

1 **Varved sediment responses to early Holocene climate and**  
2 **environmental changes in Lake Meerfelder Maar (Germany) obtained**  
3 **from multivariate analyses of  $\mu$ -XRF core scanning data**

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23 **Abstract**

24 We present an early-Holocene record from Lake Meerfelder Maar in Germany  
25 for in-depth interpretation of depositional changes in annually-laminated lake  
26 sediments as proxies for climatic and local environmental changes. We  
27 characterised the compositional changes in the sediment record using Ward's  
28 clustering analyses of the  $\mu$ -XRF core scanning data and linked these to  
29 microfacies description. Down-core distribution of the clusters allowed  
30 defining boundaries that represent variations of a comprehensive element  
31 assemblage occurring at 11 555, 11 230, 10 650, 10 515 and 9670 varve a  
32 BP. Our main results show that during the early Holocene the long-term  
33 vegetation reorganisation and evolution of the lake's catchment played a  
34 predominant role for sediment deposition. Abrupt shifts occurred at the  
35 Younger Dryas/Holocene and the Preboreal/Boreal biostratigraphical  
36 boundaries. We do not observe clear signals corresponding to known short-  
37 term climatic oscillations described in the North Atlantic region like the  
38 Preboreal Oscillation. A unique and intriguing episode in the history of the  
39 lake of predominantly organic deposition and very low amounts of  
40 allochthonous sediments occurred between 10 515 and 9670 varve a BP and  
41 is related to hydrological thresholds.

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43 Keywords: varved lake sediments, clustering of  $\mu$ -XRF core scanning data,  
44 early Holocene, central Europe.

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47 **1. Introduction**

48 Annually-laminated (varved) lake sediments provide continuous information of  
49 climate change and landscape evolution in the human habitat. These  
50 sediment records allow the study of both long-term and abrupt climatic  
51 changes with seasonal time resolution before the instrumental period (Brauer  
52 et al., 1999; Martin-Puertas et al., 2012; Czymzik et al., 2013). The most  
53 recent techniques for the study of varved records include parallel investigation  
54 of microfacies analyses and geochemical information derived from micro X-  
55 ray fluorescence ( $\mu$ -XRF) core scanning data (Dulski et al., 2015). This  
56 approach improves the interpretation of the observed chemical signals  
57 because those can be directly compared to observations of microfacies  
58 changes, which provide a better description of the sediments. However,  
59 characterization of sedimentological changes using single elements might  
60 give a simplistic interpretation of the climatic and environmental processes, as  
61 these changes are often related to variations in element assemblages  
62 (Bloemsma et al., 2012). So, studying variability of element assemblages  
63 rather than single elements can provide a better understanding of lake  
64 sedimentation and particularly on mechanisms of varve formation. By  
65 adopting this novel approach it will be possible to objectively distinguish even  
66 more subtle geochemical changes in the sediment record that would remain  
67 undetected by conventional analyses, as well as to establish if the control on  
68 sedimentation patterns is driven by land cover changes induced by natural  
69 vegetation succession or short-lived climatic events.

70

71 During the transition into the present interglacial conditions between 11 590  
72 and 9000 years before present (a BP), the climatic and environmental  
73 conditions in central Europe were characterised by large climatic re-  
74 organisations that were regionally differently influenced by the progressive  
75 melting of the Fennoscandian ice sheet and rising sea level including flooding  
76 of the North Sea basin (Björck 2008). Northern Hemisphere air temperature  
77 variability reconstructed from  $\delta^{18}\text{O}$  isotope records in Greenland (Masson-  
78 Delmotte et al., 2005; Rasmussen et al., 2014) and in central Europe  
79 (Grafenstein et al., 1999) show an initial abrupt warming followed by a further  
80 gradual temperature increase. This resulted in a rapid shift from the cold  
81 continental conditions of the Younger Dryas (YD) to temperate climate with  
82 milder winters and warmer summers in central Europe (Renssen, 2001).

83 Short-lived synchronous  $\delta^{18}\text{O}$  anomalies in the Greenland ice cores are  
84 superimposed on this multi-centennial timescales trend at 11.4, 10.3 and 9.3  
85 thousand years before AD 2000 (ka b2k) (Rasmussen et al., 2014). These  
86 rapid isotope excursions have been related to cool pulses in the North Atlantic  
87 realm, *i.e.* the so-called 'Preboreal Oscillation' (PBO), 'Boreal Oscillation' (BO)  
88 and the '9.3 ka event', respectively (e.g. Björck et al., 1997; McDermott et al.,  
89 2001; Wohlfarth et al., 2007; Bos et al., 2007; Lauterbach et al., 2011).

90 In northern and central Europe, the most significant environmental responses  
91 at the transition to interglacial conditions were the re-forestation through a  
92 plant succession influenced not only by climate but also by re-immigration of  
93 species from their glacial refugia in southern Europe and soil formation. The  
94 initial phase of the Holocene was still dominated by *Betula* and *Pinus*  
95 (Preboreal period in the Blytt-Sernander classification) and followed by an

96 expansion of *Corylus* (Boreal period) (Litt et al., 2009; Theuerkauf et al.,  
97 2014). In northern-central Europe, short-term interruptions of forest  
98 development have been reported to coincide with the rapid cold oscillations,  
99 especially the 'PBO' (Björck et al., 1997; Bos et al., 2007).

100 The pollen record from the varved sediments of Lake Meerfelder Maar (MFM,  
101 Germany) captures the vegetation succession described in central Europe  
102 throughout the early Holocene at 20-100 year resolution (Litt et al., 2009) but  
103 does not record the short-term fluctuations. These pollen data can be directly  
104 compared to our seasonally resolved sediment proxies from MFM, giving the  
105 opportunity to study differences and similarities between the vegetation- and  
106 the lake response to shifting environmental and climatic conditions. Previous  
107 studies on the MFM sediments link changes in varve thickness and  
108 composition to large-scale climatic changes such as the onset and termination  
109 of the YD (Brauer et al., 1999), but also lower amplitude fluctuations during  
110 the late Holocene like the '2.8 ka oscillation' (Martin-Puertas et al., 2012a).  
111 During the early Holocene, the climatic signal in the MFM sediments is,  
112 however, still in discussion (Martin-Puertas et al., 2012b).

113 In this paper we want to test advanced clustering for the total  $\mu$ -XRF core  
114 scanning dataset as a suitable tool to better depict environmental and climatic  
115 changes in the geochemical record. Our specific objective is to investigate to  
116 what extend changes in sediment deposition respond to either the long-term  
117 changes of the surface conditions in the catchment and/or short-term climatic  
118 oscillations.

## 119 **2. Study site**

120 Lake Meerfelder Maar is located in the Westeifel Volcanic Field, Germany  
121 (50° 06'N, 6° 45'E). The lake is within a steep-sided volcanic crater, where the  
122 crater walls have a relief of 170 m. The lake is located at 336.5 m a.s.l., and  
123 has a water depth of up to 18 m. The modern lake surface area is 0.248 km<sup>2</sup>,  
124 covering the northern part (ca 1/3) of the maar crater area (Fig. 1). The  
125 southern part is formed by a shallow delta plain, deposited during the last  
126 glacial period by the Meerbach stream that entered the crater from the south  
127 (Brauer et al., 1999). In historical times, the course of this stream has been  
128 changed several times for water regulation purposes. Today, it passes the  
129 crater south of the lake and exits the crater through a narrow gorge in the  
130 southeast (Fig. 1). The modern catchment is formed only of the crater (1.52  
131 km<sup>2</sup>) but the catchment has been almost four times larger (5.76 km<sup>2</sup>) in the  
132 past, when the Meerbach stream still discharged into the lake. The course of  
133 this stream has a great influence on the water balance and the sediment  
134 supply to the lake (Negendank et al., 1990). Due to the morphology of the  
135 crater, a rise in lake level of only 2 or 3 m would result in a three times larger  
136 lake surface, by flooding most of the southern delta plain and creating a large  
137 shallow water area (Brauer et al., 1999). Past lake level changes have been  
138 identified by former lake terraces, which, however, are of unknown age  
139 (Negendank et al., 1990). Due to its particular morphological situation in a  
140 deep maar crater (Fig. 1), MFM is wind-sheltered favouring the preservation  
141 of fine seasonal layers within the sediment sequence. There is only a hiatus of  
142 ca 240 varve years, which was recognized by microscopic investigation at ca  
143 9700 varve a BP (Brauer et al., 2000).

