memory. I won’t return to Ireland now. I must find him.’

‘Elditha, I would like to help you. Would you consider giving yourself over to my protection?’

She shook her head. ‘We are friends, Connor, just that.’

He looked sorrowful and for a moment she thought she might change her mind, but he lifted her hand and kissed the yellow stone on the silver ring he had given her. ‘So I do mean
something to you, Elditha. And I shall always be yours in friendship. If you should one day… if you could change your mind… I can hope?’

But it was too late for love. Harold came between them. His memory hovered with her and about her. Though she did not say it and though he had hurt her deeply, so deeply she could not quite forgive him, her heart had always belonged to a fair-headed warrior who had borne a swan-shaped birthmark on his body and a bracelet tattoo on his thigh. Harold Godwin was hers alone, even where he dwelled amongst angels. The spinners at the foot of life’s tree had spun her fate. She could not marry Connor of Meath, though he was more than worthy of her.

‘You have never left him?’ Connor said breaking their silence.

‘You are a reader of thought, my Lord of Meath.’ She looked down at his hand that still held hers. ‘But I believe that I have come to a decision. I shall enter a contemplative life here in the land I have loved.’

‘There are safer nunneries in Ireland.’

‘No, my Lord, I shall ask permission to enter the convent at St Augustine in Canterbury. And, if that is permitted, my life will continue in a peaceful manner.’ She slipped her hands from his. A smile played on her lips. ‘There, I can pass my hours embroidering gold and silver copes for the Archbishop. But, in Canterbury, I shall be close to my old estate of Reredfelle. And there I shall wait to see Ulf set free.’

‘What about Thea?’

‘Thea shall remain with her grandmother and her aunt. I think if Gytha guides it, she might have a hopeful future. And maybe I can visit her.’

‘And if your sons are restored to their kingdom?’

‘I shall be in Canterbury waiting for them when they come.’ She met his steady gaze. He was a good listener. ‘And I pray that we, too, will speak with each other in better times, in
a time when there is peace in the land and you can come to England.’ There was such relief in this unburdening. She whispered, ‘Thank you, thank you, Connor for believing in me. By listening to me now, you are helping me to understand myself.’ She stood, leaned up and lightly kissed his cheeks, first one, and the other. Then she walked back into the hall to tell Gytha and Thea what she had decided. Now was the time for her daughter to take care of the Godwin Christening gown. Thea would travel with it to another land where her daughter and, in time, her daughter’s eldest daughter would protect this precious heirloom.

Two days later the sun shone in a flawless sky. The house-coerl commander as well as Earl Connor and Ursula attended Gytha as they waited on the Bishop to hear William’s agreement. Bishop Leofric made Gytha comfortable in his best padded chair, where she drank wine from a fine glass tumbler.

‘So, Bishop, we are drinking the last of your English wine. Send out your negotiators to William the Bastard. These are my terms.’

When she had finished, the Bishop nodded. ‘My daughter, I believe that you are making the best decision. We can treat with the King.’

‘King? Bastard he was born and bastard he remains.’

Leofric ignored that comment. Instead he said, ‘The relics you promise will remain safe in the minster, and as part of our terms I continue as the Bishop of Exeter. Now, as for Lady Elditha,’ he added after a discreet cough, ‘was there not talk of marriage?’

‘Yes, to God. You will see that her wishes are observed and that her safety in Canterbury is guaranteed. She is not the first and she will not be the last to choose the convent. Moreover, she brings to St Augustine a portion of my wealth. The Bastard has stolen her own.’

‘Let us see what we can arrange.’

343
He made a steeple of his fat hands. Gytha noticed the opal Earl Godwin had given him, roosting like a small plump pigeon on his middle finger. She could feel Leofric gloating and in that moment she decided that if her grandsons regained their kingdom, Bishop Leofric would never enjoy Godwin favour again.
And here Gytha, mother of Harold, travelled away to the Isle of Flatholm, and the wives of many good men with her, and lived there for a certain time and so went over the sea to St Omer.

-Anglo-Saxon Chronicles, March 1068.

Alain of Brittany set out for Wilton. There were some details concerning the ladies’ exile that he needed to discuss with dowager Queen Edith. On his arrival, the abbey lay peacefully under a misty winter shroud. By vespers, he was comfortably closeted with Queen Edith in an antechamber warmed with charcoal that glowed comfortingly through lattice worked braziers. On the table lay a manuscript. Edith followed his eyes as they lit on the parchment, noticing how he was drawn to the elegant acanthus stems that curled around the capital E of ‘Edward, Rex’.

‘It is very beautiful. My niece Gunnhild drew it,’ she said with pride. In a brusquer manner she turned away from the manuscript and bade him sit and drink a glass of hippocras.

‘Now, Count Alain, what news do you bring?’

‘It is the King’s wish that your mother must go into exile.’

‘She is elderly and harmless.’

‘Not so. She is dangerous and cannot be trusted. The King will allow her and her women their freedom if you send word to Flanders on her behalf. For now, they will go to the island of Flatholm, in the channel out of Bristol. But they are not to travel on to Ireland.’

Edith raised an eyebrow. ‘Why ever not? Her grandsons dwell in Ireland.’

‘King Dairmaid harbours traitors.’

‘I see. My mother is a wealthy woman and she will want to see my niece, Thea, married out. Out of England, I mean, since Lady Elditha’s lands and manors have been forfeit.’
‘Arrange Countess Gytha’s transfer from Flatholm to Flanders and the Countess may keep her treasures, but for her own use alone and not to be used to plot further rebellion. Her grand-daughter’s dowry is none of our concern.’

Edith paced the room. There really was no choice but to agree. ‘I shall write it. And Elditha? My information is that she is in Exeter after all.’

‘Indeed. I had understood her to be in Ireland, according to that rogue Beorhtric. And the skald too managed to escape Beorthric’s guard last year. One wonders about these English thanes’ loyalty. But, as for the lovely Lady Elditha,’ he paused. ‘She is to enter a nunnery.’

‘In the house at Wilton?’ Edith raised a quizzical eyebrow. She was not so sure that she wanted responsibility for Elditha. The idea of her close to Gunnhild irritated.

‘No, Canterbury.’

‘St Augustine?’

He nodded and added with a hint of sarcasm, ‘She intends to wed with Christ.’

‘Ah, there lies a surprise. What of my nephew, Ulf?’

‘Ulf will remain in Normandy and continue to be treated well, as long as his mother and the Countess conform. The boy is to be educated as a Norman.’

‘His nurse, the woman Margaret?’

‘The woman is to marry a merchant. She is still young.’

‘And you, Lord Alain, who will you marry now?’

He looked away. ‘That remains to be seen.’ He looked down at the scroll. ‘Your little niece really has a talent. They say that once English nuns were calligraphers. It is not often you see this nowadays.’
‘And that is a pity. It seems that the world of men has encroached deep into our lives. One day they will be stitching in our bowers.’ She reached out for a morsel-sized almond pastry.

‘Not this one,’ he replied with a hint of sarcasm in his voice and sipped his wine.

That night Edith wrote two letters and sealed them both. Things had turned out rather well. Her mother had survived. Elditha was to take vows in Canterbury. Who knew what Thea would choose? She smiled to herself. Gunnhild would remain here with her and that was enough.

Edith thought about her great work, her family biography. These new stories were for others to tell. Her scribes would write only her memories of her father, Earl Godwin, her brothers, Swegne, Harold and Tostig and, most importantly, those of her sainted husband who had ruled England for many peaceful years. Contented with this thought, she drifted into sleep. Over the abbey fields and beyond the distant hills, a last snowfall was cleansing the land, coating everything with virginal white. That night she slept peacefully.
Epilogue
October 1090

Sisters, you have long listened to this story and as we are nearing its ending let me tell you now about Ulf.

For many years, Elditha dwelled in Canterbury. A long time ago, she heard news of her older sons. They returned to the south west in the summer of 1068 but had little support; they are now in Denmark. Her daughter Thea has married a prince of Novgorod. She is a great princess, with a child whom she has named Harold. Gunnhild, well, that is a story for another day. It is a great scandal, for she has eloped with that Breton knight, Count Alain, old enough now to be her father. No one knows where he has taken her; perhaps he has hidden her away in a dark, turreted castle in Brittany. If so, it is a terrible secret.

Two years ago, King William died in Normandy, cruel, old and despised by many. He divided his kingdom between his two sons, Robert and William the Red. Robert became the new Duke of Normandy. William, the favoured son, was crowned King of England. On the day of Duke Robert’s accession to the Duchy, he knighted two young men; both had been royal hostages, nothing unusual there. One was Malcolm, son of the King of Scotland, but the other was Ulf, the youngest son of King Harold. These young knights were no longer hostages. They could travel so ever they wished. When Elditha heard that her son Ulf was with Robert of Normandy, she decided to make a journey. She left Canterbury and crossed the narrow seas to the Norman capital of Rouen.

They met in the Archbishop’s palace. Ulf sank to his knees and kissed the hem of her gown. As she raised him up and looked into his face she saw the lovely features she had known in the child of six. Her green eyes stared back at her from a countenance that was
studious and kind. She reached up and touched his hair, as thick and flaxen as her own was so long ago. Why, he had almost reached the age she had been when they were in Winchester, before he was stolen from her.

That afternoon, Ulf and his mother sat together for many hours, eating honey cakes, sipping wine remembering each other’s memories, long deep memories that reached deep into the childhood years beyond the time at Reredfelle. The evening shadows grew long as they talked, since there was so much to say. My sisters, let us leave them there. In any case, this is where our tale ends. We must leave them together, happily accepting of their lives. They cannot have possibly imagined when it all began that the spinners at the foot of life’s great tree had intended such a journey for them.

Yet, in the end, the spinners have spun my fate kindly and I am thankful. Close the shutters, Sister Elizabeth, I hear myself say. For there is a draught and I do believe that there is rain in the air tonight.
Author’s Note

Edith (Elditha) Swanneck married Harold Godwinson circa 1050 when Harold was Earl of Anglia. They wed in a handfasted ceremony and may have been second or third cousins. Marriage between cousins was not permitted by the Church. Equally, marriages between Danish families were often handfasted weddings in any case. Historians suggest that Harold married Aldgyth, the sister of the Northern Earls and widow of King Gyffud of Wales, in York during 1066. She is thought to have given birth to a child known to history as Harold. Since his marriage to Edith Swanneck was not sanctified by the Church, Harold, as had happened before with early English kings, was able to make a politically advantageous marriage, by marrying a second time in a Church ceremony.

Not much is recorded in reference to Edith Swanneck. There were five surviving children from this marriage and a little girl who died. I have not distorted the historical record where their children are concerned. I used the name Thea for their eldest daughter because it is confusing to have two Gythas so close together in a novel. John of Worcester writes in the twelfth century that Ulf, the youngest son of Edith Swanneck and King Harold, was taken as a hostage into Normandy after the Battle of Hastings and that he was released in 1089 and knighted by Robert of Normandy, King William’s successor to the Duchy.

Edith Swanneck is recorded in the Waltham Chronicle as having identified Harold’s body parts on the battlefield near Hastings by marks known only to her. The vignette depicted on The Bayeux Tapestry showing The House that Burned, the firing of an estate before the battle and a mother and child escaping, is my inspiration for The Handfasted Wife. Andrew Bridgeford suggests in his book on the Bayeux Tapestry that the woman could be Edith Swanneck and the child, Ulf. The estate could, in fact, be Crowhurst. Only three women are shown on the tapestry and the other two are identified noble women. The theory carries
weight. The estate at Reredfelle is to be found in the Domesday Book as a Godwin Hunting Lodge so I chose it as a location for the first section of my novel. Edith Swanneck may be Edith the Rich identified as a wealthy landowner in the Domesday Book. Alain of Brittany did take title to these lands. He fought at Hastings. He became very wealthy and was given the honour of Richmond after the Northern rebellion. He was related to the Breton Duke who ruled from Nantes. His lands were in the north and his father had sent his two sons Alain and Brian to Duke William of Normandy. He was related to William of Normandy through his mother. There is documentary evidence that Harold’s daughter Gunnhild eloped with him from Wilton Abbey and that this was a scandal at the time. The date of the elopement is shadowy but letters from Archbishop Anselm of Canterbury to Gunnhild suggest 1090.

There is no evidence that Edith Swanneck, was in actual fact, King William’s prisoner before or after Hastings, nor was she ever wooed by Count Alain of Brittany. I invented her journey to Ireland. However, her sons are documented as having dwelled in Ireland during the years 1066-1070. They did hatch and execute rebellions and the fact that Edith Swanneck disappears allows for invention. I aimed to create a convincing world that was inhabited by English women during the years following Conquest, one of loss and instability and one where marriages were arranged between widows and daughters of Hastings and Norman knights, to further the Norman land grab and cloak it in legitimacy. Edith Swanneck’s story, as I have imagined it after the Battle of Hastings becomes representative of what did frequently occur.

Edith Godwin’s narrative and that of Countess Gytha absolutely follows the historical record because information is recorded in primary source material concerning them. The resistance of the women of Exeter is recorded by Oderic Vitalis. It is also mentioned in the Anglo-Saxon Chronicle that Countess Gytha went into exile from Exeter with a great treasure. The events of the siege follow Oderic Vitalis’ account, inclusive of the proposed
taxation resisted by Gytha, ‘moonig’ on the wall, the massacre during the storm, the hanging of hostages and the divisions that emerged within Exeter during the siege.

Padar, Ursula and Connor of Meath are imaginary characters but they are as real to me as the actual historical characters in The Handfasted Wife. So what did happen to Edith Swanneck? A theory suggested by some historians is that she retired to a convent at some point after King Harold’s death and this is the one I ultimately chose. However, the history of women at this time is shadowy and it is never really possible to pinpoint the truth.
The Handfasted Wife: Tempering Realism with Romance in Historical Fiction
Introduction

When I embarked on writing a historical novel about King Harold’s first wife, Edith Swanneck, and her survival after the Battle of Hastings, I knew that creating a convincing world concerning a period that is so distant from contemporary time and place, would provide challenges. Not least of these would be conducting historical research and choosing a literary form to contain the fiction in a manner that would invite a readership. Writers of historical fiction desire to transport the reader into the story’s world and readers generally desire to develop a sensory understanding of this world and empathy for its characters, in order to invest time following the historical recreation’s imaginative journey.

For The Handfasted Wife, I aimed to unite a fairy-tale feel with a realistic mode of writing character, time and place. It was of particular importance that the narrative was faithful to an historical time; as Dr Ian Mortimer comments, the recreation of a past era, ‘[…] requires knowledge of how people speak to their children, wash their hair, lock a door or clean their teeth.’¹ He indicates that translating history into historical fiction is testing for the writer, as evidence-orientated knowledge of a period is never enough to equip the fiction writer to describe in detail how a woman or man from a past era passes an actual day. Nor is it ever enough to describe how a group of different men and women pass time across the period of several weeks.² In The Handfasted Wife, I aimed to present characters as personalities who are not anachronistic, but rather, representative of their time. This has involved research into the

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² Mortimer, p.7.
medieval belief system, a group of characters’ cultural backgrounds and adding to this kind of historical investigation the character’s personality. I looked for a form that I felt best contained this particular work of historical fiction. *The Handfasted Wife’s* narrative follows a story of adventure and love. I am interested in how romance operates alongside realism in historical fiction and how and why a writer may use both forms successfully together to create an imaginative text that is also faithful to life in a past era.

Barbara Fuchs writes that romance is ‘a notoriously slippery category’. It is when linked to the historical novel. One reason for this is that romance can evoke the past and socially remote. In fact, early historical fictions were called romances. Clara Reeve writing in the eighteenth century, described her work as romance, not novel, because it was an idealisation of the past, in contrast to history, which presents human nature as in real life. Sir Walter Scott refers to his work *Ivanhoe* as a *Romance*, yet characterisation in *Ivanhoe* is profoundly realist. Avrom Fleishmann writes, ‘Ivanhoe is not a romantic idealisation but a thorough-going critique of medieval civilization.’ It does not depict a romantic historical world even though Scott called it a romance. Rather it is a realist novel that contains aspects of romance.

An example of the slipperiness of romance when the form was used to evoke the past can be found in the stories and histories which emerged around 1150 in the court of Henry II and Eleanor of Aquitaine. These texts contained a mix of the archaic and the idealising with roots in medieval romance and they derived from the Old French expression ‘mettre en romanz’. Anglo-Norman vernacular stories of love and adventure featured the trappings of

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5 Ibid, p.57.
6 Fuchs, p.37.
contemporary court and chivalric culture. The slippery nature occurs as twelfth century sensibilities crept into the historical tale then, just as our sensibility can do today in a twenty-first century telling of an historical tale. For example, in twelfth century vernacular stories Greek and Roman ‘knights’ fought in medieval tournaments, as in reworks of the story of Troy and the Aeneid, the stories of King Arthur and stories of French knights made famous by chansons de geste. In today’s formulaic romance writing, particularly in many works of historical fiction written to appeal to a female audience, there is often a sense that a protagonist brings elements of contemporary experience into the historical depiction. Even the book jackets of well-written historical novels provide examples of twenty-first century types posing in historical costumes. They are written and packaged to appeal to a twentieth century audience just as medieval romance was written to interest that contemporary audience. The slippery nature of romance can be discovered chansons de geste where there is emphasis on the private over the public, the perspective of women and on a knight’s experience of love. Equally in twenty-first century romantic historical fiction there are similar emphases. The nature of romance that has its origins in medieval romance is of particular relevance for the romance form that I discuss in this essay.

Romance is associated with adventure and quests. Romance as adventure has never lost its appeal. It is evident in the historical fiction of Sir Walter Scott in the nineteenth century, in the historical fiction of Dorothy Dunnett in the twentieth, and it is alive and thriving in the writing of Bernard Cornwall in the twenty-first century. The quest associated with the adventure may integrate a personal quest with a comment on the milieu that the protagonist inhabits. Gawain’s quest, for example, questions romance’s nostalgia for the past against which the contemporary court is measured, and Gawain himself possesses character flaws that

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7 Ibid., p.37.
8 Fuchs, p.40.
could be perceived as threatening to the chivalric code he observes. In romance’s courtly setting there is an idealising tone. All the ladies are beautiful and the knights are brave. This is not logical. The quests are impossible, brim-full of obstacles as the knight fights dragons and monsters and magical creatures encountered in woods. However, in Chrétien de Troyes’ [1170] depiction of Arthurian legend, particularly through his depiction of Gawain’s character, logic is occasionally employed to indicate the dangers of competition and of tradition. For example, in Erec and Enide Gawain points out that the tradition of hunting a white stag may provide a problem. King Arthur upholds tradition insisting that the knight who kills the stag gets to kiss the most beautiful of court maidens, but there were, Gawain indicates, just too many lovely ladies of high lineage for the successful knight to choose one. Gawain’s warning questions romance’s nostalgia for the past and ‘hints at individual flaws that could endanger chivalric culture in the future’. This provides narrative tension at plot level because Chrétien de Troyes includes both Arthur’s perspective that the hunt continues as it traditionally had in the past as well as Gawain’s logical criticism of this tradition. This lends an ironic perspective to the romance text. Even though the quests of medieval romance may lack logic they can comment on contemporary society in an imaginative way.

Love and adventure drive the quest which is generally one of serial adventures with glorious deeds paralleled by the pressures of love. Within the basic quest narrative heroes cannot always reconcile their obligations to the expectations of chivalry. The hero proves himself through the experience. Although the adventures lack logic there are fixed points of departure and return. The Quest can be an exploration of the unknown, but it can also be a return home to the familiar. Margaret Doody comments, ‘characters in narrative fiction old and new, in verse and prose, are constantly given to travelling.’ The court is just a setting and the knight

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9 Fuchs, p.41.

sets out from the court and returns once he has proven himself. The weakness of monarchs, the threat of civil war and women’s place in society are all frequent features of medieval romance. Medieval romancers employed allegory to connect secular thought with Christianity. A rose, for example, could be a rose of paradise and light, the light of the divine; yet a rose could also be a lady and sunshine the light of her smile.  

An aspect of medieval romance is its use of the vernacular - the language of everyday life and the medium for story-telling with roots in oral traditions. Finally, medieval romance traditionally contains narrative strategies, such as delay, digressions and reversal of fortune - features that are frequently apparent in modern prose genres.

