

## “The Role of Values in Social Exclusion of the Homeless”

### The project’s value for your organisation

- Look at existing research content in a new way.
- Understand needs and hierarchies of importance that motivate homeless people’s behaviour.
- Ability to review practices across a number of organisations and identify which factors contribute to successful long term rehousing of the homeless.
- Derive empirically supported interventions.

### Things that will last

- Participating organisations will be provided with a summary of the findings after the research is complete. Of course we will be happy to design the report according to your wishes (e.g., aspects you are particularly interested in).

### Details about the project

- **Interview study:** will discuss aspects relating to what was important to homeless people before and after they became homeless. Value profiles and self-mastery will be reviewed to determine whether these support findings to date. Attitudes to interventions will be reviewed.
- **Questionnaires:** will be distributed nationally to understand the national psychological profile of the homeless and understand whether homeless people believe interventions are useful.
- **Interventions:** longitudinal research will be conducted with the homeless using mixed methods to assess their engagement in work programs, the impact of participation on wellbeing and experiences of closeness to colleagues and wider society. Their success remaining housed and employed will also be reviewed with the data to understand whether there are certain factors that contribute to success rates.

### How you can help

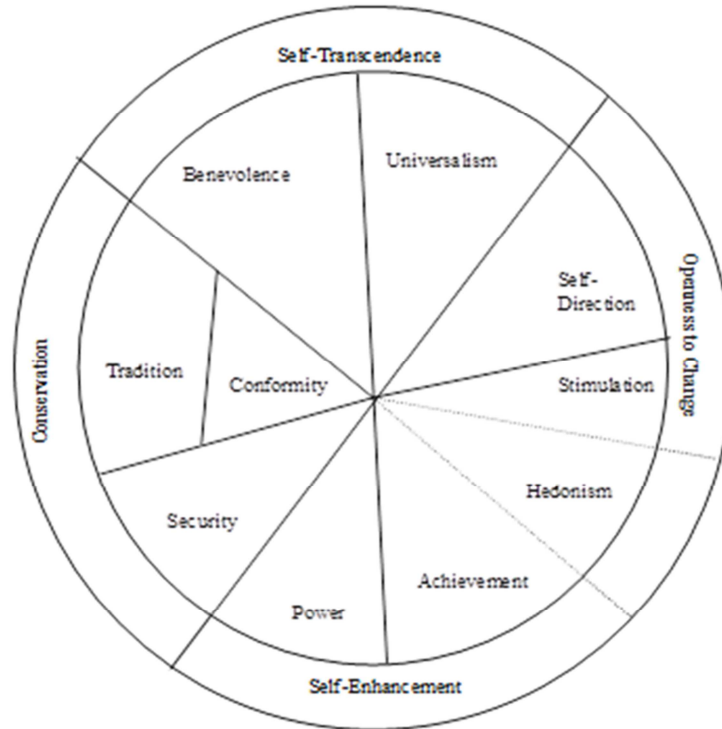
- Share interviews for inclusion in the analysis of the interview study.
- Express interest in your organisation participating in the studies.
- Provide contacts of other organisations that may benefit from this research.

### Who we are

- Jessica Rea and Dr. Anat Bardi, are two researchers from Royal Holloway, University of London, and have conducted numerous studies on the development and change of personality in various countries worldwide. Jessica has been working with the homeless for many years as a volunteer and more recently as a researcher.

## SCHWARTZ VALUE THEORY

Schwartz, S (1992). Universals in the content and structure of values: Theoretical advances and empirical tests in 20 countries. In M. Zanna (Ed.), *Advances in Experimental Social Psychology*. 1-65. New York: Academic Press



- **Self-direction** - independent thought and action
- **Stimulation** - variety, excitement, novelty and challenge.
- **Hedonism** - pleasurable and sensuous self-gratification.
- **Achievement** - demonstration of tangible success
- **Power** - individual attainment or preservation of dominant social status.
- **Security** - safety and harmony on a personal, interpersonal and social level.
- **Conformity** - not acting on impulses that are likely to upset, harm or violate others or society.
- **Tradition** - respect of long-held cultural beliefs and norms
- **Benevolence** - preservation and welfare enhancement of in-group members
- **Universalism** - appreciation and welfare maintenance of all society and natural life.