144 The temperate climate of the region is influenced by the Atlantic Ocean.

145 Present day temperature varies from -0.3 °C (mean winter air temperature) to  
146 16.3 °C (mean summer air temperature). Mean annual precipitation is of 950  
147 mm, which reaches the highest monthly values in winter (Litt et al., 2009).

148 [INSERT FIGURE 1 HERE]

149

### 150 **3. Material and Methods**

151 In this study we use sediment cores collected during two coring campaigns in  
152 1996 (MFM-6) and 2009 (MFM-09). The MFM-6 cores have been obtained  
153 with a Usinger piston-coring device (Brauer et al., 1999), while the MFM09  
154 cores were recovered using a UWITEC piston corer (Martin-Puertas et al.,  
155 2012b). The 11.20 m long MFM-6 composite profile was composed of five  
156 individual core sequences (Brauer et al., 2000), while the 11.71 m long  
157 MFM09 composite profile was made combining two core sequences (MFM09-  
158 A and MFM09-D). All cores from both MFM-6 and MFM09 composite profiles  
159 were correlated using macro- and microscopic layers (Table 1, Fig. 2).

160 Varve counting and detailed thickness measurements for each individual  
161 varve were carried out on thin sections (120 x 35 mm), with a 2 cm overlap,  
162 using a petrographic microscope under plane and cross polarized light (100 x  
163 magnification) (Brauer et al., 1999).

164 [INSERT TABLE 1 HERE]

#### 165 *3.1 $\mu$ -XRF core scanning and multivariate analyses*

166 We used the cores recovered in 2009 to analyse the chemical sediment  
167 composition of MFM. Measurements were carried out at 0.2 mm resolution  
168 with the ITRAX  $\mu$ -XRF-core scanner at GFZ-Potsdam, Germany (Martin-

169 Puertas et al., 2012b). The high-resolution measurements provide 1–16  
170 geochemical data points per varve depending on the annual sedimentation  
171 rate (varve thickness). The  $\mu$ -XRF core scanner irradiated the split core  
172 surface with a Mo X-ray source for 20 s, operated at 30 kV and 40 mA,  
173 generating energy dispersive XRF radiation. This way, the element intensities  
174 of Si, K, Ca, Ti, Mn, Fe, Ni, Rb, Sr and Zr as well as relative variations of the  
175 coherent and incoherent radiation were acquired non-destructively. The  
176 measured chemical composition of the sediment is expressed as element  
177 intensities (cps), which are non-linearly correlated to element concentration  
178 due to changing matrix effects, physical properties, and geometry of the  
179 sample throughout the core (e.g. Tjallingii et al. 2007). The easiest and most  
180 convenient way to eliminate such specimen effects is by using log-ratios of  
181 two elements, which are linear functions of log-ratios of element  
182 concentrations (Weltje and Tjallingii, 2008). Additionally, the log-ratio  
183 transformation of element intensities resolves many difficulties associated with  
184 closed-sum data that inhibit rigorous multivariate statistical analyses. The  
185 precise correlation between the composite profiles MFM-6 and MFM09 based  
186 on well-defined marker layers (Martin-Puertas et al., 2012b) allowed  
187 transferring the  $\mu$ -XRF data on to the age scale though the age depth model  
188 performed for the sedimentary profile (Table 1, Fig. 2).

189         Statistically robust clustering analysis allows for objective  
190 compositional classification with out prior knowledge. The Ward's hierarchical  
191 clustering analysis was applied on the complete set of XRF measurements of  
192 MFM-09 (n = 5635) after centered log-ratio (*clr*) transformation (e.g. Aitchison,  
193 1982) of the  $\mu$ -XRF scanning data following:



194 
$$clr\ I_{ij} = \ln(I_{ij}/gm_j) \quad (1)$$

195 Here,  $I_{ij}$  is the element intensity of element  $i$  in measurement  $j$  and  $gm_j$  is the  
196 geometric mean of all elements analysed at measurement  $j$ . Hierarchical  
197 clustering results are typically presented by a dendrogram with the number  
198 clusters vs. the Euclidian linking-distances between the clusters. As the  
199 number of clusters increase, the linking distances decreases, due to a  
200 reduction of the statistical differences. The objective of the Ward's hierarchical  
201 clustering analysis is to obtain a minimum number of clusters that provides a  
202 satisfactory description of the studied sediments. More details on the  
203 compositional differences of the individual clusters were obtained from biplots,  
204 which visualise the loadings (variables) of the principal component analyses  
205 (PCA).

206

## 207 **4. Results**

### 208 *4.1. Chronology*

209 The MFM sediments are varved for most of the Holocene and Lateglacial. A  
210 floating varve chronology extending from ca. 1500 back to 14 200 cal a BP  
211 was established and anchored to an 'absolute' time scale using the Ulmener  
212 Maar Tephra (UMT) isochrones dated at  $11\ 000 \pm 110$  cal a BP in Lake  
213 Holzmaar sediments (Zolitschka et al., 2000) as isochrone (Brauer et al.,  
214 2000). This chronology is supported by 43  $^{14}\text{C}$  dates on terrestrial plant  
215 macrofossil remains and published as 'MFM-2000 chronology' (Brauer et al.,  
216 2000). Varve interpolation was applied where varves are not preserved  
217 (dashed line in Fig. 2). Major interpolated interval occurs at the YD/Holocene

218 boundary, where 52 varves were interpolated along 6 cm of poor varve  
219 preservation between 11 640 and 11 590 varve a BP (marker layer YD, Table  
220 1), and at 9670 varve a BP (40 varves below marker layer K644, Table 1) 240  
221 years were included in the chronology to fill the gap of a hiatus (see details in  
222 Brauer et al. 2000). The MFM-2000 has been updated and published as  
223 'MFM-2012 chronology' (Martin-Puertas et al., 2012b). Re- counting on the  
224 new MFM09 composite profile was carried out for the interval between maker  
225 layers KL7-KL1 (7796-2058 varve a BP). Comparison between the MFM2012  
226 and MFM2000 chronologies along this interval (5738 varves) reveals counting  
227 deviations of less than 0.5% (29 varves), thus confirming the MFM2000 count.  
228 In this paper, we use the MFM2000 chronology for the study interval (11 640 -  
229 9000 varve a BP), which has been transferred in the MFM09 composite profile  
230 using macro- and microscopic marker layers (Table 1, Fig. 2).

231 [INSERT FIGURE 2 HERE]

#### 232 4.2. *Microfacies analyses*

233 The early Holocene sediments of MFM have been broadly identified as  
234 organic-diatomaceous varves with varying amount of detrital matter and  
235 irregularly intercalated distinct graded detrital layers (Fig. 3). Two different  
236 organic varve facies are distinguished. Organic varve facies 1 represents  
237 varves formed by couplets of spring / summer sub-layers made up of one or  
238 two different monospecific planktonic diatom blooms of *Stephanodiscus sp.*  
239 and/or *Cyclotella sp.*, and autumn / winter sub-layers composed of organic  
240 detritus, reworked littoral diatoms and detrital silt and clays (Fig. 3b, c). Varve  
241 thickness varies between 0.24 to 3.2 mm. Organic varve facies 2 shows  
242 thinner varves (0.2 mm) formed by triplets of diatom bloom, endogenic calcite

243 and amorphous and particulate organic detritus sub-layers, where the  
244 minerogenic content is low (Fig. 3b, c). Additionally, early diagenetic (vivianite,  
245 pyrite) and synsedimentary (siderite) iron-rich minerals are common  
246 throughout the cores, commonly dispersed within the sediments (Brauer et al.,  
247 2000; Martín-Puertas et al., 2012b).