Romance has been analysed by Geraldine Heng who sees it as transacting a magical relationship with history. Heng writes in depth about the psychological significance of this relationship with history. Romance can have underdeveloped causality; it can be overly concerned with the Quest; there are unrealistic love stories; it contains fantastical settings that combine the contemporary with the antique and the unreal, such as castles, knights, dragons, witches and magic. These features are indeed romantic but, equally, they are either part of the scenery of the medieval world or they possess roots in the story-telling traditions of older cultures. Gillian Beer writes, ‘romance can reach into the levels of our experience which are also recorded in myth and fairy-tale.’

Romance motifs, particularly gothic tropes, add atmosphere to a realist text. Romance motifs can also signify psychological concerns, for instance, the unknown or an anxiety for that which may or may not exist beyond the reality we perceive. Importantly, ‘Romance is written to entertain. It frees the reader from inhibitions

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11 Ibid., p.186.


and preoccupations by drawing him or her into its own world. ’14 Romance can provide fictitious narratives of love and adventure, in which the scene and incidents that are often remote from modern ordinary life provide a sense of escapism that allows the reader to experience an alternative environment to her own. The historical novel is no exception; in it, romantic motifs slip subtly into realist texts, becoming absorbed into their fabric, kidnapped by them to temper realism. The historical novel has never lost its association with romance.

It is helpful to establish the version of realism that I intend to discuss. In his 1957 work, The Rise of the Novel, the theorist and critic, Ian Watt considers formal realism as rising with the new novel form that was influenced by empirical enlightenment principles in the eighteenth century. He writes, ‘There are important differences in the degree to which different literary forms imitate reality; and the formal realism of the novel allows a more immediate experience set in its temporal and spatial environment than do other literary forms.’ Watt sees the realist novel as a ‘full and authentic report of human experience.’ 15 Specifically, he refers to the quality of individuality regarding the novel’s characters and the particulars of the times and places of the text’s action; this relates to the transformation of Western Civilisation following the Renaissance, which replaced the unified medieval world view with a new and developing picture of ‘particular individuals having particular experiences at particular times and at particular places.’ Watt writes that the primary function of the name is to symbolise the fact that ‘the character is to be regarded as though he were a particular person and not a type.’ 16 Proper names sum up individuality in a character.


16 Watt, p.32.
On the importance of individuality in fiction by post-sixteenth century writers, Margaret Doody notes, ‘The novel attracts a way to create an alternate “self”. Not merely bodily self-image but the reader’s own soul or sense of being goes out to inhabit the character.’ In other words, when the character owns individual personality that drives the narrative, it becomes possible for the reader to suspend disbelief in romance by living vicariously through the character. Doody suggests that whilst the novel has a long history, there is more emphasis on the individuality of personality than in previous works of fiction, because alongside Enlightenment thinking, which questions older philosophical theories, individual thought gains more importance.

Furthermore, Watt states that the realist novel, as it evolves after the seventeenth century, is presented through the use of ‘referential language’ which aims to be mimetic. Language is selected to faithfully create a copy in fiction of an actual reality. Dialogue, in particular, belongs to an ‘authentic’ report of characters’ personalities. The way a character speaks is part of her personality. The use of mimesis fosters an overall sense of verisimilitude within the writing, delivering to the reader the impression of reality. As a result the character possesses psychological depth, and becomes a copy of a living personality with motivation, thoughts and speech that belongs to and contributes to an understanding of that character’s individual journey through the fiction. When the character portrayed is an historical character this further poses the question of how does the writer deliver the manner of speech to reproduce the historical character’s actual speech. To my mind it works best as translation into everyday plain English that is comprehensible to a twenty-first century reader. In this case realism is achieved, I believe, when the character’s thought process and dialogue reflects or interacts with the relevant cultural influences of the era she/he inhabits. The authentic report of her/his

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17 Doody, p.271.
18 Watt, p.32.
personality in this way can draw the reader into the character’s world and facilitate the reader’s belief in it.

As Doody quotes Samuel Johnson, ‘A novel really cannot be a mirror, reflecting without plan or pattern.’ This is because a writer imposes a structure using narrative drive, plot and the creation of character. Writing has to select an order. She suggests that ‘Prescriptive Realism’, a literary form with fidelity to a ‘close physical and social reality’, is a useful discipline to follow when creating a novel set in the past. It facilitates the development of faithful historical characterisation, place and time, whilst allowing the writer to create a structure to the fiction.

Georg Lukács, in his work, The Historical Novel, favours the advantages of realist form for historical fiction as one that represents a past era with the delivery of a faithful interpretation of historical personalities peculiar to a historical era. He writes, ‘What is lacking in the so-called historical novel before Sir Walter Scott is precisely the specifically historical, that is, the derivation of the individuality of characters from the historical peculiarity of their age.’ His work on the historical novel is part of his canon of writing on what he calls ‘the classical novel form’ as he looks back to the construction of Classical epics. His work is a significant attempt to see literary works as products of social forces, and in The Historical Novel, he analyses ‘the social and ideological basis from which the historical novel was able to emerge.’ He denounces romance, particularly early Gothic historical writing, as owning hero/heroine types who are not faithful representations of historical personalities and who are

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19 Doody, p.286.

20 Doody, p.286.


22 Ibid., p.20.
even eccentric, writing that historical work before Sir Walter Scott is ‘mere costumery’ rather than specifically historical.\textsuperscript{23} He believed in dialectical materialism, a particular notion of historical process in which the relationship of an historical novel to the writer’s own time and towards the period he writes about is in ironic tension. Lukács believed the historical novel after the French Revolution evolves into a form that reflects a new awareness of the concrete significance of time and place, and that capitalism’s rise also created a spacio-temporal character of people and place to social conditions.\textsuperscript{24} He cites nationalist revolutionary stirring accompanied by a revived interest in national history and the class struggles of mid nineteenth century revolutions when he discusses realist post-Enlightenment historical novels. Before the Enlightenment, Lukács felt that there was no sense of progress and change, and that it took the French Revolution and the following wars to create a human being who had a true sense of history. Lukács is interested, therefore, in history as progress, and thus ‘the realism of the realist novel allows the reader to engage with and empathise with historical individuals and thence gain a sense of their own historical specificity’.\textsuperscript{25} Yet, Lukács’s analysis is a purist view of historical fiction, ignoring that even Sir Walter Scott, whom he admired, and who is the major topic of \textit{The Historical Novel}, often mingled romance and realism in his historical novels.

Romance and realism complement each other in the historical novel. However, the balance is delicate; write too much in romance and the work could become popular romantic historical fiction of a loose kind that is not always faithful to a past era in characterisation or period. Equally, write too much realism and the novel can lose the sense of adventure and the feeling of romance that one can enjoy whilst reading about the past.

\textsuperscript{23} Ibid., p.19.

\textsuperscript{24} Lukács, p.20.

My interest lies predominately in the hybrid nature of the form as practised by Sir Walter Scott and which, more than two centuries later, is still practised. In such a hybrid form, romance emerges alongside realism to enable a work to appear more imaginative, whether through the use of romantic tropes or through a structure associated with romance. In the following chapters, I explore the structure Hilary Mantel uses in *Wolf Hall* as an example of a modern literary historical novel in which the writer takes classical realism as her predominant literary form and yet uses romance within her text. I then discuss how Scott harmonises romance with realism in his construction of story in *Ivanhoe* and *Waverley*. Finally, I consider the tension between realism and romance in historical romances written by women, as this is particularly relevant to my own writing practice.
Chapter One

Romance and Realism in Wolf Hall

Wolf Hall, 2010, by Hilary Mantel is a fictional study of Thomas Cromwell, his rise to power in the Tudor Court and his involvement in the King’s Great Matter, i.e. Henry VIII’s desire to divorce from Catherine of Aragon since she had not produced a male heir. The King could argue that it had been an incestuous marriage because Catherine had previously been married to his brother Arthur, although Catherine always insisted that they had not consummated the marriage. Mantel handles these events with an overall conventionally realist form, integrating into her text aspects of romance. The detail of the historical world that Mantel creates and her presentation of her protagonist’s private and social identity, are admirable executions of the realist form.

The following analysis is focused on two small sections of Wolf Hall which illustrate how Mantel uses realism and romance as structures in her narrative. The first section is taken from the novel’s opening pages and is written in the work’s predominating realist form.\(^1\) The second opens a long flashback sequence which begins the section of her work that Mantel refers to as An Occult History of Britain, 1521-1529.\(^2\) Here, Mantel’s form reflects features of romance technique. The two forms sit comfortably together in the text and illustrate the advantages of this hybrid form in historical fiction.


\(^2\) Mantel, pp. 65-67.
In realist tradition, the opening paragraphs of *Wolf Hall* place the text firmly and specifically in time and in place. These paragraphs also establish identity and the dialogue introduces the reader to the characters’ personalities. The novel opens:

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Across the Narrow Sea

*Putney, 1500*

‘So now get up.’

Felled, dazed, silent, he has fallen; knocked full length on the cobbles of the yard. His head turns sideways; his eyes are turned toward the gate, as if someone might arrive to help him out. One blow, properly placed, could kill him now.³

As is common in many historical novels, Mantel specifically refers to time and place in a paratext that sits below the chapter’s number, locating the reader in time. Mantel will take the bones of history, develop atmosphere, employ vocabulary precisely, use evidence such as Cromwell’s lowly origins in Putney and ‘weave a story within the gaps’ of recorded history.⁴

In this extract, she uses paratext as a structural device to raise the reader’s expectation that she is entering an historical world. This device thus operates as a contract between the reader and the writer to contribute to the text’s sense of realism. Mantel also foreshadows the chapter’s direction, implying that by the chapter’s close, Thomas will travel across the Narrow Sea, the medieval name for the English Channel. It is a well-selected chapter title because it was across the Narrow Sea that Thomas Cromwell learned his early lessons in life and politics.

The first snatch of dialogue and the graphically recounted attack that follows operate along with the paratextual device to create the sense of a faithfully reflected historical world and the

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³ Mantel, p.3.

⁴ de Groot, p.10.
illusion of character, time and place within an immediate reality. The opening line of dialogue reflects a sense of power, a theme that is evident throughout the novel. Thomas’s father is wielding the power now, but later it will be others. The word, ‘So’, implies continuous action, the feeling that one is dropped into the middle of a life, whilst ‘get up’ is an order suggesting the speaker’s dominance. This dialogue is short and direct, indicating pace. Walter’s personality is accessed through his words to his son as he attacks him; ‘So now get up’ presents him as domineering and brutish, particularly as it is followed by his action.

Pam Morris writes that direct dialogue, or verbal articulation of thought, ‘are a primary means by which the ideological effect of a unique individuality is constructed.’ In *Wolf Hall*, Mantel’s use of dialogue is a successful means through which she constructs her characters’ individual personalities. Furthermore, after this initial attack, Mantel registers the boy’s thought process. Through his point of view, she establishes his vulnerability and a sense of identification with his fear, thus giving a sense of reality to his personality’s consciousness. Mantel opens the novel in the middle of an event that immediately arrests attention, creating the impression through dialogue and action that Cromwell, though vulnerable, will emerge as a resilient personality if he outlives this attack. He does survive his humble and brutal beginnings; he is the son of a violent father and, despite later refinement, he knows how to operate on the street.

Throughout this extract, Mantel uses onomatopoeia, rhythm, phrasing and sound repetition simultaneously to create realism. Hard and soft words provide contrast and create a harsh reality. ‘Felled, dazed, silent, he has fallen; knocked full length on the cobbles of the yard.’ This word order instantly conveys a sense of time passing that is linked to each action. Whilst

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this shows the specific progress of the attack, the second half of the sentence places the event in a locality, the cobbled yard.

Gerard Genet writes about what he refers to as narrative time and story time, in reference to how writers create the sense of time’s passage in their stories. Narrative time, the handling of a story’s chronology, the telling of the whole tale, can be reordered in various ways in realist works, but as a general rule, overall narrative time in traditional realist structure is linear. Genet indicates that there is a connection between the time of the story and the time of the narrative, between the temporal order of the succession of events in the story and the pseudo-temporal order of their arrangement in the narrative. Mantel creates a feeling that both overall narrative (Wolf Hall’s narrative) and story time (as specific to this scene) move forward logically. However, as is discussed later, she diversifies from this overall realist narrative structure. Nonetheless, one depends on the other as the narrative builds up. Thus, it is possible to enter this first scene, become absorbed by its particular content and feel convinced by its faithfulness to life. Mantel creates empathy for the boy who turns his head sideways, his eyes towards the gate, hoping for help, through her use of this succinct mimetic detail. In this way, literally, poetically and emotionally, Mantel manipulates story time within the scene to create a realist effect. Her use of present tense allows the reader to understand the story in present and in historical time, therefore delivering a sense of immediate reality.

Realist techniques, other than dialogue, come into play when a writer creates character. The theorist Roland Barthes, like Ian Watt, believes that it is pre-eminentantly the Proper Name that sums up individuality in a character. Questioning Barthes, Pam Morris writes:

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Although the Proper Name functions ideologically to sustain belief in human identity as unique, coherent and individual rather than as an amorphous cluster of attributes, it is exaggerated and in any case it is not wholly personality traits that produce the character effect in realist fiction.\(^8\)

Morris’s comment on proper names and realist fiction is appropriate, since Mantel creates an identity for Cromwell using realist form through her use of ‘he’ and other personality attributes. Cromwell’s proper name is rarely used in the text; thus, ‘he has fallen.’\(^9\)

Although in *Wolf Hall*, the boy, Cromwell, is not named until halfway through the first chapter, Mantel’s close viewpoint establishes his individuality. Her use of the pronoun ‘he’ has the effect of engaging reader sympathy for this somewhat unpopular historical personality. The distancing effect of ‘he’ also subtly invites the reader to make her own decisions on the subject of Thomas Cromwell.

Descriptive detail emerges in the second paragraph to develop the scene’s graphically depicted realism. Mantel writes:

> Blood from the gash on his head - which was his father’s first effort – is trickling across his face. Add to this, his left eye is blinded; but if he squints sideways, with his right eye he can see that the stitching of his father’s boot is unravelling. The twine has sprung clear of the leather, and a hard knot in it has caught his eyebrow and opened another cut.\(^{10}\)

Mantel makes it clear by the boy’s squinting sideways that he is a watcher. This is a foreshadowing of an important aspect of the adult Cromwell’s personality: he is observant.

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\(^8\) Morris, pp.114-115.

\(^9\) Mantel, p.3.

\(^{10}\) Mantel, p.3
Mantel incorporates mimetic descriptive action, such as the detail of the boot’s stitching unravelling, with viewpoint to create this personality characteristic.

The use of the dash after ‘effort’, rather than a comma, causes a momentary stoppage on the page, introducing a slight pause in the physical action as the boy, squinting through his right eye, sees his father’s boot stitching unravel. The word ‘unravelling’, in reference to the stitching on the father’s boot could be read metaphorically. As the boot threads unravel, time unravels, the boy’s safety unravels and the boy is aware of this. This is an example of how a text’s poetic function interacts with time’s passage. As Roland Barthes writes, ‘Whereas the text’s sentences quicken the story’s “unfolding” and cannot help but move the story along, the hermeneutic code performs an opposite action: it must set up delays (obstacles, stoppages, deviations) in the flow of the discourse.’ Mantel establishes an illusion of actual time unfolding alongside the accompanying emotion of anxiety and fear, that of both the boy and reader. Just as the words in the first paragraph deliver a logical action sequence, here the short sentences establish an increasing sense of fear as time passes. Walter’s brutal personality is further established by the words, ‘first effort’. The expectation of more violence lingers, heightening the passage’s tension. In this way, Mantel develops the ‘hermeneutic narrative’ that belongs to the passage. Time passage and emotional tension merge.

By the third paragraph, Mantel uses realism to develop further tension:

‘So now get up!’ Walter is roaring down at him, working out where to kick him next. He lifts his head an inch or two, and moves forward, on his belly, trying to do it without exposing his hands on which Walter enjoys stamping. ‘What are you, an eel?’ his parent asks. He trots backwards, gathers pace and aims another kick.

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11 Barthes, p.75.

12 Barthes, p.76.

13 Mantel, p.3.
The repetition of ‘get up’ followed by Walter’s roaring, increase the horrific atmosphere of violence. Walter’s personality is encapsulated in the word ‘roaring’. Mantel emphasises the animal in him. This sense is reinforced as Walter is described as ‘trotting backwards’. He is like a bull in the fight. This is followed by a sentence of mimetic action as Mantel describes Thomas’s response and his deliberate care of movement. Here, Mantel’s application of metonymy is based on closeness to the notion of control and fear, her choice of the word ‘stamped’ substituting for the completeness of the bullying atmosphere she creates. There is no sense of the meaning of ‘stamped’ or the metaphorical words spoken by Walter, ‘What are you, an eel?’ as simply ordinary. The well-selected word and phrase exist with precision in the particularity of the moment. The determination yet casualness contained in the phrase ‘trotting backwards’ gives the impression of Walter as a personality who is habitually and casually violent towards his son. With the words ‘wriggling’ and ‘eel’, Mantel creates a physical impression of Thomas as small and agile. Through her use of referential language, Mantel further develops a sense of Cromwell’s personality. The word ‘eel’ sums up the slippery nature of Cromwell’s future personality; he is portrayed here as he will be in the future: self-protective, an underdog and a survivor.

In his essay, *Two Aspects of Language and Two Types of Aphasic Disturbances*, the linguistic theorist, Roman Jacobson, writes that ‘the predominance of metonymy underlies the so-called realist trend.’ Metonymy is frequently used within realist form to express nuance. Throughout the opening paragraphs of *Wolf Hall*, the use of metonymy and metaphor contribute to the sense of here and now. Mantel uses such devices to illustrate the ‘harsh sordid aspects of human existence’, another aim of realist form. She creates the sense of a

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15 Morris, p.3.
harsh existence in the first three paragraphs of *Wolf Hall* through her choice of nuanced words, physical and visual detail, her use of appropriate metaphor (such as an ‘eel’ to describe Thomas), and metonymy, to create an emotional response in the reader.

Such realist devices are again apparent as Thomas responds to the other kick:

> It knocks the last breath out of him; he thinks it may be his last. His forehead returns to the ground; he lies waiting, for Walter to jump on him. The dog, Bella, is barking, shut away in an outhouse. I’ll miss my dog, he thinks. The yard smells of beer and blood. Someone is shouting down on the riverbank. Nothing hurts, or perhaps it’s that everything hurts, because there is no separate pain he can pick out. But the cold strikes him, just in one place: just through his cheekbone as it rests on the cobbles.¹¹

Here, the outside world seeps into Thomas’s consciousness. Mantel employs sensory language to animate the outside world with realism. There is no need to describe the smells. The words ‘blood’ and ‘beer’ are enough to imply smell as they are commonplace. Noises and smells contribute to the sense of place, establishing the inn yard and proximity of the River Thames as locations. Bella is named, thus personalised, so the detail that the boy will miss Bella if he dies, as he imagines he might since the beating is so brutal, further humanises Cromwell; moreover, when Mantel describes the cold striking the boy’s cheekbone, she chooses her words selectively, creating empathy for him. There is a sense of violation in ‘strike’. The word operates in contrast to ‘cheek’, which is a delicate part of the anatomy.

In an essay concerning the stream of consciousness, written in *The Art of Fiction*, David Lodge comments on representing consciousness in prose fiction. He points out two staple techniques that writers can use. The first is interior monologue in which the grammatical subject of the discourse is an ‘I’ so that ‘we overhear the character verbalizing his thoughts as

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¹¹ Mantel, p.4.
they occur.  

Mantel closes the passage with mimetic detail. Thomas has vomited. His nose is clotted with blood, so he opens his mouth to breathe and hears:

Walter roars, and bells peal out across the water. He feels a sensation of movement, as if the filthy ground has become the Thames. It gives and sways beneath him; he lets out his breath, one great final gasp. You’ve done it this time, a voice tells Walter. But he closes his ears, or God closes them for him. He is pulled downstream, on a deep black tide.  


18 Mantel, p.3.

19 Lodge, *The Art of Fiction*, p.43.

20 Mantel, p.4.
The words ‘across the water’ are an indication of the world beyond the yard, and the pealing bells insistently signal that there is a world beyond this immediate situation. The final sentence is metaphorical, since both characters are pulled downstream on ‘a deep black tide’. Walter will effectively now be eliminated from his life as Thomas will be pulled along by the river towards a greater destiny. The words ‘pulled downstream’ are also significant on a subconscious level as Thomas will leave Putney for Europe, the service of Cardinal Wolsey and finally that of King Henry. Moreover, ‘deep’ and ‘black’ in reference to the tide suggest that while being pulled away from Putney may provide Thomas with a future, it will be a precarious one.