## PORTRAIT VALUES QUESTIONNAIRE – GROUPED BY VALUE

Schwartz, S. H., Melech, G., Lehmann, A., Burgess, S., and Harris, M. (2001), 'Extending the cross-cultural validity of the theory of basic human values with a different method of measurement', *Journal of Cross Cultural Psychology*, 32, 519–542

### Power

- 2. It is important to me to be rich. I want to have a lot of money and expensive things.
- 17. It is important to me to be in charge and tell others what to do. I want people to do what I say.
- 39. I always want to be the one who makes the decisions. I like to be the leader.

### Achievement

- 4. It's very important to show my abilities. I want people to admire what I do.
- 13. Being very successful is important to me. I like to impress other people.
- 24. I think it is important to be ambitious and want to show how capable I am.
- 32. Getting ahead in life is important to me. I strive to do better than others.

### Hedonism

- 10. I seek every chance I can to have fun. It is important to me to do things that give me pleasure.
- 26. Enjoying life's pleasures is important to me. I like to 'spoil' myself.
- 37. I really want to enjoy life. Having a good time is very important to me.

### Stimulation

- 6. I think it is important to do lots of different things in life. I always look for new things to try.
- 15. I like to take risks and am always looking for adventures.
- 30. I like surprises. It is important to me to have an exciting life.

### Self-Direction

- 1. Thinking up new ideas and being creative is important to me. I like to do things in my own original way.
- 11. It is important to me to make my own decisions about what I do. I like to be free to plan and to choose activities for myself.
- 22. I think it's important to be interested in things. I like to be curious and to try to understand all sorts of things.
- 34. It is important to me to be independent. I like to rely on myself.

### Universalism

- 3. I think it is important that every person in the world be treated equally. I believe everyone should have equal opportunities in life.
- 8. It is important to me to listen to people who are different from me. Even when I disagree with them, I still want to understand them.
- 19. I strongly believe that people should care for nature. Looking after the environment is important to me.

23. I believe all the worlds' people should live in harmony. Promoting peace among all groups in the world is important to me.

29. I want everyone to be treated justly, even people I don't know. It is important to me to protect the weak in society.

40. It is important to me to adapt to nature and to fit into it. I believe that people should not change nature.

### **Benevolence**

12. It's very important to me to help the people around me. I want to care for their well-being.

18. It is important to me to be loyal to my friends. I want to devote myself to people close to me.

27. It is important to me to respond to the needs of others. I try to support those I know.

33. Forgiving people who have hurt me is important to me. I try to see what is good in them and not to hold a grudge.

### **Tradition**

9. I think it's important **not** to ask for more than what I have. I believe that people should be satisfied with what they have.

20. Religious belief is important to me. I try hard to do what my religion requires.

25. I think it is best to do things in traditional ways. It is important to me to keep up the customs I have learned.

38. It is important to me to be humble and modest. I try not to draw attention to myself.

### **Conformity**

7. I believe that people should do what they're told. I think people should follow rules at all times, even when no-one is watching.

16. It is important to me to always behave properly. I want to avoid doing anything people would say is wrong.

28. I believe I should always show respect to my parents and to older people. It is important to me to be obedient.

36. It is important to me to be polite to other people all the time. I try never to disturb or irritate others.

### **Security**

5. It is important to me to live in secure surroundings. I avoid anything that might endanger my safety.

14. It is very important to me that my country be safe. I think the state must be on watch against threats from within and without.

21. It is important to me that things be organized and clean. I really do **not** like things to be a mess.

31. I try hard to avoid getting sick. Staying healthy is very important to me.

35. Having a stable government is important to me. I am concerned that the social order be protected.