248 The later half of the YD (below 756 cm) is characterised by a different  
249 varve facies, i.e. clastic-organic varves with graded silt layer at the base of  
250 each varve (Brauer et al., 1999, Lücke and Brauer, 2004). The onset of the  
251 Holocene is marked by the change in sedimentation from clastic-organic  
252 varves to predominantly organic varves (couplets, organic varve facies 1)  
253 separated by a short (4 cm) interval of poor varve preservation at the  
254 transition (756-750 cm; 11 640 - 11 590 varve a BP) (Fig. 3). Well preserved  
255 organic varve facies 1 is temporarily replaced by the organic varve facies 2  
256 between 664-682 cm depth (10 530 and 9655 varve a BP), which is a 21 cm  
257 thick interval of organic rich sediment with occasional calcite layers and where  
258 detrital sublayers became thinner or are not present. We have labelled this  
259 episode as 'black interval' because of the dark appearance of the sediment  
260 core at this position (Figs. 2, 3), which makes varves undetectable by naked  
261 eye. Microscopically visible slump deposits (disturbed varves) appear in a 3  
262 cm section at the bottom of this interval (682-679 cm), where 26 varves were  
263 interpolated (Figs. 2, 3b). At the top of the black interval (664 cm), a 1.5-cm-  
264 thick micro-disturbance followed by an abrupt facies-change indicates the  
265 presence of the hiatus mentioned above (Brauer et al., 2000; Fig. 3b).

266 [INSERT FIGURE 3 HERE]

267 Five intervals of thicker varves (mean thickness > 0.46 mm) have

268 been identified: 11 590 – 11 540 varve a BP (0.95 mm), 11 230 – 11 165  
269 varve a BP (0.7 mm) 10 690 – 10 610 varve a BP (0.77 mm), 9480 – 9340  
270 varve (0.56 mm) and 9300 – 9035 varve a BP (0.54 mm). Discrete graded,  
271 reddish detrital layers occur more frequently just before the black interval at  
272 10 650 varve a BP and in the sediment section deposited after 9655 varve a  
273 BP (Fig 3b).

#### 274 *4.3 $\mu$ -XRF core scanning*

275 Intervals with similar geochemical compositions were established statistically  
276 using Ward's hierarchical clustering analysis of the clr-transformed  $\mu$ -XRF  
277 data. Hierarchical clustering results are typically represented as a hierarchical  
278 dendrogram of minimum variance linking distances and assigning each  
279 individual data point to one of the statistical clusters (Fig. 4a). As such,  
280 showing clustering results stratigraphically down-core can be used to  
281 objectively identify different compositional intervals (Fig. 5g). A solution with 6  
282 clusters was selected based on the relative linking distances (Fig. 4) together  
283 with the match between the cluster stratigraphy, core description and  
284 microfacies analyses (Fig. 5a). Statistical results are influenced by the number  
285 of data points in a cluster and tend to reflect more general compositional  
286 changes. Matching solutions with more than 6 clusters would exceed the  
287 variations acquired by core observations and microfacies analyses.

288 [INSERT FIGURE 4 HERE]

289 [INSERT FIGURE 5 HERE, Please place Fig. 4 and Fig. 5 next to each other]

290 The six clusters differentiate compositional changes based on the  
291 simultaneous variations of all elements acquired with  $\mu$ -XRF core scanning.

292 These compositional changes are visualized using covariance biplots of the  
293 PCA loadings of the first two principal components (Fig. 4b). Positively  
294 correlated elements will have a similar orientation in the biplot, whereas  
295 negatively correlated elements are located opposite of each other. The six  
296 clusters reveal similar groups of elements (Fig. 4), which are indicative for  
297 detrital sediments (Ti, K and partly Si), diatom silica (Si), calcite (Ca), and  
298 redox sensitive elements (Mn and Fe). Iron is predominantly linked to the  
299 presence of vivianite, siderite and pyrite that form under reducing conditions  
300 (Brauer et al., 2000). Therefore, all clusters indicate that Fe is poorly or even  
301 negatively correlated with the detrital elements suggesting partly or  
302 completely diagenetic reduction of the original iron bearing minerals from  
303 volcanic country rocks, which allows the use of Fe as a redox proxy (Fig. 4b).

304 Cluster 1 (n=709) reveals a good correlation of the detrital elements and Si  
305 (Fig. 4b) indicating that diatom silica plays only a minor role in these  
306 sediments. The occurrence of cluster 1 in the stratigraphic sediment column  
307 coincides with high values of  $Ti_{clr}$ , thus representing minerogenic-rich  
308 sediments. In contrast, cluster 4 (n=1300), 5 (n=759) and 6 (n=159) agree in a  
309 clear negative correlation between the detrital elements and Si probably  
310 indicating distinct diatom bloom layers. Additionally, clusters 5 and 6 are  
311 influenced by calcium-bearing sediments, as indicated by increased  $\ln(Ca/Ti)$   
312 ratios (Fig. 5). In contrast, cluster 3 (n=1753) shows an influence solely of the  
313 Ca variability (Fig. 4) which, however, is not related to an increasing  
314 abundance of Ca as shown by low  $\ln(Ca/Ti)$  ratios. The latter is further  
315 supported by microfacies analyses since no major contribution of calcium-rich  
316 minerals has been observed. Clusters 2 (n=368) and 3 show an intermediate

317 situation where the detrital elements and Si are decoupled revealing a less  
318 clear division between the deposition of the detrital and diatom sub-layers,  
319 likely because of partly overlapping or mixed sub-layers. Regarding the redox  
320 sensitive elements, Fe and Mn are positively correlated in cluster 3, 5 and 6,  
321 while they are not correlated in cluster 1 and 4. The stratigraphical distribution  
322 of the major clusters allows to objectively distinguishes six geochemical  
323 boundaries at 11 555, 11 230, 10 650, 10 515 and 9670 varve a BP (Fig. 5g).

324         During the early Holocene until 5000 varve a BP the varve thickness is  
325 primarily controlled by the deposition of detrital sediments (thickness of the  
326 autumn/winter sub-layer) (Martin-Puertas et al., 2012b) except for the  
327 aforementioned 'black interval'. Accordingly, relative variations of the varve  
328 thickness resemble the variability of  $Ti_{clr}$  (Fig. 5b, c), which is considered a  
329 proxy for minerogenic components because of the basaltic composition of the  
330 catchment (Martin-Puertas et al., 2012b). Variations of diatom abundances as  
331 inferred from microfacies analyses (spring/summer sub-layer) correspond well  
332 to variations of detrital-normalized silica represented by  $\ln(Si/Ti)$  ratios  
333 (Martin-Puertas et al., 2012b). However, the detailed  $\ln(Si/Ti)$  record suggests  
334 that diatom deposition has no substantial influence on the variations of the  
335 total varve thickness (Fig. 5b, d). The exceptional 'black interval' is  
336 characterised by lowest sedimentation rates, as well as very low contents of  
337 detrital matter as indicated by low  $Ti_{clr}$ , whereas higher  $\ln(Si/Ti)$  and  $\ln(Ca/Ti)$   
338 ratios reveal an increase in relative concentrations of diatom silica and calcite,  
339 respectively (Fig. 5c, d, e). This supports thin-section observations of triplets  
340 of spring/summer diatom bloom followed by an endogenic calcite sub-layer  
341 and thin laminae of amorphous and particulate organic detritus (organic varve

342 facies 2, Fig. 3c). An abrupt increase in the  $\ln(\text{Fe}/\text{Mn})$  ratio at 756 cm  
343 distinguishes YD sediments (low ratios) from Holocene-sediments (high  
344 ratios) (Fig. 5a, f).

## 345 **5. Discussion**

### 346 *5.1. Depositional stages*

347 High-resolution  $\mu$ -XRF core scanning data in combination with microfacies  
348 analyses allow determination of changes in depositional environments in  
349 terms of sediment sources and sediment formation mechanisms. Hierarchical  
350 clustering of the  $\mu$ -XRF core scanning data provides a tool to regard changes  
351 of a comprehensive set of elements simultaneously. This allows identification  
352 of compositional changes of elements that are not constrained to a single  
353 mineral phase. Consequently, we will use geochemically defined boundaries  
354 based on the clustering results and microfacies observations to discuss the  
355 major depositional stages in the MFM record (Fig. 5).