This scene’s general purpose is to open the novel by ushering in the close of Thomas’s childhood years. The sensation of movement is immediate and physical, but it is also movement forward in a metaphorical sense. On the level of plot, this scene provides a possible motivation for Thomas’s departure. Importantly, this opening scene delivers a vivid example of how writers of historical fiction can fill in the gaps of history using their imaginations, to create a convincing and faithful historical world inhabited by fully developed personalities.

Contrary to the setting of this opening scene, Mantel often uses a more domestic mode of realism as she describes the interiors of houses and palaces, using an interior domestic setting to reflect violence. For example, Thomas Cromwell comes upon Lady Anne in Whitehall after an outburst of temper. Mantel writes:

>| A small carpet, which perhaps ought to be on the wall, is crumpled on the floor. Jane Rochford says, ‘We have swept up the broken glass.’ Sir Thomas Boleyn, Monseigneur, sits at a table, a heap of papers before him. George sits by him on a stool. George has his head in his hands. His sleeves are only medium puffed. |

21 Mantel, p.373.
These sentences move the narrative forward, but it is the mimetic detail - the pathetic carpet, the broken glass, the heap of papers and George’s half-puffed sleeves - that reflect the emotions of anger and despair. It is in this way, through carefully selected detail, that Mantel illustrates the possibility of the Boleyn family losing their chance to progress their ambition if the King discovers that a previous secret marriage existed between Anne Boleyn and her admirer, Harry Percy. Mantel successfully integrates time, place, thoughts, speech and action to establish her characters in a faithfully described historical place. Time and place operate on poetic and physical levels in the text. Importantly, in both excerpts, the personalities feel fully formed in an historical sense, constructed within secular empirical rules. George is not merely wearing the costume of the Tudor era but a piece of clothing is used to create the sense of a living and breathing personality.

Georg Lukács writes that the portrayal of historical personality should be created by a writer as true to place and time. He refers to the importance of ‘an artistically faithful image of a concrete historical epoch.’ Memorable characters, who are not anachronistic, give the historical novel its life. ‘What matters in the historical novel is not the retelling of great events but the poetic awakening of the people who figured in those events.’ He rightly indicates that the reader should not regard the ethics and particular psychology of the time as a ‘historical curiosity’ but should be able to re-experience the ‘conditions’ of a distant era through the writer’s characterisation, and thus, identify with it. Advocates of realist form argue that the creation of individual personality is one of the realist novel’s greatest achievements. Pam Morris writes that the ‘character effect is probably for most readers, the primary means of entry into the fictional world of the novel, or at least the main vehicle for

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22 Lukács, p.19.

23 Lukács, p.42.
effecting the willing suspension of disbelief.'\(^{24}\) For example, the boy’s interior monologue in \textit{Wolf Hall}’s opening paragraphs suggests his observant personality, and George’s head in his hands and medium-puffed sleeves say much about his own personality. By allowing access to a character’s point of view, thoughts, and a sense of his/her physicality and personality, the writer enables the reader to care about a character’s destiny. In short, Mantel succeeds in composing her characters as historical personalities who are true to their times, thereby drawing the reader into her story.

However, romance tempers \textit{Wolf Hall}’s realism, providing a contrasting form. Mantel uses three romance techniques in this work. One is what Northrop Frye refers to the ‘fairy-tale mode’ of romance.\(^{25}\) A second is the use of gothic tropes. A third is flashback and circularity of form. All three appear in the following extracts from the section of \textit{Wolf Hall} that Mantel calls \textit{An Occult History of Britain, 1521-1529}.

Mantel opens this section with the following paragraph:

\begin{quote}
Once, in the days of time immemorial, there was a king of Greece who had thirty-three daughters. Each of these daughters rose up in revolt and murdered her husband. Perplexed as to how he had bred such rebels, but not wanting to kill his own flesh and blood, their princely father exiled them and set them adrift in a rudderless ship.\(^{26}\)
\end{quote}

The opening sentence is a signifier of a mythical or fairy-tale telling, reminiscent of the familiar opening line of many fairy stories, ‘once upon a time’.\(^{27}\) It suggests that what we are about to read belongs to a story of fantasy and romance. Like many fairy-tales, this tale will

\(^{24}\) Morris, p.113.


\(^{26}\) Mantel, p.65.

\(^{27}\) Mantel, p.65.
provide warning and a touchstone for larger questions that often belong to our perception of
good and evil. The passage contains the outrageous notion of thirty-three daughters and thirty-
three murders. It is an analogy. Henry VIII was responsible for deaths, not only of wives but
of surviving members of the Plantagenet dynasty who may have threatened his throne. The
early Tudor period is awash with bodies. ‘Rudderless ship’ suggests that if he does not secure
the dynasty, the kingdom will face a lack of direction. Thus, Mantel writes in romance mode
as an effective tool to intermingle history and collective fantasy. This paragraph contains a

clear delineation of good and evil, providing a dark fairy-tale feel to the text. Mantel writes:

Their ship was provisioned for six months. By the end of this period,
the winds and tides carried them to the edge of the known earth. They
landed on an island shrouded in mist. As it had no name the eldest of
the killers gave it hers: Albina.28

The fairy-tale continues with a journey, winds and tides; all of these are frequent features of
classical romances such as Ethiopeca by Heliodorus, which theatrically contains a shipwreck,
betrayal, battles and uses derailment as strategy, or The Aeneid, which can also be read as an
epic and is also an account of warfare leading to the birth of a nation. Albina clearly
represents England, which has been referred to in mythology as Albion. As England enters
history, that history will mingle myth with fact. Again, here Mantel’s language is romantically
that of a fairy-tale with its sense of quest and voyage.

The link with The Aeneid continues as Mantel speaks of Brutus, Aeneus’s great-grandson, and
how he, driven by a storm, landed on Albina’s coast and ruled it until the Romans came and
founded ‘Luds Town’. The fairy-tale effect, as used in this text, alludes to deeper
psychological issues, such as that of a nation looking for stability as a regime changes.

Mantel then writes, revealing her main point:

28 Mantel, p.65.
Some say the Tudors transcend this history, bloody and demonic as it is: that they descend from Brutus through the line of Constantine, son of St Helena, who was a Briton. Arthur, High King of Britain, was Constantine’s grandson. He married up to three women, all called Guinevere, and his tomb is in Glastonbury, but you must understand that he is not really dead, only waiting for his time to come again.

In this paragraph, Mantel implies a magical relationship with history through the association with King Arthur, whose story is suffused with legend. Mantel thus establishes a connection with the romantic, by infusing real history with the romance of myth. In *Wolf Hall*, romance then emerges as a dark subconscious side to the realism in her work.

By using romance to tell a fictional history of Britain, Mantel also enters the superstitious zeitgeist of the period. When *Wolf Hall* opens, the Tudors were a relatively new dynasty. Antonia Fraser comments on the perceived insecurity of the early Tudor period. In reference to Henry and his father she writes that Henry VII’s vulnerability about his title and claim to the throne had awkward consequences that resulted in a series of executions of possible Yorkist claimants and that ‘the King’s insecurity was a blood-stained legacy which he would hand on to his son.’  

(This was Henry VIII.) Eric Ives writes ‘At that date, all Western Europe accepted that marriage between a man and his former sister-in-law was incest.’  

Henry was convinced that the marriage with Catherine of Aragon displeased God who had punished him with a lack of male heirs. If he did not have a son to follow him his dynasty’s future would be threatened. Superstition existed alongside the Nation’s anxiety for stability, through the continuation of the Tudor dynasty, after the leadership uncertainty engendered by a century-long Wars of the Roses.

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29 Mantel, p.66.
The text now turns to address the anxiety of a King who seeks to ensure his dynasty’s future in a male child:

[Arthur’s] younger brother, Henry would likely be Archbishop of Canterbury and would not (at least we devoutly hope not) be in pursuit of a woman of whom the cardinal hears nothing but good: a woman to whom, several years before the dukes walk in to despoil him, he will need to turn his attention; whose history, before ruin seizing him, he will need to comprehend.

Beneath every history, another history. 32

The well-selected word ‘devoutly’ reflects the destiny that Henry could have had if history had followed another course. Mantel also invites her reader’s complicity in her retelling of this story by the intimate ‘we’. It is a technique that allows her to use an authorial voice in an imaginative way to invite a reader to consider motivation within history. She is analytical because she knows the outcome and invites us to be analytical as well. The final line in this section is the most pertinent line in the passage: ‘Beneath every history, another history.’ It suggests that there is another story beneath the official records; that nothing is as it superficially appears in historical accounts. Embedded within Mantel’s mythical narrative of historical time lies the Tudor desire for heroic pedigree, along with a sense of foreboding for the future romance between Anne Boleyn and King Henry. David Starkey suggests that Henry VIII was so influenced by medieval romances, particularly Arthurian legend, that it clouded the reality of his perceptions of relationships between men and women. 33 He writes that Henry VIII had unrealistic expectations, seeking a fairy-tale romance.

As Mantel turns specifically to Anne Boleyn, she writes:

32 Mantel, p.66

The lady appeared at court at the Christmas of 1521, dancing in a yellow dress. She was—what?—about twenty years old… Now she speaks her native tongue with a slight, unplaceable accent, strewing her sentences with French words when she pretends she can’t think of the English.  

Anne Boleyn becomes the sinister element in Mantel’s narrative, just as a fairy-tale grows dark with warning. Her use of the expression, ‘the lady’, to refer to Anne Boleyn depersonalises her, suggesting that she is affected, and the words ‘she pretends to forget’ imply that, although Anne can speak English, she is capable of dissembling. Mantel avoids a romantic exposition of the Anne Boleyn story and presents her as a manipulative personality and often as one who is, in turn, manipulated by others.

There is a darkly gothic feel to this text. Jerome de Groot writes that Gothic novels were noted for their inaccurate and blatant interweaving of fiction and history. In them, history was a place of horror and savagery. The gothic aspect as used in *Wolf Hall* challenges the rules of credibility. At this point in Mantel’s narrative, the text takes on sublime, terrible, alarming notions, thus directly addressing the imagination. Perry Anderson, in *The London Review of Books*, comments on the ethical binary of good and evil within the historical novel form. He indicates that this binary ‘imposes a logic of melodrama on much of Sir Walter Scott’s work.’ Such tropes associated with romance are found within the realism of Scott, and, equally, in the work of many writers of modern historical fiction, for example, Sarah Waters and Karen Maitland, as well as Hilary Mantel. These writers use romance techniques in a way that Northrop Frye has termed ‘kidnapped romance’, kidnapping romance to reflect certain

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34 Mantel, p.66.
35 de Groot, p.16.
ascendant social or religious ideals. Mantel kidnaps romance to reflect on collective superstition, the anxiety for stability and the dynastic issue. Frederic Jameson writes that, when kidnapped, romance is used ‘as a temporary stopping place on the express train itinerary of realistic representation.’ Mantel uses romance, and especially the gothic effect, in a moderated manner alongside well-researched historical fiction to dramatize good and evil.

For example, Mantel portrays Thomas Cromwell as a thinking man faithful to his masters, particularly Cardinal Wolsey and afterwards King Henry, and as one who loves his family and whose good intent exists in contrast to the corruption of the court; for instance, after Cardinal Wolsey’s fall, Norfolk says to Cromwell, ‘I don’t know one man in England who would have done what you have done for a man disgraced and fallen.’ When Norfolk says that he wished that Cromwell worked for him and Cromwell instead suggests that ‘they work together’, Mantel writes, ‘Norfolk grunts. There is something amiss, in his view, with the word “together”, but he cannot articulate what it is. “Do not forget your place.”’ This sentence illustrates the power that Norfolk considered he had over others, power which he would not hesitate to use. Norfolk is portrayed as a dark force in Wolf Hall. Eric Ives writes that Norfolk wanted to exploit Anne Boleyn to see what he could gain from the King’s interest in her. Norfolk points out to Cromwell that Anne, in his view, was out for bloody murder: ‘She wants the cardinal’s guts in a dish to feed her spaniels, and his limbs nailed over


39 Mantel, p.240.

40 Mantel, p.240.

41 Ives, p.108.
the city of York.  

And, in the following paragraph, as Cromwell comes into Anne’s presence, Mantel writes, ‘It is dark morning and your eyes naturally turn towards Anne, but something shadowy is bobbing about, on the fringes of the circle of light.’ Mantel, thus, introduces Thomas Cranmer into the story, as ‘something shadowy’. Using an apt selection of word and phrase, she delivers a feeling of foreboding about all three characters: The Duke of Norfolk, Anne Boleyn and Thomas Cranmer. The phrases, ‘guts on a plate’, ‘limbs nailed’, ‘something shadowy’ and ‘fringes of the circle of light’, contrast with the sentence that Norfolk delivers commending Cromwell’s loyalty to the Cardinal, a sentence which, whilst flippant in tone, reminds us of Cromwell’s loyalty to his first master.

As Colin Burrow writes in the *London Review of Books*, Hilary Mantel ‘is of course past mistress of phantoms.’ He points out that these things ‘show how completely she has acclimatised Tudor History to her own imagination.’ Shadows like Cranmer are at the edge of a reader’s vision. They haunt her texts like spectres. In this way, Mantel uses contrasts between good and evil to focus on Thomas Cromwell as a good man, and his nature as a human being, rather than his work which is the historian’s interest.

Mantel suggests that the union between Henry VIII and Anne Boleyn is threatening. Barbara Fuchs notes that, in general, Romance is associated with an illicit or threatening union. The union was to have no fairy-tale, happy ending for the Lady who appeared at court in 1521 ‘dancing in a yellow dress.’ In *Wolf Hall*, the King’s quest is dynastic, Anne’s quest is to become queen and Thomas Cromwell’s quest is to climb to wealth and favour and survive the

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42 Mantel, p.241.

43 Ibid.


45 Ibid.

46 Fuchs, p.53.
unpleasantness of the greasy pole that is the Tudor court. The very title of *An Occult History of Britain* suggests that there are physiological forces at work that darken Britain’s history; history is often affected by the motivations of particular personalities for good and for evil.

Such dark, Gothic tropes are thus scattered throughout *Wolf Hall*. Sarah Waters, critic and author of historical fiction, writes:

> I've always been struck by how many of the great Gothic fictions emerged in the nineteenth century, exactly alongside the development of classic realism - as if the Gothic represents the underside of realism, provides a forum for giving voice to the fears, anxieties and tensions that realism couldn't confront. I've always loved using Gothic motifs for that reason: they allow an author to explore and trouble the border between reason and madness, between the real and the unreal, between self and other. And I think it's no surprise that Gothic fictions and films are so popular right now, at a time of extreme historical uncertainty, with large-scale anxiety-inducing threats like climate change, terrorism, and economic meltdown... ⁴⁷

Similarly, Mantel employs such Gothic devices in *Wolf Hall* when Thomas Cromwell loses his wife to plague and consequently sees her ghost under the stairs. ‘[Cromwell] tends to glimpse his dead wife lurking in a stairwell, her white face upturned, or whisking around a corner of Austin Friars, or the house at Stepney.’ ⁴⁸ Such tropes complement realism in order to express anxieties, personal and collective. They also add an imaginative element to a work. In *Wolf Hall*, realist form has absorbed this manifestation of romance. Mantel’s use of both forms is a method that expresses a complex vision of a personality and of history.

Finally, Mantel introduces *An Occult History of Britain* at a moment of tension in the narrative of *Wolf Hall*, just as Thomas Wolsey is falling from power and is banished by King Henry from York Place to Esher. Whilst the complete work is delivered in overall realist

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⁴⁷ Sarah Waters, via email to Carol McGrath (12.3.2010).

⁴⁸ Mantel, p.216.
form, there is the feeling that Thomas Cromwell is about to be swallowed into a dark fairy-tale because of his entanglement with Henry’s Great Matter and its aftermath, and this provides a sense of new expectation from the narrative. For approximately one hundred pages of *Wolf Hall*, Mantel places *Wolf Hall*’s forward movement in suspension, deliberately sabotaging her narrative’s linear structure. Such a non-linear structure is characteristic of romance, as Barbara Fuchs writes in [*Romance*](#), flashback and circularity of storyline are methods used by romance to organise the narrative. She suggests that this illustrates the ‘malleability of romance as a set of strategies that organise and animate the narrative.’ In this way, Mantel’s structure is an example of her use of romance form when relevant in *Wolf Hall*.

Furthermore, as the novel steps backwards in time from 1529, Mantel creates what Gerard Genet refers to as anachrony, a deliberate pause, to show how Thomas Cromwell became involved with Anne Boleyn and King Henry’s Great Matter. Mantel manipulates this break to explore Cromwell’s domestic life alongside his rise to power. The technique of pause in the order of a narrative, adopted by romance from classical fiction, is used in modern historical fiction for varying purposes: to create suspense; to permit time and space for the development of characters; to foreshadow emotion.

In his work, *Mimesis*, Erich Auerbach famously references *The Odyssey*. Odysseus, after much wandering, returns to Penelope who recognises her husband by an old scar. Homer stops the story at the dramatic moment of recognition to introduce a digression of seventy verses that explains the origin of the scar. Auerbach writes of this pause that ‘Men and

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49 Fuchs, p.19.

50 Fuchs, p.36

51 Genette, pp.158-167.

feelings stand out in a realm where everything is visible; and not less clear-wholly expressed.’ Since its mimetic detail absorbs the reader’s attention, the anachrony, the deviation, becomes as absorbing as the story’s first narrative. In this way, Homer maintains narrative suspense and relaxes the tension that would emerge with the immediate recognition.\textsuperscript{53} Similar technique is used in medieval Arthurian romance as characters become diverted from their quests. Adventures sit within adventures and become as absorbing as the Quest’s outcome.

 INTERRUPTION IN THE LINEAR NARRATIVE OF WOLF HALL RELAXES THE TENSION OF WOLSEY’S BANISHMENT until Mantel picks up his narrative much later. The diversion is purposeful and involving. The anachronism is engaging because it allows an understanding of Thomas Cromwell’s domestic life in a way that humanises him. The deviation becomes integrated into the work’s artistry.

Throughout her work, Mantel uses such romance techniques to balance a use of realist form as she writes about Cromwell, who is often recognised as a Tudor hard man, humanising him in the process, looking at what might lie in the shadows of his consciousness, whether it is ghosts from the past or anxiety for the future. Her use of the romance form’s pause allows the reader an engaging insight into how the Tudor court lived in a materialistic, social-climbing, back-biting and dangerous environment. It allows her to parallel this with Thomas Cromwell’s personal life. Gothic tropes permit her to sculpture the past in an artistic way with shade and darkness. Thus, Romance becomes a part of the realism of Wolf Hall.

The Handfasted Wife contains several points I have raised in this discussion of Mantel’s employment of realist and romance forms. For example, I use paratext to locate the text in specific time and place, in author’s notes to show where I have merged history and invention. The characters use modern English in their speech but the content of their speech and thoughts is not anachronistic. I also use paratext to create a romantic feel to the text where I

\textsuperscript{53} Auerbach, p.5.
have taken quotations from Anglo-Saxon literature but I also employ paratext to create a sense that the text is faithful to historical records. Equally, I have used aspects of romance to temper the text’s overall realist form. In The Handfasted Wife, paratext foreshadows the novel’s direction, indicating relevant quotes from historical texts that relate to the content and destination of each of the novel’s three sections. This is also designed to link the fictional narrative with primary source material. The Anglo-Saxon riddle, The Swan, refers to the novel’s main protagonist, Edith Swanneck, as this is how she has been recorded in legend. An authorial note explains why it is conceivable that King Harold’s handfasted wife may have fled from the burning house which is depicted on The Bayeux Tapestry. The use of authorial paratext indicates how an imaginative interpretation can be imposed on historical evidence. Where appropriate in the text, dates and locations are indicated below chapter headings. However, paratext works to facilitate the reality effect in historical fiction only if other features of realism operate in an interconnected way to create the illusion of a faithfully envisioned historical world.

The Handfasted Wife is written in limited third person and the story usually reflects Elditha’s viewpoint when she is present. Dialogue and internal dialogue establish Elditha’s personality with formal realism. Elditha, as a handfasted wife, is set aside by Harold for political and religious reasons when he becomes king. The following dialogue establishes her emotional response to Harold at this stage in the narrative; it also illustrates the morals and psychology of the time, using mimetic dialogue and detail to give the scene the illusion of reality:

She set her cup on the table. Red wine splashed over the cloth. She spun round to face him again. He was kneeling before her. ‘I beg you, Elditha, do not make a fuss.’