356 Depositional *stage I* (11 640 - 11 555 varve a BP) comprises the 4-cm  
357 interval of poor clastic varve preservation at the biostratigraphically defined  
358 YD-Holocene transition (Litt and Stebich, 1999; Brauer et al., 1999) and also  
359 includes the first 3 cm of Holocene organic varves (Fig. 5). This stage is  
360 characterised by cluster 2 (orange), which shows a decoupling of the Si from  
361 the detrital elements Ti and K (Fig. 4). This suggests a clear separation  
362 between the deposition of detrital material and a diatom layer, indicating the  
363 formation of seasonal couplets (although in parts poorly preserved) and hence  
364 supporting varve interpolation along the first 4 cm of the *stage I* (Fig. 2, Fig.  
365 5b). Additionally, the boundary between *stages I* and *II* is marked by a sudden

366 increase in the  $\ln(\text{Fe}/\text{Mn})$  ratios (Fig. 5g) reflecting a change to strengthened  
367 diagenetic processes and more anoxic bottom water conditions in the early  
368 Holocene. The sediments in this interval are further characterised by  
369 increasing organic contents.

370 Depositional stage II (11 590 to 11 230 varve a BP) is mainly  
371 represented by cluster 4 (light green) and followed by stage III (11 230 to 10  
372 650 varve a BP) that is characterised by alternations of cluster 3 (dark green)  
373 and 4 (Fig. 5) and continuous sedimentation of organic varve facies 1  
374 (couplets). The compositional differences of cluster 3 from cluster 4 are not  
375 easily detectable by microfacies observations. Cluster 3 corresponds to  
376 thicker varves with a predominant detrital sub-layer suggesting a higher  
377 detrital input (runoff) into the lake. The biplots also show different element  
378 correlations for clusters 3 and 4 (Fig 4b). The most distinct difference appears  
379 from the correlation between Si and detrital elements Ti and K, which is  
380 slightly positive for cluster 3 but negative for cluster 4. Also, the positive  
381 correlation of the redox sensitive elements Fe and Mn in cluster 3 is not  
382 apparent in cluster 4. These differences suggest a less strict separation of the  
383 siliciclastic and diatom sub-layers and stronger redox conditions in *stage III*,  
384 where cluster 3 is predominant. Changes in the separation between the  
385 siliciclastic and diatom sub-layers could be explained by changing seasonality  
386 since an additional late summer bloom partly overlaps with the autumn/winter  
387 layer composed of detrital and resuspended material. Diatom assemblages of  
388 the MFM sediments show high variability in both the genus of diatoms  
389 (species has not been specified) and the number of diatom blooms, *i.e.*  
390 varves with only one bloom of either *Stephanodiscus sp.* or *Cyclotella sp.*, and



391 varves with two blooms (*Stephanodiscus sp.* and *Cyclotella sp.*) (Martin-  
392 Puertas et al., 2012b). Alternatively, the less strict separation between  
393 siliciclastic and diatom sub-layers might also be caused by resuspension of  
394 sediments from the littoral zone comprising epiphytic diatoms during autumn  
395 as observed by microfacies analyses. The interpretation of the loading of Ca  
396 in cluster 3 (Fig. 4) remains elusive because calcium-bearing minerals are too  
397 sparse to be detected even by microscopic analyses. This is supported by  
398 absence of significant occurrences of calcium-bearing minerals as derived  
399 from thin section analyses, which prevent us from a credible explanation for  
400 the Ca eigenvector in cluster 3.

401 The boundary between depositional stage *III* and stage *IVa* occurred at 10  
402 650 varve a BP. Stage *IVa* is characterised by the deposition of four thicker  
403 (1-3 mm) discrete graded detrital layers (Fig. 3b) intercalated within the  
404 organic varve facies 1 and dominated by clusters 3 and 4 (Fig. 5). The detrital  
405 layers occurring in depositional stage *IVa* coincide with cluster 1 (yellow, Fig.  
406 5g), which is characterized by the positive correlation of Si and the detrital  
407 elements Ti and K (Fig. 4b) demonstrating the siliciclastic nature of these  
408 event layers. A such, sediments related to cluster 1 and identified as discrete  
409 graded detrital layers are interpreted as surface runoff events. Most likely,  
410 these events are triggered by heavy rainfall and/or flood events and occur  
411 more often after 10 650 varve a BP.

412 Depositional stage *IVb* (10 515 to 9670 varve a BP) reflects the 'black  
413 interval' (Fig. 5). As mentioned above, this episode is easily recognisable in  
414 the sediment sequence, even by naked eye. The boundaries at the bottom  
415 and the top are characterised by ~20 disturbed varves each, with an assumed

416 hiatus of 240 years at the top (Brauer et al., 2000). Varve deformations show  
417 a fold structure suggesting micro slumps that caused the hiatus at the end of  
418 the stage *IVb* (Fig. 3b). Clusters 5 and 6 (light and dark blue) represent the  
419 sediments deposited during the stage *IVb* (Fig. 5g and 5), which differ  
420 considerably from the other early Holocene sediments. The most significant  
421 features of this stage are the strongly reduced detrital supply to the lake (low  
422 values of  $Ti_{clr}$ ; Fig. 5b, c) resulting in very low mean varve thickness of 0.2  
423 mm, as well as the formation of annual triplets (organic varve facies 2). The  
424 biplots corresponding to clusters 5 and 6 reveal a negative correlation of the  
425 Ti and Si (Fig. 4) that is most likely due to the occurrence of seasonal diatom  
426 blooms. Also, both clusters show that Ca is decoupled from the detrital  
427 elements Ti and K suggesting that Ca reflects endogenic calcite (Fig. 4).  
428 Difference between cluster 6 and 5 may corresponds to higher values of the  
429  $\ln(Ca/Ti)$  ratio and thicker calcite layers in cluster 6, while cluster 5 represents  
430 sediments with lower Ca values and thinner calcite varves during the *stage*  
431 *IVb* (Fig. 5). Calcite varves are exceptional in the MFM sediments and only  
432 occur within the *stage IVb* and a short interval in the Allerød (Engels et al.,  
433 2016). Calcite precipitation in mid-latitude lakes is mainly induced by either  
434 seasonal increase in the photosynthetic uptake of  $CO_2$  and/or periodic calcite  
435 supersaturation due to increasing water temperature following the spring  
436 mixing (Kelts and Hsü, 1978). Primary productivity during the *stage IVb*,  
437 however, is not as strong as during other intervals where calcite did not  
438 precipitate, e.g. during the 2.8 ka climatic oscillation (Martin-Puertas et al.,  
439 2012a). Therefore, an alternative explanation for the formation and  
440 preservation of calcite varves in this interval might be an increased flux of

441  $\text{Ca}^{2+}$  ions through groundwater input. Periods of elevated groundwater  
442 discharges into MFM have been reported during the early Holocene (Schettler  
443 et al., 1999). The most significant and prolonged peak in groundwater  
444 discharge (D2 in Schettler et al., 1999) coincides well with our stage *IVb*,  
445 which supports our interpretation (Fig. S1).

446         The stage *IVb* represents a unique episode in the history of the lake  
447 MFM intercalated within the continuous deposition of organic varve facies 1  
448 (couplets), which characterises the entire MFM sediment record during the  
449 entire Holocene (Brauer et al., 2000; Martin-Puertas et al., 2012b). Following  
450 this depositional stage, the sediments are again characterised by organic  
451 varve facies 1 and episodic flood events (stage *IVc*), which coincide with  
452 clusters 3 and 1 respectively (Fig. 5).

## 453 5.2. Sediment responses to catchment evolution and climatic change

454 In order to evaluate the possible influence of the catchment and/or climate on  
455 the evolution of the lake, the geochemically-defined stages and  $T_{i_{\text{clr}}}$  (runoff  
456 proxy) are compared to i) the early Holocene pollen record from MFM, as an  
457 indicator of vegetation cover and catchment stability; and ii) to the  
458 temperature-sensitive  $\delta^{18}\text{O}_{\text{ice}}$  Greenland ice core record (Rasmussen et al.,  
459 2006), as sensitive recorder of climatic oscillations in the North Atlantic region  
460 (Fig. 6).