‘Get up, Harold. You have not knelt before me to beg my forgiveness.’

He stood up and grasped the chair. He was shaking as he shook his head. ‘Elditha, listen to me…’
‘No, My Lord, I have watched you woo her in front of the whole court. You have betrayed me and our children. Tomorrow, I shall return to Nazeing.’

He reached out and touched her face. She drew back, hurt and angry beyond words. She swallowed. She must not weep. There was silence. She waited. ‘Elditha,’ he said at last, ‘I need this alliance. Without the support of Algyth’s brothers the kingdom is divided. Without them we are all lost.’

As Mantel had done with the opening to *Wolf Hall*, I also aimed to establish characters’ personalities through dialogue and mimetic detail, in order to create the sense of a faithfully reflected historical world and the illusion of an immediate reality. The above passage of dialogue reveals Elditha’s emotion as she is upstaged by Aldgyth, whom Harold intends to marry for political alliance. Her emotional response contributes to a sense of her personality. In the extract, her vulnerability can be felt through such words as ‘betrayed’ and ‘I have watched you woo her’, yet she projects her inner strength; she swallowed and was determined not to weep. Thus, her reaction is tempered. Her thoughts show her anger as much as her actual words, which are controlled; she says what she needs to say and waits. Just as Mantel uses rhythm, phrasing and sound repetition simultaneously to create realism, here too there is a logical time sequence to the progression: the drawing back; her anger; swallowing to allow pause and a momentary silence; all these are short sentences to create the sense of fast forward movement through time. They are also layered with hermeneutic meaning relating to her involuntary actions, for example, drawing back and waiting.

The opening snatch of dialogue reveals Harold’s dilemma. He begs for her understanding: ‘Do not make a fuss’ and ‘I need this alliance.’ He puts duty before family. It is not easy for him either, as is indicated by his grasping the chair and shaking. Elditha’s measured but emotional response reveals her love for Harold, her disappointment, and finally, her

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understanding that he is now King with a duty to protect his kingdom. They are both victims of power politics. Furthermore, it is not just the dialogue that makes the scene mimetic. By tempering the dialogue with actions, such as the red wine splashing, this scene is aimed to reflect disturbance with a realist texture. Later on, Harold promises that their children will not be disinherited and that their relationship will continue. Elditha comes to see him as the man she has always loved, but also as a King who must hold the kingdom together:

Promises, crosses and relics betrayed; sinking down beside him on the embroidered coverlet for a moment she watched the brazier glow and the candles flicker. She searched his face. He looked tired. He was weary with the burden of kingship already. The devil had fled from her shoulder and her heart had ceased to beat like that of a frightened bird. ‘My estates are in good order. I will do the same for Reredfelle,’ she managed to say with dignity.\textsuperscript{55}

This mimetic description visually captures the period, place and moment. Realism exists in the setting through such details as the embroidered coverlet, the brazier and the candles flickering. The scene happens in a specific time; candles flickering indicate night. Historical realism exists in Elditha’s acceptance of the changes in their relationship now that Harold is King of a threatened kingdom.

However, romance tempers realism in \textit{The Handfasted Wife}. The nun’s introduction in \textit{The Handfasted Wife} suggests that this history is told as a mythical story. It opens with a prologue which incorporates a fairy-tale feel to the text:

Tell us a story, you say. Then, let us sit by our frames and listen to a tale while we work. Here is a story for you, sisters. Its characters: a king, his mother, his lady, a queen, and a stolen child. We have adventures to embroider, a broken promise, a great treasure, and

\textsuperscript{55} McGrath, \textit{The Handfasted Wife}, p.41
riddles to resolve. Charcoal glows in the brazier. The afternoon draws
in, sisters, so listen carefully as my tale unfolds.\textsuperscript{56}

The word ‘tale’ is one associated with stories that may not be true. ‘Frames’ suggests weaving
and embroidery, the tapestry that is a story, and ‘adventures’ indicate the tale’s direction. The
ingredients are all those of a fairy-tale. There will be a king and a queen, a treasure and a child
who was taken as a hostage by William of Normandy. Night is often the time for telling
stories and this is physically suggested by braziers and candles. The text’s direction is
established as a fiction in which the facts of history are embroidered. The perceived ‘truth
effect’ of history can manifest a complicated tension between realism and romance, between
truth and imagination. For this reason, the introduction to \textit{The Handfasted Wife} is constructed
as a tale told to an audience of nuns to represent the notion that we often have a romantic
purchase on the past.

Edith Swanneck’s story is, for the most part, unrecorded on an historical record. Thanks to the
Victorian writer, Edward Bulmer Lytton, who wrote the romantic historical fiction, \textit{Harold}, it
belongs to legend. Barbara Fuchs notes that truth is not always associated with empiricism.\textsuperscript{57}
Realistic texts assume that they can imply truths of a more universal and philosophical nature
than do texts that own a romance quality.\textsuperscript{58} Nevertheless, recorded historical narrative itself is
often subjective and prone to fantasy. Examples are the stories that Padar relates about dog-
headed creatures that some medieval people believed dwell at the edges of the world, the
appearance of the comet in 1066, which many believed foretold the end of a kingdom, and
reliquary. Relics were a part of the reality of the medieval world, but for a modern reader,

\textsuperscript{56} McGrath, \textit{The Handfasted Wife}, p.4

\textsuperscript{57} Fuchs, p.103.

\textsuperscript{58} Morris, p.113.
they can feel darkly antique. In a pre-scientific era, there was no rational explanation for events in the physical realm. Disease, the motion of the planets and fertility were phenomena that occurred at the whim of an omnipotent God. In the medieval world, mythical beasts were real and the relic was a portal that possessed a mystic potency that emanated from that sacred object that had the power to change things. By touching the object, wishes could come true and miracles could happen. The following extract shows the incorporation of reliquary and fantastic belief into *The Handfasted Wife*:

He removed his eyes from Gunnhild to her and lifted a box that sat by his side on the bench. ‘Lady Elditha, the archbishop himself has sent this relic as a gift for Reredfelle’s chapel.’ He shuddered dramatically. ‘And I do think, my lady, that here we are sorely in need of St Benedict’s help.’

St Benedict?’ She reached out for the box but as she went to touch it, he pulled it away.

‘His finger bone. You must provide a more fitting reliquary for it, a crystal shrine decorated with gold and jewels, sapphires perhaps, the colour of the Virgin’s veil, but for now it remains in this box created from the cedars of Lebanon.’

The monk-priest Brother Francis brings a relic to Reredfelle which introduces the significance of reliquary for the well-being of a community in medieval times. However, at this time, old beliefs such as field blessings existed alongside religious belief. Brother Francis perceives Elditha as a sorceress who has bewitched her thanes. The power that women have in the field blessing scene terrifies Brother Francis. He wants to protect the relic from perceived evil by clasping it within the folds of his habit. In the quotation above he does not permit Elditha to even touch it. Brother Francis eventually evolves into an evil character that causes difficulty for the heroine and who unsuccessfully attempts to impede the progress of the quest.

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Whilst relics, the comet of 1066 and reference to stories of mermaids and dog men were recorded as historical facts, their presence is heightened in the story to provide a fairy-tale atmosphere to the text and a sense of physiological unease. Thus, whilst *The Handfasted Wife* is written in an overall realist form, both romance and realism operate as a hybrid form in which realism is tempered by romance.

In the following chapter, I examine how *theme* can unite realism and romance in historical fiction. In particular, I link the concept of ‘home’ in Sir Walter Scott’s novels, *Waverley* and *Ivanhoe*, to the concept of ‘home’ as voyage and return in *The Handfasted Wife*. 
Chapter Two

Romance, Realism and the Return Home in *Ivanhoe* and *Waverley* by Sir Walter Scott

In antiquity, the concept of home as a literary trope appeared in Homer’s *Odyssey*. It has become an archetypical theme that is renewed over and over in Western literature to address man’s position within his society and his personal longing for stability. In this chapter, I discuss the idea of home in *Waverley* and *Ivanhoe*, two novels that were written by Sir Walter Scott during the early eighteenth century, and I reflect briefly on my treatment of home in *The Handfasted Wife*.¹ I pay attention to how Scott uses romance and realism in relation to this theme: how he addresses the concept of Nationhood and how, in these two novels, Scott’s heroines represent the security of home for his heroes.

*Waverley* by Sir Walter Scott (1814) is often referred to as the first historical novel written in realist tradition. Georg Lukács and Avrom Fleishman suggest that Scott was the first to write an historical novel using a classical realist form.² Lukács writes that whilst the novel form matured in Europe during an age of nationalism, industrialisation and revolutions, the historical novel developed from a greater sense of European historical awareness as armies

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fought continental wars during the eighteenth and nineteenth centuries. Fleishman writes that *Waverley* shows the process of historical change at work. Its plot turns on the English aristocrat Waverley’s support for Bonnie Prince Charlie’s 1745 rebellion and how, after its failure, Scotland and England became unified as a nation. Following the rules of realist form, Scott created mimesis through attention to specific time, referential language and characterisation that is faithful to an historical place and time. Equally importantly, he wrote engaging stories using a quest narrative that is traditionally associated with romance.

Whilst a work’s story is the primary interest, there is usually an idea, theme or concept running through a novel. Northrop Frye sums this up succinctly, writing, ‘Besides the internal fiction of the hero and his society, there is an external fiction which is a relation between the writer and the writer’s society.’ Scott was interested in the notion of evolving nations as historically progressive, a philosophical idea known in the nineteenth century as the Doctrine of Organic Unity, which suggests that nations evolve as a consequence of conflict to escape lawlessness. Scott incorporates this notion into his historical fiction. In both his works, *Ivanhoe* and *Waverley*, after the central characters experience perilous adventures, they return home to the safety of an organised English Nation.

*Ivanhoe* is an adventure story filled with sieges, ambushes, fights and rescues. The central characters - Saxon Cedric of Rotherwood; his ward Rowena; the Templar knight, Sir Brian de Bois-Guilbert; the Jew Isaac and his daughter Rebecca; Cedric’s son, Wilfrid of Ivanhoe, the disinherited knight - are fully realised and invented historical personalities. The story’s

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narrative concerns the return of King Richard to England in 1194 from the third crusade, just one hundred and twenty-five years after the conquest of Anglo-Saxon England by the Normans. Even though Richard’s return restores England’s rightful king, there is instability. His brother, King John, has seized power; the Norman villains are discontented; the merchant class is insecure; and the peasantry, represented by Gurth and Wamba, are miserable.

In *Ivanhoe*, Scott pragmatically resolves conflict between Saxon and Norman by unifying them and presenting the unification as an evolving nationhood, writing in the final chapter, ‘for as the two nations mixed in society and formed intermarriages with each other the Normans abated their scorn, and the Saxons were refined from their rusticity.’ He also integrates several ‘returning home’ stories into the text’s narrative. King Richard returns home from the Crusades and reclaims his Kingdom. Ivanhoe likewise returns to a disturbed home and eventually claims his bride, Rowena. Cedric finally recognises that a peaceful home depends on the integration of Saxon and Norman. Rebecca and Isaac seek a safe home abroad and Rowena’s security is assured through her marriage, which is a love match.

Scott thus establishes a theme of Nationhood as a safe home. The forest is the romantic stage set for Ivanhoe’s homecoming. Scott opens his novel with, ‘In that pleasant district of merry England which is watered by the river Don, there extended in ancient times a large forest covering the greater part of the beautiful hills and valleys which lie between Sheffield and the pleasant town of Doncaster.’ Scott might lull one into thinking the novel is to be romantic because of the idealising tone exemplified by his reference to ‘a large forest’ and ‘merry England’. There is a sense of endless summer, a pervasion of sunlight and a medieval lyrical idyllic. Whilst Scott’s reference to ancient times suggests nostalgia for the past, his use of the

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8 Scott, *Ivanhoe*, p.3.
past tense ‘there extended’ hints at change. (By the eighteenth century, Sheffield and Doncaster were no longer forested, but busy industrial towns.)

For Scott, history is a process in which the past acts as a precondition for the present. ‘Beliefs in the orderly process, predictable stages, and large consistency of historical events were disengaged from theistic assumptions and were made available to the secular world view which is found writ in Scott,’ writes Avrom Fleishman.\(^9\) One example of how Scott conveys this process is through his playful use of the vernacular. He illustrates that the English language develops out of the varying influences of Saxon and Norman integration. In the forest’s opening scene, Gurth and Wanda have a discussion expressed in the mimetic language associated with realism. The following dialogue suggests the discontent of the peasant class and hints at the integration of their languages into what was to eventually become Middle English:

> ‘Swine is good Saxon,’ said the jester: ‘but how call you the sow when she is flayed, and drawn and quartered, and hung up by the heels like a traitor?’
> ‘Pork,’ answered the swine-herd.
> ‘I am very glad every fool knows that too,’ said Wamba, ‘and pork, I think it is good Norman French; and so when the brute lives, and is in charge of a Saxon slave, she goes by her Saxon name; but becomes a Norman, and is called pork, when she is carried to the Castle-hall to feast among the nobles; what dost thou think of this, friend Gurth, ha?’\(^10\)

The conversation is reflective of an historical situation that becomes known as the Norman Yoke. The conquest is over a hundred years old, but the peasant class is unhappy. The words ‘flayed, and drawn and quartered’ and ‘traitor’ hint at the Norman punishments for rebellion and they deliver the impression of the Saxons as an oppressed cultural group. If the brute (the


Saxon) lives, it is because he has integrated with the Norman masters who had introduced a widespread feudal system into England, thus curbing ancient freedoms. Lukács writes, ‘whilst Scott portrays the opposition between the Normans and the Saxons as a central problem of medieval England, he makes it very clear that this opposition is above all one between Saxon serfs and Norman feudal lords.’ The nobility had by the twelfth century become integrated but the poor’s rights became increasingly eroded as the feudal system became established.

Second, the use of ‘she’ for the Saxon slave who mixes with the Norman masters foreshadows the various kidnaps in the novel, while the Castle is representative of a home that has been disturbed. For instance, it is in a castle, Castle Torquilstone that a Saxon woman, Ulrica, has been kept for years as a slave. Furthermore, Rowena, the Saxon heiress, is captured by Norman barons and subsequently held prisoner in Castle Torquilstone, until dramatically rescued by forest outlaws. Torquilstone falls after Ulrica burns it down, although it had been her home. Here, the home is a disturbed and oppressive place, symbolic of Norman invasion and oppression.

This scene becomes a depiction which addresses the interests of Scott’s own time: historicism, distant past and social identity. Lukács importantly points out in The Historical Novel, ‘Nationalism was part of the uproar of the times’. Scott’s deliberate manipulation of language in the extract reflects his serious treatment of the notion of Englishness, reinforcing his notion of history as progressive. The concept expressed in Ivanhoe - that after the conquest, England was an enslaved nation ‘not yet restored to its true nature’ - gives rise to the Norman Yoke myth that is expressed in later Victorian historical novels and histories, for

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11 Lukács, p.49.
12 Lukács, p.24.
example those of Benjamin Disraeli, the historian Carlyle and Edward Bulwer-Lytton. During the mid-Victorian period, Edward Bulwer-Lytton romanticised the Anglo-Saxon myth in his work, *Harold, the Last Saxon King*, seeking in it a Victorian identity that came not from the fusion of cultures, but out of a romantic English past that predated the Norman Conquest. However, in contrast, Scott’s purpose was not to find a Nation’s heritage in the Anglo-Saxon past (even if he uses a nostalgic, often romantic tone to fictionalise it), but it is rather to establish the idea that stability and a secure home can emerge from the unification of cultures into one nation. This theme becomes apparent at the end of the novel when King John’s attempted usurpation of Richard is thwarted, making way for a just integration of the two cultural groups under a fair Norman King.

This theme of unification also appears in Scott’s earlier novel, *Waverley*, in which Scott places Edward Waverley, a foolish English captain, in the Highlands of Scotland. There he becomes embroiled in the 1745 rebellion of Jacobite Bonnie Prince Charlie. Waverley is drawn to sophisticated and charming Fergus MacIvor and his sister Flora. By nature, he is a dreamy romantic who is caught up in events that spiral out of his control. For example, his naivety causes him to be deceived by the Highlanders into support for the Jacobite Prince. In one incident, his seal is stolen and letters are forged with it to incite his English troops to mutiny, a treasonable offence. However, Waverley eventually attains self-consciousness and understands the force of his actions as he becomes disillusioned with the rebellion, longs for forgiveness for his treason, makes the right marriage and protects his family’s safety.

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In this Bildungsroman, or journey towards personal redemption, the battlefields of Waverley see the advance and destruction of the Highland army. As the Battle of Preston Pans approaches, Scott begins the process of Waverley’s self-realisation:

[Waverley] could hear, too, the well-known word given in the English dialect, by the equally well-distinguished voice of the commanding officer, for whom he had once felt so much respect. It was at that instance, that, looking around him he saw the wild dress and appearance of his Highland associates, heard their whispers in an uncouth and unknown language, looked upon his own dress, so unlike that which he had worn from his infancy, and wished to awake from what seemed at the moment a dream, strange, horrible and unnatural. ‘Good God!’ he muttered, am I then a traitor to my country, a renegade to my standard, and a foe, as that poor dying wretch expressed himself, to my native England.\(^{14}\)

Here, Scott contrasts the well-known English dialect with the vernacular of the Highland army, contrasting the united, fluent, and flexibly absorbent English tongue of the southern army with the alien tongue of Highland Gaelic. Using Waverley’s consciousness as a conduit, he expresses the difference between the two armies by implying the civilising nature of ‘a well-distinguished voice’ and by the words ‘commanding officer’. Scott thus uses the orderly language of the English army to suggest discipline within its ranks and the chaotic effect of differing tongues in the Jacobite army, to indicate a lack of cohesiveness in the Prince’s troops that will result in the rebellion’s failure.\(^ {15}\) This sense of English discipline is also subtly suggested as Waverley notes that his companions’ dress is ‘wild’ and looks down at his own Highland outfit. This causes him to register unfamiliarity. The contrast with Waverley’s clothes of childhood suggests both his current alienation and his vulnerability. Furthermore, Scott uses the impersonal word ‘associates’ to describe Waverley’s comrades in arms to

\(^{14}\) Sir Walter Scott, *Waverley*, p.335.

create the sense of his emotional distancing from the Highlanders. The adjectives ‘uncouth’ and ‘unknown’ in reference to the Highlanders’ speech complete our sense of Waverley’s alienation.

In this scene, Scott delivers a logical sequence of Waverley’s observations, following what Waverley hears, what he sees, and how both senses impact on him emotionally until he reaches a point of self-realisation. Scott’s choice of the word ‘whispers’ expresses particularly well the atmosphere of tension and reflects the quiet beginnings of Waverley’s questioning of his own loyalties, a theme which continues until Waverley fully recognises that his survival is connected with all that is familiar and that he has behaved as a traitor to his upbringing, his nation and his family.

Here, Scott places us inside Waverley’s consciousness, allowing us direct access to this moment of self-realisation, using realist personality development to create empathy for his protagonist. As Lukács perceptively writes, ‘What matters therefore in the historical novel is not the retelling of great events but the poetic awakening of the people who figured in those events.’¹⁶ Waverley’s self-realisation heralds a turning point in the novel, since Waverley’s emotional and actual direction has turned towards home. It is not an easy transition. Maintaining the text’s overall quest narrative form, Scott develops obstacles to Waverley’s return, such as Waverley’s treasonable behaviour, his supposed incitement of his own English troops, conflict concerning his evolving love for Rose, loyalty to the Baron Bradwardine, and his entanglement with Fergus MacIvor, to whom he retains a deep personal sense of goodwill and loyalty.

Nevertheless, Waverley does indeed manage to return home to England. Although it was foolish for him to get so easily and romantically entangled with the rebellion, that Waverley

¹⁶ Lukács, p.42.
will be forgiven for his treasonable exploits is a token that the new ruling class, the Whig Walpole government, is the Nation’s future and, as is indicated by Waverley’s survival, it will be an amenable one.\textsuperscript{17} The honourable conclusion to Waverley’s involvement with the 1745 rebellion is that he returns to his English ancestral home having shed his romantic ideals and gained sensible principles.

As \textit{Waverley} reaches its close, such a theme is depicted in the following pictorial image, which illustrates that the unification of cultures allows a romantic past to pass into memory and a realist one to replace it:

\begin{quote}
It was a large and spirited painting, representing Fergus MacIvor and Waverley in their Highland dress, the scene a wild, rocky, and mountainous pass, down which the clan were descending in the background….Beside this painting hung the arms which Waverley had borne in the unfortunate civil war. The whole piece was beheld with admiration, and deeper feelings.

Men must, however, eat, in spite both of sentiment and vertu…\textsuperscript{18}
\end{quote}

The painting is hung in Waverley’s home where it is a reminder of the spirit of the rebellion; he uses the Highlands, the reference to dress and the dramatic scenery, as indicative that the rebellion is a nostalgic memory. It is also a reminder that the romance of the adventure had claimed Waverley rather than a true commitment to the cause. The word ‘unfortunate’ encapsulates the foolhardy nature of the adventure, while ‘wild’ and ‘rocky’ are indicators of the nature of the rebellion, as, indeed, is the sense of climbing down through the pass. Waverley and Fergus are descending with the clan, not ascending. Nor are the clan’s fortunes on the ascendant since they slide into cultural memory from 1745 on.

\textsuperscript{17} Fleishman, p.72.

\textsuperscript{18} Scott, \textit{Waverley}, p.489.
Scott may also be revealing his own sadness at the passing of the Highland clans’ way of life. Scott’s biographer, A.N. Wilson, comments that Scott had a passion for poetry and that the people of the ballads he collected in *The Minstrelsy of the Scottish Border* were ‘quite real to him’. Scott’s interest in the clans and the landscape of the Highlands permeate the *Waverley* novel. Scott portrays the Highlanders sympathetically, lamenting the passing of their traditions as a way of life. Although Scott saw societal change as inevitable, he was romantic about simple virtues such as loyalty, patriotism and blood-brotherhood, virtues which he perceived as lost along with the clansman’s barbaric vices, and which are evident in his novels. A.N. Wilson writes, ‘No wonder that the citizens of Edinburgh read on, their minds swimming not with the carefully measured sentences of Augustan prose, but with the swirling, intense descriptions of Highland scenery, the haunt of wild clansmen and the scene of heroism as rugged as that of Homer.’ Scott had an instinct for preserving the nostalgic and romantic past alongside his realist notion of progress. Yet, Scott brought Waverley to pragmatism, and at the end, Scott’s authorial voice creeps with his own pragmatic sense as he points out that the reality is that ‘men must eat’ despite any sentimental feeling for the past. There is in *Waverley*, Jerome de Groot indicates, ‘a clear dialogue between the rational realism of England and the romantic, sublime, passionate romance of the Highlands.’ This dialogue is encapsulated in Scott’s description of the painting.

Lukács writes that Scott is interested in portraying ‘the struggles and antagonisms’ of history by means of characters that ‘through their psychology and destiny always represent social trends and historical forces.’ Waverley’s journey of self-discovery is clearly depicted

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20 Wilson, p.43.
21 de Groot, p.22.
22 Lukács, p.34.
alongside a historical theme of evolving Nationhood. Waverley’s reconciliatory compromise with the Whig government ultimately leads him to happiness, demonstrating a positive reconciliation of England and Scotland, and the merging of the two cultures to form a new Nation, and ultimately, a new home.

Home, as a theme in Scott’s work, is further delineated through the use of female personalities. Scott’s women are often examples of refined early nineteenth century Englishwomen, and when they are adventurous, they end up with this aspect of their personalities neutralised. For example, the more memorable romantic heroines, Rebecca and Flora, become exiled and homeless, whereas Rowena and Rose, who are domestic and accommodating, become the homemakers. Ultimately, it is the domestic women in Scott’s work that represent the security of home. For instance, in Waverley, the friends and companions, Rose and Flora, stand in opposition as personalities. In the following extract, just after the battle of Preston Pans, Rose and Flora are lodged at the Prince’s court in Edinburgh. Rose is the daughter of the verbose lowlander, Baron Bradwardine, and Flora is the sister of Highland chieftain, Fergus MacIvor. Both become Waverley’s romantic interests at different points in the novel. As they are conversing about Waverley, Flora says to Rose:

‘But high and perilous enterprise is not Waverley’s forte. He would never have been his celebrated ancestor Sir Nigel, but only Sir Nigel’s eulogist and poet. I will tell you where he will be at home, my dear, and in his place,—in the quiet circle of domestic happiness, learned indulgence, and elegant enjoyments, of Waverley-Honour[…] and he will repeat verses to his beautiful wife, who will hang upon his arm—and he will be a happy man.’

‘And she will be a happy woman,’ thought poor Rose. But she only sighed and dropped the conversation.

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23 Lukács, p.35.
24 Scott, Waverley, p.370.
Waverley had already pressed his suit on Flora and was rejected. Her portrait of Waverley is given from a point of view of a heroic age, since she wants her lover to be a ‘chivalric warrior gallantly laying down his life-in a lost cause, for preference.’ Waverley learns from Flora that he is not a chivalric knight but ‘a genteel modern man given to antiquarian tastes-somewhat like Sir Walter Scott himself.’ Rose, however, is in love with Waverley and she would like to be the beautiful wife described by Flora. Scott creates an understanding of Rose’s character through a few succinct sentences at the end of the passage. He penetrates his heroine’s consciousness and with that ‘one sigh’ he lets her reveal her true feelings. Rose sees the future that Flora describes as desirable. Flora subtly identifies Rose as the aristocratic woman that Waverley needs. Flora is not the right woman for Waverley, as she understands that she could not provide the security he craves. Scott’s presentation of her as a little scornful in her tone when she speaks of ‘learned indulgence’ and ‘elegant enjoyment’ suggests that, as well as romantic, she is judgemental and tougher than either Waverley or Rose. Her casual dismissal of Waverley allows the romantic element of Scott’s narrative to proceed with Rose as Waverley’s future love interest, the future wife who represents love and contentment.

Harry Shaw, an authority on Scott’s works, who recognises both his romance origins and his in-depth characterisation, notes, ‘There is always a degree of moral depth, psychological depth in Scott’s characters.’ Through this short dialogue, Scott presents insight into the depths of both women’s personalities, Flora the worldly-wise and Rose the homemaker.

Yet, although Scott may manage his characters’ perceptions, and create mimesis through them, he is still the guiding hand. Harry Shaw writes, ‘Scott believes basic human emotions

25 Fleishman, p.72.
26 Ibid.
never change. The manners of an age are like clothing. It is because Scott develops characters with emotional realism that even two hundred years later, it is possible to recognise their motivations. His characters possess combinations of basic, universal emotions that are still identifiable. It is to Flora’s credit that she recognises that she can never provide Waverley with a safe home. It is conventional of Scott to deny his prosaic heroes the more dynamic heroine.

A similar triangle exists in *Ivanhoe* between Rebecca, Ivanhoe and Rowena. Ivanhoe and Rowena are the predominant romantic interest. Although Rebecca develops feelings for Ivanhoe, she is realistic, recognising that he is meant to marry Rowena for long-established love and his sense of personal peace. Towards the close of the novel, Rebecca visits Rowena to say her farewells. Scott describes the encounter:

> [Rebecca] glided from the apartment, leaving Rowena surprised as if a vision had passed before her. The fair Saxon related the singular conference to her husband, on whose mind it made a deep impression. He lived long and happily with Rowena, for they were attached to each other by the bonds of early affection, and they loved each other more than the recollection of the obstacles which had impeded their union. Yet it would be inquiring too curiously to ask whether the recollection of Rebecca’s beauty and magnanimity did not recur to his mind more frequently than the fair descendent of Alfred might altogether have approved.

Scott presents a sense of both women as individuals. Rebecca glides from the apartment and Scott suggests that Rowena has a sense of wonder and respect for this exotic heroine. The word ‘glides’ used in this context sums Rebecca up as proud, untouchable and self-possessed. When Rowena watches her glide, it is as if Rebecca does not belong to Rowena’s world any more than Flora belongs to Rose’s world. Just as Flora finds her sense of security in a French

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28 Shaw, p.145.

29 Scott, *Ivanhoe*, p.405

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convent, Rebecca, too, can only find a safe future through departure. The women in a Scott novel who cannot represent the safety of the hero’s peace and security are thus neutralised by their author. To the mind of a modern reader, he employed exceptional authorial control on female passions. Frye writes, ‘Flora is a quixotic character as is Waverley. She reflects the mores of his society. A successful female’s career consists of a good marriage and retirement to a convent is a sign of maladjustment.’\textsuperscript{30} Thus the rebellious Flora of \textit{Waverley} ends up in a French convent and Rowena from \textit{Ivanhoe} sits at home in her bower, waiting whilst Ivanhoe goes off adventuring. Rowena represents Ivanhoe’s place of safety.

Scott’s authorial voice guides our opinion towards the rightness of the union between Rowena and Ivanhoe, thus lending an understanding of the solidity of the marriage. He writes that Ivanhoe and Rowena lived happily and long together whilst referring to their early bonds. For Scott, enduring love emerges as a matter of more solid connections than the heart’s momentary affection. Scott delivers a sense of real humanity into the romance as he notes that the memory of Rebecca’s personality and beauty stayed with Ivanhoe more than Rowena would have liked had she known it. These characters thus become developed individual personalities, rather than stereotypical romantic figures in an idealised ending. The comment lifts \textit{Ivanhoe} out of an entirely perfect romantic ending into realism, since Ivanhoe is not so completely devoted to Rowena as to forget Rebecca.

Scott tells his audience in his introduction to \textit{Ivanhoe} that domesticity, the domestic space occupied by husband and wife and family, is one where ‘the unlovely traditions of male behaviour can be influenced by female influence and female vulnerability finds assurances of security which allow its real character to expand and assert itself.’\textsuperscript{31} By the end of \textit{Ivanhoe},

\textsuperscript{30} Frye, \textit{The Secular Scripture}, p.84.

\textsuperscript{31} Scott, \textit{Ivanhoe}, Introduction, p.xiv.
the marriage between Ivanhoe and Rowena embodies this ideal of domesticity as does Waverley’s marriage with Rose Bradwardine in *Waverley*. Andrew Saunders further suggests that the marriage between Ivanhoe and Rowena represents social reconciliation.\(^{32}\) Ivanhoe, Cedric’s son, is loyal to King Richard and has absorbed aspects of Norman culture, for example, knighthood and chivalry. His marriage to Rowena, the Saxon heiress, is symbolic of the total assimilation of the Saxon aristocracy with the Norman aristocracy by the end of the twelfth century.

As in *Waverley*, the return home is representative of social reconciliation. Also as in *Waverley*, Ivanhoe’s romantic elements, such as the obstacles and the twists and turns of the ‘returning home’ theme, serve to temper Scott’s use of the realist form. Scott uses romantic heroines, such as Flora and Rebecca, as integral to his plot development, but he brings the story’s love interests to a satisfactory, if not the most romantic conclusion, since it is Rose and Rowena who create the sense of home.

Despite the romantic elements of his work, Scott was ultimately a master of the realist form and of realist portraiture. Andrew Saunders quotes Henry James who said of Scott, ‘Since Shakespeare, no writer had created so immense a gallery of portraits, nor, on the whole, had any of the portraits been so lifelike. Men and women were presented in their habits as they lived.’\(^{33}\) Scott alludes to the fact that he wrote about the passions common to men in all stages of society. A necessary colouring is cast upon these passions by the manners and laws of a particular age.\(^{34}\) This colouring is what makes the historical personality faithful to the era and society that she or he inhabits, whether influenced by medieval beliefs, such as religion and

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33 Saunders, p.8.

34 Scott, *Waverley*, p.35.
chivalry, or by the enlightenment learning of the eighteenth century. Lukács makes the following point concerning Scott’s character construction:

Scott’s greatness lies in his capacity to give living human embodiment to historical-social types. The typically human terms in which great historical trends become tangible had never been so superbly, straightforwardly and pregnantly portrayed. And, above all, never before had this kind of portrayal been consciously set at the centre of the representation of reality.  

Lukács considers that Scott’s greatest contribution to the conception of the classical historical novel is that he avoids romanticising figures and that he gives the reader insight into the mind of a member of a past society. This, he suggests, induces historical empathy and a sense of progress. Lukács advocates that Scott discovers a means by which the historical novel can reflect reality without romantically monumentalizing the important figures of history or dragging them down to trivia. Scott thus enables a sense of the past that is ‘deeply politicised’, a disclosure of the ‘conditions of life’. This, along with an interest in prosaic characters, demonstrates the real cause and consequence of events. Yet, Lukács forgets that Scott also creates the romance of adventure while remaining faithful to the rules of realism in his composition of character and the development of his protagonists’ inner consciousness.

The realism that Scott transferred from the classical realist novel into the historical novel is of particular importance for the modern writer of historical fiction, especially Scott’s composition of historical characterisation. Scott writes romantically about love and adventure and employs structures long used in romance, such as obstacle and quest, but ultimately, it is his realist depiction of scenes and character that makes his historical novels faithful reflections of an historical time.

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35 Lukács, p.35.
As in Waverley and Ivanhoe, The Handfasted Wife has a quest structure, and within this structure, there is the narrative drive to voyage out and return home. Elditha makes not only a compulsive physical journey into an unknown world but she enters an unfamiliar social milieu. She begins the story in a confused state of awareness about her destiny, since she has been set aside by Harold, and after Hastings, she is plunged into an existence not previously imagined. She, therefore, encounters experiences which threaten her with annihilation. Like Waverley, Elditha moves from ignorance to knowledge as she finally understands that her life is changed forever by the Norman Conquest.

Elditha’s journey presents her with a succession of terrible, near-fatal ordeals followed by periods of respite as characters recoup their strength:

They crossed a low hedge into another large field. ‘We should reach the abbey at Abingdon soon,’ Padar said, slowing his horse and shouting above the rain. ‘Most of the monks are loyal to us and the abbot should be in London with the King.’ He stopped and caught his breath. ‘The countryside nearer to Oxford will be occupied by soldiers. We can wait at the abbey until we work out how to move west into the hills.’ He pointed back at the destruction they had just left. ‘You can see. The villages are not safe.’

Elditha looked down and through the sleet saw several twisted and naked bodies lying in the ditch. She pulled her hood close, drew her mare closer to Padar. ‘They’ll look south-west for us.’

The extract comes from the beginning of the journey in the second section of the novel. There is an atmosphere of anxiety as the three fugitives - Elditha, Ursula and Padar, the helper - flee from Winchester, travelling through a landscape that consists of villages destroyed by war.

The weather and the countryside are obvious impediments to their progress and both are martialled into atmospheric detail, such as Padar stopping to catch his breath; his pointing back at the destruction of the hamlet; by Elditha’s observation of twisted and naked bodies in

36 McGrath, The Handfasted Wife, p.165.
the ditch. Such mimetic description brings realism to the scene. It is mentioned that Oxford is occupied by soldiers and they must hide and there is a sense of fear in Elditha’s reaction as she draws her hood close and her horse closer to Padar. Her line of dialogue contributes to the sense of danger attached to the adventure. Words such as ‘ruined’, ‘occupied’ and ‘destruction’ in the context of this extract are indicative of danger and flight.

In contrast, there is a respite at Abingdon. The pause in the journey allows the writer to show aspects of abbey life - such as the library, the herb garden and the use of herbal recipes - with realist detail:

> Days passed slowly. The abbot’s bedroom led onto a garden. When the sleeting rain stopped they walked there. The abbey bell rang regularly for service allowing them a sense of time’s passage, and although monks shuffled along the corridor beyond their room with regularity, no one disturbed Elditha and Ursula. Other than monks’ footpads, distant murmurings of prayer and the bell’s regular ringing, the abbey was a place of solitude and quiet. They listened to the cockerel that crowed every morning, a robin chirruping as it stalked the garden and magpies chattering on the top of a wall. They listened to the weather, the rain when it came and the wind’s keening in the trees. As darkness fell, they slept peacefully, cocooned from the tumultuous world beyond the cloister.37

Quiet is manifested in realist form using mimetic language. The scene is descriptive and pays attention to the passage of time: ‘The days passed slowly’; ‘The Abbey bell rang regularly for service’. The passage of time is clearly marked to emphasise the mundane yet peaceful nature of their days using natural references, such as the cockerel crowing in the morning. Place, too, is specific and described with detail. Ursula and Elditha walked in a garden and there is a sense that they are safe there. However, the words ‘cocooned from the tumultuous world beyond the cloister’ are a reminder that they will venture into danger again, in order to

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continue and complete the quest. Despite the realist description, the overall structure of chase and adventure lends romance to this section of the novel. The short periods of respite from the adventure thus provide narrative contrasts and, as in *Waverley* and *Ivanhoe*, there are impediments to Elditha’s progress.

Whilst the romance structure of escape and pursuit serves the text’s narrative of adventure, personalities are fully realised historical depictions true to their time and place. Elditha is a fully realised female character, who remains faithful to history. By this I mean she is not anachronistic as a medieval woman. When she waits for Ursula to recover at St Margaret’s Priory and for Padar to arrange the next stage of their journey west Elditha passes her time working on tapestry:

> They asked why her small embroidery depicted a house that was burning. She explained, ‘The Prioress suggested that I recreate my husband’s coronation. A coronation tells the story of great men but this is the story of a woman’s suffering.’

> The nuns made approving noises and persuaded her to tell them her story. In the closeness of this company of women, Elditha felt a healing spirit envelop her.  

It is appropriate that Elditha, as a medieval woman, works on tapestry. This tapestry is particular to the story as it represents the depiction of a burning house on *The Bayeux Tapestry*. However, Elditha’s sense of loss that of her husband, her children and her home is expressed in these sentences. She wants to express her voice as a woman which in reality may have been silenced. However, in this workshop where she is in the company of other women who have chosen a life apart from men, she can. The extract also expresses her prudent nature, her determination not to reveal everything that has happened to her or to speak of the secrets of others. Integrity is a positive aspect of her personality. Thus, the romance of the

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38 McGrath, *The Handfasted Wife*, p.204.
quest is integrated with realism. Elditha’s journey illuminates aspects of her character such as her love for her children (she sends a gift to Gunnhild), courage (she escapes from Gloucester) and determination (she reaches the relative safety of Ireland). However, flaws might be also perceived in her decision to abandon the loyal companion, Padar, in Gloucester, and in her stubborn decision not to marry Alain of Brittany, integrate with the Conquest and thus, preserve Ulf’s safety through that integration. Her character is composed of both positive traits and flaws which lend it a sense of realism.

The final return home for Elditha, as for Flora in Waverley, is represented by the safety of a convent. There are two outcomes for Elditha, exile or retreat to a convent. She decides to enter a convent so that she can remain in England, hopeful that her son Ulf will be freed. Years later, freed by William’s son Robert, Ulf meets his mother in her Canterbury convent:

That afternoon, Elditha and Ulf sat together for many hours, eating honey cakes, sipping wine telling of each other’s memories, long deep memories that cast back beyond the year at Reredfelle to Nazeing and the family’s great church at Waltham.\(^{39}\)

Returning home for Ulf represents the assimilation of two aristocracies, much like the cultural reconciliation found in the endings of Waverley and Ivanhoe. Ulf is employed as a Norman knight, while their life in the Anglo-Saxon past is now a memory.

The integration of aspects of romance, particularly a quest narrative form, with aspects of realism, such as the development of a faithfully depicted historical personality, has informed my own fictional narrative of how three aristocratic women responded to the Norman Conquest. Writing such a narrative presented certain challenges. Not only is the period distant but Elditha belongs to a historical record that marginalises the viewpoint of women.

\(^{39}\) McGrath, The Handfasted Wife, p348.
Since reference to women in primary sources is thin, I supplemented my historical enquiry with research into how aristocratic women lived and the social conditions of the period. However, one of the primary sources that I was able to consult was *The Song of the Battle of Hastings*, a praise poem written by Guy of Amiens for Duke William to celebrate the Duke’s victory at Hastings. Duke William is portrayed as the noble protagonist, whilst Earl Harold is depicted as an evil king, adulterer, slayer of his brother Tostig, and as a liar who broke his promise to recognise William of Normandy as England’s king. In *The Song of the Battle of Hastings*, Amiens writes that Gytha, Harold’s mother, attempted to buy her son’s body from William. I also referred to an early twelfth century text, *The Waltham Chronicle*, which suggests that Elditha visited the battlefield and recognised Harold’s body after his defeat.

Resurrecting these women as personalities owes a debt to realist form as I imagined their internal lives and how they responded to their circumstances.