461 [INSERT FIGURE 6 HERE]

462         The MFM pollen record reflects the major biostratigraphic boundaries  
463 defined in northern and central Europe, *i.e.*, the YD/Holocene transition and  
464 the Preboreal/Boreal transition (Litt and Stebich, 1999). The non-varved

465 interval included in the depositional stage I coincides with a peak in *Juniperus*  
466 pollen, indicating climatic amelioration already during the final stage of the YD  
467 (Brauer et al., 1999). Varves deposited before the stage I (mainly YD  
468 sediments) have graded silt layers at their base and are been interpreted as  
469 snowmelt deposits (Brauer et al., 1999). The Pleistocene-Holocene boundary  
470 as defined in the North-GRIP ice core (Walker et al., 2009) (Fig. 6) falls within  
471 our stage I within dating uncertainties. The onset of the Holocene as defined  
472 by biostratigraphy in MFM marks the rapid reforestation with the Preboreal-  
473 birch forest (*Betula*) (Litt and Stebich, 1999) and coincides with the end of the  
474 non-varved interval within the stage I. The sediment composition apparently  
475 responds with a short delay of a few decades compared to the vegetation  
476 change since stage I lasts until 11 555 varve a BP and include the first 3 cm  
477 of ca 35 organic-clastic varves after the biostratigraphic transition. That  
478 difference in the abruptness of the response of the sediment facies could be  
479 likely explained by the time until the vegetation was dense enough to reduce  
480 surface runoff and detrital material flux.

481         The Preboreal/Boreal transition is marked by a pronounced *Corylus*  
482 expansion, which reaches the maximum peak of >80% in the pollen diagram  
483 (Litt et al., 2009 at 10 700 - 10 650 varve a BP in the MFM region (Litt et al.,  
484 2009). Interestingly, the start of the *Corylus* increase coincides with the onset  
485 of the stage IVa at 10 650 varve a BP (Fig. 6) suggesting a close relation  
486 between vegetation cover in the catchment and sedimentation processes.  
487 Theuerkauf et al. (2014) suggest that the *Corylus* expansion in Europe was  
488 favoured by increasing wetness. This is supported by our data inferring the

489 deposition of allochthonous runoff-triggered deposits within the stage *IVa, c*  
490 (cluster 1, yellow).

491 Unlike the depositional changes mentioned above, the boundaries that  
492 define the stage *IVb*, which occurred abruptly, do not have an equivalent  
493 signal in regional vegetation (Fig. 6). Local environmental thresholds, most  
494 likely related to hydrological conditions, are considered essential for these  
495 changes in the depositional system since the most significant features of the  
496 stage *IVb* is the lack of detrital (river) input and the formation of calcite varves  
497 (Fig. 5). Detrital supply into MFM predominantly originates from sediment  
498 discharge by the Meerbach stream that enters the crater in the south (Fig. 1).  
499 A possible explanation for the very low abundance of detrital matter in *stage*  
500 *IVb* is an increasing lake level causing flooding of the southern part of the  
501 crater that should have created a large shallow southern bay of the lake  
502 (Brauer et al., 1999). Such shallow bay (Fig. 1) should have acted as efficient  
503 trap for allochthonous detrital sediment influx. The strong decrease or even  
504 lack of detrital input to the deeper part of the lake suggests that flooding of the  
505 southern part of the crater probably reached a critical level between 10 530  
506 and 9655 varve a BP. Rapid lake level increase at the onset and decrease at  
507 the end of stage *IVb* even might have triggered the deposition of small-scale  
508 slump deposits in the deepest part of the lake since instable shorelines  
509 favoured avulsion from the littoral zone (Fig. 3b).

510 In contrast to the sedimentation changes related to vegetation during  
511 the early Holocene environmental amelioration, we do not find clear  
512 reflections of short-cold events identified in the Greenland ice cores at 11.4 ka  
513 b2k (PBO), 10.3 ka b2k and 9.3 ka b2k in the MFM sedimentary record (Fig.

514 6). The absence of sediment response, especially to the PBO, has been also  
515 reported from other lake sediments in northern and central-eastern Europe  
516 (Björck et al., 1997; Ott et al., 2016). One explanation for the absence of a  
517 sediment response in MFM to the PBO is that this fluctuation occurred during  
518 the strongest increase in tree pollen at the onset of the Holocene (Fig. 6),  
519 which might have superimposed environmental impacts of the climatic  
520 oscillation. The weaker climate oscillations at 10.3 and 9.3 ka b2k occurred  
521 during rather stable phases at MFM with dense *Corylus* cover in the  
522 catchment, which likely made the lake system resilient to these climate  
523 fluctuations.

## 524 **6. Conclusions**

525 We have demonstrated a multivariate statistical approach for the total  $\mu$ -XRF  
526 core scanning dataset as a suitable tool to complement microfacies analyses  
527 and improve the interpretation of varved sediments. This approach allows  
528 linking compositional changes obtained by  $\mu$ -XRF core scanning with micro-  
529 facies proxies to better identify mechanisms controlling the lake's depositional  
530 processes. In particular, our study on the MFM sediments confirms:

531 (1) The lake was sensitive to surface conditions in the catchment as  
532 controlled by long-term vegetation reorganisation and probably soil formation  
533 during the early Holocene.

534 (2) The lake sedimentation reacted abruptly to major biostratigraphic  
535 transitions in the early Holocene, i.e. the YD/Holocene and the  
536 Preboreal/Boreal transition.

537 (3) Hydrological thresholds promoted unprecedented conditions in the lake  
538 from 10 515 and 9670 varve a BP, characterised by a strong reduction of  
539 detrital supply to the deeper part of the lake and the precipitation of calcite.

540 (4) We found no clear sediment responses to short-term early Holocene  
541 climatic oscillations because of either superimposed major changes in  
542 vegetation or stable catchment conditions.

543

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690

691 **Table 1.** Description of the marker layer used to transfer the MFM2000  
692 chronology (MFM-6) to the MFM-9 profile, where  $\mu$ -XRF data were measured.

Marker layers	Description	Scale of identification	Age (varve a BP)	MFM-6 Depth (cm)	MFM09 Depth (cm)
KL8	Detrital layer	Macroscopic	9340	627.5	647
K632	Detrital layer	Microscopic	9432	632.5	652
K640	Detrital layer	Microscopic	9581	638	658
K644	Detrital layer	Microscopic	9677	644	663
K652	Thick organic layer	Microscopic	10 168	653.5	673
KL9	Detrital layer	Macroscopic	10 632	666	686
UMT	Tephra layer	Microscopic	11 000	691	711
K9	Detrital layer	Microscopic	11 223	701	721.5
15 A	Detrital layer	Microscopic	11 416	713	735.2
YD	Non-varved/varved sediment transition	Macroscopic	11 584	726	750.7

693

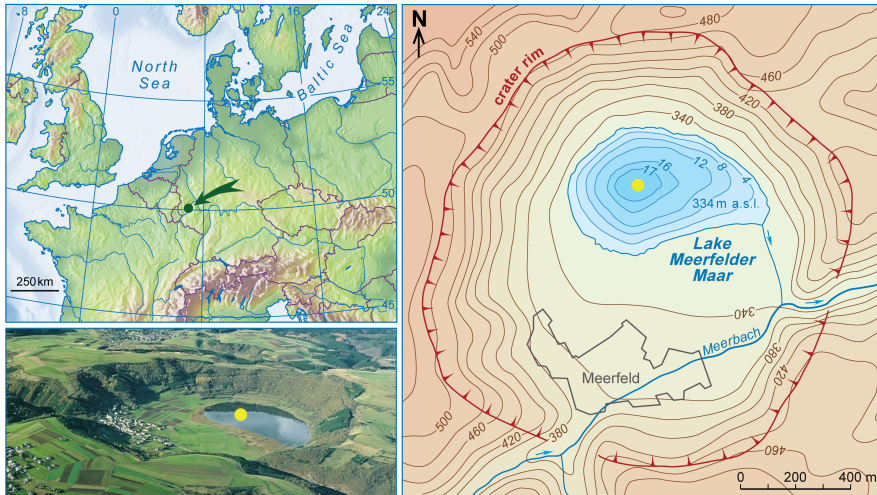
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697 Figure 1. Maps and aerial photo of MFM indicating topography of the crater,  
698 the bathymetry of the lake and the locations of the coring sites (yellow circle).

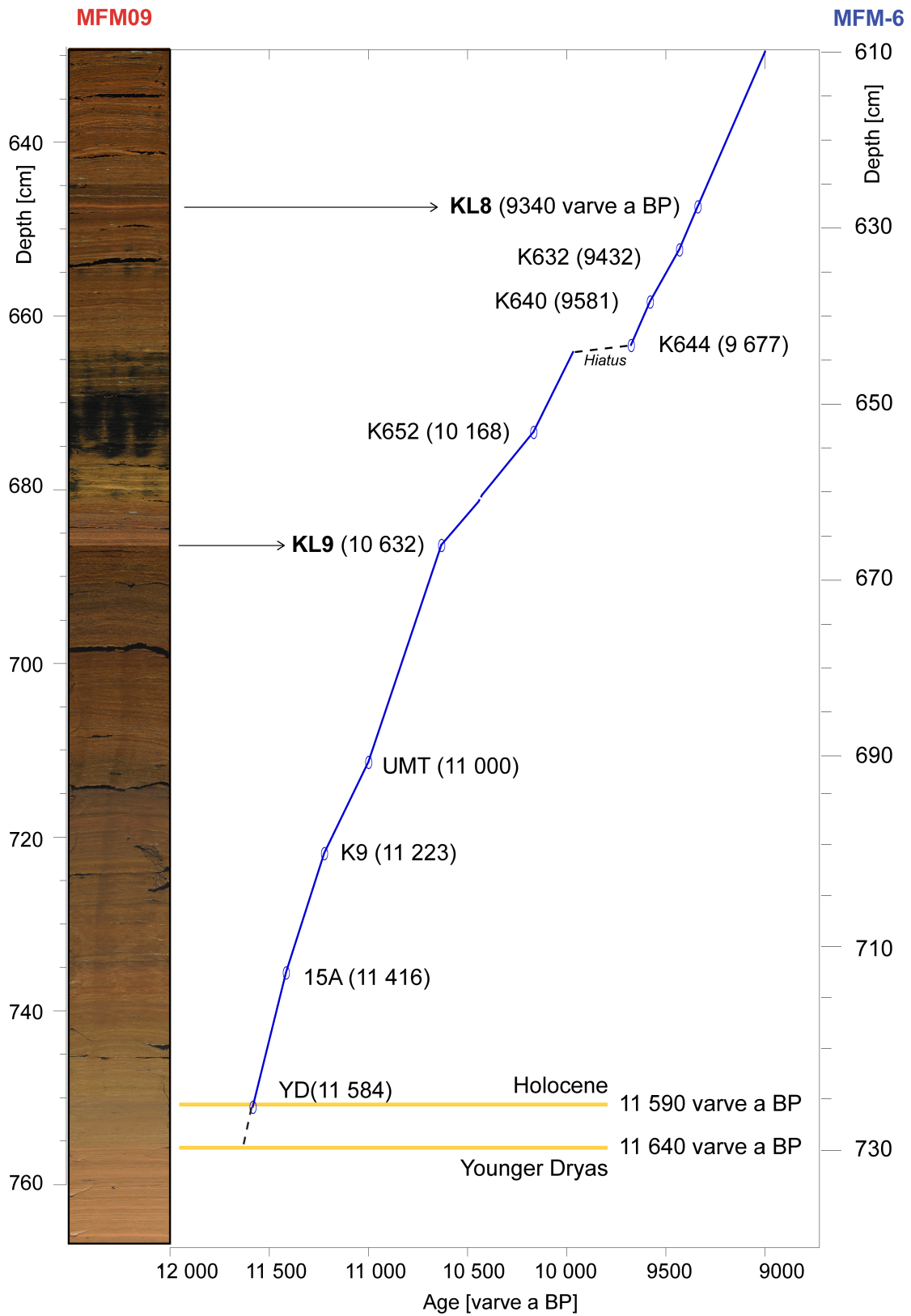
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701

702 Figure 2. MFM-2012 chronology for the early Holocene sequence in Lake  
703 Meerfelder Maar. Age-depth model for both profile MFM09 and MFM-6, as  
704 well as marker layers used for correlation. Depth scale of the corresponding  
705 sediment sequence in MFM09 (left) and MFM-6 (right). Depths in all figures  
706 and main text refer to the MFM09 composite profile. Dashed lines indicate  
707 varve interpolation.

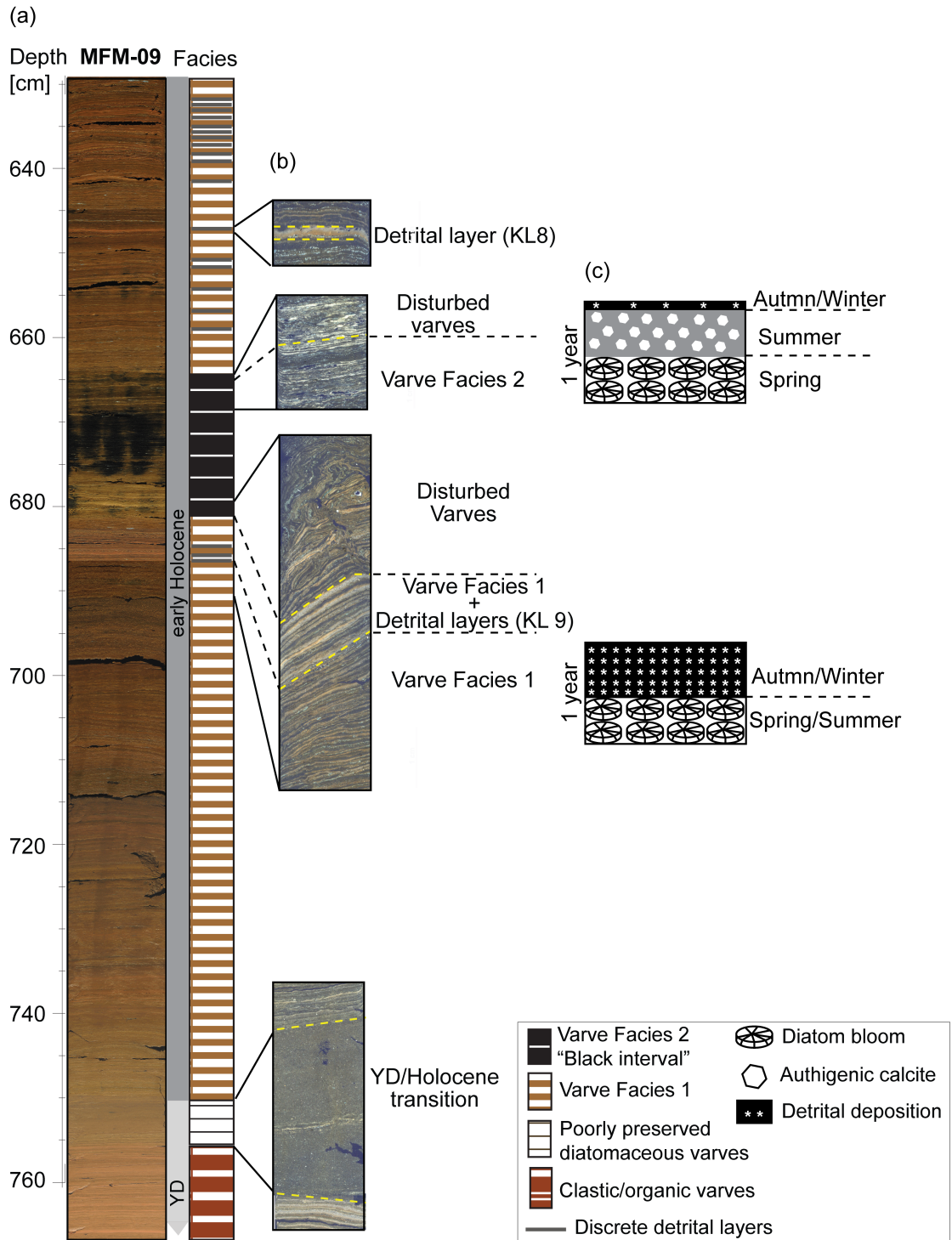
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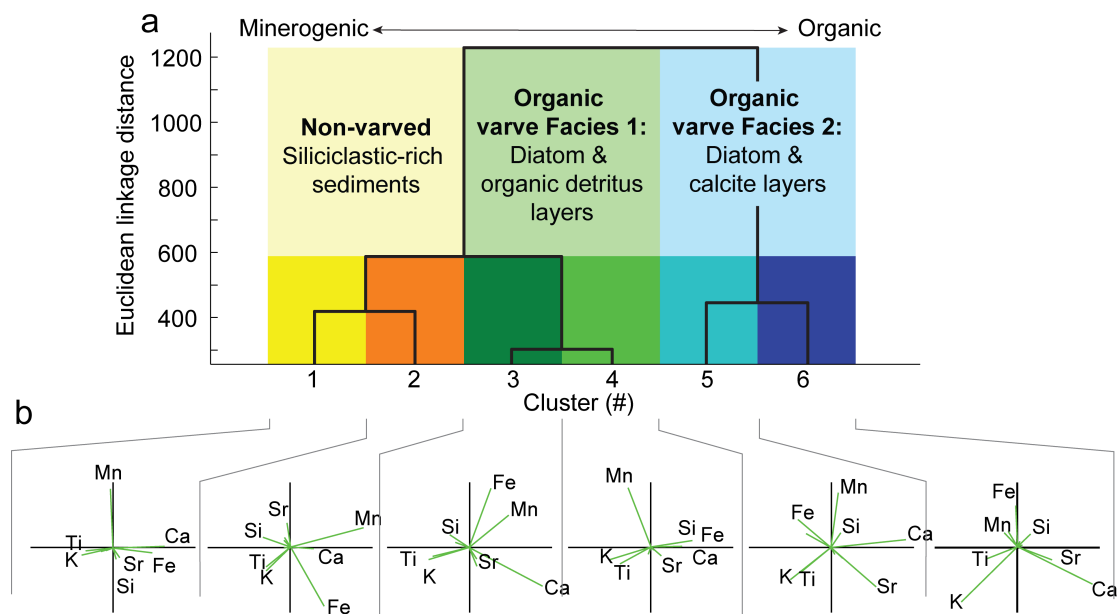
711 Figure 3. Early Holocene sediment sequence of Lake Meerfelder Maar  
 712 (MFM09). a) Core photo and lithological description; b) Microscopic polarised  
 713 images of thin sections; c) Schema of the varve structure (seasonality)  
 714 corresponding to the main varve facies described in the text.