Diana Wallace writes that the sheer number of historical novels published by women over the twentieth century is a testament to the importance of the form. She points out that it is a genre that allows us to see that gender itself is historically contingent rather than essential. The lack of historical women in medieval primary source material is an example of this historical contingency. Fictionalising women’s lives in a past era is a way of understanding the place of women in history. Whilst Scott addressed Nationhood as a progressive development, *The Handfasted Wife* invites contrast between the positions of women in early medieval society with the position of women in modern society. At the end of *The Handfasted Wife*, there is a sense of inevitability about the Norman Conquest and its consequences for the

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41 Wallace, p.4.
Anglo-Saxon world in general, and importantly, for the Godwin women in particular. By the end of *The Handfasted Wife*, the concept of home has changed physically and spiritually for them all.

The following chapter is devoted to a selection of historical novels written by women and directed at a predominantly female audience.
Chapter Three

Tensions between Romance and History in Women’s Historical Fiction

Romance and realism have been identified so far in this essay as textual strategies and as narrative models. In this chapter, I consider these two forms in romantic historical fiction written by women and that is predominantly directed at a female audience.

Northrop Frye refers to popular romance as owning ‘a curiously proletarian status, as a form generally disapproved of in most ages by the guardians of taste and learning.’¹ Often, women’s historical fiction is perceived as tending towards costume drama and escapism. Diana Wallace writes:

The tendency has been to associate women’s historical novels as romance and thus to stigmatisé them as escapist. We need to reassess both the assumption that historical novels are necessarily escapist because they are set in the past, and the assumption that escapism is per se a bad thing.²

Her comment suggests that romance is a legitimate literary endeavour that provides escapism. And indeed, this is shown in Scott’s works; romance can be successfully interwoven with the

¹ Frye, The Secular Scripture, p.23.
² Wallace, p.ix.
realist form to provide escapism and, equally, characters and history in fiction can be depicted with sharp realism. In the works discussed in chapters one and two realism is tempered by romance to enhance the imaginative aspects of the novels, to provide a particular structure to the novel, to address aspects of the subconscious self or to make a political comment in an interesting way as Mantel does in the introduction to her chapter *The Occult History of Britain* (*Wolf Hall*). My concerns about romance and realism in women’s historical fiction are as follows. Do women writers have a different focus on how they depict women to a male writer’s focus? In providing an escapist experience does women’s popular historical fiction compromise history and does it matter? Can popular women’s historical fiction provide a faithful depiction of women in a past time? What strategies do writers employ if the romance compromises the history or vice-versa? The following discussion aims to address these questions.

The women’s historical novel as written by a woman has a different focus on a woman’s life in a past era to the focus that a male writer has on the women in his work. For example a female writer is likely to be more interested in the private lives of women in female territories such as the bower where their conversations and their lives are separate from the lives of men. The historical female character as depicted in contemporary romantic historical fiction often desires to be part of the world of men in a way a Scott heroine would not. In Scott’s time women still possessed distinctive roles that were very separate from men’s roles. Elaine Showalter writes that psychoanalytically orientated feminist criticism ‘locates the difference of women’s writing in the author’s psyche and in the relation of the gender to the creative process.’ Showalter suggests various biological and linguistic models in her analysis, one of

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which, the Ardener model, is useful when analysing the tensions that women’s romantic historical fiction can evoke as regards the behaviour of men and women in the texts.

Shirley and Edward Ardener outline a model of women’s culture that provides a terminology for its characteristics. In their theory, women constitute ‘a muted group, the boundaries of whose culture and reality overlap, but are not wholly contained by the dominant (male) group.’

‘Muted’, in the context of their theory, indicates problems of language and power. The dominant male group controls the structures in which women’s consciousness can be articulated, causing women to speak through the language of the dominant group.

The Ardener model can be applied to Elizabeth Chadwick’s novel, *To Defy a King* [2010], an historical novel written by a woman and predominantly directed at a female audience which is set during the Baron’s War, (the civil disturbance between a section of the nobility and King John that led to the Magna Carta of 1215). Chadwick relates how the Baron’s War impacted on the lives and marriage of two real historical personalities, Hugh Bigod and his wife Mahelt Marshall. She explores their relationship as a romance. Thus she looks for tensions between them. She also depicts Mahelt as a feisty woman who wants equality with her partner in an era when this was not the tradition. At various points in the novel the young mother Mahelt ventures into the male territory, shows interest in it and understanding of it but is rebuffed. Chadwick writes, ‘There was no sign of Hugh in the hall, but she [Mahelt] heard the sound of masculine voices and, following them outside found her husband, her brothers, Longespée and a cluster of fascinated knights, soldiers and small boys inspecting Longespée’s new trebuchet.’

In the quotation the inspection of weapons and ‘outside’ is a male territory. Mahelt’s son runs from her side to see the knight try out ‘his new

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4 Showalter, p.323.

5 Elizabeth Chadwick, *To Defy a King* (London: Little Brown, 2010), p.290.
toy’s range and capabilities.’ Her husband takes the boy on his shoulders to see it better. Mahelt fetches her cloak returning to this male territory with ‘chin jutting out and stride determined.’ Her husband ‘eyed her with quizzical amusement.’ Hugh’s response illustrates his perception of her presence in this male territory, ‘‘I thought you would still be warm abed,’ he said with a suggestive arch of his brows and a languorous edge to his voice.’ This ‘suggestive arch of the brows’ aptly indicates Hugh’s attitude.

Mahelt wanted to be accepted in this male territory of weapons as it implied by her stance. In Chadwick’s novel, Hugh is never shown to be interested in the territory belonging to the bower. There are distinctive male and female roles in history and in this text. Whether or not the real historical Mahelt was interested in weapons is not the main point. The twenty first century female writer understands the male historical world and desires a part of it for her female protagonist. Therefore, this has become an important feature of the popular historical novel directed at female readers. In these romantic historical novels women desire a more equal part of the world of men. However, as the Ardener model illustrates they can articulate these desires and understand them, but historically they cannot achieve them.

In history and in the historical novel, women’s beliefs find other places of expression. A relevant example is the women’s territory of the bower hall, as in The Handfasted Wife where, for example in chapter one, there are private conversations between Elditha and Gytha. Elizabeth Chadwick uses the context of the bower to show Mahelt’s concern for her husband who had ridden out to campaign in King John’s service. ‘She knew what to expect. Her childhood had consisted of her father leaving home in the late spring and not returning until

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6 Ibid.
7 Chadwick, p.291.
the nights were long, dark and cold." In the bower, the women engage in conversation that is different to the kinds of conversation they have with men. Ida, Mahelt’s friend, remarks that the song Mahelt plays while the women sew is a woman’s song. The women comment how the first thing a man asks of his new-born son is: “Will he be a good soldier? Will he have a strong fist?” Never do they ask: “Will he be a good husband and father.” In these contexts, male observation from an exterior point of view cannot be the same as comprehension from within. Outside of the bower hall, women’s real feelings are often silent.

Ardener illustrates his concept with intersecting circles:

Y, representing the muted group, falls largely within the boundaries of the dominant circle X. However, a thin outside crescent of Y is termed ‘wild’. This can be considered as a no-man’s land, a place forbidden to men, which corresponds to the zone in X which is off limits to women. The Wild zone of X in To Defy a King exists in battle, the hunt or the training ground. In the context of my own writing, the Wild zone of Y stands for aspects of Elditha’s lifestyle which are outside of and unlike that of the warrior men in the text. The Wild zone is always imaginary from the opposite sex’s point of view. The Ardener model is a useful way

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8 Chadwick, p. 358.
9 Chadwick, p.359.
10 Showalter, p. 323.
11 Edwin Ardener, Belief and the Problem of Women in Feminist Criticism in the Wilderness, Modern Criticism and Theory, p.323.
12 Showalter, p.326..
to explain how, in such novels as *To Defy a King*, a writer’s development of a character’s personality and historical information can be reconciled with historical realism through the creation of a male-female conflict within the fiction.

An important aspect of well-written women’s historical fictions is that they can reach beyond the romance and the historical information they project. The novel often takes as its subject female subjectivity, domestic and public politics and the marginalisation of weaker subjects. This means that the text ‘creates a dissonant space in which various issues of legitimacy, authority and identity might be considered.’\(^\text{13}\) The historical novel can, therefore, allow different groups of real women (i.e., the readers) to perceive how they have normally been left out of history altogether. Novels in the tradition of *To Defy a King* ‘offer a number of new perspectives on the past, which sit less easily alongside text book history.’\(^\text{14}\) In this way, romance and history reconcile. The novel’s subtext is appealing to modern women because the works often illuminate those whose voices were usually silenced throughout history.

Chadwick’s writing possesses historical realism because in her books it is clear that women were not expected to be interested in the male territory. They can desire it. They can be feisty but their actual freedom is constricted.

Successfully illuminating these voices is a challenging task for the writer, requiring authentic characterisation. If protagonists are, as Georg Lukács terms, ‘specifically historical’, that is, are derived from the historical peculiarity of their age, ‘they can be faithful representations of past personalities.’\(^\text{15}\) Authors like Elizabeth Chadwick preserve their work’s integrity by recreating a faithful historical world inhabited by interesting historical characters whose


\(^{\text{14}}\) Light, p.70.

\(^{\text{15}}\) Lukács, p.20.
actions are consistent with their gender roles. Consequently, she deflects potential discrepancy between the central romance in the text and the demands of recorded history.

The writing of real historical personages can elicit tension in two ways. Conflict within a work of historical fiction can arise when the story’s protagonists possess personality characteristics that would suggest different action to that of the historical record. Alternatively, tension can emerge in the writing when a writer moulds what is available on the historical record to facilitate the romantic theme in a text. When the writer feels obliged to adhere to the historical record irrespective of the novel’s romantic theme, she may have to reassess her romantic theme so that the romance satisfies but also feels faithful to history. The romantic relationship in To Defy a King is established between Mahelt Marshal and Hugh Bigod early in the historical fiction. However, when Hugh Bigod, the hero, placed himself in opposition to King John, this threatened the safety of Bigod’s home, Framlingham Castle. This part of the fiction is recorded history. Chadwick writes about Bigod’s opposition and the subsequent attack on his castle in her author’s note, ‘Framlingham was besieged in March 1216 by King John and fell almost immediately […]. From what can be gleaned, neither Earl Roger nor Hugh were present in the castle, but Roger, Mahelt’s son was taken hostage and held in Norwich. There is no record of when he was returned to his family.’

This places Mahelt, as a mother and a wife, in a vulnerable position since Mahelt is abandoned by her husband and is deliberately left with her child at Framlingham, exposed to the King’s wrath. Chadwick writes:

Mahelt persisted because she knew [Hugh] was not dealing honestly with her. ‘If matters are so urgent that you have to move our reserves, then you must take me and your mother and the children with you.’ Hugh shook his head. ‘Then I would have to see to your protection as well as that of the goods. I would not be able to move

16 Chadwick, p. 523.
swiftly—my mother is too frail to keep up the pace.’ He stepped forward to rub her arm. ‘You are safer behind our walls until I return.’

Here Chadwick writes that ‘Mahelt persisted’ and ‘Hugh was not dealing honestly with her.’ Hugh’s action thus permits Chadwick to portray Mahelt as a strong heroine who knew her husband was not being truthful about her safety. Consistent with history, though she would like to refuse the besiegers entry, Mahelt is not permitted to defend the castle by the steward whom Hugh has left in control of his estate. Chadwick thus preserves the reality of medieval women’s position in society as one that is subservient to men.

However, Hugh Bigod claims, throughout this historical fiction, that he will, above all, protect his family. This personality trait may, in truth, conflict with the Hugh of the historical record. The marriage may never have been a romantic marriage. It is a grey area open to a novelist’s interpretation. The early relationship between Hugh Bigod and Mahelt Marshall is not recorded in the historical record beyond the fact that their marriage was arranged for political reasons. The fictional romantic development in this story is compromised by the primary source material which the writer researched. Therefore she had to find a way to blend her central romance with historical realism.

First of all there is the historical research. Chadwick writes in her paratext that she constructed her portrayal of Mahelt out of a few lines contained in the thirteenth century *Histoire de Guillaume le Mareschal*, which records that ‘[Mahelt’s] worthy father loved her dearly.’ Chadwick constructs a character whose life is only recorded with birth, marriage and death dates, her children’s dates and a bland epitaph comment that could be applicable to

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17 Chadwick, p.426.

18 Chadwick, pp.521-528.
any medieval woman of her status. Consistent with what the historical record tells us, Chadwick tells the reader that, in 1216, Hugh abandons his wife at the Castle of Framlingham, moving all their precious goods to other places of greater safety, but leaving her and his son to the mercy of castle besiegers. Hugh’s action is inconsistent with the personality that Chadwick has given him up until this point. Within the portrayal of Mahelt and Hugh’s relationship, character inconsistency and tension can potentially arise because the writer has depicted her protagonists as in love. The history is slight and there is nothing to indicate that the relationship became romantic. Nor is there any evidence that it was not. Chadwick employs what is described by Helen Hughes as ‘detailed sets of associations’ throughout the text to contribute to a reader’s understanding of her historical personalities and to make the romance seem realistic.19 For example, Chadwick writes of Mahelt and Hugh:

Her father passed her on to Hugh. ‘Take care of her,’ he said, his voice coming from deep in his chest.
‘With my life,’ Hugh answered and Mahelt felt her new husband mesh his fingers through hers and put his hand to her waist for the lift and leap. 20

Chadwick establishes Hugh’s intent to care for Mahelt, giving him the words ‘with my life’. She incorporates their emotions deftly into action, the leap and the meshing of fingers, their physical closeness hinting at romance. It is a sensibility that is repeated consistently throughout the text. Hugh reassures Mahelt that despite the king’s taking of her brothers as hostages, ‘We’ll not let anything happen to you.’21 He shows compassion for her and swears silent promises to protect her. Through repetition of the protagonist’s sense of responsibility, Chadwick builds up a set of associations with the hero’s attributes to create Hugh as romantic,

19 Hughes, p.18.

20 Chadwick, p.86.

21 Chadwick, p. 94.
caring and as worthy of the heroine’s love. As she invents the romance in this novel, Chadwick has developed a portrait of Hugh that is at odds with the Hugh of the historical record. Thus to make the romance satisfying for a reader she has to either distract from this inconsistency or she must invent a new direction for this relationship. Diana Wallace points out that it is the lack of records and the focus on public events that allow speculative depictions, such as the one of romance between Hugh and Mahelt. It is a fiction writer’s prerogative to rearrange facts or to construct historical characters drawing on speculation in historical fiction in a way that would not be acceptable in biographical history.

It is difficult to reconcile women seeking independence and freedom with historical realism in a fictional world, when the actual historical world was controlled by men. Nevertheless, in To Defy a King, Mahelt settles into life with her new family determined to become the centre of Hugh’s attention as she had been used to her father’s admiration. Chadwick portrays her female protagonist as a strong and confident woman, a depiction that permits the fictional Mahelt to feel anger and disappointment after she is abandoned by Hugh at Framlingham, and that, to Chadwick’s credit, is a credible portrayal of a wealthy medieval wife. ‘Mahelt said nothing because there was no more to be said. He was putting his duty to all these barrels and sacks of glittering dross before the most precious treasure of all.’ And ‘when Hugh kissed her she neither moved her lips under his nor raised her arms to embrace him.’ Chadwick uses the incident to create a personal tension in the romance. She makes Mahelt suffer physically. When she is a prisoner in her own castle, abandoned by her husband and confronted by King John, ‘Madam you are a harridan,’ he [King John] said with contempt, flicking his fingers at de Melun, ‘See that she is confined for her own good. Bring the boy.’ Finally, when freed and having travelled to their London home where Hugh is waiting, harassed and worried, Chadwick writes ‘ Mahelt saw him and she saw none of him.’ She remains furious with him

22 Wallace, p.2.
and Hugh suffers. ‘The foundations underpinning his life were crumbling away at a rapid rate, leaving him hanging over a very dark chasm indeed.’ The rift between the couple is not resolved easily. There is tension between them for many further chapters of this novel as historical and personal events evolve, tangle and untangle and eventually are satisfactorily resolved. Through the creation of personal and political tension, Chadwick merges a romance with a history which is clearly unromantic. She uses delay, a strategy that is associated with romance to develop these tensions and to reconcile an inconsistent personality with what is recorded as having occurred during an historical incident.

Frye writes, ‘the romancer deals with individuality […] and no matter however conservative he may be something nihilistic and untameable is likely to keep breaking out of his pages.’ It is the heroine’s sense of self that interests the modern reader in female historical characters. Moreover, as Frye indicates, ‘something nihilistic and untameable’ breaks out of the pages of *To Defy a King*. It does not matter in the fiction that Hugh is an inconsistent portrait as long as within the fiction the writer resolves this inconsistency and reconciles the romance with the history. The incident at Framlingham Castle permits the untameable quality to emerge in Chadwick’s writing of Mahelt’s personality. Consequently, Chadwick is able to reconcile the historical reality with a strong and romantic heroine who will engage a modern audience.

Tension can also arise between romance and the historical record if the writer places the romantic drama in a position of primary importance in the text and then massages the historical information to create a particular agenda. This is illustrated by Philippa Gregory’s depiction of Anne and Mary Boleyn in her work, *The Other Boleyn Girl*, where Gregory appears to manipulate the historical record to suit the work of historical fiction. In interview

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Gregory states that Anne was utterly unscrupulous and ambitious and not a heroine whereas
Mary was a heroine on the basis that a letter which Mary wrote to Thomas Cromwell
indicates that her second marriage was a love match. 25 An article in the Guardian in 2003
expresses outrage that Anne Boleyn is portrayed in The Other Boleyn Girl as ‘a scheming
trollop.’ 26 It expresses incredulity at such a characterisation. Another contrary opinion to the
ideas in Gregory’s novel is to be discovered in the academic, Karen Lindsey’s feminist
reinterpretation of the wives of Henry VIII. Lindsey writes, ‘She [Boleyn] has been called a
whore, a home wrecker, a soulless schemer…’ and ‘…the image is fun, and it makes for great
melodrama… there is no evidence that she engaged in sex with anyone but her husband.’ 27
There are basic historical facts in Gregory’s novel such as Mary Boleyn was a mistress of
Henry VIII; that her sister became the subject of the King’s Great Matter, married the king
and fell from favour when she failed to bear Henry a son; that Anne was put on trial for
adultery and was accused of wishing harm on the king. 28 The fictionalising of actual facts in
The Other Boleyn Girl is, however, influenced by Philippa Gregory’s slant which is to
emphasise the story of the king’s seduction by two sisters who were rivals for his attentions.
She also emphasises the control that the Duke of Norfolk hoped to exercise on the king
through the favour granted by the king to the Boleyn sisters.

Alan Robinson writes in Narrating the Past that historical fiction’s ‘interpretive emplotment’
constructs what he refers to as a present past. This differs from a completely invented

25 http://www.youtube.com/watch?v=yYp-sO8T6lk
26 www.guardian.co.uk/2003/apr/30/arttheft.arts accessed 15.08.2012.
27 Karen Lindsey, Divorced, Beheaded, Survived, A Feminist Reinterpretation of the Wives of Henry VIII ( USA:
28 Lindsey, p.126.
‘spatiotemporal world’ because it is ‘modelled on and anchored in former actuality.’

Present past implies that writers bring to their historical fiction influences from the time of writing. They also select the history they tell. This may conflict with realism’s declared commitment to verisimilitude and expectations of empirical validity. Naomi Jacobs, who writes about historical figures in contemporary fiction, remarks, ‘Under realism, writers have been fooled into thinking the historical character is more real than other real things, somehow immune to re-creation.’

Conventions of historical fiction, even romantic historical fiction, include both authorial assertions and readers’ expectations of greater verisimilitude than in most fiction genres. It is especially noticeable when the subject of the fiction is a high-profile personality.

Gregory succeeds in developing such an illusion, telling the well-trodden story of Anne Boleyn, her rise and fall in the Tudor Court, from the point of view of Anne’s sister, Mary. She creates bitter rivalry between the Boleyn sisters as she writes about the early relationship between Mary and the King. For example:

Then he swept me [Mary] into a dance, and I whirled down the line of dancers and saw my brother’s quick glance of approval, and what was sweeter still: Anne’s envious eyes as the King of England danced past her with me in his arms.

Gregory’s emphasis on sibling rivalry between Mary and Anne Boleyn provides human interest to the text and draws the reader into the dramatic elements of the narrative. She delivers the importance of family approval for these women and the sense of family ambition. Whilst the depiction dramatically creates an illusion of reality, tension arises, not out of the

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31 Gregory, p.9.
quality of the writing but because Gregory speculates with history that has a lack of verifiable sources in order to create the fiction’s melodrama. In particular, she extends recorded facts to construct a melodramatic dynamic between personal relationships.