715



716 Figure 4. Hierarchical clustering results performed on the total  $\mu$ -XRF core  
 717 scanning data set. a) Clustering of the  $\mu$ -XRF data provides objectively  
 718 defined and statistical significant sub-composition of the sediments. b)  
 719 Covariance biplot results of all individual clusters that visualize the correlation  
 720 of main elements with respect to the first two principal components. The sub-  
 721 compositions defined by 6-cluster solution matches with the sedimentological  
 722 changes shown in Fig.5.

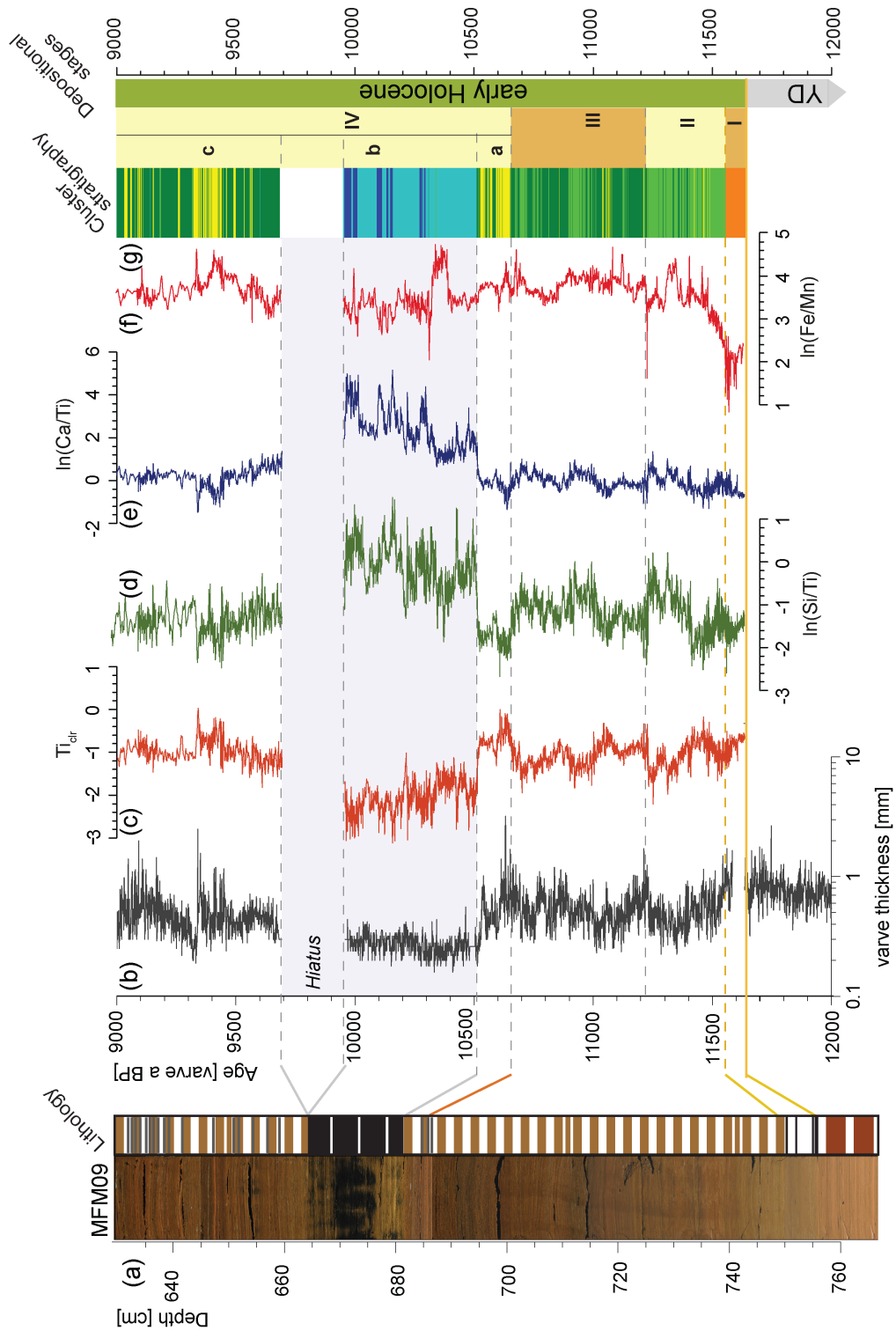


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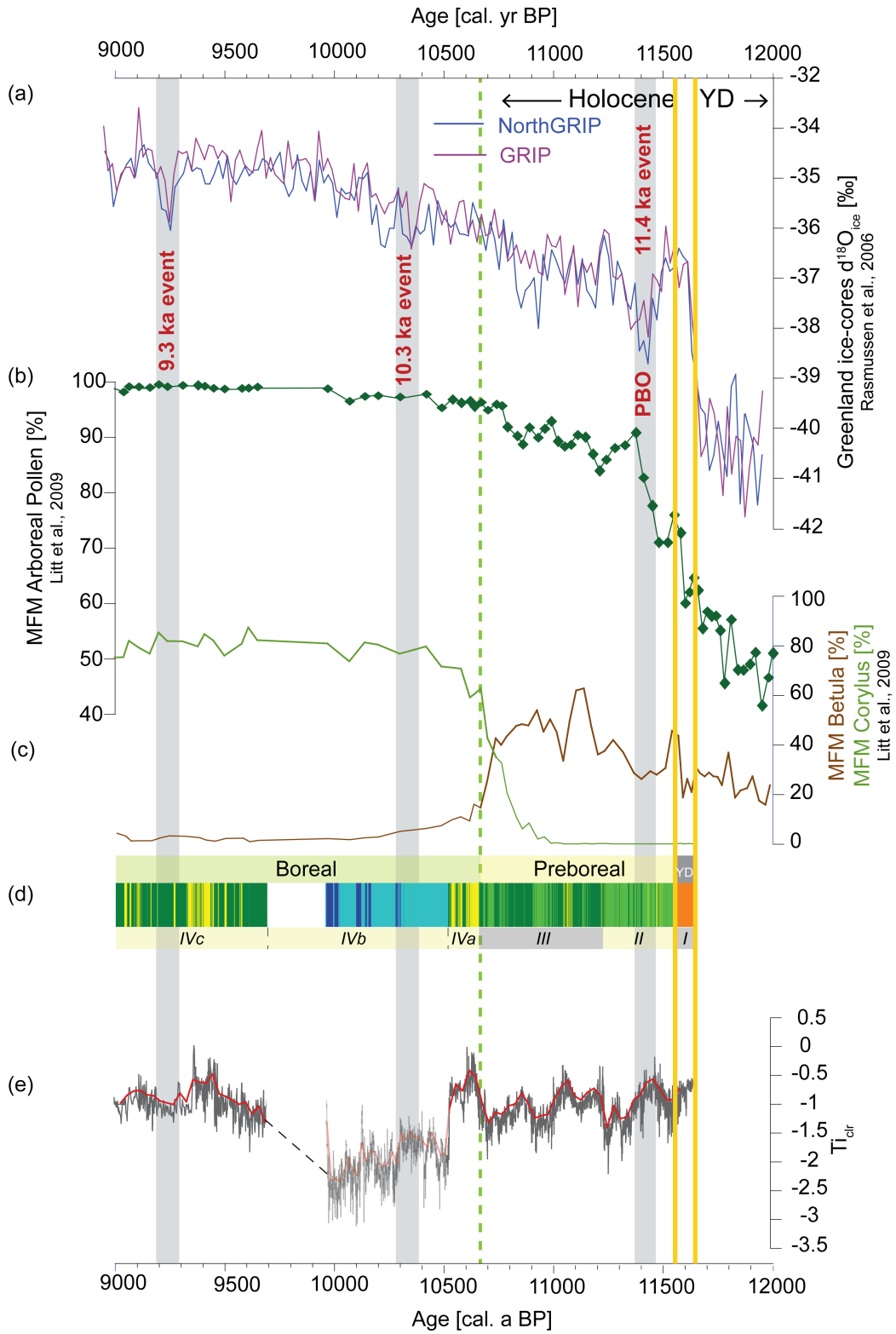
724

725 Figure 5. Environmental proxies from the early Holocene sediments of lake  
 726 Meerfelder Maar. On depth scale a) core photo and lithology. On age scale b)  
 727 varve thickness as a indicator for sedimentation rate mainly controlled by  
 728 detrital input into the lake; c) centered-log ratio results of the Titanium ( $Ti_{clr}$ ) as  
 729 an indicator for relative changes of the bulk detrital matter; d-f) results of  
 730  $\ln(Si/Ti)$ ,  $(Ca/Ti)$  and  $\ln(Fe/Mn)$  indicating relative changes of biogenic silica  
 731 concentrations, authigenic calcite precipitation and oxygenation at the bottom  
 732 water, respectively; and g) Cluster stratigraphy with the down core

733 representation of the six clusters obtained from  $\mu$ -XRF core scanning data  