Gregory writes of a woman who had few female friends and who ‘maintained herself in a society in which quasi-independent female empowerment and political agency were rarely known.’\(^\text{32}\) She has made Anne Boleyn appear as a woman who achieved a degree of political agency. Jerome de Groot rightly indicates in his analysis of the Boleyn industry that this is attractive for a modern female reader because it challenges the dominant cultural norms of Boleyn’s time.\(^\text{33}\) However, Gregory’s depiction of Anne’s quasi-independence thus creates an unresolved tension between romance and realism in The Other Boleyn Girl. Eric Ives writes about the many interpretations of this story by writers of historical fiction, ‘They explore our values, they tell us how we feel men and women would react, might react, and should react in an imagined situation. What they never quite tell us is how Henry VIII and Anne Boleyn did react.’\(^\text{34}\) This poses difficulty when a writer chooses a real historical personage as a protagonist.

It is impossible for us to know the true thoughts of Anne, Mary, or Henry. Whilst imagining unrecorded thought is important to historical fiction, it presents the writer with difficulties regarding the consistency of the depiction and faithfulness to real historical personalities. Gregory’s portrayal of Anne and Mary Boleyn results in tension between the little that is known about her protagonists and her presentation of known information. She succeeds in blurring what is imported from known historical data and what is invented because although

\(^{32}\) de Groot, p.73.

\(^{33}\) Ibid.

\(^{34}\) Ives, p.62.
the characters may not be faithful historical depictions they are none the less interesting portrayals. Anne wishes to adopt her sister’s son Henry Carey who was not recorded as Henry’s child. It was common to take noble children into a relative’s household and Henry Carey was recorded as a Boleyn ward. Gregory manipulates this fact to create drama in her narrative and suggests that Carey was Henry VIII’s son by Mary Boleyn. There is no evidence for this. It is portrayed as a point of friction between the sisters. Gregory writes, ‘I [Mary Boleyn] was so astonished I could only look at her, ‘You don’t even like him very much,’ I said, the first foolish thought of a loving mother. ‘You never play with him. George has spent more time with him than you.’ One wonders how much time aristocratic Tudor women spent with their children, though a modern audience would relate to the suggestion that they did. ‘Anne glanced away, as if seeking patience from the river and the jumbled roof tops of the City beyond. ‘No of course. That’s not why I want him. I don’t want him because I like him.’ Anne is depicted as manipulative and Mary as a devoted mother. Gregory completes this scene with Mary’s recognition that Anne wanted a Tudor son to secure her own position but then Gregory uses this to develop further sibling rivalry. ‘And of course, this way, you take my son away from me. So I am less desirable to Henry. In one move you make yourself the mother of the king’s son and you take away my great claim to his attention.’

Tension thus arises between history and romance in those parts of the Boleyn story where the historical record contains a grey area. It is here that Gregory manipulates history to support

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35 Gregory, p.243
the romance elements in the work (such as the nature of the relationship between Mary Boleyn and the King; the romance between Anne Boleyn and King Henry; the poisoning of those who stood in Anne’s way; a hidden miscarriage; the possible homosexual clique at court close to Anne; and the suggestion of incest between Anne and her brother), much of which cannot be validated by the historical record. Such themes provide the elements of dramatic tension in The Other Boleyn Girl but they do so at a price. The work’s historical integrity is at stake. Gregory exploits grey areas to create a sensationalist historical fiction. She piles flesh on the bones of Anne Boleyn’s unfortunate life and she succeeds because it is impossible to prove or disprove many of the events portrayed in The Other Boleyn Girl. Gregory claims that she researched her protagonist, Mary Boleyn, for several years, quoting, in her paratext, the list of secondary sources which she has consulted.\(^{36}\) Whilst secondary and primary sources are open to interpretation there remains the issue of credibility. Robinson points out that fiction can only provide a plausible match rather than equivalence to the actual historical world.\(^{37}\) Credibility falls away if the writer cannot provide a plausible match between what lies in history’s grey areas and in the historical fiction. The reader must recognise it as credible and if discrepancy emerges between romance and realism within the text, the writer’s challenge is to deflect it so that the text provides an illusion of realism.

One solution to provide such a realistic illusion is to blend alleged fact and fiction as seamlessly as possible so that it results in a realist presentation of the fictional narrative. Robinson also writes, ‘Unlike the historian[...] who must work within the parameters of what actually happened, the historical novelist has considerable scope to supplement known historical facts and agents by invention.’\(^{38}\) Although The Other Boleyn Girl contains an

\(^{36}\) Gregory, p.531.

\(^{37}\) Robinson, p. 28.

\(^{38}\) Robinson, p.33
integral tension between realism and romance, Gregory deflects this tension because she seamlessly blends speculation with recorded fact. For example, using a realist writing form, she cultivates the illusion that female characters, such as Mary Boleyn, exercise self-determination. This is an illusion because whilst these women may have desired it they did not possess self-determination in a world controlled by men. Anne Boleyn is a striking example of a female victim because her fate was famously controlled by men. *The Other Boleyn Girl* is a successful historical fiction because it projects a feminist analysis of the relationship between powerful men and women. Through Anne’s story, Gregory shows an extreme example of female suffering even if she depicts Anne unsympathetically and even if she massages the facts. Although she portrays Anne as a dominatrix with double sexual standards, Anne employed these standards (within the context of the historical fiction) in order to survive. By using a first person narrator, Gregory also foregrounds the development of a single female individual, Mary Boleyn.

Dr. Ian Mortimer is both an historian and an historical novelist. He writes in *Past and Future*, a magazine of The Institute of Historical Research, ‘As a novelist I tell lies. Whoppers. All historical novelists do.’³⁹ He explains that as a historian he scrupulously notes primary and secondary sources and as an historical novelist he then alters the facts to fit the fiction. ‘Creating fictitious characters who interact with one another goes beyond just imagining the past: it requires you to imagine it and then to change it, gradually and believably in the reader’s imagination.’⁴⁰ Story-tellers tell stories. So do writers of historical fiction. Some may be informative historical fictions but they are also written as artistic creations. Thus the historical novelist has a moral permission to speculate within limits. As Mortimer indicates it is more important that the story works as a literary creation than as a history. The writer’s

³⁹ Mortimer, p.7.

⁴⁰ ibid.
primary motivation is to tell a story that is driven by interesting and believable characters and situations. The development of characters’ personalities requires research so that the personality is not anachronistic. The historical atmosphere requires research but I feel that it can be acceptable within reason to speculate about what happens to the historical facts.

If the writer deliberately poses an historical theory within the fiction she needs to be able to support it outside the boundaries of that fiction. I speculate about Edith Swanneck’s personality in *The Handfasted Wife* suggesting that she remained loyal to Harold’s memory on the basis that *The Waltham Chronicle* relates that she identified Harold’s body after the Battle of Hastings.\(^\text{41}\) I imagine that she was beautiful and wealthy because she is referred to as Edith the Fair in the *Domesday Book*. A scribe records the following line in the *Domesday Book*, concerning the post-conquest lands of Count Alan in Cambridgeshire, ‘Eadgyth the Fair held this manor’ and many others in 1066.\(^\text{42}\) It is also recorded elsewhere that Harold set her aside either before or after he became king.\(^\text{43}\) *The Handfasted Wife* intertwines romance with the minimal historical facts that are available. Even so, I do have concerns about the parts of *The Handfasted Wife* that are imagined particularly the mid-section of the work involving quest narrative. I chose this romantic form for artistic reasons but since a reader might believe this journey was historically accurate I include a theory disclaimer in the author’s note. Many debates around historical fiction revolve around the tension of what is fact and what is fiction, what is recorded history and what is invented in the text. Both history and fiction are constructed discourses but my personal stance is that I hope to be imaginatively true to the period.


I chose to write the story this way because an historical aim was to show how the Normans married heiresses to legitimise their land grab. Since Edith Swanneck disappeared from the historical landscape after Hastings I felt I could tell a ‘whopper’ concerning her on the basis that I am creating an historical fiction. I mixed the realism of the period’s mores with romance. The Conquest heralded a time of change and although I aim to create an historical atmosphere that is faithful to the lives of noble medieval women war may has allowed a degree of self-determination for some women. The women of Hastings, as is illustrated by Countess Gytha’s stance over the Exeter resistance were thrown on their own resources by the chaos of war. Equally, many women were forced into marriage or the convent in order to survive. Elditha’s final destination acknowledges this.

As Eric Ives points out it is impossible to know what an historical personality really thought. One can only speculate. I have indicated where I have imagined history and where recorded fact is visible in this fiction. I could not, however present the work as containing an historical theory as to the destiny of Edith Swanneck. Within the scope of this work her destiny belongs to the world of fiction which is why I frame it with a nun’s narration. In this way and by creating a faithful historical atmosphere I aimed to blend the fact with the imagined aspects of the novel and to deflect tension between the invented romances and the real historical romance contained within the novel.

It might appear less complicated to invent it all against an historical background. However, when a work of historical fiction contains invented protagonists rather than protagonists who are real historical personalities other tensions may emerge between romance and realism within the historical fiction. *The Apothecary’s Daughter* by Charlotte Betts portrays imaginary historical characters as fully realised personalities who are true to their era.\(^4\) This

\(^4\) Lukács, p. 19.
novel is set in London during the plague year of 1665 and the fire of 1666. \(^{45}\) Susannah, an apothecary’s daughter, has, unusually for the times, the freedom to pursue her talents as her father’s apprentice. In keeping with the period, the writer indicates later in the text that a woman cannot set up a practice as an apothecary. Although the premise is not entirely historically realistic, Betts develops realism within the work, paying attention to the characters’ habitual routines and their ‘conventional roles and rituals’ and also the unconscious emotional and biological drives that condition their behaviour. \(^{46}\) After her father remarries, Susannah accepts a proposal of marriage from a handsome scoundrel who is only interested in her dowry. Her motivation is to escape her stepmother. Her new husband dies of plague, and as this dark fairy-tale concludes, Susannah marries the hero, a good man, a doctor who, unlike her first husband, miraculously survives the plague despite extreme exposure to it after he is quarantined in a plague house.

It is possible to apply the Russian structuralist, Vladimir Propp’s theories to this work, as the framework of a fairy-tale is apparent in the text’s structure. \(^{47}\) The Apothecary’s Daughter contains archetypes, such as the wicked step-mother, beguiled father, anti-hero and hero, and a ‘fairy’ godmother. \(^{48}\) The functions, the acts, of the characters are stable constant elements within the story. Although this indicates that the characters can be defined by the significance


\[^{46}\text{Robinson, p.32.}\]


\[^{48}\text{Propp, p.21.}\]
of their functions for the narrative’s action, Betts’ historical fiction is sophisticated in that characters’ personalities are highly developed and historically faithful constructs.

Discrepancy between romance and realism threatens to emerge in the writer’s depiction of a Cinderella-type fairy-tale romance against a faithfully depicted historical background. Whilst in real life it would be difficult for the hero to survive his exposure to plague, in the interests of the narrative’s romance and conclusion, he does survive. Betts’ detailed depiction of the period and her physiologically developed characters along realist principles, facilitate the suspension of disbelief on the part of a reader.⁴⁹ Not only does Betts re-create the illusion of an alien historical world along realist principles, but she also locates our interest in Susannah’s fate within this world, and it is this that contributes to the successful illusion. In the following extract, Betts integrates the historical reality of plague and its isolating effects with Susannah’s disappointment and an unfortunate marriage:

Her promise to herself on her wedding day to learn to love Henry and to make him love her back was proving more difficult than she imagined. The marriage still hadn’t been consummated and she couldn’t decide if she was relieved or disappointed.

The fear in the streets meant that Susannah had little opportunity to make the acquaintance of her neighbours. Those who had not already left town stayed indoors unless there was a pressing reason to go out. The fishmonger told her that one of her neighbours, a Dutch merchant and his family, had barricaded themselves inside with provisions to last until the emergency was over. In some of the main thoroughfares grass was growing amongst the cobbles, an unimaginable state of affairs.⁵⁰

Betts conveys emotion succinctly and presents the reader with a sense of Susannah as a strong individual who is nevertheless faithful to her position as a woman during the seventeenth

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⁴⁹ Morris, p.151.

⁵⁰ Betts, p.93.
century. The concise and well-chosen sentences that open the above passage poignantly reflect the loneliness of her marriage and Susannah’s sense of responsibility as a wife. When romance develops in the fiction, it, like Susannah’s disappointment and her sense of isolation, is not portrayed as discordant with the reality of everyday existence.\textsuperscript{51} Seventeenth-century everyday existence during the pandemic is portrayed throughout the text in a realistic manner.\textsuperscript{52} Betts filters the shocking abnormality of the effects of the plague on the inhabitants of the city through her characters. Pam Morris writes in \textit{Realism}, ‘when allowed access to a particular human heart and a universal struggle for the bare necessities of life, in an order that tilts towards death, suffering and want, we can engage with and empathise with a character as an individual.’\textsuperscript{53} The loneliness of Susannah’s marriage is matched by the isolating situation engendered by plague because she cannot ‘make the acquaintance of her neighbours,’ and this invites an empathetic response to the text.

Betts achieves an empirical effect associated with realism by allowing us access to Susannah’s consciousness and her deepest feelings. Using this device, Betts deflects the dissonance that can exist between the realist novel and a potentially non-realist romance. Barbara Fuchs indicates that ‘romance can sit comfortably with realism, as many a well-written romantic historical fiction illustrates.’\textsuperscript{54} In this well-written romantic historical fiction, Susannah’s reactions to the unfortunate romance with Henry, their marriage, and the historical events blend harmoniously together to develop a sense of her as a real individual. In the extract above, Betts’ careful integration of details – such as reference to the fishmonger, the Dutch merchant and his family – depict a realist illusion, underscoring not only the

\textsuperscript{51} Fuchs, p. 127.

\textsuperscript{52} Betts, pp. 20, 25,39,71,114.

\textsuperscript{53} Morris, p.123.

\textsuperscript{54} Fuchs, p.129.
protagonist’s anxiety but that which exists in the historical world beyond the novel’s romantic interest. In particular, this sense is reflected by the grass that grew amongst the cobbles, which was, to Susannah, ‘an unimaginable state of affairs.’ Discordance in the outside world is thus synonymous with anxiety in the characters’ inner worlds.

Although the romance that evolves between Susannah and the doctor, after her husband’s death, could be viewed as unrealistic since they survive the plague despite exposure to it, Betts creates the illusion of realism by subtly shifting the reader’s focus towards other deaths, others’ fears and the protagonists’ reactions to these. As a consequence, she limits the tension between the historical fact and the fictional romance. When Susannah sees her father’s body on a dead-cart, Betts writes, ‘Susannah caught a glimpse of his bare foot swinging free. The sight of his naked toes was almost her undoing.’ The small detail of her father’s ‘naked toes’ is a metonym, representative of the horror of death from plague on an emotional and factual level. Through such gritty details, Betts creates historically faithful characterisation and situations, limiting the tension between romance and realism, carefully creating the illusion of a faithful historical world as she engages a reader’s empathy for the characters that inhabit it. Thus, the text’s romance and the historical reality exist harmoniously together.

The final trend in historical romance fiction that I want to explore is that of romance novels in which both fictional protagonists and protagonists who are known historical personalities co-exist. If dissonance emerges between romance and realism, it might throw the historical integrity of such writing into jeopardy, specifically if the romantic interest involves a relationship between a real historical character and a fictitious one. Thus, the writer must develop a strategy to mediate the clash of real personalities and invented characters. One solution is to blend the historical protagonists with the invented protagonists in a way that

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55 Betts, p.313.
preserves a degree of historical integrity and protects the narrative from the accusation of women’s romance fiction as purely escapist fantasy.

Vanora Bennett’s historical fiction, *The Queen of Silks*, is set in 1471 during a long lull in the Wars of the Roses after Edward IV succeeds to the throne. Bennett’s historical fiction concerns the two daughters of a silk trader, who believes that successful arranged marriages binding them to Edward’s court will also establish advantageous business links. Jane Shore, his elder daughter, a real historical personage, has a documented liaison with King Edward IV. On the other hand, Isobel, Jane’s imaginary sister and the work’s fictitious protagonist, not only learns court secrets and establishes a successful silk business in her own right, but she is romantically involved with Richard, Earl of Gloucester, who becomes Richard III, a relationship that never existed since Isobel is a fictitious character. Nevertheless, Bennett successfully side-steps the potential discord between romance and realism.

Bennett deflects such potential discord through her application of ‘the technique of the aimless glance.’ This is the creation of a fictive yet faithful historical world absorbing small domestic detail into a character’s viewpoint. If successfully accomplished, a reader believes that she is present in the historical recreation. Bennett uses an ‘aimless glance’ to delineate particular details, such as dressing, cooking, eating a meal, strewing rushes, celebrations. She filters such historical detail through the consciousness of Isobel, her protagonist. For example, Bennett creates this distraction in a scene which concerns Isobel’s wedding the son of a wealthy widow. In this episode, Bennett creates a fictional interaction between the imagined silk merchants and a real historical person. The king unexpectedly arrives at the wedding


57 Hughes, pp.13-16.
feast. Bennett shows King Edward’s appearance from Isobel’s perspective and, with an aimless glance, the mix of fictional personalities and the real is successfully intertwined:

The crowd by the door shifted and cleared, like clouds blown by the wind. For a second, Isobel could see over the three grey heads bent in front of her, and what she seemed to be seeing was her father, down on his knees, grinning like a lunatic at the floor and being patted on the back by a tall man in clothes that seemed to shimmer gold in the heavy afternoon light.[…] And then she looked up, too, saw Alice Claver rising slowly to her feet, still staring, and begin to gasp like an astonished fish, ‘It’s the King!’ Anne Pratte said foolishly-foolishly because others were dropping to their knees now, crowding in: the mayor, suddenly and miraculously present; Will Shore’s parents; the Prattles: Alice Claver (how had she got there so fast?). […] and startled apprentices and serving girls, getting the message, were rushing to and fro clearing away the dishes from the tabletop and whisking in fresh dishes and strewing the boards with rose petals.  

Using this wedding feast as a focal point, Bennett smoothly sets up an interaction between the merchants and the king, and thus, establishes an understanding for the reader of the importance of the king’s patronage for the merchants. Narrative time is managed to create an illusion that it is more or less the same as that of the real world, a feature of formal realism. Bennett writes a busy vignette, developing both physical and emotional forward movement as she moves the characters through the scene. Nothing remains static, hence Alice Claver’s gasp, ‘like an astonished fish’, an original and arresting simile, on recognising the king, and the guests drop to their knees whilst the apprentices rush to clear the table and replace dishes. Isobel and the reader are still gathering impressions of the seemingly insipid mother-in-law before this action occurs. It is significant that Isobel notes that her mother-in-law moved into the group, crowding around the king so quickly. The sycophantic bowing and crowding in on

58 Bennett, p.32

59 Hughes, p. 17.
the king, along with the mayor’s presence, are images that contribute to the sense of mimesis in the vignette. The vignette is completed by the detail of the serving girls and apprentices strewing the board with rose petals and whisking in fresh dishes. Consequently, a reader is drawn in by the scene’s smoothness and its vivid portrayal, and she becomes convinced of the illusion of historical fidelity that results from the interaction between the king and the fictitious characters in the text.

The devices of formal realism, as employed by Bennett in her writing, present the illusion of reality and allow her to create a fictitious historical romance that concerns an invented character and a documented historical figure. Knowledge of the period enables the fictive deception. As Ian Mortimer writes:

> Historical Fiction requires you to know about many aspects of life you have not thought of before. How do people speak to their children, wash their hair, lock a door, clean their teeth and get undressed for bed? […] You suddenly find your evidence-orientated knowledge of the period is just not enough.  

Bennett’s historical romance presents a semblance of integrity due to her ability to recreate a fascinating historical world and represent a particular time and place inhabited by characters that are fully realised historical creations. As the reader views events and period detail through Isobel’s subconscious awareness, through the natural sequence of her thoughts and actions, the fiction’s action becomes normal. Similarly, my extensive research for *The Handfasted Wife* involved most of the kinds of information mentioned above in the extract from *The Queen of Silks* and that referred to by Ian Mortimer. The combination of historical

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60 Mortimer, p.7

61 Hughes, p.19.
knowledge, the ability to integrate this into the fictive text, and the creation of a compelling protagonist whose inner world is portrayed in the text, interact to create a credible world.