 734 and early Holocene depositional stages defined by the clustering results and  
 735 microfacies observations.  
 736



737 Figure 6. Regional comparison of high-resolution proxy records from  
738 Greenland and Meerfelder Maar during the Early Holocene. a)  $d^{18}O_{ice}$  records  
739 from the Greenland ice cores GRIP and NorthGRIP both into the GICC05  
740 timescale (Rasmussen et al., 2006, 2014); b-c) Pollen percentages from the  
741 MFM record (Litt et al., 2009); d) Stratigraphic representation of the six  
742 statistical clusters identified in the MFM sediments and depositional stages  
743 defined; e) Centered-log ratio results of the Titanium ( $Ti_{clr}$ , brown) and the 30-  
744 years running average (black) indicating relative changes of the bulk detrital  
745 matter.

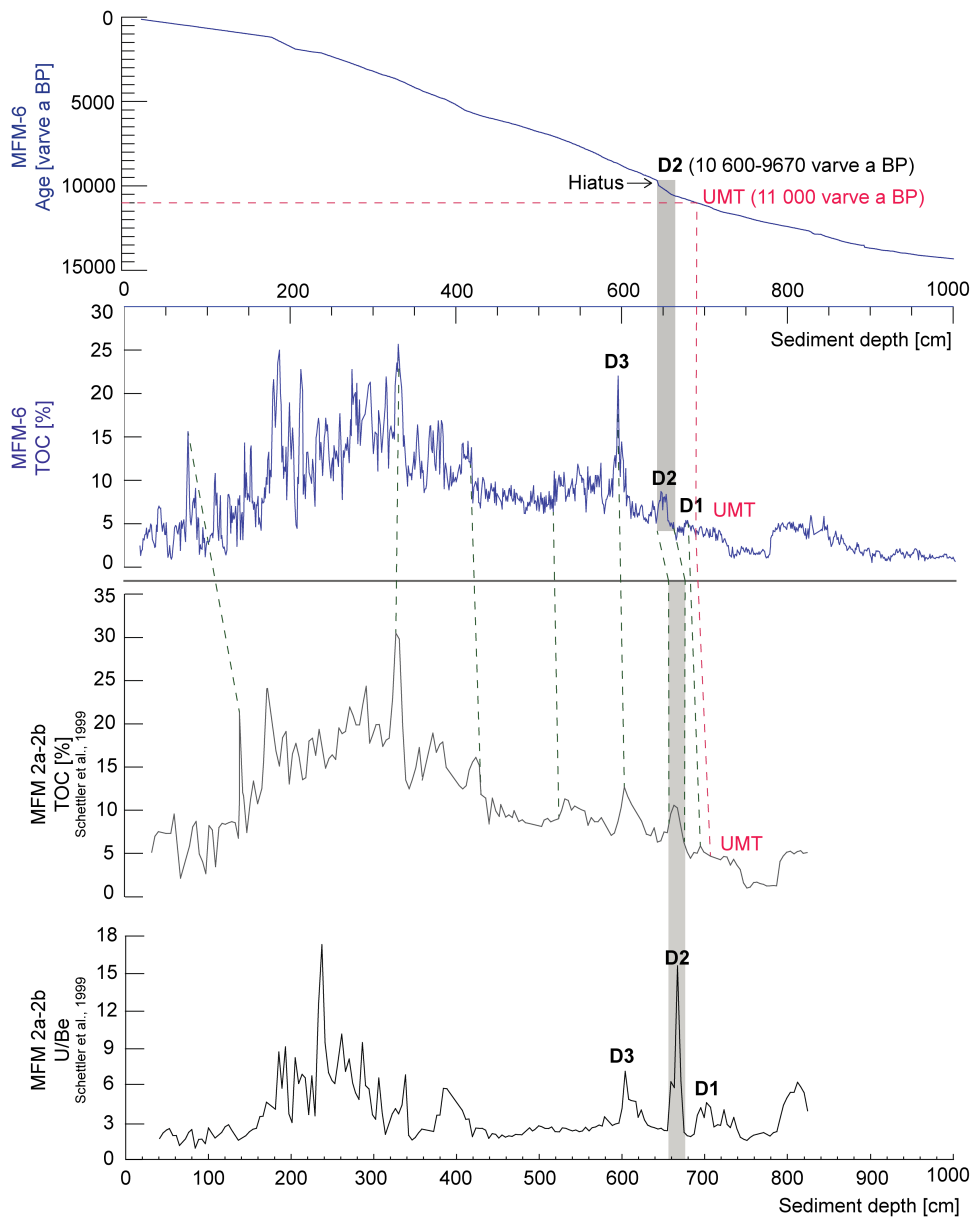


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747

748

749 Figure S1. Groundwater discharges in the Lake Meerfelder Maar.  
 750 Transference of the MFM2000 chronology to the composite profiles MFM 2a-  
 751 2b (Schettler et al., 1999) via correlation with the percentage of total organic  
 752 carbon (TOC). From bottom to top: U/Be ratio and percentage of TOC from  
 753 the composite profile MFM 2a-2b published by Schettler et al (1999);  
 754 percentage of TOC and age-depth model for the composite profile MFM-6.  
 755 D1-D3 indicates positive groundwater discharge (Schettler et al., 1999). UMT:  
 756 Ulmener Tephra Layer (11 000 varve a BP).



757