Despite this connection to a real history, historical fiction is not just about the past. It concerns the observation of human nature through the prism of another age. For example, *The Queen of Silks* uses its mix of real and invented protagonists to allow a reader an understanding of her period’s events from a woman’s standpoint. Isobel’s viewpoint allows a reader to see the importance of the king’s patronage for London’s silk weavers. The king’s visit is a reminder to the reader that women, particularly widows, were involved in certain medieval occupations. It could be argued that the medium of historical romance can illustrate how the relatively independent position of Western women in the twenty-first century evolves from women’s historical situations. Alice Claver was a silk weaver, a businesswoman, and Isobel becomes one. Women have many differing work roles today, yet much is left for them to accomplish in order to achieve total equality with men. The woman’s historical novel, importantly, can be a realist reminder of this journey.

A modern reader can, through the medium of the woman’s historical novel see and understand her own position in history through the prism of the past. There is also a sense of the past progressing to where we are now. This is particularly so in novels which own a predominant realist form even when a romance is central to the fiction’s narrative. In her preface to *The Woman’s Historical Novel* Diana Wallace points out that woman readers and writers have been particularly drawn to the historical novel during the twentieth century. It offers ‘a discourse within which women can be made central’ when ‘they have been excluded from traditional historical narratives.’62 These novels are important because they imaginatively reconstruct forgotten or ignored maternal genealogies stretching back centuries. They also

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62 Wallace, p.2
allow women writers and readers access to the ‘male dominions of history such as politics, warfare and adventure.’63 Equally, representations of the past inform us about the beliefs that permeate the present. For example, the writer and reader of women’s historical fiction will have the freedom to examine masculinity as a social and cultural structure relevant to woman’s position in contemporary society. The historical novel allows women to create more inclusive versions of history. They can explore attitudes to sexuality and boy’s own style adventures on land and sea that were denied them because of their gender. Gender itself can be viewed as historically provisional because if we view gender roles as subject to change over time then there is always the possibility of further change.

Vanora Bennett’s romance thus becomes a filter that explains the politics of a complex historical period and the romance allows the writer of this text to portray the conditions of a particular group of women, the silk weavers, at a particular period in history. Within such historical fiction, women are often portrayed as seeking freedom, a popular theme in woman’s historical romance throughout the twentieth century. Helen Hughes writes that freedom is assumed to be a good thing because it is usually related to sympathetic characters in the opinion of readers.64 Mary Boleyn seeks freedom from her sister’s control when she marries William Stafford and leaves court to live as a gentleman farmer’s wife. She also, as portrayed by Gregory, seeks the freedom to marry for love. The text tells us that Mary Boleyn embraces difficulty and poverty, a contrast to her position as the queen’s sister.65 Her positive response to her reduced economic circumstance is reflected by our relief for her because she escapes the danger and claustrophobia of Tudor court life.

63 Wallace, p7.
65 Gregory, pp. 411-418.
The word freedom is a word that carries powerful concepts when placed in a fictional context. The freedom of the character is subject to the survival of the narrative. Barthes writes, ‘The story’s interest is the interest of its producer (or its consumer); as usual, however, the price of the narrative article is sublimated by an abundance of referential determinations (drawn from the world of the soul, off the paper), which forms the noblest of images: the destiny of subject.’⁶⁶ In the case of fiction written by women and marketed for a female audience, freedom has such value attached to it that it acts not only in the invented world of the text, but in the real world of the reader. Whether referring to physical freedom, emotional freedom or economic freedom, or all three, this word represents the reality of what historical women rarely possessed but may have desired.

Freedom is an important concept in The Handfasted Wife. It is a concept which can be viewed as a paradox, bringing romance and realism into conflict within the text, and I am aware that I have infused my writing with values attributed to my own time. It is unavoidable because the values of my own time are the only values I really truly know. Women historically lived in a patriarchal society and freedom, in any modern sense of the word, was elusive. Aristocratic daughters and wives of the vanquished English aristocracy had a limited choice after the Norman Conquest if they were to survive. Henrietta Leyser writes in her text, Medieval Women, ‘Exile, marriage-or withdrawal behind convent walls, these were the choices facing women of the Anglo-Saxon aristocracy.’⁶⁷ Elditha seeks freedom from an arranged marriage. Since this is not a recorded historical fact, it could present conflict between romance and history. However, by keeping the text close to the spirit of women’s social history of the era - when bower halls were the women’s territory, where activities such as embroidery were of

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⁶⁶ Barthes, p.136.
special significance - I aim to deflect the clash between history and fiction. By thrusting Elditha into the chaos of war - a world where the Godwin widows and daughters withstood a three-week siege in Exeter - I feel that I unite the romance attached to freedom with faithfulness to history. Consequently, I hope to create a realist illusion of a medieval woman who seeks freedom from invaders and marriage, and who makes independent decisions, yet decisions that possess historical possibility.

The following extract is taken from the third section of *The Handfasted Wife* when William lays siege to Exeter. It is recorded history that Gytha and a group of Anglo-Saxon noblewomen withstood this siege for three weeks. I use the event to bring the novel to a close. The scene illustrates the use of an aimless glance to give a sense of realism, and is an example of how I have combined imagined and invented history:

> When their arrival was announced by Gytha’s steward a hush seeped through those who gathered to see the enemy close up. In the deepest shadows of the hall, out of the way of candle light, hidden amongst a bevy of veiled women who sat on a padded bench behind Gytha, Elditha looked down at her hands and pretended to set stitches on a napkin border. Gytha sat in a great carved oak chair coldly surveying the four knights and their boy pages, one of whom held aloft that sinister banner with the wolf’s head. Alain of Brittany spoke his master’s case. They wanted the tax. Elditha thought, not just the tax; they want the city. She pulled her veil closer and bent over the piece of material that lay in her lap. Moving her lips in silent prayer she sent a silent plea to St Cecilia, that the count would not know her. Opening her eyes and lifting her head again, Elditha saw that Gytha was now tense with anger, rigid like the jewel-headed stick she grasped in her hand. Gytha’s voice was ringing out, ‘Tell your Norman paymaster, Count, that this dower land is my right. My town has never paid a tax and will not do so now. Always exempt. That is the law.’ She glared at the prelate who stood by her side. ‘So, it is an illegal tax. Bishop Leofric, is it not?’

> The Bishop shook his head and gulped loudly. He began stuttering, ‘But, Countess, maybe just a little... the law is changing.’

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The aimless glance is in the detail - the veiled women and the padded bench; candlelight; setting stitches; the oak chair; the dais; the banner with the wolf’s head; and the mention of St Cecilia, Elditha’s name-day saint - all are touches that deliver this scene as belonging to an historical era. They also serve to create the illusion that the scene is true.

Furthermore, it is recorded history that William wanted to tax and control the south-west. However, I have imagined that Elditha and Count Alain were present in Exeter. The relationship is unlikely and fictional. Thus, the tension in this scene is not just how Gytha will react to William’s deputation. For Elditha, the tension is personal because she could be recognised by Count Alain, and so she drops her head over her sewing and sends a prayer to St Cecilia. Gytha’s character is yet again revealed as formidable as she challenges the tax and even the Bishop is awed by her response, since he began to stutter his reply after she looks to him for support. The characters all existed as real historical personalities, but here the realist conventions of fiction demand that they are represented dramatically as living personalities within a scene that is entirely imagined. As with the extract from The Queen of Silks, this scene is seen through the protagonist’s eyes and it is the intent to create impressions of others through her perception.

Tapestry, which was often a bower hall activity, is an important feature in this work. It appears on the first page of the fiction and again on the last page allowing a sense of completion. Tapestry and embroidery weave their way through the story creating a sense that as the story unwinds, it unites realism and romance, the real and the imagined. Although men worked on tapestry as well as women, a point that is made in the scenes at Wilton, it is an activity to be found in the bower. Gytha sets up a tapestry for the women who come to Westminster during the Christmas of 1066. Thea is sent to a convent near Exeter for her safety and to learn such skills, and Elditha works on her tapestry depiction of the Burning
House at St Margaret’s Monastery. Women talk as they work in the seclusion of the bower, as is illustrated in the first chapter when they embroider Christmas gifts; Elditha and Gytha are in the bower hall and Elditha registers, ‘So Aldgyth was an eavesdropper and a dangerous one. Elditha bent her head over her embroidery. Harold had told her another version of that story, one she must never tell anyone, not even Gytha and certainly not Edith.’ The purpose of this scene is to show how events evolve but to also show them evolving from the women’s perspective and developing in the place that is the women’s territory, the wild zone. The story referred to in the quotation is the version of his promise to William of Normandy, concerning his claim to the English throne that Harold gave Elditha. What Aldgyth had, prior to this comment, heard was a discussion between Elditha and Gytha about the succession and a different version of the promise. Aldgyth, within the context of the fiction, carries rumour to her brothers, therefore causing difficulty for Elditha. What happens in the territory of the bower in the first part of the novel is reflected in the romantic triangle. Romance owns obstacles and misunderstandings, and so I use misunderstanding to flesh out the historical story and to create personal drama within it. Second, it is a scene that combines history with fiction, allowing me to present in historical fiction the various ideas that historians hold about Harold’s promise.

Finally, a central romance does exist in *The Handfasted Wife*. The relationship between Harold and Edith Swan-neck (Elditha) that is recorded history is a romance. It is recorded that Edith Swan-neck recognised Harold’s body after the Battle of Hastings. In *The Handfasted Wife*, Elditha says when they come together in May 1066, ‘And I am not too old to conceive again.’ With her finger she traced a birthmark shaped like a swan’s feather, which lay where his right thigh joined his groin. Her finger dropped to a dragon tattoo that circled the thigh below the birthmark. She kissed the swan’s feather. This birthmark was hers, she had said.

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69 *The Handfasted Wife*, p.23.
after she discovered it. She, he had said, was his swan. ‘We must do what we can with this life we have now. A last child would make me happy.’

This is not recorded history. The challenge in this work has been to make it an historical novel that is true to recorded history where recorded history exists and to create a character that is appealing and faithful to a past era. Since Edith Swan-neck disappears from the historical record, it was also possible to hint at a second romance with Earl Connor, who is an invented character, though it could not be, in the context of the narrative or in the context of history, one that is fulfilled. One way to integrate him into the story was to use the ‘aimless glance’ as in the Canterbury scene where Elditha and her women peruse the stalls of Canterbury’s Whitson market. He appears amongst the mimetic detail depicted in this scene. Yet, to make this invented character convincing as he exists alongside a real historical personality I have given Earl Connor a role within the narrative that brings him close to Elditha. For example, he cares for Elditha and Harold’s sons in Ireland thus allowing him contact with Harold and the English court. It is recorded fact that the older Godwin sons were in Ireland in 1066. Although Earl Connor of Meath has an invented history of involvement in the Godwin lives, such a character, in reality, would not be implausible. Connor of Meath is thus integrated into the narrative from the first section of the story as a Godwin supporter and an associate of the King of Dublin. It is his ship that transports Elditha from Gloucester to Ireland. Finally, Connor has a role in the siege of Exeter. After the siege concludes he offers Elditha his protection through marriage. This, she refuses:

Harold had come between them. His memory hovered with her and about her. […] Harold Godwin was hers alone, even where he dwelled amongst angels. The spinners at the foot of life’s tree had spun her fate. She could not marry Connor of Meath, though he was more than worthy of her.

‘You have never left him?’ Connor said breaking their silence.

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70 The Handfasted Wife, p.97.
‘You are a reader of thought, my lord of Meath.’ She looked down at the hand that still held her own. ‘But I have come to a decision. I shall enter a contemplative life here in the land I have loved.’

Her refusal, even though she may hesitate as she looks at the ring, his gift to her, gives credence to the notion that she always loved Harold. The fictional character of Earl Connor is more convincing because she refuses him. He does not, in the fiction, disturb a traditional notion that Elditha and Harold’s relationship was perhaps an actual historical romance. Earl Connor, therefore, has a purpose in the emotional life of the novel. The spinners, a Norse legendary belief, spun out her fate as I have imagined it and in a manner that I suspect is faithful to history. Thus, by allowing Connor the ultimate purpose as a helper in the novel, his entirely imagined character slips seamlessly into the narrative.

In the fictive text, as discussed in chapter two, Elditha chooses to enter a convent. In this, I aimed to remain faithful to what I considered would be the likely outcome of her narrative. This outcome corresponds with the quest element of the plot, which was to find safety with her older sons, aid their rebellion and liberate her youngest son who had been taken hostage into Normandy. According to the Chronicle of John of Worcester, written in the early twelfth century, Ulf was knighted in 1087 and allowed his freedom by the Conqueror’s son, Robert of Normandy: ‘(Robert of Normandy) freed from captivity Ulf, son of Harold, once king of the English and Duncan, son of Malcolm, king of the Scots, knighted them, and allowed them to leave.’ The historian, Andrew Bridgeford, suggests that Edith Swanneck and her son Ulf were, indeed, depicted in the Burning House scene on The Bayeux Tapestry just before the

71 McGrath, The Handfasted Wife, p.342.

Battle of Hastings. Moreover, I consider Edith’s choice of a convent life to be consistent with the text’s realist drive. Ultimately, in The Handfasted Wife, the romantic interest for Edith Swan-neck is Harold Godwin. However, rather than presenting the traditional romance closure that involves a romantic union I wanted to write her character with realism.

The Handfasted Wife owes as much to adventure narratives, such as Ivanhoe and Waverley, as to traditional romantic historical fiction; I have been as influenced in the writing of the text by women’s historical romance as by predominantly realist texts, such as Wolf Hall. The Handfasted Wife is written in a hybrid form, one where I have aimed to unite realism with romance. My challenge has been to construct characters faithful to their historical era, to write a narrative that is engaging and to remain faithful to a historical record where it exists. Finally, I aimed to create a woman’s historical fiction that preserved the spirit of the period it represents.

As for the questions concerning women’s historical fiction posed at the beginning of this chapter, the women’s historical novel at its best is a literary endeavour that provides escapism as it blends history and romance. At its best it has a focus that indicates the progressive nature of women’s history. Writers of the woman’s romantic historical novel use a range of strategies to successfully blend the romance with historical realism. The most admirable novels, though not always the most successful commercially, are those with a strong degree of historical integrity, where the characters are historically faithful and through them the writer tells an engaging story.

Conclusion

Hilary Mantel writes in *Wolf Hall*, ‘Beneath every history, another history.’ These words aptly describe my writing journey concerning Edith Swanneck. I have incorporated much research into my historical fiction, but in the tradition of writing fiction, I have developed personal conflicts and explored that which is unmapped on historical records, such as conspiracy and loss. The form I chose as the skeleton to contain this work was a hybrid of romance and realism. My inspiration has come from many sources: my love of well-delivered romantic and adventure historical fictive works, my study of literature and history as an undergraduate, the fascination presented by historical research, and an innate curiosity that drives me to hunt out the stories of women who lived in a past time and whose lives largely remain hidden from us.

The creation of an arguably faithful fictive historical world within a cohesive work has been of primary importance to me, yet I used my imagination to fill in the many spaces left by the historical records I consulted. Much of *The Handfasted Wife* is speculative, and thus, a blend of romance and realism seemed to be the most appropriate form to contain its plot, narrative and characterisation.

Hilary Mantel succeeded in creating a faithfully portrayed historical world in *Wolf Hall* using mimetic detail and by her treatment of history, which includes man-made catastrophes: the

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downfall of Cardinal Wolsey, the King’s Great Matter, and political instability within the
Tudor dynasty following a century of civil strife. Against her grand historical narrative, she
depicted a protagonist who, whilst unsympathetic on most historical records, was rendered
sympathetic by her fictive consideration of his personal qualities, his love for his wife, his
loyalty to masters, his intelligence and his humble beginnings. She constructed her
protagonist by penetrating the historical documentation, by understanding the everyday life of
the period and by using speculation imaginatively. As chapter one of this essay illustrates, she
successfully incorporated romance into the predominately realist form that she used to write
*Wolf Hall*.

At a recent conference, Hilary Mantel said that, ‘The first requirement of a historical novelist
is honesty.’

Though a difficult issue, historical truth is important to a work’s integrity. Hilary Mantel has no interest
in creating dramatic neatness in her work but would prefer to write a novel with a historiographical feel to it, and which, thus, makes us reflect on history so that we understand that ‘we are part of a series of literary representations.’

There may not be a new truth but a writer of historical fiction may present insight and ‘allow a reader to walk forward with characters who do not yet know the end of the road.’

However, ‘The real thing must win,’ Mantel insists. She assiduously consults historical texts whilst researching her historical fiction, and using a hybrid form of romance and realism, she has translated her historical research for *Wolf Hall* into a cohesive literary work that allows her readers’ imagination to see and understand different mind-sets and values to their own.

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201 Ibid

202 Ibid

203 Ibid

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It is in the realist composition of character that Mantel and Sir Walter Scott excel. Both write works that are particularly perceptive about the course of human nature whilst writing characterisation true to the eras of their fictions. They tend to portray internal conflicts in their characters, either that which emerges from internal conflict between aspects of the character’s private world or their ‘subjective construction of reality encompassing [qualities such as] knowledge, mischief, ignorance and uncertainty; values, internalised norms; desires.’

The convincing historical world is realised, therefore, when not only a past world is evoked with all its sights and sounds, but when the characters that inhabit it possess an inner life, face conflicts and are endowed with mental constructs that enable them to face and tackle problems, whether they be external or internal.

When I embarked on this essay, I wondered if I would find tensions between romance and realism in the historical fictions that I considered and in my own writing practice. For example, critics are divided as to whether Scott was using realist form or if he was a pedlar of romance. Tension can be discovered in the perception of a work which emerges out of the critic’s personal standpoint, as much as from a writer’s use of a romance and realist form. Georg Lukács is critical of romance because he writes from a Marxist perspective and advocates dialectical materialism. Whilst he says much that is perceptive, helpful, and accurate on the composition of historical characterisation, he ignores the validity of romance tropes and structures.

Nathaniel Hawthorne, writing in his introduction to *The House of the Seven Gables* on the subject of integrating romance and realism in fiction, advocates a moderate use of romance, the mingling of the marvellous ‘rather as a slight delicate and evanescent flavour than as the actual substance of the dish offered to the public.’ He writes, ‘If [the writer] think fit, also, he

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may so manage his atmospheric medium as to bring out or mellow the lights and deepen and enrich the shadows of the picture.’ Scott did so in *Waverley* and *Ivanhoe*, where he used romance to ‘mellow the lights and deepen and enrich the shadows.’ Like Scott, I have also aimed to observe this practice in my own writing, believing that adding a touch of romance enhances the realism.

The issue of what is real and what is invented emerges as a potential source of conflict in my consideration of romance and realism in women’s popular historical fiction. I wondered if conflict could emerge between a central romance in the plot of a romantic historical fiction and the historical record. This issue has made me aware of the significance of an author’s note, to indicate what is based on fact and what is invented, particularly when the text concerns actual historical personalities. Interestingly, both Sir Walter Scott and Nathaniel Hawthorne wrote introductions to their texts to inform readers of their intent and where their works departed from known historical facts. However, through my analysis of romantic historical fiction, I have come to believe that the more seamlessly the writer blends fact and fiction, the more convincing the text becomes.

In an essay written in 1924, Herbert Butterfield indicates that our imaginations build up our ideas of the past. He writes, ‘even if history presented in a book such as *Ivanhoe* is wrong there is an atmosphere that compels us and if we find nothing else we find the sentiment of history, the feeling of the past, in the historical novel.’ He suggests that the genre is a form of history and a way of treating the past. Scott had, he reflects, a mind that was filled with the past and ‘he wanted to paint that world for his readers and turn it into a tale.’

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207 Ibid.
Even though a work of historical fiction might claim to be true to life in the past, it remains what it is, a fictive account. Ultimately, form is the shaping spirit of this fiction. It is form that underlies its composition and thus helps the writer to manage her work. My own consideration of romance and realism in historical fiction, its origins and practice as evidenced, in particular by Scott, has influenced the structure of *The Handfasted Wife*. I have permitted myself, within limits, to write with elements of fancy drawn from imagination, and I have aimed to contrive an organised cohesive work about a real woman who lived in a time of change, and about whose fate little is documented. It is, at the very least, a tale, and even if it claims to be faithful to the past, it has been composed for the most part out of my imagination. As I composed it, I aimed for a smooth transition between the documented and the invented, using realism and romance as a hybrid form to provide the building materials for this work—realism to characterise and to delineate the historical background, and romance to lend an imaginative feel to the text.

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